

Naupang Sunday School



Beginner-I



Zou Presbyterian Church Synod

Beginner-I

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FORWARDING

11th Zou Presbyterian Church Synod Session phasahpina toh kum 2015 sung tam **Beginner-I Zillai Bu** Revised bawl ahia, Naupangte zawthaw tan ding en kawm in kum khat sung a zil zaw man ngeingei ding tupna toh Simmun zong atawm deu bawl ahi.

Tam Beginner Zillai Bu tawmngaitah a hing buoipi Upa Khaichinmang tung ah lungdam thu itut ua, Pasian in mapui in guolzawl taken.

Ziltute zousien pawnthawtah leh guntutah a zil zel chiet ding in i kihahthawn ua, Hagau leh tahsa ah naupangten a phattuompi ngei ding in deisahna lienpi toh Mangpa'n hing guolzawl in hing mapui zing taken.

Simtute leh ziltute zousie Pasian hagau in hing pawl in Ama thu theisiem ding in hing mapui chiet taken.

Mangpan thupina tang taken.

(REV. STEPHEN CHINZATHANG)

Executive Secretary
i/c Sunday School

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Zilding - 1**SILSIEM THU****Sangsie Thumapui:**

Achil in leitung in Lim leh Guong anei sih a, amiel kiahkuah hi.
Pasian hagau khu avah kawikawi a, leitung in lim leh guong
anei theina dingin, apoimaw zousie asiem hi.

NAUPANGTE**1. Ni khat ni:**

Pasian in nikhat ni in 'Vah' asiem a, Vah asiem zou in, khovah
leh khomiel akhen a, khovah khu 'Sunlai' achia, khomiel khu
'Zan' achi hi. Tuachin sun leh zan ahing umta hi.

2. Ni ni ni:

Pasian in ni ni nin "Mun awng" asiem a, tunglam leh nuoilam
in akhen a, tui khu se ni asuo a, mun-awng khu Vanthamjawl
ahisah a, Tuachin zingmawng leh nitah ahing um hi.

3. Ni thumni: Pasian in ni thum ni in leitung in singkung,
loupa, Agathei, nehthei chinteng apousah hi.

4. Ni li ni:

Pasian in ani li ni in sun leh zan sekhen dingin kumte,
nite, biehna pawl bawl kipat hun ding chiemtena dingin
Vanthamjawl ah khovah aum sah a, sunlai atang dingin Ni,
zanlai a taang dingin Hapi leh Ahsite asiem hi.

5. Ni nga ni:

Pasian in a ninga ni in tuisung a ganhing namkim leh leitung a um dingin, ganhing namkim asiem hi.

6. Ni guh ni:

Pasian in aniguh ni in Ama lim leh mel puo in mihing asiem a, mihingte tung a thunei ding leh Pasian bang a siengthou ding in asiem hi.

7. Ni sagi ni:

Pasian in asilsiem zousie a en a hoi asa mama a, akipahpi mama hi. Nisagini in a khawldamta hi.

THUCHIIN:

Tuachin Pasian in asilsiem zousie a en a, ngaivawi, hoi asa mama hi. (Gen. 1:31).

Dohna:

1. Pasian in ni khat ni in bang asiem ei?
2. Pasian in ni ni ni'n bang asiem ei?
3. Pasian in ni thum ni'n bang asiem ei?
4. Pasian in ni li ni'n bang asiem ei?
5. Pasian in ni nga ni'n bang asiem ei?
6. Pasian in ni guh ni'n bang asiem ei?
7. Pasian a ni sagi ni'n bang chin a um ei?
8. Eite koi hing siem e?

.....

Zilding - 2**MIHING ASIEM DAN****Simding: Gen. 1:27; 2:7, 21-23; 3:20****Sangsie:**

Pasian in mihing asiem dan sildang asiem bang in um hen achi mai sih a, lei a siem leidang ma suoh kia dingin asiem hi. Leidang la in anakuo ah hinna hu hakhum in asiem a, tuabanah ta-leh-nau nempi nei ding in a guolzawl hi.

NAUPANGTE:**1. Mihing asiem masahpen:**

Pasian in Adam asiem masapen a, ama lim leh mel puo in leidang apat in anakuo ah hinna hu hakhum in asiem hi. Adam min umzie pen leidang apat siem china ahi.

2. Adam kithuopi ding numei asiem:

Pasian in Adam ama tang aum ding hoisalou in, akithuopi ding Numei asiem a, Adam khu imu sah in, a ihmud kal in anahgu khat lakhie in, anahgu alahkhietna mun sudim kia in, tuachiin numei asiem a, Adam in aji min khu Evi ahisah hi.

3. Pasian in mihing asiem zieh:

Pasian in mihing asiem zieh khu ta-leh-nau nempi nei a, leitung luo dim ding leh ama hah leh suon kibelap ding in asiem hi.

4. Pasion in amisiemte guolzawl:

Pasion in mihing asiemte a guolzawl hi. Leitung a adamsung ua, ama thu mang ding leh ama deina bang a hing ding in a guolzawl hi.

Thuchin:

Tuachiin Pasion in ama kibahpi in mihing asiem a, tualeh ama lim leh mel puo in Pasal leh Numei asiem hi. (Gen. 1:27)

Dohna:

1. Pasion in mihing koi asiem masa pen ei?
2. Pasion in Adam kithuopi ding in koi asiem ei?
3. Pasion in mihing asiem zieh bangchi ding a asiem e?
4. Pasion in mihing asiemte bang alaw ei?

.....

Zilding - 3

PASIAN AHINA**Simding: Exo. 3:13-15; Late 100:5; 118:1.****1. Mangpa Pasian khu ama ahi:**

Pasian in Mosi kung ah “**Keima khu keima**” kahi achia, i.e. Pasal khu pasal ahi. Koi e.....! Numei maw....! Pasal..... akichi thei a, Pasian khu siengthou Pasian, kumtawn kumtawn a um zing leh hing zing khu ahi.

2. Pasian khu silbangkim siem ahi:

Pasian in khovel leh asung a um zousie asiem ahia, asiemlou bangma a um vawt sih hi. Pasiente Pasian, Lengte Leng, Tungnungpen Pasian ahizieh in, hagau leh thutah a bieh ding ahi.

3. Pasian khu itna Pasian ahi:

Pasian khu itna Pasian ahiziehin mihing asiemte a it mama a mizousie kumtawn hinna nei ding khu ama deidan ahi. Ale....! Noute na kiit uoi? I kiittuo chiet ding ahi. Itna in athuohzou a, a nunnem a, mi ahepi a, athumang a, a gin um a, itna in mi amuda ngai sih hi. Tuaziehin Pasian khu itna ahiziehin eite zong iki-it chiet ding uh ahi.

4. Pasian ah mi thum a um hi:

Pasian ah hinna kibang a um a, Pa toh, Tapa toh Hagau Siengthou ahi uhi. Eite innkuon khat hinanleizong a

tuomtuom ihia, khat ihi thei sih hi. Pasian a mi thumte pen,
Pa bawl khu Tapa bawl, Tapa bawl khu Hagau Siengthou
bawl, athum a mi khat ahi.

Thuchiin:

Itna neilou mi in, Pasian athei sih hi. Aziehpén Pasian khu
itna ahi. (I John 4:8)

Dohna:

1. Pasian in keima khu koi kahi achi ei?
2. Sil zousie siem khu koi e?
3. Pasian khu bang Pasian ahiei?

.....

Zilding - 4**JESU AHINA**

Simding: Mt. 1:21; Lk. 2:10; Mt. 1:21; 2:8-10.

1. Jesu pienna leh Vansawlsientge leh Belampute, Suolam mipilte vena:

Jesu khu Bethlehem Bawng inn gan annpiehna sungah apieng a, Anu Mary, Apa Joseph ahi. Jesu apien ni in Vansawlsientgen “Tuni in David khuo ah Hundampa apiengta hi. Khrist Mangpa ahi” achi uhi. Belamputen a belamte uh nuasie in hundampa pienna ava en uhi. Tualeh Suolam mipilten a goubawmte uh hongin, Sana, Begaw leh Murrahte apie ua, khupboh in abie uhi. Eiten zong Pasian mai ah ki ngaingniem tahn khupboh in i be ding uhi.

2. Jesu khu khovel hundampa ahi:

I Mangpa Jesu khu Pasian tapa tangkhat neisun ahia, ama khun Pasian leh mihingte kilem thei nawnlou Kross ah eite gitlou zieh in ahing shi a siem i tan theina dingni ni thum ni in athou kia hi. Ama gingta pouma hundam in a um ding a, agingta lou pouma siemmaw tansah in a um ding hi. Jesu khu Hundampa ahi chi na gingta uoi? Jesun eite ahing it sengseng ziehin ahinna ahing pie ahi.

3. Pasian leh mihing deisahna Jesun atang hi: Jesu khu hing khanglien zel in, anu leh apa thu aman banah Pasian thu zong aman zieh in, Pasian leh mihing in a deisah mama hi. Eite, miten ahing deisah ei? I thuman leh Pasian leh inu, ipa leh mizousie in ahing deisah ding hi.

Thuchiin:

Jesun a dawng a, akung ah, “A dihtah in ka hing hil ahi, mi koipou apien tha sihleh Pasion gam amu sih ding hi” achi hi. (John 3:3)

Dohna:

1. Jesu hei ah apieng ei?
2. Pasion bangchi bieh ding ahiei?
3. Jesu gingta pouma hundam in a um diei?
4. Pasion leh mihing in adeisah khu koi ei?

.....

Zilding - 5**JESU MIN UMZIE****1. Jesu pienna:**

I Mangpa Jesu pa min khu Joseph ahia, anu min khu Mari ahi. I Mangpa Jesu khu David khuo, Bethlehem bawng inn ah apieng hi. I nu i paten i min ding uh aphuo ua, i min in umzie anei chiet hi. Na min umzie gen di ua le.....? i min in umzie anei mama a, tuamabang in Mangpa Jesu min in umzie nempi anei hi. Amin umzie ahileh

2. Immnuel:

Immanuel chi khu Pasian ka kungah a um hi china ahi.

3. Lamdangpa:

Lamdangpa chi khu mite a it dan alamdang sengseng zieh ahi.

4. Thumoppa:

Thumoppa chi khu mite Pasian thu amop, ahil, athei siemna ding ua, Pasian thu mop a hil ahi.

5. Kumtawnpa:

Kumtawnpa chi khu Jesu ama ah kumtawn hinna a um zieh ahi.

6. Bangkim bawlthei Pasian:

Jesun silbangkim abawlthei zieh in Pasian toh hinna kibang, silbangkim bawlthei Pasian ahi.

7. Lemna Mang:

Lemna Mang chi khu Pasion leh mihing kilemthei nawnlou a um pen, Jesun Kalvari Kross a ahing tat zieh in, Pasion leh mihing akilem ta a Jesu khu Lemna Mang akichi hi.

Thuchiin:

Lamdangpa, Thumoppa, Bangkim bawlthei Pasion, Kumtawnpa, Lemna Mang akichi ding hi (Isai 9:6)

Dohna:

1. Jesu Pa min bang e?
2. Jesu nu min bang e?
3. Jesu hei ah apieng ei?
4. Immanuel bang china e?

.....

Zilding - 6**HUNDAMNA**
Simding: I Tim. 4:10**Naupangte:****1. Pasian tapa Jesu gingtate hundam in a um ding hi:**

Pasian in khovel a it sengseng a, mihingte hagau hundam ahi theina ding un atapa Jesu Khrist Kross ah ahing shi hi. Siem itan theina ding un athoukia hi chi i gingtatleh “Hundam in i um ding uhi” Jesu khu michin hundampa ahia, agingtate hundam ahiding uhi. Na gingtatlou leh hing hundamlou ding ahi.

2. Jesu khu hundampa ahi:

Jesun ikhelna zousie Kross ah akhenbeh zouta a, eite ipien a kipat Adam khelna khu Kross ah asusiengthouta hi. Pasian in mihing asiemsate hagau kumtawn shina a um ding angai ngam sih a, mi zousie in hundam atanthaina ding lampi ahing siemsakta hi. A leh eite shilei hei ah i pei ding uoi? Jesu gingtate vangam ah i pei ding ua, a gingtaloute kumtawn gawtmun ah ipei ding uhi. Tuaziehin Jesu khu hundampa a ipom ding uh ahi, aman Pa Pasian kung ah ahing pui tung ding hi.

Thuchiin:

Aziehpen Pasion in khovel a it sengseng a, tuachi'n a tapa tangkhat neisun apie hi, koipou Ama gingta in amanthai lou a kumtawn hinna anei zawhna ding in. (Johan 3:16)

Dohna:

1. Pasion in mihingte hagau hundam ahitheina dingin koi ang pie ei?
2. Jesu khu michin hundampa ahia, koite a ahidieh ei?
3. Jesu gingtate ashi chieng un hei ah apei ding uoi?

.....

Zilding - 7**ITNA****Simding: John 4:16, I Kor. 13:4.****Sangsie:**

Pasian ahina tah khu itna Pasian ahi. Miin itna aneileh Pasian toh umkhawm tengkhawm ahi. Eiten Pasian i it masah hilou in, Pasian in eite ahing it masah ahi. Tualeh itna khu anunnem a, itna kichi in mi amuda theisih a, mizousie ahepi hi.

NAUPANGTE:**1. Pasian khu itna ahi:**

Pasian in mihing asiemte, ama lim leh mel puo mai ding hilou in, a ut leh itna nei ding, a utlouleh itna neilou ding in asiem sih a, itna nei ding in asiem hi. Na lawmte thu na manleh na it zieh ahia, na nu na pa thu na manleh na it zieh ahia, lamkaite thu na manleh na itna zieh ahi. Itna khu athumang a, agennop a, akipah zing hi.

2. Jesu khu itna ahi:

Pasian in khovel a mihingte a it sengseng zieh in shina zong zaulou in, Kross ah ahing shi hi. Na lawmte na nei zousie pie inlen Jesu na nei louleh a phatuomlou a suoh hi. Itna khu anunnem a, itna in ama ading mai angaituo sih a, itna khu a gilou sih a, itna in bawlkhiel achiing sih a, itna in thutah akipahpi a, itna khun mi alungsiet hi, Jesun ahing it bang in eite zong iki-ittuo chiet ding uhi.

Thuchiin:

Aziehpen nangma na ki-it bangin na inn vengte na it ding ahi
chi thuteng khata dan zousie suhbukim in a um hi. (Gal. 5:14)

Dohna:

1. Pasion in bang nei dingin ahing siem ei?
2. Jesun ahing it sengseng zieh in hei ah ahing shi ei?
3. Na lawmte dingin sil zousie phal lechin zong bang na
neilou leh phatuom lou achi ei?
4. Itna in bang e achiin lou?

.....

Zilding - 8**NGAIDAM NGET PIEH****Simding: Nasepte 7:59, 60; Luke 23:34.****1. Stephen in ngaidam nget pieh:**

Stephen khu Hattuom Upa ahia, Sawлтаhte panpitu ding hagau siengthou a dim, mipil sagi atelte lah ua akhatna ahia, miten muda ua, ama mudaten a et uleh amaitang khu Vansawltah maitang bangin a taang sing seng in amu uhi. Stephen khu hagau siengthou a dim in, amudaten khopi pam lam a pui in, suong in asep sep ua, tuabang a suong a ase lai un ama'n vanlam a en a, Mangpa tam amaute khelna ngaidam in chi in Pasian kungah a thumsah hi. Eiten zong min itung a khelna anei chieng un i ngaidam ding, Pasian kung a ithumsah ding ahi.

2. Jesun ngaidam nget pieh:

Jesu khu Kross a khailia ding in, Herod in mipite lungsim a sui zieh in apekhie a, tuachiin Kross ah akhaita ua, Jesun ama tha sawmte ding in thumna anei a, pa aw amauh ngaidam in a silbawl uh atheilou zieh uh ahi achi hi. Eite zong min ahing bawlsiet chieng in ahing bawlsete Pasian in a guolzawl theina ding in i thum sah ding uh ahi. Nouten na tung ua khielte a ding in na thumpi ngai uoi? Na tung ua khielte a ding a Pasian kung a na thumsah uleh Pasian in noute ahing guolzawl ding uhi.

Thuchiin:

Tuachiin Jesun “Pa aw amaute ngaidam in, a silbawl uh atheilou zieh uh ahi” achi hi. (Luke 23:34)

Dohna:

1. Stephen khu amaitang koi maitang bangin a taang sing seng ei?
2. Stephen khu suong a ase lai un, Pasian kung ah amelmate a dingin bang achi thum sah ei?
3. Leng Herod in mipite lung asui zieh in Kross a khailia dingin koi apekhie ei?
4. Jesu ashi ding kuon in ama thasawmte a dingin bang chiin thumna anei sah ei?

.....

Zilding - 9**DAN THUPIEH****Simding: Exo. 20:3-12.****1. Pasion dang be sin:**

Khovel ah Pasion tampi a um a, shi nua chieng a Hagau hinna pethei Pasion khat a um a, tuaziehin Pasion in keima loungal Pasion dang na bieh lou ding uh ahi achi hi.

2. Milim be sin:

Milim biehna khu mi mudate, mi kiliensahte, mi lungsim sete, itna leh hepina neiloute leh milim kisiemthu bete ahi.

3. Pasion min paulap sin:

Pasion min paulap chi khu, mi'n na hilouna ahing ngaw e, dihrou tah a min ahing heh chiengin e ahisih leh mi toh na kiniel kha chiengin, ka hitah leh, chia kichiem khu Pasion in a phallou/adeilou ahi.

4. Khawlni tang in:

Pasion in, Pasianni chieng a nasep ding, kimawl ding, gamteng a vah kawikawi ding apha sih hi. Pasion ni a Biehin kai ding, ama phatna lasah ding, Bible sim ding, khosung a um khinkhian ding khu Pasion in adei ahi.

5. Nu leh pa zatat ding:

Nouten na nu leh na pa na zatat uoi? Athu na mang na uoi? Nu leh pa thumangte khu avangpha ua, lei ah a damsawt uhi. Noute na nu leh pa ten ahing phawh khah chieng un na dawnlou ding uh ahi. Ahing phawh leh ngaidamna nget ding uh ahi.

Thuchiin:

Naupangte aw, Mangpa ah na nu leh na pa thu mang un, tami sil dih ahi. Na nu leh na pa zatat in, tua khu thupieh chiemnei masapen ahi. (Ephesa 6:1-2)

Dohna:

1. Keima loungal Pasion dang neisin chi khu koi e?
2. Milim be sin koi chi e?
3. Gitlouna lam ah ka min paulap sin koi chi e?
4. Khawlni tang in chi bang chi tang ding e?

.....

Zilding - 10**DAN THUPIEH SUTZOPNA****Simding: Exo. 20:15-17****1. Guta sin:**

Pasian in mi van guh a dei sih a, mi theilou kal a mi van zong lah lou ding ahi. Mivan i deileh hoitah a nget ding ahi. Ahing piehlouleh zong kipahtu gen nalai ding ahi. Aleh mi van na gu ngai uoi? Mi van gu khalou teng in na khut uh tung uole.....! mi van gu khaloute Pasian in a guolzawl ding ahi.

2. Engsin:

Pasian in mi van nei eng ding in ang phal sih a, tuazieh a mi van neite englou ding ahi. Min, gari, building, van tha leh sil chi tuomtuom anei ding ua tuate khu en lou ding ahi. I nei dandan toh kipahtah a um ding khu Pasian deidan ahi.

3. Dan thupieh tha:

Thuhuntha ah Pasian in Dan thupieh tha ahing pie a, tua khu bang hiva nachi uoi le.....! “ki-ittuo chiet un” achi ahi. Tuazieh in eite iki-ittuo chiet ding uh ahi. Na ki-it uh etsahnan kichibai chiet uo le! tua na ki chibai zieh un Pasian in hing umpi ding ahi ban ah ahing guolzawl ding ahi.

Thuchiin:

Thupieh tha ka hing pie hi. Noute khat leh khat ki-ittuo chiet un. (Johan 13:34)

Dohna:

1. Mi van i dei chieng a guh lou ding a bangchi ding ahiei?
2. Mi van nei banglaw ding ahiei?
3. Dan thupieh tha khu bang e?

.....

Zilding - 11**PASIAN IN MOSI SILLAMDANG BAWLSAH****Simding:**

Exo. 7:18; 8:6,17,30,31; 9:3,6,8,23,25; 10:13, 23; 11:5.

Pasian in Egypt mite gawt:

Israelte Pharaoh khut nuoi ah suoh leh sal in a um ua, agenthei mama ua, akhelmate uh Pasian kungah ngaidam angen ua, Pasian in akhelna uh ngaidam in, Mosi leh Aron in puikhiet asawm ua, Pharaoh in a phallou zieh in, Mosi leh Aron in sillamdang chi 10 abawlsah hi:

1. Sisan:

Pasian thupieh dungzui in achieng a luituite asaah leh tui khu sisan asuoh a, ganhingte ashi sieng a, tui khu a sanchiip a, Egypt miten tui adawn thei nawn sih uhi.

2. Ukeng:

Pasian thupieh bangbang in Mosi in Aron kung ah na chieng khut in tui satin achia, asat leh Egypt gam pumpi ah ukeng adim vawt a, Ann zong nehthei ahi nawnsih uhi.

3. Hih: Pasian thupieh bangin Mosi in Aron kungah na chiengkhut in leivui sat in achia, asatleh Egypt gam pumpi ah **“Hih adimsuoh”** hi.

4. Thou:

Mosi in Pasian kung a thumna aneileh Egypt gam pumpi ah “**Thou**” adim suoh a, thou honte ziehin agam a segawpta hi.

5. Hima:

Pasian in Egypt mite ganta zousie tung ah hima atung sah a, ganta zousie a shi sieng hi.

6. Uilutpi:

Pasian in Mosi kung ah tummeipi sung a vut vanlam ah the in achi a, achi bang a abawlleh Egypt gam sung a, mihingte leh ganhingte tung ah uilutpi adim sieng hi.

7. Giel:

Pasian thupieh bang a Mosi in achieng vanlam a aletouleh “**Gielpi**” hing kie in, Egypt gam pumpi a lou a haichite ashi sieng hi.

8. Khauphe:

Pasian thupieh dungzui in Mosi in achieng Egypt gamlam angatsahleh Egypt gam sungah khauphe apumdim a, haichi zousie apet sesieng hi.

9. Miel:

Pasian in Mosi na khut vanlam ah zahtou in achia, azahtouleh ni thum sung amiel a, koima akimu theisih uhi. Tuabang a Egypt miten hamsatna atuoh lai un, Israelte tung ah bangma a um khasih hi.

10. Tamasa shina:

Mangpa Pasian khu zankim in Egypt gamsung ah ahing vah a, ta masa zousie ashi sieng uhi.

Thuchiin:

Aziehpen Pasion ading in ahitheilou bangma a um sih ding hi achi hi. (Luke 1:37)

Dohna:

1. Pasion in tui khu bang asuoh sah ei?
2. Pasion thupieh bangbang a Aron in leivui asaathleh bang ang suoh ei?
3. Mosi Pasion kunga athumleh Egypt gamsung ah bang ang um ei?
4. Pasion in koite ta masapente athat ei?

.....

Zilding - 12**JESUN NATNA DAMSAH****Simding:**

Johan 9:17; Luke 17:14; Mathew 8:3; 9:29; 15:30.

1. Phaah:

Miphaah sawm in Siepa Jesu aw koute hing khotuo in achi ua, angen vangut uhi. Tuachiin Jesun pei unlen siempute vakivelchien sah un achia, aphah uh asiengthou hiau hi. Tualeh miphaah khat zong Jesu kung ah na utleh na hing susiengthou thei hi achi leh Jesun asusiengthou hi.

2. Mittaw:

Apien apat mittaw khatin Jesu kungah khuo hing musah in achia, Jesun buon anupieh a, Siloam dil ah vasil in achia, avasilleh khuo amu hiau hi. Bethsaida a mittaw khat Jesun achil anu a, tuachiin khuo ahing muthei hi. Tualeh mittaw ni in, Jesu kung ah, David tapa katung ua zangai in achia akikou uleh Jesun amit uh akhoipieh a, na gintat zieh un, na dampi uhi achia, khuo amupai lien hi.

3. Mi tampi damsahna:

Jesu muol ah atou a, damlou mi tampi akung ah ahing pei ua, kengbaite, mittawte, hamtheiloute, piengkhielte zousie ana sudam hi. Eiten zong igintatleh Jesun ahing sudam thei ahi.

Thuchiin:

Mittawpa kung ah “pei inlen Siloam dil ah vasil in” achi hi.
(Johan 9:7)

Dohna:

1. Phaahte koi in asudam ei?
2. Mittawte koi in asudam ei?
3. Damlou tampite koi in asudam ei?

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Zilding - 13**JESUN SILLAMDANG BAWL****Simding: Mathew 8:26; 14:25; Johan 11:43.****1. Jesun tui kinawng khawlsah:**

Jesu leh anuazuite kuong a atuonlai un, huipi nasatah in ahing laang a, nuazuite azaushita ua, Jesu lah ihmu ziauzuau, anuazuiten aphawng ua, Jesun huipi aphawhleh asip pai hi.

2. Jesu tuitung a vah:

Jesu tuitung a apeileh anuazuiten, shiha chiin azau mama uhi. Jesun kei kahi achia, Peter in Mangpa kei zong tuitung a peithei nading thu hing pien achia, apei leh apeithei a, huipi hattah ahing lang a, azau zieh in tui a tum ding kisa in, Jesun ahundam hi. Eite zong igintat leh tuitung ah ipei thei ding uhi.

3. Lazar hinkiana:

Lazar ashi a, akevui akipat ni li aphata a, Jesun Mari leh Martha kung ah na gintat uleh Pasian loupina na mu ding uhi achia, Tuachiin Jesun Lazar hinkiana dingin Pasian kung ah thumna anei a, anei zou in Lazar hing pawt in achia, tuachiin han apat ahing pawt a, tuachin ahing hing kiata hi.

Thuchiin:

Jesun amaute kungah phel unlen peisah un achi hi. (John 11:44)

Dohna:

1. Jesun tui kinawng bang agenleh asip ei?
2. Koi e tuitung a pei thei?
3. Koi e tuitung apei a tum dia kisa khu?
4. Mishisa hing khu koi e?
5. Lazar koi in ahingsah kia ei?

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Zilding - 14**GINNA LEH HUNDAMNA****Simding: Lk. 19:9; 23:43; Nasepte 16:27-34.****1. Zakai hundam in um:**

Zakai mineu ahiman in, Jesu Jerusalem lam zuon a hing pei mu tei sawm in theipi kung ah ana tuong a, Jesun Zakai amutah in “hing kum in na inn a hing tung ding kachi achia, Zakai zong kipah mama in, Jesu a inn a atun bep in, Pu aw.... ka neisa migentheite pevang in, mi ka sola, ka mu zousie ale li in kasang ding achi leh Jesun “Tunin tam inn ah hundamna atung ta hi. Aziehpén mangthaite sui a keima hingpei kahi” achi hi. Eiten zong ikhelinate ipuonleh hundam a um ding ihi.

2. Kross zietlang apa hundam in a um:

I Mangpa Jesu kross a khailia ding a a um lai in, azietlam leh a veilam ah Dan bawtsie pasal ni zong khailia ding in a um a, a veilam apan Jesu khu enghou in, “Pasian tapa hilou namale.....! Kou gel hing hundam inlen, nang zong kihundam tan achileh a zietlam apan, alawmpa housie in Pasian ging lou ih? Eigel in isepga ilaw ding ahi achia, achi zou in, “Mangpa na gam natun chiengin hing theizing in” achileh Jesun tunin Paradise ah na umta” achi hi.

3. Suongkul vengpa hundam in um:

Paul leh Sila suongkul ah sia khainieng a kibil, thakhat in zilpi ahing ling a, kot zousie ahing kihongta hi. Tuachiin suongkul ngahpan a etleh kot zousie akihong san amuta a, anamsau dohkhie in ama leh ama akitha sawmta a, Paul in “Hei kithat

sin” kouhaw ka um kim uhi. Koima ka taikhe sih uhi achia, Suongkul ngahpan Pasion silbawl ahi chi athei tah in “ Pute aw hundam a ka um theina dingin bang ahei ka bawl ding” achia, Paul in, “Mangpa Jesu gingta lechin nangma leh na innkuonpite hundam in na um ding uhi” achia, Tuachiin suongkul ngahpa leh a innkuonpites baptisma atang uhi. Eiten zong Pasion silbawl theina igintat a, Jesu i gingtatleh hundam in i um ding uhi.

Thuchiin:

“Hinanleh Mangpa toh kizop mi pen Ama toh hagau a pumkhat ahi uhi”. (ICor. 6:17).

Dohna:

1. Zakai in Jesu kung a akhelna teng apuonleh Jesun bang agen ei?
2. Kross a kikhai, azietlam a pan, Mangpa na gam na tun chieng in hing theizingin achileh Jesun bang agen ei?
3. Suongkul ngahpan, Pute aw hundam a ka um theina dingin bang ka bawl diei? achileh Paul in bang agen ei?

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Zilding - 15**GINNA LEH NASEP****Simding: Gen. 6:13-22; 12:1-3; 20:7-10.****1. Noah in Pasion agintat zieh in kuong sui:**

Pasion in mihing asiemsate hiemngam, silgilou bawl ngamla ding neilou in, hinkhuo aman zieh un, mihingte sumang thai ding ka hi. Tuana na kihumbitna ding in “**kuong sui in**” achia Noah in awl in sui vang, kal kia, ha kia chieng kipan vang achi sih a, Pasion thugen agintat ziehin nasep akipan pai hi. Tuachin adung, avai asanlam, Pasion gen bang in abawl kim dimdiam hi. Pasion thugen a gintat zieh in, ama leh a innkuon mite hundam in a um uhi. Eite zong Pasion thugente, i gintat a, isep paileh Pasion in shina akipat in ahing hundam ding hi.

2. Abraham in Pasion a gintat dan:

Pasion in Abraham kung ah na tenna nuasie inlen, ka hing kawhmuna ding mun ah pei in achileh, thuphaselou in akisa pai a, Pasion in agenna lam zuon in apei pai hi. Pasion a gintat dan alet seng zieh in:

- (a) Hah leh suon van a Ahsi zat, lei a pieunel zat
- (b) Na min ka suthang ding
- (c) Nang a kipat nam zousie ka guolzawl ding chi achiem a, Pasion in guolzawl na tua bang in apie hi. Eiten zong Pasion thugen nelsie lou a, i zuileh Pasion in Abraham bangin ahing guolzawl ding hi.

3. Abraham in Pasion a gintat zieh in a tapa maitam ah alan:

Pasion in Abraham kung ah na tapa tangkhat neisun maitam a na hing lat ding ahi achia, Abraham in bang gen va na chi uoi? Abraham in Pasion thugen agingta mama a, atapa Isak maitam a lat dingin, akihalna ding sing pawsah nalai hi. Isak in Pasion agintat zieh in apa bawldan zousie lem asahpi hi. Nouten na nu leh na pate un agente na zui uoi? Hinanleh Abraham in atapa Isak maitam a lat asawm tahin, Pasion in Abraham ahan a, na tapa tung ah na khut ha sin, tuachiin theubawh lah a belamtal khat khau lah a awa amu a, tua khu maitam in alan hi.

Thuchiin:

Ginna in Isak in sil hing tung dingte thu ah Jacob leh Esau a guolzawl hi. (Heb. 11:20)

Dohna:

1. Pasion in Noah kung ah tuisang letsah ding kahi kuong sui in achileh bang abawl ei?
2. Pasion in Abraham kung ah na ten na nuasie inlen, ka hing kawhmuna ding gam ah peitan achileh bang chiin a um ei?
3. Pasion in Abraham guolzawl na chi nga a piehte gen in?
4. Pasion in Abraham kung a na tapa halmang kithoina a, na hing pieh ding achileh bang a bawl ei?

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Zilding - 16**DIHTATNA****Simding: Gen. 14:19****1. Abraham in dihtah in sawm-a-khat pie:**

Abraham in, Siempu Mang Melkizedek kung ah dihtah in a sawm-a-khat ana pie hi. Dihtah a silpieh in Pasion lung adamsah mama hi. Aziehpén, ibieh Pasion khu dihtatna Pasion ahi. Pasion in van apat in midih asui a, midih te asew abawl zousie Pasion in aguolzawl hi. Eite zong naupang neunou hileizong sum leh pai imute dihtah a ipiehle Pasion in hing guolzawl ding uhi.

2. Midehtatte din khuo avah:

Mihing sum leh pai a dihtatna, silpieh a dihtatna, thugen a dihtatna, tuabang a midehtatte khu Mangpa'n sum aneilou chiengun sum mutheina apieh a, Neh leh tah leh adang dang apaimawte Pasion in ahun bang zel in ape zel hi. Midehtatte a damlou chieng un Pasion in asudam zel hi.

3. Pasion in midih te a guolzawl hi:

Pasion in midih te aneu apat in Belam chin in aching a, alaisimna ah zong guol azawl a, asew abawl zousie amuolsuo sah hi. Midih ahizieh in, zuou agen ngaisih a, midih ahizieh in Pasion in adeisah a, miten zong adeisah tuom hi.

Thuchin:

Midih a ding in miel lah ah vah ahing tang khie zel ding a, Ama khu mi hepi siem lainatna a dim dihtattah ahi. (Late 112:4

Dohna:

1. Abraham in dihtah in a sawm-a-khat koi kung ah apie ei?
2. Dihtattah a Pasian a sil i piehleh Pasian in bang ahing pe diei?
3. Pasian in midihtatte bang achi ei?
4. Midihtatte koi in a deisah ei?

.....

Zilding - 17**HAMPHATNA DIHTAH****Simding: Rom. 4:9; 8:14-15; Sam 53:2-3.****1. Dihtah a muna:**

Mihingten, i sepgim a, dihtah a sum leh pai i mute khu hamphatna ahi. i nu leh pa te kung a zuou leh nal a sum imu nate, i lawi i paite kung a zuou leh nal a sum leh pai mu nate khu hamsietna ahi. Tua dihlouna in ga ahing suo a, i hing pichin chiengin guolnua phala in, i hinkhuo uh i zang bei uhi. Mihdihtatte khu mi zousie zatat ding in Pasian in asiem hi. Midihtat Pasian gingte khun sildihlou a bawl ngai sih uhi.

2. Midihtatte vangam a kai ding hi:

Pasian in Jesu Khrist hundampa a pomte khu midihtat a asim zieh in, amaute khu vangam kai ding ahi. Khawvel ah midih khat zong a umsih Pasian in achi hi. Mi a dihna khu ama hagau leh Pasian hagau akizop chieng in ama a hinawnlou in, Pasian hagau pui a um ahitah ziehin sildihlou bawl ding tua hagau in aphal nawn sih hi. Tuazieh in Pasian hagau khu eima a a um tah ziehin, “**Abba Pa aw**” chiin ikikou thei uhi.

3. Pasian in Abraham midih in pom:

Midih chi khu gintatna a hing kipan ahi. Abraham khu Pasian in midih in a pom hi. Manipur Govt. in naupang laisiem top 10 tante sum lakh khat chiet kipe ding, skul kaite a passed te apawl suon thei ding chi henlen, gingtalou in skul zong kailou in um taleh igintatlou zieh in bangma ibawl sih a,

top ten in zong ipangthei sih a, ipawl zong isuon theisih a, igintatlou ziehin midih lou isuoh hi. Midih kichi khu hundam tate ahi. Noute khu midih na hi nuom uoi? Midih ihi ut chiet uhi. Midihtatten van gou aluo banah lei gou zong aluo ding uh ahi.

Thuchiin:

Aziehpen Pasion Hagau in apui poumate, Pasion tate ahi uhi. (Rom 8:14).

Dohna:

1. Midihtatte khu mi zousie in bang achi ei?
2. Pasion hagau khu eima a a umleh bang chiin ikikou thei uoi?
3. Midihten bangbang aluo ding uoi?

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Zilding - 18**KINGAINGIEMNA****Simding: Late 37:1-11; 23:1; John 13:1-20.****1. Jesun nuazuite keng sil:**

Jesun anuazuite keng aban ban in asil a, apuon in asiahul pieh hi. Ei hundampa bawn kingaingingiem in, anua zuite keng asil hi. Tui khu ang niemna langlang a aluon mabang in guolzawl na khu mi kingaingingiemte tung ah aluong hi. Bible in let na utleh kingai neu in achi hi. Ale..... noute na kingaingingiem uoi? Jesu nuazui ihia, izuipa bawn ki ngaingingiem ahileh eite khu akingaingingiem ding mawng ihi uhi.

2. Kingaingingiemten leigou loo ding:

Khovel a mihausateampi a um a, a khente akiliensah mama ua, mi kiliensah mihausate khu atate khang ah a zawng va diang uhi. Hinanlezong, mihausate kingaingingiemte khu akhang akhang in ahausate uhi. Aziehphe, mi kingaingingiemte khu Pasian in leigou aluosah hi. Leigou chi umzie ahileh leitung a sil um zousie Mangpa'n mi ki ngaingingiemte apieh ahi.

3. Pasian muongte akingaingingiem hi:

Pasian muongte khu midihattate ahia, midihattate khu akingaingingiem uhi. Mikingaingingiemte khu adihattatna uh Pasian in sun nisa abang sah hi. Thamlou in, Mangpa'n belam chin in aching hi. Milien, milalten anuazui ama vengtute ama

mai a akingaangiem chieng in, apanmun uh adopsang sah a, akingiemsah sem chieng in ama panmun tan ah milien in asiem hi. Eite zong ikingaangiemleh Pasian in leivui pan in ahing dom sang ding hi.

Thuchiin:

Mangpa khu kei hing chingpa ka belampu ahia, ka tasam sih ding hi. (Late 23:1)

Dohna:

1. Mi kingaangiemte tungah bang aluong ei?
2. Mi kingaangiemte khu akhang akhang in bang achi uoi?
3. Eite ikingaangiemleh leivui pan in koi in ang dom sang diei?

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Zilding - 19**SILPIEH****Simding: II Lengte 4: Luke 6:38****1. Meithainu akiphal Jawlnei:**

Elisa in Meithainu kung ah bang ka hing bawl pieh diei? Bang na nei ei achileh Meithainun, Olive Sathau bung khat ka nei hi achi a, Olive sathau khu aman atapate toh neh khat maimai anei a, atapa toh khatvei aneh uleh bei ding, tua zou chieng a Ann ngawl a shi ding ahi uhi. Hinanleh Pasian Jawlnei Elisha in asuhpung sah a, Anneh ding chilou abat teng uh zong adit sieng keei hi.

2. Meithainun aneiteng pie:

Jerusalem Biehin ah mite biehin kai ding in ahing pei ua, mihausaten thawlawm tampipi pie in, min asilpiehte uh musih khava chin mite thei teitei ding in a pie uhi. Tuabang a miten sil apieh lai un, meithainun anei sunsun makhai khat apie a, Jesun tam meithainun silpiehte lah ah apetam pen hi achi hi. Aleh eiten inei sunsun ei a zong hilou nehthei man ding a miin ahing piehle, abawn in ipe ngam ding uoi? I nu i paten skul a ding a nehthei man ding hing peleh, thawlawm ding in a un in i pe ngam di uoi? Na neu apat Pasian adia na kipumpiehle Pasian in zong na hinkhuo ding ana masiem ding ahi.

3. Na pieh bang hing pe ding:

Pasian in migentheite, hahsate pie in achi a, na pieh bangbang in keiman hing pe vang achi hi. Migenthei khat na panpileh Pasian nasem thupi tah nahi. Aleh..... Sunday School na kai chieng in thawlawm na tawi ngai uoi....? Na thawlawm tawite uh na nu leh na pa nehthei man ding hing kipete e... na kipiehna bangbang in Pasian in hing guolzawl ding ahi.

Thuchiin:

“Pie un, tuach’n pieh in na um ding uh, hoitah a te in, namdet inlen, loh in, tuachi’n adimlet in na ang sung uah pieh in na um ding uhi. Aziehpun na tena mama un ahing kite pieh ding hi”, achi hi. (Luke 6:38)

Dohna:

1. Meithainun Jawlnei Elisha kung a Olive Sathau aneisun apieh ngam zieh in ama din bang aphatuom ei?
2. Meithainun, anei sunsun makhai apiehleh Jesun koi in petam pen achi ei?
3. Migenthei khat na panpileh bang nasem thupi tah nahi achi ei?

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Zilding - 20**THUMNA****1. Elijah thumna Pasion in dawng:**

Elijah in Pasion maitam asiem a, Maitam tungah bawngtal sa a atnen a, tua maitam khu tui abuah kawt dildel a, Pasion kung ah athum a, Pasion in maitam khu vana patin meikuong in ahing hal hi. Elijah khu Pasion jawlnei, Pasion ta ahi ziehin, Pasion in athumna a dawng hi. Pasion in sil bawltheilou anei sih a, sil hitheilou ding a min angaituohte zong awlsam tahin abawl thei hi.

2. Samson thumna Pasion in dawng:

Samson khu mihat mama ahia, sabiltung khagu in Philistine mi sangkhat that zoupa ahi. Hinanleh a nu leh a pa thu amanlou ziehin ahatna a sam akiheu kieu a, ahatna tengteng abei nua in, amelmate in ui kai in akai leleta uhi. Tuachin Samson in Pasion kungah thumna anei a, Mangpa hepitahin khatvei ka tha hing hatsah kia in achia, Pasionin a thumna a dawng a, ahing thahat kia a, adamlai a melmate atha sangin atamzaw athat a, ama toh ashikhawm hi. Eite zong i nu leh i pa thu imanlouleh atawp lam chiengin Pasion in ithumna hing dawngleh zong i shilaw ding hi.

3. Leng Hezekiah thumna Pasion in dawng:

Leng Hezekiah damlou a a um lai in Jawlnei Isaia kung ah hing pei in, na innsung umdan ding siemtup in, damdoh zou nawnlou ding nahi achia, tuachiin Leng Hezekiah banglam nga in thumna anei a, Mangpa gi numtah a na nna kasep dan leh na mitmu a sil hoi ka bawldan theizing in aw achileh

Pasian in a thumna a dawng a, kum 15 a dam kum abelap pieh hi. Eite zong Pasian kung a inatnate damna inget leh ahing sudam ding ahi.

Thuchiin:

Ka kaana aw ngaikhie in, ka Lengpa leh ka Pasian aw, Nangma kunga thungen kahi bou hi. (Late 5:2)

Dohna:

1. Elijah maitam tunga sa kikoi tui kibuah khum Pasian kunga athum leh a maitam bang ahing chi ei?
2. Samson in a melmate sabiltung khagu in mi bangzat athat ei?
3. Samson amelmaten a sam a tansah nua in athahatna teng abei a, Pasian kunga athumleh Pasian in athumna asang a, bang ahing chi kia ei?
4. Leng Hezekiah damlou a shi ding Pasian kungah bang achi thum ei?
5. Leng Hezekiah Pasian in adam kum bang zat abelap pieh ei?

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Zilding - 21

HAGAU GATE
Simding: Gal. 5:22

1. Ki-itna:

Pasian tate ihizieh un iki-ittuo chiet ding uh ahi. Noute na ki-it chiet uoi? Ka ki-it uh chi tengin na khut uh hing tung ua le! Pasian khu itna ahizieh in aki itte agualzawl hi.

2. Kipahna:

Pasian in eite damna ahing pie a, ikipah uoi? I kipah ding ahi. Min sil ahing pieh chienga kipah ing e.... ichileh Pasian zong akipah ahi. Mi kipah theite khu Pasian tate ahi uhi.

3. Kilemna:

Bible in mi zousie toh kilem tahin um un achia, eite i nu leh i pa i u eh inau tualeh ilawm leh i guolte toh kilemtah a um ding ahi. Mitoh kilemtheiloute, Pasian toh zong akilem theisih uhi. Eite Pasian tate ihizieh un mi zousie toh kilemtah a hinkhuo izah ding uh ahi.

4. Thutahna, Jainemna leh nunnemna:

Min itung ah silhoilou bawl lezong thuoh zoute khu mi jainem leh mi nunnemte ahi uhi. I nu leh i pa, i u leh inau ten hing housie in hing phawh nanleh zong i dawzou leh Joseph bang in Pasian in hing dom sang ding ahi.

5. Hoina leh kidehtheina:

Mihoi kichi khu mi melhoite hilou in, a dihlouna a, kei dihlou ka hi chite khu Pasian a mihoi ahi uhi. Mihoite pen a lawm agualten silhoilou bawl ding achi chieng in a nuom sih a, akidehthei hi. Thamlou in lungthahna ding mun a zong akideh zou in a lungthah sih hi.

6. Gin-umna:

Mi gin um kichi khu midihtatte khu ahi. Kholai ah sum na mu a, aneite suilou a sum kamu chi lechin amangsah aneitude ada mama a, aneitu na sui a na pieh chieng in Pasian na tungah akipah mama ding a, ahing guolzawl ding ahi.

Thuchiin:

Lungnemte ahampha uh, Leigou luo ding ahizieh un. (Mathiu 5:5).

Dohna:

1. Pasian tate ihizieh un bang ichi ding uoi?
2. Mi kiphah theite khu koi tate ahi uoi?
3. Mi zousie toh bang chia hinkhuo i zah ding uh?
4. Koi ibahleh Pasian in hing dom sang ding e?
5. Pasian in mihoi achite koite e?
6. Mi gin-um kichi khu koite e?

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