

**The Presbyterian Church of India**  
**ZOU PRESBYTERIAN CHURCH SYNOD**

**SEPGUOL VAIGUON 2017**

Thupi: : “Ga ding a tel ihi” John 15:16

Ahun sung : September 01-24, 2017

**Sepguol Programme honna**

**September 1, 2017 (Ziltawpni nitah)**

|                 |   |                |
|-----------------|---|----------------|
| # Puitu         | : | .....          |
| # Sepguol honna | : | .....          |
| # Thumguolna    | : | .....          |
| # Tuohkhawm     | : | .....          |
| # Lantu         | : | .....          |
| # Thugentu      | : | .....          |
| # Thupi         | : | Hundam hi ding |

**Bible sim ding:**

*Isai 53:4-6*

Adihtah in Aman inatnate apuo a, i danate apo tahpi hi hinanleh eiten lah, Pasian vuoh leh bawl genthei in ingai uhi. Hinanleh itatkhehnate ziehin Ama liemsahin a um a, igitlounate ziehin vuohsidup in a um hi; ilungmuonna dingun gawtna atungah atung a, akivuohna huoltaite ah suhdam in i umta hi. I bawn un belum bangin ina vahmangta ua, michin eima lampi chiet ah ina pielta uhi; tualeh Mangpa’n ibawn ua, igitlounate uh ama tung ah angata hi.

*Johan 3:16,*

Aziehpen Pasian in khovel a it sengsenga, tuachi’n a tapa tangkhat neisun apie hi, koipou Ama gingta in amanthat lou a kumtawn hinna anei zawhna dingin.

## September 2, 2017 (Kiginni nitah)

|              |   |                |
|--------------|---|----------------|
| # Puitu      | : | .....          |
| # Pantu      | : | .....          |
| # Thumguolna | : | .....          |
| # Tuohkhawm  | : | .....          |
| # Lantu      | : | .....          |
| # Thugentu   | : | .....          |
| # Thupi      | : | Kisiemtha ding |

### Bible ding ding:

*Johan 12: 24*

Chitahzetin na kung uah ka gen ahi, Butang khat lei a akieh a, ashi sih leh, ama tangin a umden a hinanleh ashi chiengin ga tampi ahing suong hi.

*Isai 40:31,*

Hinanleh Mangpa ngahte pen ahatna uh, siemtha ahi ding ua, muvanlai bangin ha in aleengtou ding ua, atai ding ua, agim sih ding uhi; tualeh kengin apei ding ua, aba sih ding uhi.

## September 3, 2017 (Pasianni sun)

### SUNDAY SCHOOL

## September 3, 2017 ( Pasianni nitah)

|              |   |                  |
|--------------|---|------------------|
| # Puitu      | : | .....            |
| # Pantu      | : | .....            |
| # Thumguolna | : | .....            |
| # Tuohkhawm  | : | .....            |
| # Lantu      | : | .....            |
| # Thugentu   | : | .....            |
| # Thupi      | : | Khrist a um zing |

**Bible sim ding:***Johan 15:5-6,*

Kei grepgui khu ka hia, noute abahiangte na hi uh, Mi koipou keima a aum ngitngget leh, Kei ama a ka um ngitnggetna pa'n ga tampi asuong zel hi. Aziehpén keima louin bangma na bawl thei sih uhi. Mi koipou keima a aum ngitngget sihleh bahieng banga paidoh in a um a, avuoi zel hi; mi'n tuabang bahiengte atomkhawm ua meiphuol ah apai ua, akatum hi.

*I John. 3:6*

Koipou Ama a um ngitngget mi pen akhiel sih hi. Khelna bawl mi koipou in Ama amu sih a, thei zong athei sih hi

*Late 1:3*

Ama khu luiluong gei a sing kisuon ahun a ga zel, ana zong vuoi ngailou bang ahi ding a, asil bawl pouma ah alamzang ding hi.

**September 4, 2017 (Seppatni nitah)**

|              |   |                    |
|--------------|---|--------------------|
| # Puitu      | : | .....              |
| # Pantu      | : | .....              |
| # Thumguolna | : | .....              |
| # Tuohkhawm  | : | .....              |
| # Lantu      | : | .....              |
| # Thugentu   | : | .....              |
| # Thupi      | : | Nichin a Kross puo |

**Bible sim ding:***Luke 9:23*

Tuachi'n Aman amaute zousie kungah, "Mi koipou in ahing zui ut uleh amaleh ama kingaisah louin nichin in akross puo in hing zui heh.

### September 5, 2017 (Sepkiani nitah)

|              |   |           |
|--------------|---|-----------|
| # Puitu      | : | .....     |
| # Pantu      | : | .....     |
| # Thumguolna | : | .....     |
| # Tuohkhawm  | : | .....     |
| # Lantu      | : | .....     |
| # Thugentu   | : | .....     |
| # Thupi      | : | Sienthoua |

#### Bible sim ding:

*I Peter 1:14-16,*

Ta thumangte bangin, na theilou lai ua na nidang lai tahsa utnate uh banga umlou in; 15Hinanleh noute hing hanpa asienthou bangin, noute zong na gamtatdan zousie uah siengthou un. Aziehpén “Noute siengthou un, Kei ka siengthou hi,” chi’n akigiel hi.

### September 6, 2017 (Nilaini nitah)

|              |   |                     |
|--------------|---|---------------------|
| # Puitu      | : | .....               |
| # Pantu      | : | .....               |
| # Thumguolna | : | .....               |
| # Tuohkhawm  | : | .....               |
| # Lantu      | : | .....               |
| # Thugentu   | : | .....               |
| # Thupi      | : | Gin-umna/Muonhuoina |

#### Bible sim ding:

*I Korinth 4:1-2,*

Tuachi’n mi’n koute pen Khrist nasemte leh Pasion thu guh kemte bangin hing ngaituo uheh. Tuathamlouin kemtu hina ah gin-umna akiphama hi.

*Kolossa 3:23-25*

Na bawl pouma uh mihingte tunga bawl bang hilou in, Mangpa tunga bawl bangin lunglut tahin bawl un. Mangpa kunga kipat in kipahman goulouoding na mu ding uhi chi thei un, aziehpen Mangpa Khrist nasem na hi uhi. Hinanleh sil dihlou bawl miin, asil dihlou bawlman amu kia ding hi, kideisahna tuom bangma a um sih hi.

**September 7, 2017 (Ningani nitah)**

|              |   |       |
|--------------|---|-------|
| # Puitu      | : | ..... |
| # Pantu      | : | ..... |
| # Thumguolna | : | ..... |
| # Tuohkhawm  | : | ..... |
| # Lantu      | : | ..... |
| # Thugentu   | : | ..... |
| # Thupi      | : | Itna  |

**Bible sim ding:**

*I John. 4:7*

It tahte aw, khat leh khat iki it ding uhi, aziehpen itna khu Pasiana kipan ahi, tualeh michin itna nei pouma Pasian apieng ahia, Pasian athei hi. 8Itna neilou mi in, Pasian athei sih hi, aziehpen Pasian khu itna ahi.

*Mathiu 9:36*

Aman mipite amu tahin chingding neilou belamte banga gimthuoh leh kithethanga aumzieh un alainatta mama hi.

### September 8, 2017 (Ziltawpni nitah)

# Puitu : .....  
# Pantu : .....  
# Thumguolna : .....  
# Tuohkhawm : .....  
# Lantu : .....  
# Thugentu : .....  
# Thupi : Thumanna

#### **Bible sim ding:**

*I Samuel 15:22*

Tuachi'n Samuel in: "Mangpa'n, Mangpa thuman a kipahpi bangin, Kithoi na leh halmang sillatte akipahpi a mah? Ngai in kithoina sangin, thuman ahoizaw a, Belamtal thaute sangin, thuzui ahoizaw hi.

### September 9, 2017 (Kiginni nitah)

# Puitu : .....  
# Pantu : .....  
# Thumguolna : .....  
# Tuohkhawm : .....  
# Lantu : .....  
# Thugentu : .....  
# Thupi : Thuohhatna

#### **Bible sim ding:**

*Philippi 1:29,*

Aziehpen Khrist zieha nouten Ama na gintat guoh uh hilou a, Ama vanga thuoh zong na thuoh ding uh ahi chi phal na hi uhi.

*Jacob 5:11*

Ngai un, athuoh mite hampfa in isep uhi. Job thuohhat dan na za uhi, Mangpa'n atawpa abawl tupdan na mu uhi; Mangpa khu lainatna leh khotuona a dim ahi.

September 10, 2017 (Pasianni sun)

## SYNOD DAY

September 10, 2017 (Pasianni nitah)

|              |   |               |
|--------------|---|---------------|
| # Puitu      | : | .....         |
| # Pantu      | : | .....         |
| # Thumguolna | : | .....         |
| # Tuohkhawm  | : | .....         |
| # Lantu      | : | .....         |
| # Thugentu   | : | .....         |
| # Thupi      | : | Kingaangiemna |

### Bible sim ding:

*John. 13:13-14*

Nouten Kei pen Siepa leh Mangpa na hing chi ua, na chi dih ngel uhi, ahi ma ka hi. Tuachia kei na Mangpa u'leh Siepa un bawn na kengte uh hing silpieh ka hileh noute zong khat leh khat, keng na kisilpieh ding uh ahi.

*Philippi 2:7-9*

Ama hing kikoi ngiemin, suoh bangin ahing um a, mihing bangin ahing pieng hi. Tualeh mihing lim leh mel bang hing puoin, ahing kingaangiem a, shi tandongin thu amanga, Kross ah shina nangawn ahing thuoh hi. Tuaziehin Pasian in zong Ama nasatahin atawi sangta a, min zousie lah a min tungnung pen apeta hi

## September 11, 2017 (Seppatni nitah)

|              |   |                     |
|--------------|---|---------------------|
| # Puitu      | : | .....               |
| # Pantu      | : | .....               |
| # Thumguolna | : | .....               |
| # Tuohkhawm  | : | .....               |
| # Lantu      | : | .....               |
| # Thugentu   | : | .....               |
| # Thupi      | : | Kipah dan thei ding |

### Bible sim ding:

*I Thessalonika 5:16-18*

Kipah ngitnget un, Tawplou in thum un, Sil bangkim ah kipah thu gen un, Tami noute dinga, Khrist a Pasion deilam ahi.

*Habakuk 3:17-18*

Theipi kung pah sih henlen, grepguite ga sih henlen, Olive sepgimna guohsuohin, tualeh louten neh ding piengsah lou in, ahuong apat ganhonte suhbei a um in, bawngbuhte ah ganta um nawn sih nanleh. Tuachiin zong Mangpa ah ka kipah dinga, ka hundamna Pasion ah ka nuom nalai ding hi.

## September 12, 2017 (Sepkiani nitah)

|              |   |                 |
|--------------|---|-----------------|
| # Puitu      | : | .....           |
| # Pantu      | : | .....           |
| # Thumguolna | : | .....           |
| # Tuohkhawm  | : | .....           |
| # Lantu      | : | .....           |
| # Thugentu   | : | .....           |
| # Thupi      | : | Al leh vah ding |

**Bible sim ding:**

*Mathiu 5:13-16*

“Noute lei chi na hi uhi, hinanleh chi khu tamta leh bang achi ki al sah kiata diei? tuachi’n paidoh a mite totchil ding loungal in bangma dingin aphatuom nawn sih ding hi.

“Noute leitung vah na hi uhi, muol tunga khopi um khu akiphuol thei sih hi. Mi’n meivah dein law nuoi ah akoi ngai sih ua, atunna tungah akoizaw uhi; tuachi’n inn sunga mi um zousie ataanvah hi. Tuama bangin na vah uh mi mudingin vah heh, tuachi’n na silbawl hoite amu thei ding ua, Van a um na Pa uh apahtawi thei ding uhi.

*II Korinth 3:2*

Noute ka laihah uh, ka lungtang ua kigiel, mi zousie thei leh sim na hi uhi.

**September 13, 2017 (Nilaini nitah)**

|              |   |          |
|--------------|---|----------|
| # Puitu      | : | .....    |
| # Pantu      | : | .....    |
| # Thumguolna | : | .....    |
| # Tuohkhawm  | : | .....    |
| # Lantu      | : | .....    |
| # Thugentu   | : | .....    |
| # Thupi      | : | Dinkipna |

**Bible sim ding:**

*Gal. 5:1*

Tuaziehin suoh hi nawnlou dingin Khrist in eite ahing zalen sahta hi, tuachi’n dingdet unlen suoh hahkol ah awhkia nawn sih un.

*I Korinth. 16:13*

Kiveng unlen ginna ah dingkip un, hangsan tahin um unlen, hat tahin um un.

**September 14, 2017 (Ningani nitah)**

|              |   |                              |
|--------------|---|------------------------------|
| # Puitu      | : | .....                        |
| # Pantu      | : | .....                        |
| # Thumguolna | : | .....                        |
| # Tuohkhawm  | : | .....                        |
| # Lantu      | : | .....                        |
| # Thugentu   | : | .....                        |
| # Thupi      | : | Pasian toh inn lamkhawm ding |

**Bible sim ding:**

*Late 127:1*

Mangpa'n inn alam sihleh,  
alam miten asemgim thawn giap uhi;  
Mangpa'n khopi aven sihleh aveng mite ahah thawn giap uhi.

**September 15, 2017 (Ziltawpni nitah)**

|              |   |                       |
|--------------|---|-----------------------|
| # Puitu      | : | .....                 |
| # Pantu      | : | .....                 |
| # Thumguolna | : | .....                 |
| # Tuohkhawm  | : | .....                 |
| # Lantu      | : | .....                 |
| # Thugentu   | : | .....                 |
| # Thupi      | : | Mangpa Lampi zui ding |

**Bible sim ding:**

*Late 128:1-6*

Mangpa giing poumaten nuom asa uhi, alampi zuiten. Na khut sepgim ga na ne ding a, kipah tahin na um dinga, navah tahin zong na um ding hi. Na zi zong na innsung a grepgui ganuom mama bang ahi dinga, na tate zong na daw kang kimvel a Olive selte bang ahi ding uhi. Ngaivawi Mangpa giing mi khu tuabanga guolzawl in a um ding hi. Mangpa'n Zion a kipat in ahing guolzawl ding a, tualeh na damsung tengin Jerusalem hoina na mu ding hi. Ahi, na tute na mu ding a, Israel tungah hamuonna um hen.

**September 16, 2017 (Kiginni nitah)**

- |              |   |            |
|--------------|---|------------|
| # Puitu      | : | .....      |
| # Pantu      | : | .....      |
| # Thumguolna | : | .....      |
| # Tuohkhawm  | : | .....      |
| # Lantu      | : | .....      |
| # Thugentu   | : | .....      |
| # Thupi      | : | Silpieh ah |

**Bible sim ding:**

*II Korinth 8:5,*

Tami koute kinepna banga bawl hilou in Pasion dei bangin, amauh mama Mangpa kung leh koute kungah akipe masa uhi.

*Thupilte 3:9*

Na nei nalam leh na louma a gamasate zousie in, Mangpa pahtawi in.

**September 17, 2017 (Pasianni sun)**

**SUNDAY SCHOOL**

### September 17, 2017 (Pasianni nitah)

# Puitu : .....  
# Pantu : .....  
# Thumguolna : .....  
# Tuohkhawm : .....  
# Lantu : .....  
# Thugentu : .....  
# Thupi : Kipumkhatna

### Bible sim ding:

*Johan 17:21,*

Pa aw, Nang keima ah na um a, Kei nangma a ka um banga, amauh zong eima a pumkhat ahitheina dingun, tualeh Nang kei na hing sawl ahi chi leitungin agintat theina ding un.

*I Korinth 12:27*

Tuin noute Khrist tahsa na hi ua, amimal mal in ahientge na hi chiet uhi

*Ephesa 4:3-6*

Lemna gui a kaankhawm Hagau kipumkhatna tudet chinten un; Hat a na umna pen uh, kinepna mun khat a hat na hi bangun, tahsa khat leh Hagau khat a um in, Mangpa khat, ginna khat, baptisma khat, Pasian khat leh mizousie Pa, bangkim tunga um leh bangkim a um, tualeh noute zousie a um, a um hi.

### September 18, 2017 (Seppatni nitah)

# Puitu : .....  
# Pantu : .....  
# Thumguolna : .....  
# Tuohkhawm : .....  
# Lantu : .....  
# Thugentu : .....  
# Thupi : Midangte ding a ga ding

**Bible sim ding:***Siemchilbu 12:1-3,*

Tualeh Mangpa'n Abram kungah, "Na gam leh na tanaute leh napa innsung akipat pawt inlen, gam ka hing etsah ding langah pei in achi hi. Tualeh Nam thupitah in hing siem vangin, guol hing zawl vangin, na min suthupi vang, tualeh nang guolzawl na na hi ding. Tualeh nang hing guolzawlte guolzawl vangin, nang hing hamsiette hamsiet vangin, tualeh nangma apat leitunga nam zousie guolzawl in umva uh," achi hi.

*Mathiu 9:36*

Aman mipite amu tahin chingding neilou belamte banga gimthuoh leh kithethanga aumzieh un alainatta mama hi.

**September 19, 2017 (Sepkiani nitah)**

|              |   |                |
|--------------|---|----------------|
| # Puitu      | : | .....          |
| # Pantu      | : | .....          |
| # Thumguolna | : | .....          |
| # Tuohkhawm  | : | .....          |
| # Lantu      | : | .....          |
| # Thugentu   | : | .....          |
| # Thupi      | : | Mailam naw vai |

**Bible sim ding:***II Peter 3:18,*

Hinanleh i Mangpa leh hundampa Jesu Khrist hepina leh theina ah hing khanglien un, Ama kungah tu leh kumtawn in thupina umta hen. Amen.

*Philippi 3:12-16*

Atang zouta ka hi sih a, abukimzouta zong ka hisih hi, hinanleh Khrist Jesu in kei ahing tuhdet bangin tuami ma ka tuhdet theina dingin ka del a hi. Unaute aw, kei pen neizouta in ka kingaituo

sih a, hinanleh tam sil khat ka bawl hi; nualam a sil umte manghil in, mailam a sil umte ka del hi. Kipahman sang dingin Pasian in vanlam hatnain Khrist ah kei ahing han a, tua kipahman mu tumin phahtawpna mun ka del a hi. Tuaziehin ei apiching tengin tambang lungsim nei chiet vai, tualeh sil dang khat a ngaituona tuom na nei u'leh, tuomi nangawn zong Pasian in noute ahing theisah nalai ding hi. Ahivang in itunna chieng chieng ah, tua dan ma zuiin gamta vai in, lungsim kibangin um vai.

### **September 20, 2017 (Nilaini nitah)**

|              |   |                 |
|--------------|---|-----------------|
| # Puitu      | : | .....           |
| # Pantu      | : | .....           |
| # Thumguolna | : | .....           |
| # Tuohkhawm  | : | .....           |
| # Lantu      | : | .....           |
| # Thugentu   | : | .....           |
| # Thupi      | : | Thum mi hi ding |

### **Bible sim ding:**

*Mathiu 7:7,*

“Ngen un, pieh in na um ding uh, sui un na mu ding uh, kiu un honpiehin na um ding uhi.

*Ephesa 6:18*

Thungetna leh ngetna chintengin bangchih lai pouin Hagau ah thu ngen ngitnget unlen, tambang lungsim nei in, misiengthoute zousie dingin thuohhatna leh ngetpiehna toh, atawp dongin kiveng zing un.

## September 21, 2017 (Ningani Nitah)

# Puitu : .....  
# Pantu : .....  
# Thumguolna : .....  
# Tuohkhawm : .....  
# Lantu : .....  
# Thugentu : .....  
# Thupi : Sil hoi bawl ding

### Bible sim ding:

*Mathiu 5:16*

Tuama bangin na vah uh mi mudingin vah heh, tuachi'n na silbawl hoite amu thei ding ua, Van a um na Pa uh apahtawi thei ding uhi.

*Kolossa 1:10*

Tuachia Mangpa dinga hindan kilawm leh sil zousie a deihuoi a na gamtat ua, nna hoi chinteng a, gasuo a, tualeh Pasian theisiemna lam a na hing khanlet na ding u'leh.

## September 22, 2017 (Ziltawpni Nitah)

# Puitu : .....  
# Pantu : .....  
# Thumguolna : .....  
# Tuohkhawm : .....  
# Lantu : .....  
# Thugentu : .....  
# Thupi : Jesu ginna etton ding

### Bible sim ding:

*Heb. 12:1-2*

Tuaziehin eite zong hichi khop a theipimi meipi thupitah im kimkot a i um uh thei in, ahing nohsah zousie leh khelna eima a behdente hemkhedoh vai in imasang ua taikidemna ah

kukaltahin itai ding uhi. I ginna siempa leh subukimpa Jesu lam en in, Aman amasanga um kipahna ziehin zumnate zong khohsa lou in Kross ah gimna athuoh a, Pasion mangtouphe zietlam ah ava touta hi.

## SEPGUOL KISUHTUONA

### September 23, 2017 (Kiginni nitah)

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| # Puitu      | : | .....                   |
| # Pantu      | : | .....                   |
| # Thumguolna | : | .....                   |
| # Tuohkhawm  | : | .....                   |
| # Lantu      | : | .....                   |
| # Thugentu   | : | .....                   |
| # Thupi      | : | Hagau hinna kiningching |

### Bible sim ding :

*John 10:10*

Guta khu gu ding leh that ding leh suse ding loungal in ahing pei sih, Kei pen amaun hinna anei na ding u'leh, kiningching tah a aneina ding ua hing pei ka hi.

### September 24, 2017 (Pasianni suun)

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| # Puitu      | : | .....                      |
| # Pantu      | : | .....                      |
| # Thumguolna | : | .....                      |
| # Tuohkhawm  | : | .....                      |
| # Lantu      | : | .....                      |
| # Thugentu   | : | .....                      |
| Thupi        | : | Hagau mangthai sui leh mat |

**Bible sim ding :**

*Mathiu 4:19*

Tualeh aman akung uah, “Hing zui un, mihing manin ka hing bawl ding,” achi hi.

**September 24, 2017 (Pasianni nitah)**

|              |   |                            |
|--------------|---|----------------------------|
| # Puitu      | : | .....                      |
| # Pantu      | : | .....                      |
| # Thumguolna | : | .....                      |
| # Tuohkhawm  | : | .....                      |
| # Lantu      | : | .....                      |
| # Thugentu   | : | .....                      |
| # Thupi      | : | Hagau a ga ding a tel ihi. |

**Bible sim ding:**

*Galatia 5:22-23*

Hagau gate ahileh, Itna, kipahna, lungmuonna, thuohhatna, zainemna, hoina, ginumna; Thunuoilutna, kidehtheina, ahi, tambangte toh kikal dan a um sih hi.

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# R E C O R D

| Date | Biehn / Inn mun | Kikhawm Zat | Tuohkhawm |
|------|-----------------|-------------|-----------|
| 1    |                 |             |           |
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| 5    |                 |             |           |
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| 18 |       |  |  |
| 19 |       |  |  |
| 20 |       |  |  |
| 21 |       |  |  |
| 22 |       |  |  |
| 23 |       |  |  |
| 24 |       |  |  |
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[illegible]