

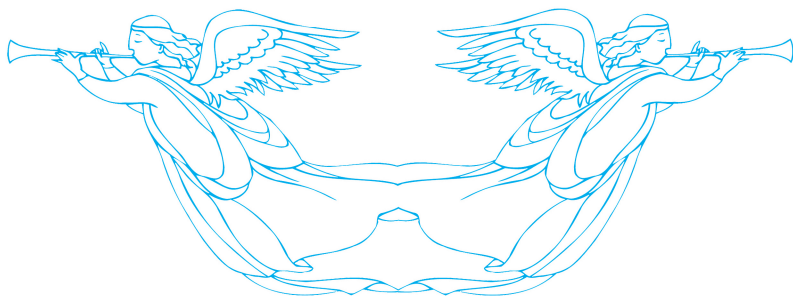
*A Monthly Christian Magazine*

AN ORGAN OF THE ZOU PRESBYTERIAN CHURCH SYNOD

# Khristian Tangkou

Vol. 56 || No. 3

March 2020



**Editor: Rev. Khamchinkhai**

*Synod Kumpuon:*

**Thukhenna dih leh dihtatna khu tui bang in luong hen** (Amos 5:24)

# Khristian Tangkou

Vol. No. 56 || Issue No. 3 || March, 2020

# A sung thu

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### AMAN

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Thusuo zosie Editor leh Zou Synod ngaidan ahi kimsih a, a suotute'n maw a kipuoh chiet ding uhi.

Thusuo dingte Editor kung a pieh ding ahi.



# Thu tuomtuom leh Thumpi dingte



1. **Synod Year Planner** bawzuina toh apeisa January 29, 2020 (Sunday) niin Synod huong sung a Hattuum chin in Nipi School sang zilna pan chiet ta uhi. Tukum subject ahileh Thuginpi ahi. Hattuum chin a Sangsye te a ding in kipiehzawna leh theitel nate ngetpieh vaui.
2. **Synod 14th Mission Conference:** Synod Year Planner umsa bang in apeisa February 7th-9th 2020 sung in Presbyterian Church of India Lailamveng ah lawching tah leh khela pumpum in neizouta uhi. Thupi “Mangpa a Pasian ua nei Nam ahampha uh (Late 33:12). Jengbey Mission Field a sem Mr. Prosono Ronghang Commission Synod Moderator in anei hi.
3. **ZPYF Revival Cum Leadership Seminar:** Apeisa January 10-12th 2020 sung Zou Presbyterian Youth Fellowship Revival Cum Seminar Khawmpi Lailam Veng Presbyterian Church lawching tah in nei zouta uhi. Thupi “Khanglai Khrist a kilamdanna” chi ahi (Rom 12:2). Speaker: Upa Ginlianmang

Recourse Persons:

- 1) Rev. Awnkhankhup
  - 2) Upa Liansuankap
  - 3) Pa Samuel Khamsuankhai
  - 4) Pa P. Thangsuanhau te ahi
4. **ZPWF Seminar Khawmpi 2020:** Pasian hoina leh mapuina kilam en kawm in ang tung ding March 13th-15th, 2020 chieng in Zou Presbyterian Women Fellowship te saina in Presbyterian Church of India Tuibuong ah ZPWF Seminar khawmpi um ding hi. Khumna tel ding in thumkawm in kisakhol in...! Thupi ding

“Tuachin ka damsung nite uh simdan hing hil in pilna lungtang kanei theina ding un (Late 90:12).

**Resource Persons Topic:**

- 1) Rev. Awnkhankhup, Christian innkuon
- 2) Rev. Dr. Hangpi Manlun, Leadership
- 3) Nu Mankhanngai, Uplifment of Women Status in the Church and Society.

**Thugen dingte:**

- 1) Evan. Pauchiin
- 2) Rev. Khamchinkhai, Sr. Executive Secretary i/c ZPWF
- 3) Nu Tingzavah, Finance Secretary

5. **Dated 31th Jan. & 4th Feb. 2020** niin Shalom team ten Zou Synod Office Zomi Colony ah “Awareness meeting with Parents on Prevention Drug Abuse” Objective: “To Spread Awarness about harms of drugs use among Young People” chi thupi pansan in PATAU DAH hing sat uhi.
6. **Apeisa February 3rd-4th 2020** sung Synod Education Committee thuphasah umsa bang in Zou Synod huong sung a Sangshie nasemte Teacher’s Orientation neipi uhi. Khumnah Resource person in Pu Khaiminlian Asst. Professor, Secretary Education Committee leh Upa Chinkhenpau Chairman Education Committee te pang uhi.
8. **Shie Ginzahau Office Assistant Pension peita:** Zou Synod Pension Board Committee thuphasah umsa bang in apeisa February 28, 2020 (Friday) niin Shie Ginzahau Office Assistant atahsa kum kum 60 a chintah toh kiton in MGP Golden Jubilee Hall ah Pension pieh in umta maban ama leh a innsung mite khosahna ding uh Pasian hoina leh mapuina ngetpieh vaui. Mangpa’n mapui in umpi zingta hen chi ithumna uh ahi.
9. **Thumsahna:** Tukum kumbula ding lel ihina utoh ineh suina nam tuomtuom kumpi nasemte, Loubawl mite, Dawr kaite, Bazar kaite, gamdang a Company a kilaw tomte leh adangdang te adin ana thum zing vaui. Amaute i pawlpi kingah na khuom leh ban te ahi uh chi thei kawm in chidamna, lamzannate zong nget sah vaui.

.....

# EMAU LAMPI!

(Mk. 16:12-13; Lk. 24:13-35 & Mak. 16:15-18)

**E**i Presbyterian Church of India thugin khu Pasian a mi thum, Pa leh Tapa leh Hagau Siengthou (Trinity) ahia, amauteng khu mi thum hinapi in mi khat ahi veve ua, tam khu sakhuo dang zuiten a theisiem theilou uh ahia, Pasian a hinna nei Jesu Khrist gingtute bou in i theisiem thei uh ahi.

Pasian khu thuhun lui lai in Pa Pasian in a kithei a, Thuhun tha hing kipat AD bul lam in Tapa a hing kilang in i Mangpa Jesu shi zou in Hagau Siengthou a hing kilang in ahing umpi zing hi. Thuhun lui lai in Tapa leh Hagau Siengthou thu Pasian in Jawlneite zang in gen nanleh ana theisiem theisih ua, atah a mu thei zong ahi naisih uhi. Thuhun lui hing bei in Jawlneite genlawh bang in ahing tangtung tou a, Jesu Khrist hing pieng in ahing shi a, tuachiin thou kia in van a lahtou in a um a, tua zou in Ahing thuchiem dungzui in Hagau Siengthou ahing sawl hi. Tuachiin eite khelna a shisate hing tankhie in kumtawn hundamna ahing pie a, Pasian a mi thumte khu thuhun tha ah hing kilang in ahing bukimta hi.

## 1. Emmau khuo:

Emmau khuo khu Jerusalem khopi apat mallam a um mel 20 vel a gamla ahia, Jerusalem leh Jaffa khuo kikal a um ahi hi.

Emmau chi umzie khu Greek ham ahia, lungtang a deina tah nei china ahia, tualeh, tuilum pawtna tuisam china zong ahia, tam mun ah tuisam khat a um a, tua khu tahsa damlouten damna a ngana mun uh ana hi hi.

Tuazieh in tam tuisam mun khu mi tamtahte kinepna leh damna mun ahi. Tam bang in nuajui mi niten zong tam Emmau khuo ah hagau damsienagna ana tang uhi.

2. **Emmau khuo zuon mi nite:** I Mangpa Jesu Khrist khantan hoi gieltu Dr. Luk in tam thu kimtah in ahing na gelsah a, tam Emmau khuo zuon a peite khu Kleopa leh a lawipa ahi uhi. Amaute khu amin uh nuajui dangte bang in Jesu nuajuite lah ah simkhah hisih nan uleh Jesu gingta a, anua zuitute ahi uhi.

Jesu han apat a thawkia zou in a nuajuite kung ah a kihil a, a gensa ma bang a thou kia ahi dan chientah in ahil hi. Tam Jesu thaw kia ni mama a nitah lam a Jerusalem leh Emmau khuo kikaal a sil tung ahia, Jerusalem apat Emmau khuo zuon in Kleopa leh a lawipan lungkham meltah leh daa mel tah in lam a zawt ua, Jesun amau toh zawhkhawm ding in ava nai a “Na pei kawm ua bang thu houlim a, tambang a daamel puo na hi uoi?” chiin adong hi. Tam khuolzin mi niten Jesu ahilam theilou in Jesu Kross a kilbeh ahi thu leh aluong kiphumna mun ah a um nawnlou thu gen in Kleopa in, “Tulai a sil umdan theilou, Jerusalem ah nang maimai mikhuol na hieimah?” achi hi. Jesun amaute kung ah “Bang sil umdan la?” chiin theilou bang in a dong kia a, Kleopa leh a lawipan Jesu shi dante, Jesu hina leh silbawlthei dante, Siempuliente leh Vaihawmten shi ding a, a mawpai thu uh leh Kross a kilbeh ahi dan, ashi dan thute gen in a thou kia a, nuajuite kung ah zong a kihil chiin a gen ua, a thawkia dan gen nan uleh a lungtang sung uah theichienna tahtah a um lou zieh in a da mama mai ua, a lungsim uh hawm in a thawmhau mama mai uhi.

A lungkham seng zieh un Jesun a damlai a, a thugente zong za napi in a manghil ua, thei zoulou in a um uhi. Lungkham leh danate in i mit mielsah in i lung a zingsah leng hi.

Tuahun lai in Jesun Ama tungtang thu Mosi leh guolneiten ana genlawhte uh; Khrist in a thuoh ding a, shi ding mawng ahidante leh kaithaw a um a, thupina atan ding thute hilchien in Lai Siengthou sung a kigenlawhte thu a hilchien chieng in a sung uah mei bang in a kuong a, hinanleh a theisiem nai sih uhi.

Jesu toh zawhkhawm ahi vang un bangma a theisih ua, ahin, a lungkhamnate uh kiem in nuom asa mama ua, Jesu toh zawh a Pasian thute a kikup lai un a lungkhamnate uh a manghil uhi. Tambang a houlim kawm a, ahing pei uleh a theilou kaal un a zotna mun uh Emmau khuo ahing tungta uhi. Jesu khu gamlapi a peisuoh ding bang in a kigen a, amauten Jesu ahi theisih nan uleh a ngaina mama ua, akung ua um a taam phot ding in a hou uhi. Tuachiin, “Ni lah tum ding hita, khuo hing miel ding ahita a, kou toh taam in giehkhawm vai” chiin ahou uhi. Tambang a Jesu ahou chieng un Jesu zong amau toh giehkhawm ding in a lotta hi. A

giehna ding uh Emmau khuo ah nitah ann nekhawm ding in atouta uhi. I Mangpa Jesun tanghou ala a, phalsuo in a guolzawl a, tuachia tanghou aneh lai un amit uh hing vaah in Jesu ahi lam ahing thei ua, hinanleh tam hun laitah in Jesu khu amaute mitmu apat a mangta hi. Amau tegel kihou in “Lampi a ahing houpi a, Lai Siengthou thute ahing hil lai in i sung ah meikuong abang hilou i?” chiin a kihou ua, tuachiin a giehna ding uh Emmau khuo ah zong gieh talou in Jerusalem lam ah kile kia in nuajuite kung ah a sil tuohte uh gen in “I Mangpa a thoukia tahtah ahi. Simon kung ah zong a kilah ta hi” achi uhi.

**3. Eite kung ah:** Tuniin mi tamtahten i lungkham, i mangbat niin I Mangpa Jesu hing chielna theilou in Zule-sa in a kihenem ua, tep-le-muom, khamthei-guithei leh kimawl na hoilou tahtahte toh a kihenem uhi. I hagau dangtah mama damna ding in hagau tui dawnlou in tahsa tui i dawn uhi. Ita-le-naute Jesu toh a zawh lou zieh un a hagau dangtahna uh theilou in tahsa lam dangtah bang a kithei in khamthei-guithei sal ah a taang uhi.

Emmau khuo zuon mi nite bang

in tuni tan in i Mangpa Jesu khu eite toh zawhkhawm ut in ahing chiel zing a, i lungkhamna-danate hing henem nuom in “Bang thu atai na buoipi” ahing chi hi. I Mangpan i buoinate hing suhveng pieh ut in ahing dong zing a, eite a ding a hing shi in thou kia nanleh eiten ama chielna i nahsah lou uleh ama thu in ahing kilai tahl theisih hi.

Jesu Khrist zieh in Ama phatna lasah nuom isa un, phatna Lapawl te bang i ngai nuom mama maithai uhi. Hinanleh ama i saanlou zieh un eima tang a i um chieng uleh solna i tuoh chieng un i dou zou sih uhi. Tuazieh in Biehinn sung i tun chieng un ahing a vangam kai thei ding khop in ihoi ua, hinanleh kholai ah Jesu toh i zawhkhawm lou zieh un gitlouna lungsim toh i pumdim uhi. Emmau khuo zuon a pei Kleopa leh a lawipa bang in i kung ua Jesun ahing nai zing lai in ama chielna pom in zawhkhawm in taamkhawm in, annekhawm lei i mit ahing suhvahsah ding a, heisung mun ah zong ama deilam bawl in i lungnuom thei

tading uhi.

I Lungkham mangbat ni, i thawmhau ni chieng un Jesu thugente ngaituo zel henlen hilei i lung a hing kihong ding a hamuonna i nei thei ding uhi.

- # Lawmta niten Jesu hina a theichien tah chieng un mawh um thei talou in, Emau khuo a gieh ding a kisa hinan uleh gieh talou in azanzan in Jesursalem manaw in apei ua, nuajui dangte kung ah a thu thei uleh a mute uh a gen pai uhi.
- Eite zong Jesu Khrist a kitheichienna/pienthana inei mai uah a hunsih a, Mangpan athu puongzah ding in ahing dei hi.
- \* Mak 16:15-18 ah “Tuachiin akung uah, Vanney buppi ah pei unlen michin kung ah Khantan Hoi thu va ge ta un. Tuachiin koi zong a gingta a, baptisma tang tapou hutdam in um va un, hinanleh a gingtalou pouma khu siemmaw tansah in um tava. Tuachiin ginna nei zousie

sillamdang bawlttheina tha kipe van: ka min in dawi deldoh va un; gul aman un zong gu a dawn kha un zong sukhah in um sih va uh. Tuachiin chinate tung ah khut ngam va un, tuachiin damsah ta va uh” achi bang in i thei thute genkhe ding leh shi tanpha a theipitute hiding in Mangpan ahing dei hi.

@ Hamsatna chinteng a kipat in hing tankhe lou ding hinanlezong Mang dang chibai buh thei kahi nawnsih.

Mangpan zawhkhawm ding in ahing chiel zing a, thuhun lui ah Mosi leh Jawlneite Pasian toh a zawhkhawm ua, i Mangpa Jesu lei a ahing len lai in anuajuite ama toh zawhkhawm ahi bang un tu Hagau Siengthou hun ah Hagau Siengthou toh zawhkhawm henlen hilei i damsung nite ama dei dan bang a gamta in i Gam sung, i Nam sung, i Hattuum, i Innsung leh i mimal hinkhuo a dam ding a, nuomsatah in tam leitung ah i khosa thei ding uhi.

# KHRISTIAN COUNSELLING HINA LEH PAWIMAWNATE

*Rev. Dr. Hangpi Manlun*

## 1). Thumapui.

Counselling khu Khristiante nnasepna adiehin, Pastor, Upa-te leh Sawлтаhte a ding a pawimaw tah khat ahi hi. Ahin, apoimaw bang in i gam uah i habawl/zah seng sih ua, ahin hattuomte i kietkolna uah silkul tah ahidan theiin nasatahin pan i latha ding uhi. Tualeh, counselling khun hundamna lampi a kipuihuoina chau/bou a kawh sih a, Khristian hinkhuo a hamsatna tuomtuomte a kipanpina a kawh in atup-le-ngim ahizaw hi. Tami tungtawn in hagau mangthai dingte hutkhiehna, damloute a ding hamuonna muna leh tanna, shina zieh a lungkham mangbangte hamuonna, zi-le-pasal kal a buoina neite, hagau lam silte, natna tungtangte, khamthei guithe sil leh um hoi sawmloute leh a dangdangte'n Pasion thu toh kituoh a kipanpituona leh kipui huoinate ahuopthei ding hi. Counselling chi tuomtuom um zong leh Khristian counselling thu khu i sui ding pen uh ahi hi.

## 2). Counselling hina leh umzie.

Counselling chi thumal khu Latin ham a 'consikkiem' chi a kipat a lah ahi hi. Tualeh, Sapham a 'counselling' chi eiham bangin i zangta ua, a gen nuom pen khu a chieng veve a, tuaziehin, a sapham ma khu i zangtou ding uhi. Tualeh, Oxford Dictionary in zong Counselling khu, "Thu hilna pie amaw, panpina amaw, lungsim lam a hamsatna nei mi siemna neiten thuhilna a pieh a apanpina uh" achi hi. Tualeh, Willy leh Andrew-ten zong tambangin agen ua, "Counselling khu mini, hamsatna nei panpitu ngaite panpi ding a, siemna dieh neituin hamsatna neitu hamsatna anei khu suhven sah ding a lampi

a kawhmuna ahi" a chi uhi. Tualeh, Britannica Reference Encyclopedia in counselling a hilchetna ah khun, "Lungsim lam siemna nei miin mi dang tanchin a suikhiehpina, a lungsim deidan leh a mizie theisawm a, aumdingdan kawhmuna ahi" achi hi. Aumzie khu 'thupie amaw kihou, puihuoina piehna, thu hilna pieh, panpina, ngaisah leh lemguotpi' chite a lekhiehthei ahi uhi.

Tuabanah, Counselling khu mi ni kikal a ngaituona leh ngaidan kihiltuona leh genkhawmna ahi a, tamkhun, lampi kawhmu amaw, thuhil amaw, thu theisah, ngaidan gen leh theisah chite a huop sieng veh hi. Tuabanah, ahun-

le-mun dungzui in zong umzie-le-kawh aneithehi hi. Atangpi in, counselling khun hamsatna neite, mi mal leh alawmpi a, panpina ding a maitang kituo a kihouna zong a kawhthei ding hi. Ahin, thuhilna kipiehna mai ahisih a, hamsatna neituin, ama-le-ama a kipanpitheina ding a panpina piehna zong ahi hi.

Atangpiin, counselling tuppen khu miten a lungsim a atup pente u'khu sulawching ding a panpinate, counsellor (ama) zuontute buoina leh hamsatnate suhven sah dingte ahisih a, ama-le-ama in asuhven theina ding a puihuoi zawh zong ahi hi. Tuabanah, Counsellor-in, hamsatna neitu din mun theipi zing kawm a, ama phahtantan a panpi na ahi a; amavang utlou sasa leh aphahlou ding tantan a kipuihuoina ahisih hi. Min ama hamsatna khu a pom a, ama-le-ama hing kitheikhieh theina ding ngei a sepkhawmna ahi hi. Counsellor, khun mi koi zong hinkhuo leh nnasep a lampi kawhmu ngai amaw, silbawl ding dan zilsahna leh puihuoina piehna tanpha-in a huop sieng ding hi.

**3) Counsellor mawpuohna leh dinmunte.** Counsellor hoitah hiding in, dahtor (Zatou) hoi bang hi apoimaw hi. Azieh ahileh, dahtor hoi-le-siem (specialist)-te

khun, damloute natna a theikhieh masang un, damdoi apie ngaisih ua, anatnate uh theitawp a suiin, amuchieng un anatnate u' toh kituoh damdawite apie leng uhi. Anatnate uh theichien phot a tum leng uhi. Tuabangma in, counsellor hoite khun, ami kihoupite dinmun-leh-hamsatnate dihtahin a theikhieh masangin, thupuana a bawlngai sih a, tamkhu, akul-le-poimaw mama khat ahi hi. Tambang a, a dinmun u'leh hamsatnate uh mukhie leh theikhie ding in, lungsim leh chitahzet a hamsatnate uh ngaikhieh sah ding ahi hi. Thupil khun “ Galte khu ahamtam ua, lawmten angaikhie uh” achi uhi. Tuaziehin, ngaikhietu hizing kawm a thununtu hi a poimaw hi. Tualeh, counsellor khun angaikhieh tam a, a counselling khun a gen tam zawh zong ahoi ding hi. Tambang a agen tam theina ding in dohnate zong dawh siem ding ahi hi.

**3.i). Counselling bawl na mun a pilvan ding ahi.** Damlou amaw, numei-le-pasalte ki-counselling ding ahitah u'leh biehin sung hi in, innsung khat ahitah leh zong tolet (window)-te khu hon sieng ding ahi hi. Ahithei tan ah, Pastor-ten counselling bawlding ahichieng un, a zite uh amaw midang khat a zawpi ngei ding

uhi. Evangelist loupitah mai, Dr. Billy Graham in, a lawchinna thuguh hi a gen khu, numei toh mun miel amaw, office sung hi-in, biehinna sung ah zong toukhawm ding a hitah u'leh kot-leh-tolette hon sieng ding ahi achi hi. Tuabanah, a seppite adieh a numeite, koi amaw khat zong (gari) a vathah (drop) ngaiding aumtah leh zong amatang in a thah (drop) mailouin, driver-pa e, alawm a guol khat toh avathah vateh hi a kichi hi. Tambang a, a kiven ziehin ashidong in, numeite lah a gensietna ding leh minsietna anei kha sih hi.

### **3.ii). Bible thute zahding ahi.**

Counsellor-in, counselling abawlina ah khun Bible thute vanzat poimaw tah a zang in, Bible thu ah akingah ding hi. Pasian thu Bible tang zah dingte a bung leh atangte hoi tah a theiding ahi hi. Tualeh, Bible khu umzie nei leh peidan kituptah a mang ngei ding ahi. Azieh ahileh, counselling bawlina ding in a Bible sung ah khun counsellorte kul-le-poimaw teng kining chingtahin a um sieng veh hi. Tualeh, Bible ah khun khawtang leh mihingte hinkhuo leh lungsim genna tamtah zong a um a, tualeh mihingte lungsim lam genna guntah a zil zong akul a, tuami ah khun counselling ading a sil kul tamtah zong

mukhieh leh zahsiemna i zilkhie ding uhi.

Tualeh, counsellor-in, lampi dih tah a a bawl ding dan a theitheina lungsim, ngaituona, hin dan zousie theitheina leh thunun ding dante Pasian thu ah i mu uhi. Thuhun Lui leh Thuhun Tha ah zong thupiehte, thupuanate khu counselling bawlina ding a phatuom mama hi (Sam 19:7-14; Heb. 4:12). Tuabanah, i Bible uah khun hamsatnate suhveng dingdante zong a um sieng veh hi.

**3.iii). Mangpa Jesu kung a puihuoi ding ahi hi.** Khristian counselling-in, a tup-le-ngim pen khu Pasian leh mihingte kikal a kilemna siem ding ahi hi. Bible dung zui a counselling ding in, counsellor-in, ama zuontute khu Jesu Khrist kungah a puilut ding ahi hi. A ginna u'khu Pasian thu toh a kituoh ei chite zong a theichet sawm ding hi. Tualeh, Pasian dihtah a theiloute khun Jesu Khrist theisah a, tua dingin, Bible zilsahna dung zui a counselling neipi khu counsellor mawpuohn ahi hi.

Counselling neipi dingtu khun ahamsatnate Bible zilsahna tungtawn a amusiem thei hun ah khun lametna neiloutu khun Pasian ah lametna tha a hing nei ding a, tambang a Pasian thu

kingahna ang nei hun ah, Khrist zieh a, Pasian toh kilemna leh kipahna dihtah ahing nei ding hi. (Johan 14:27, 16:33). Mi'n Pasian toh kilepna tha ang nei chieng in, Jesu Khrist ziehin mitha ang hita ding a, sil lui zousie amangta a, tuabanah, tahsa-le-hagau kidounate zong a theichien angai ding hi. (Rom 6:11; II Kor. 5:17). Tambang a, hinkhuo kikhel mi khun ahinkhuo lui zousie anuasie in apaita a, Mangpa Jesu hinkhuo tha in a kiheh zawta hi (Ephesa 4:22-24; Kol.3:5-17).

**3.iv). Pasian itna leh eima itna ngei zong suhlah ding ahi.** Counselling in a tup dang kia ahileh, Pasian itna suhlat ding ahi. Pasian in, atapa Jesu leitung a ang sawlna zieh khu ang itna zieh ahidante zong musah ding a hi (Johan 3:16). Tamte banah, Mangpa Jesu khu leitung a lenlai in zong mipite a lungsiet nasatdante zong i mu uhi. Tambangma, in counsellor-in, Pasian itna a nei zong angai a, tambang a itna a hinkhuo a suhlat thei leh counselee khu awlsam tah in zong a thuzaw thei ding hi. Atahtah in genta lei itna jau louin counselling a lawching tahtah thei sih ding hi.

Tuaziehin, counselling nei chieng

a eima itna leh ngai natnate zong suhlat a, itna melpuo lou ang mukhah u'leh pen tuami khun ama ngaisah lou leh ama ding a poimaw lou in zong ang mukha ding uhi.

**3.v). Lametna tha neisah ding ahi.** Tualeh, mi tuomtuomten, hamsatna tuom chiet zong a nei leng ua, tuabangte khu counselling tungtawn a lametna tha nei loute neisah a, mi kingaisieten lametna, kipahnate ang nei ua, tahsa-le-hagau a kinepna tha ang nei ding uh khu atuppi pen zong ahi hi. Cousellor mawpuohna khu tami lametna neisah ding ahi hi. Mihingte 'lametna hinkhuo' ang neilou chiengun, kingai sietna leh atawp ah mani-le-mani kithana chieng tah ah zong hinkhuo man khelthei ahi hi. Tuami nei ding in Manpa Jesun, "Nou sem gim leh puohgih pote zousie ka kungah hing pei un, Keiman khawldamna ka hingpe ding hi. Ka hahkol puo unlen, ka kungah zilun, aziehpén kei khu zainemtah leh lungtanga kingai ngiem tah ka hi; tuachi'na hagau ua dingin khawldamna na mu ding uhi" a chi hi (Matt.11:28-29). Tualeh, St. Augustine in, "I lungsim khun khawl na ding asui zing a, ahin amusih, Nangma (Jesu) akhawl masangin" achi bangin, Mangpa Jesu deibang a khawldamte bouin lametna leh

leitung/khawvel azouthei giap ding uhi.

#### **4). Pasian puina nei ding ahi.**

Cousellor na hiziehin, Pasian mapuina, panpina, puihuoina poimawtu na hina khu nangma ngei ah na suhlat a suhdet ding ahi hi. Tualeh, thuhilna pieh lam ah zong kinaw lou ding ahi. Tuabanah, nangma a ngaidan dih lou a um khah zenzen leh, tuate paimang inlen, azieh ahileh Khristian counselling bawl na ah khun a hoi lam ngen tang a ngaituona (positive thinking) khu zilsah ding ahi hi.

#### **5). Counsellor a ding a thei thupieh sawm-le-khat (11) mi siemte gente i suiding uhi.**

Tuate:

5.i). Pasian khu na thuthu a na umсах ding ahisih hi. 14.5.ii). I kikhoupite uh nu-le-pa bangin, kilahsawm ding ahi.18.5.iii). Sangshie bangin na kisuhlah ding ahisih hi.14.5. iv). I kihoupite kung ah thutah maimai gen ding ahi a, eima-le-eima kisawlin zuou thute i genvawt lou ding uh ahi. Sil tuompi khat ngaituo kawmin thu i gending uh zong ahisih hi.14.5. v). Chitah leh theitawp a i kihoupite thugente ngaikhieh sah ding ahi.14.5.vi). Midangte tungtang ah vaihawmtu bangin na um sih ding hi. Dih-

le-dihloute, siem-le-siemplou thu ahte, thupuana bawltu na hisawm ding ahisih hi. Vaihawmna khu Pasian a hi hi.14.5.vii). Nangma hing subeidawngtu ahizong in, Pasian in zong a dawthei/ngilnei bangin, na dawthei hamham ding ahi.14.5. viii). Itna leh lainatna pawngkhawmin, midangte tung ah gamtang in.14.5. ix). Midangte hamsatna-le-puohgih lienpi khu suohsahtheitu bangin na kingai ding ahisih hi. 14.5.x). Midang, Pastor leh counsellorte lawchinna khu na thangsiet ding ahisih hi. Thangsietna khu Pasian a ding gal lienpen khat ahi hi.14.5. xi). Counsellor khu migin um leh miten a thuguhte uh ang hilngamna ding khawp in i gin umding uhi. Mi thuguhte khu koima kung a zong gen vawtlou ding ahi hi.

#### **6). Mangpa Jesu counsellor hina etton ding ahi.**

Mangpa Jesu Khrist khu counsellorte a ding a etton pen ding ahi. Ama tam leitung a lenlaiin, migentheite, liengvaite, damloute, suhgenthei thuohute, angaisah mama hi. Khristian counselling bawltu dingte'n i etton ding uh ahi. Tualeh, Hagau Siengthou zong counsellor din mun bang a, alahna thu zong i mu uhi. Jesun tambangin a gen a, “Pa kungah ka ngen ding a,

Aman khun Hamuontu dang ang peding hi” a chi hi (Johan 14:16-20). Pasion Hagau Siengthou khu counsellor ahiziehin, tua a siltup sulawching ding in` Hagau Siengthou umpina leh panpina i tantheina ding un thumna toh zong i pang ding uhi.

### 7). Thukhum sin.

Atung a i genbangun counselling khu hattuum etkolna ah a kulin a poimaw mama hi. Eiten crusade leh revival hunte bou a counselling

bawl ding leh a bawltu ding tuom umbang a i ngaituo u`zong khu ngaituo phat ahunta hi. Adiehin, Pastorte, upa leh sawltahte, bangin ahiding bangtahn zang in sem lei tusangin i gamte uah tahsa-le-hagauin a i hat un, i masawn zaw ding uhi. Mangpa`n tami counselling tungtawn in a Manggam nna i sepdingte uh hing mapuiin hing guolzawl zingta hen. (Note; Laibu ette katahlat theilou ziehin simtuten na hing ngaisiem uh ka hing ngen hi).

## LAHTAM SANGA PIEHTAM KHU GUOLJAWLNA SANGZAW

- *Solomon Lianminthang.*

Mihingte iki tuamaw na uh atamzaw khu kei bangma katang sih, kei a tawm zaw katang, nang tam tang sah sih uh, bangma nang bawlpieh lou uh, sum zong hing pengai sih uteh, gam leh mun bangma nang pesih uh, hing lungsiet sih uteh, hing zabawl sih uteh ahisih leh hing ngaisah sih uteh chite leh adangdang tampi tantoh lungkimlouna ngen ahi pen hi. Tambang lunggel ineite khu hoitah a i etleh sil dih leh phattuumna ahi vawt sih hi chi khonung ah muthei in ahing um veve hi. Tam atunga igente bangbang Bible ah zong muthei in aum hi.

**1. Israel te tangthu (I Leengte 12:6):** Israel leenggam khat a ahing kipuoh uh khu Saul apat Solomon tan kum 120 ahia, nanleh Solomon in Pasion lung ana tuohlou zieh in ama shinua chieng a a leenggam kehni suoh ding ahidan anagen pieh hi. Solomon shi zou in Isaelte leeng

ding khu atapa Rehoboam ahing hita hi, nanleh Israel nam sawm leh nite lah apat nam sawmte apat phung upate Rohoboam in amaute ngetna ana pompieh sih a ana nuolta hi. Tuachin phung upate ahing lungthah ua tuachin David innsung mite leenggam ah bangma phattuumna

(tanvou) kaneisih uhi chiin atuom in leenggam khat ahing kiphudoh ua, tuachiin a leeng ding un atuom in Jeroboam akiteel ta uhi. Tuahin Israel khu Leenggam ni ahing suohta hi. tam khu Solomon ana du am leh tantoh ana lungkim lou zieh a Pasian in atung a ana thuiem tangtunna zong ahi.

**2. Israel upate sildei te ( I Leengte 12:4-8):** Solomon khang a pat sie (tax) ana kidong khu tua atapa khang ah hing tomsah deu tahen chi ahi a, tualeh Solomon khang apat a mi nna kisemsah (force labour) khu tua atapa khang apat kisubei henlen tuachin mipite khu Leengpa lang ah pang gige nava ung chi ahi (1King 5:13-14; 11:28). Tam te khu Solomon in leeng ana apuoh lai a kidaidanna ana neizieh ahi.

**3. Israel upate pawl tuom siem phattuum loudan:** Asil nget uh ana mulou ziehun Israel phung apat nam sawm ten leenggam tuom khat asiem ua tuachin Israel leenggam khu kehni ahing suoh lawta a, tuachin sahlam leh hanglam chin ahing kikhenta uhi. Solomon tapa Rehoboam in (Judah/South/Nuoi lam) a enkol a, tualeh (Israel/North/Tunglam) leenggam khu Israel upaten ateel uh Jeroboam etkolna nuoi

ah ahing umta hi. Tuachia ahing kikhent zou nua uh kum 200 vel Israel leenggam khu Assyria Leengpan suoh leh sal in ana man a, Vannuoi munchin gamchin ah ana thethang a tunitan akinua khopkhawm kiazou tasih uhi. Judah leenggam zong kum 300 bang aki vaihawm zou un Babylon ten Assyria te bawl bangbang in ahing bawlkia ua, tuachin kum 70 bang suoh leh sal a anei zou nua un Kanaan gam ah akile kia ua, nanleh tunitan mi tomnoukhat ahita bep uhi.

Tam atunga imu bang un Israelte khun tanvou deina zieh in lungsim tuom ana polou hi uleh Israel te khu tua imu uleh izahte sang in zong atangthu uh ahatzaw in aminthang zaw nalai ding hi. Tuahun lai a tanvou deina zieh a a leenggam uh kehni ana sua sang un tunia Israel nam 12 ana kihop khen un manthaina lienpi tah ana tunzaw tahi. Tuachia tanvou dei leh deitel na nei zawlou in ka nam adin bang kabawl thei diei? Bang phattuumna ka tung diei chia gel ana pang zaw uleh tunitan vai ahawm khamawh sih ding uhi. Ahin vangsiet umtah in tanvou ana holzieh un anampi uh akihawm thang ta a, thuneina zong bangma neizou talou in America te panpi na nuoi ah ana hing hamham zawta uhi.

Tam atung a imu uh Israel te tangthu apat in zong ei Khristian ten zilkhiet ding tampi inei uhi. Tuamai hilou in ei Khristian te lah a zong Israel te bang lungsim puo tampi ium uhi. Aziehpén mahni hamphat nading leh mahni goutan ding chau toh buoina khovel ahita ziehin pieh tam sang in lahtam itum zaw ua, tua leh bangchin kei apat min hamphatna amuthei diei chi sang in ken mi apat bang hamphatna kanga in bang zat kaladoh pieh theidei china gam ahita ziehin tapa taimang pan zong apa kung a satan ding anangen ah nanleh bangmalou

in ava zang chai a tuachin akhut guoh inahing pei a,, phattuumna neilou in apa sieng ahing zuon kia veve hi. Tunin eiten zong ei lam apat apotdoh ding ngaitua lou a mi apat lahmang sieng ding isawm laisie pen Israel te bangbang leh amaute sanga zong vangsietna huoise tah tuohthei zaw ihi. Aziehpén Nasepte 20:5 ah *‘Mangpa Jesu mama in lah sangin pieh hi guoljawlna sangzaw ahi’* ana chi khu thei nginget va ui tua hileh ei leh ei in itanvou dinga ipieh phot leh ahun bang zel a guoljawlna tang ding ihi.

## **A PAPER ON LEADERSHIP**

**Presented At Zou Presbyterian Youth Fellowship**

**REVIVAL CUM LEADERSHIP SEMINAR ON January  
11,2020|PCI Lailamveng|ZPCS**

*-Upa Liensuonkap*

### **THUMAPUI**

Zou Presbyterian Youth Fellowship in Revival cum Leadership Seminar asaina ua, tuni January 11, 2020 a Leadership thupi toh kisaia Paper khat present dia ang guot un, nahpitah a kingaisutna ang pie a, khanglai laisiemna nei, mu leh thei hauten tami thupi ang tel un hattuom lamkaite tahsap muchieng uh adiei ahisihleh khanglaite lah a kilamkaina tasam mama amah chi ang ngaituosah hi. December 3, 2019 zinglam 3:40am vel in ka khanglou a, toilet hawzou ka lumkia a, dah en chidan a ka phone ka honleh notification khat ka mu a, ka simleh;

One in 3 UK primary school kids think cows lay eggs, says Survey..... The report quotes experts that the findings show a huge lack of knowledge among UK children about the source of their food. This

indicates the need to inculcate relevant knowledge in children at an appropriate age. Egg CoW Survey UK (Updated: Dec 02, 2019 13:57 IST By Indo Asian News Service , London/New Delhi.)

Tam atung a i gen pen in ahuntah a Kizilsahna poimawdan ang musah a, tu khang a i nehletah toh kisai a theina nasan hichiva-ia a tahsapna um valongpen tuazong gam khangtou chia i en mama uh UK hinalai; tamin patauna lienpi ahing guon a, i thupi uh gentah leh gen dia kiphamaw ahilam ang phohsah a; thupi hing telkhie ZPYF lamkaiten telkha uh e ka chia; tualeh keima ngel zong tami thupi gen ding a tambang tan hampah ang pieh uh kipah mama hinapin ka kisuongla hi.

## LEADERSHIP BANG ATADIEI?

Mi phabep kipawlkhawmte ahisihleh Pawlpi khat Lamkai ahisihleh kilamkaina china ahia, Hamzahdan (Grammar) ah Minlawna (Noun/Mass noun) ahi; tuachin Leadership pen **Lamkaina** ahisihleh **Lamkai** i chimai ding hi.

Lamkai hilchet dan chitampi um in, hichin chilei i chia; lamkai khu a lunggel, hamlepau leh hunchin a, a khohei, gamtat toh a seppite

khu Pawlpi peidan, tup leh ngimte a thanuomsah, tuate lawchinna ding a, amauten a sep ding mawng ua, ngai a sem hilou a, a utna uh toh kipahtah a semsah thei mi khu **Lamkai** ahi. Pankhawmna, tha kipiehtuohna, lamdih kikohmuna leh kipanpituona chite ahuop a kithuneikhumna vang ahisih hi. (Tita:1:7-9)

*“Hattuum lamkai pen Pasian gou kempa ahiziehin genbanglou, mi kiliensah hilou, lungthah bailou, zu dawnlou, miphawhtat hilou, sum met dei a huoiham mi hilou ahi ding hi, Mi kiphal, sil hoi dei mi, lungsim dih, mi dihtat, mi siengthou, mi kidehthei ahi ding hi. Thugin toh kituoh pomtah thute dettaha tudet mi ahi ding hi, tuachi’n thudih ama na kihilsa akipat, mi dangte ahantawh theina ding leh thudih anielkal dan uh ahilchien theina dinga thuhil na dih a tudet ding ahi.” (Tita - 1:7-9)*

Presbyterian Hattuum kivaipuoh dan khu theocracy thugin toh democracy kigawm chithei ahi; theocracy kivaipuohna ah avaihawmtu khu Pasian/pasian in ama thatang a ase Siempute ahisihleh vaihawmtu thunei vaihawmna ahia, Pasian/pasian apat thu mu leh za a tuabang a vaihawm chin ala uhi. Tuachin,

“Israel khang ah zong Moses apat kumpi ding a Saul tel ahi masang teng khu theocracy kivaihawmna chia tepte ahi.” (*Oxford dictionary of English*) Tunitan in, Yemen, Vatican City, Sudan, Saudi Arabia, Mauritania, Iran leh Afghanistan gamte khu tam theocracy kivaihawmna zangnalaite ahi uhi.

Tam atung a i gente khu Leitung lenggam thu ahia, tunia i gen ding ahileh tahsa gam a hagau lenggam kivaipuohna ahizawh jie in kibahna chieng neinanleh uh kibanglou ahi.

Khristian kivaipuohna ah gam kivaihawmna apangkha sih a, ahivang in atuppen Pasian dei banga kivaihawmna ahiban ah hagau lenggam zotna ahi. (John18:36) Pasian thu khu adihpen, azuoutheilou silzousie ading a tena dihpén Pasian khu abul leh atawp ahi chi thugin (Thugin I-X) toh kivaihawm i hijieh un mihing chitna leh hoina leh pilna, siemnate Pasian lemsahpina panglou a lawching tuomlou chi khu i pomdan ahia; sil bangkim Pasian thu toh kituoh a hattuum kipuohna peipite i hi.

## LAMKAI POIMAWNA

Presbyterian kivaihawmna ah Lamkai khu telthaw ahia, tel a umpén leh, ateltuten lamkai hoileh

kizen neina ding in mawpuohna kibang anei uhi. I Mangpa Jesu in, Mittaw in Mittaw apui theilou dan ang hil a, lamkai poimawna agenna ahi. Mihing khu ahon a teng a khosakhawm i hia, bang hun in zong Lamkai umlouin mihingte na khosa ngailou hi.

*“Amaute awlmaw sih un, amaute khu mitto lamkaite ahi uh. Mittaw in mitto apui leh ani un kokhuh ah akehawm ding uhi,” chi’n adawngghi.” Mathiu - 15:14, -, , ,*

## AMA KITHEICHIEH LEH SILBAWLDAN SIEM

Ama mihina theichien, i chi chieng in asiem leh pilnate ban ah akhosahdan ahatmawnate leh achitlanate zousie theichien kilkel china in i la ding a, tualeh a lamkaina pawlpi tup leh ngimte muchien kilkel ahiban ah, aseppite mihina zong theichien a, siemnel tah a, hantawh thei, zilsah ngap leh mapui thei i chi ding hi.

*Kouten ka tahsa pumpi uah Mangpa Jesu shina ka paw zing ua, ka tahsa pumpi ua Jesu hinna akilatna dingin. -II Korinth 4:10, ; Aziehpén, Hagau Siengthou leh kouten, Tam thu poimawte chilou puohgih dang bangma na tung ua hing guonlou hoi kasa uhi. -Nasepte, - 15:28, , Lamkai in ahoina, asiem, pilna leh hagaulam hinkhuo a adinmun maimai*

mitsuon a, asuhlat zingleh amipite din huot huoi asuoh khathei a, amaubou ahoilouna, ahatlana leh achitlanate toh zopmat a, ma apui leh thanop um in alawchhing ding hi. Lamkai khu amipite ading a navahna hitahsang a, nawngkaina hikhah ding pen sil zauhuoitah ahi.

### **A PUITE DEI & NGAI THEI**

Lamkai khu ama akitheichet mabang a, amipite tahsa hinkhuo leh hagaulam hinkhuo a, atahsaptheipi a, tuate amuthei ahisihleh a nga theina ding ua panla gige khu ahi. Tulai in innsung a lungkhamna chi tuomtuom kituoh thei a, khanglaite lah ah, kingaisietna, bangmakhat suoh a tanna chite in i gam azelta a, tuate ding a, dohthei leh beltah ahiding ahi. Kumpi David in a Belamte tahsap- ann leh tui, gamsa leh migiloute lah apat bitna poimaw ahi uh chi thei in asem zing a, tuabang a ama tahsaptheia pezing Mangpa khu ama chingpa ahia, atahsap ngailou ding dan Late 23:1-6 ah agen hi.

**MAWPUOHNA SEMSUO NGAM:** Mawpuohna la ngam leh tuami a lunglut a, ginumtah a seppichin tuptintenna nei. Esther in Kumpipa phalnaloua amai a vakilah khu Lengpa lungloulam ahileh shina tuoththeina ahidan ahaisih a, ahun leh amun zil a

amite leh amanu dinmun huh hingna dia thutanna alah ahi. Nabal zinu Abigail in apasal sil bawlkhel jieh a David lungthahna apat a kihundamna ding ua apanlah dan i thei hi. (I Samuel 25:18-32.) Tuamabang in Mary dinmun zong, pasal nei ding a kikhamsa, kitengnailouin naupai ahilam kitheileh Juda dan a suong a selup ding ahia, Vansawlsieng in naupai ding ahidan ahil in, “Mangpa na suohnu tung, Nang chi bangbang hita hen” (*Luk 1:38*) chia asantheina khu mawpuohna lain semkhe ding a thutanna kip alah ahi.

### **MABAN DING KHUOLSIEM**

Ngaituona sieng, kizilpei, maban ding muchetna toh neitu hina la ngam. Tami i chi chieng in mihing sielephatheina apat himailouin Pasian gintatna apat Pasian suhvahna pat ahizawlung a; tualeh Jesu sisan tungtawn a sienthoua louin koiman Pasian amuthei sih a, Ama apat thu a nga ngai sih.

*Tuazouin Daniel a inn ah apeita a, thu umdan zousie alawmte Hananiah, Mishaeh leh Azariahte kung ah atheisahta hi. Daniel leh alawmte nangawn zong Babilon mipil dangte toh thagam khawm a, a um louna ding un, tam thuguh tungtanga van Pasian khotuona*

*ngen dingin amauh ahilta hi.”*  
*Daniel 2:17-18, ;*

*Koute’n ka kisuonpi uh tami ahi;  
ka sie leh pha theina uh hing  
theipi, sienthoua leh Pasian  
dihna neiin tahsa pilna a hilouin,  
Pasian hepina hizawin leitungah,  
ka gamta ua, tualeh adiehin  
noulam ah ka gamta hoizaw sem  
uhi.- 2 Korinth - 1:12, ; , , , , ,*

*Tualeh khunah lampi leh  
lamlienpite aum ding a, tua khu  
Sienthoua lamlien akichi ding a,  
misienglouten tua lampi azui thei  
sih ding ua, hinanleh midangte  
a ding ahizaw ding hi. Tuami  
lampi zui mimote nangawn zong,  
apielmang sih ding hi.-ISAIA, -  
35:8, , , , ,*

**SIL BAWL DAN KIZEN ZAW  
SUIZEL:** Seplebawl hun a  
kihuha zel a i tha thawtheina ding  
a, kisuhhalna bang i poinaw zel a;  
tuamabang in hagaulam hinkhuo  
zong ahiveve a, hattuumte thu  
leh la a, bangtan geita, dangtah  
a gilkiel ahi uh e chi theipaipai  
khu lamkai nasep ding ahia, tuate  
theia sepdan kizenzaw suidoh  
ahisihleh geldoh a, lemguot  
siem, seppite theisiemsah ban a,  
bawzui a, dinpi ngap khu lamkai  
hina ding khat ahi. Tamte a  
tahsapna um jieh zong hivan i lah  
a, thu a gawna, midangte thugen  
dugawna ang tun a, i peidan hisih

chi bang a kingawtuona bang aum  
khazel hi.

*Tuaziehin tuin Pharoah in mi  
lemtheitah leh piltah khat suikhie  
henlen, Izipt gam sungah houtu  
in koi hen. Pharoah in tami bawl  
henlen, tualeh aman agam tungah  
houtu ding guot henlen, nieng leh  
taitah a um kum sagi sungin Izipt  
gam a pieng bu se-nga suo seni  
khonkhawm hen. Tualeh amaun  
tua kum hoi sagi hing tung dingte  
a bu zousie lakhawm in Pharoah  
thuneina nuoi ah koi uhenlen  
tualeh khopite ah zong koikhawm  
uhen. Tuachi’n tua bu khu Izipt  
gam sunga ding in kiginkholna  
a koikhawm ahi ding a, kiel zieh  
a gam amanthailouna ding in, -  
Siemchilbu 41:33-36,*

**HUN ZANG SIEM:** Hun  
manphat dan thei a zang siem,  
mite etton. Hun leh tuiluong in  
koima ngahlouin apeizing a, ei  
mihing in i thuneikhum theilou  
ahia, tuajiehin Solomon in, “Ni  
hoiloute ahing tun a, kum leh hate  
ahing nai a, atung uah kipahna  
mawngmawng ka nei sih, na hing  
china ding ding hun ahing tun  
masang in; na khangdawn laiin  
nangma hing siempa theizing in.”  
Thugenpa 12:1b.

*Nite ahoilou ziehin, na hun  
neisunte uh zang hoi un.-Ephesate  
5:16,*

## SEPPITE TOH SEPKHAWM DAN SIEM

Seppite zatat siem, amaute muongngam a, mawpuohna guotdan siem, midangte thanuomsah thei a, deisah tuom neilou. (*Nasepte 6:3*) Sil zousie a lamkaipen pansuoh sawm mawh zong hisamloua, seppite mawpuohna hawmguoldan siem khu lamkai hoi hina ahia, a etkaina a lungsim leh thasen ngam kiphamaw hi. Kigintatlana ahisihleh kimuonlouna mun ah sil hoi apieng hahsa mama a, alelam ah kimuon ngamna in ga hoi asuong zel hi.

*Tuajiehin unaute aw, na lah uah Hagau siengthou leh pilna a dim, mi min hoi ngen sagi tel unlen, amaute tam nasem ding a ka guottheina ding un-Nasepte 6:3*

**TULAI KIHOUMATNATE ZANG SIEM:** Leitung khantouna thu leh la a kizopmatna leh kizahtuona chi tuomtuom bawphazou zing leh azang siem kiphamaw a, tuabephiloua amipite tuate zahdan hoilam a puithei ding ahi: Internet tungtawnna thu leh la kipiehsawnnate, phone call dawndan leh mi i call chieng a i houpite tawldamtah a koi kawm a houlimpi theidan zilsah leh theisiemsah thei ahi.

**MITE DEISAHNA LEH ZATATNA A NGA/TANG:** Zatatna khu ka satan ahi chia

phutthei himawhloua, i hina ding bangtah a hinkhuo manna apat a, ngathei ahibou hi. Alexander Pope in, “Act well your part there all the honour lies” anachi hi.

Lamkai khenkhat in lamkai ahina pen thuneina, kiletsahna, mite nuoinetna, pawlpi thuhunte eima phattuumna ding a heikuolna leh mite zatat ding lametna in i zangkha zel ua, tamten kituohlouna hing pawdoh in kipawlkhawmna ah nahpitah a, hatmawna ban ah nuoikiehna huoiseepipi atutthei zel hi. (*1 Leengte 12:14*)

*...ka pan na Hahkol uh agihsah a, ken ka belapnalai ding hi; ka pan chieng in ahing zep a, ken Sia chieng in ka hing zep ding hi” achi hi.-1 Leengte 12:14*

I Mangpa Jesu nuazuitten alah ua alienpen koi hiding e chi athei utlai ua agenpiehte, miten Ama khu bang achithe i uoi, tualeh anuazuitten koi hi achi uoi chia adoh dante leh kineusah a, anuazuite Keng silsah a agen guoh hilou a muthei a atahtah a thugen asepkhiet thu zong i mu hi.

*Ama ah ka um chi mi’n Ama gamtat banga agamtat ding ahi.- 1 John 2:6.* Sawltah Paul i thei ua, laisiemna lam ah doctorate degree ahia, sakholam ah Judami danzui

bukim kichite lah a ahuoise pawl, a sakho ngaisah seng jieh a Khristiante mansah zel a gawt genthei ahilam Paul testimony ahia; hinanlezong aman kisunpi ding Khrist khantanhoi chilou sil dang aneilou dan agen hi. *Tahsa lam a suon ding chileng ken suon ding ka neizaw khamaw sih ding hi. Mi koi ahieiin tahsa a suon ding nei a akithei leh ken ka nei sem hi. -Philippi, - 3:4, b , , , , , , , , , , ,*

## **PASIANTHU KEMAHIBANG IN PASIAN NEITAH SUMLEPAI KEMTU AHI.**

I lamkaina a umte bit in hamuong uh e ahisihleh i lamkai hun bei ngahla uh e chipen lamkai in amuchet kiphamaw hi. I thu keppen amonhuoi mabang a eima zong muonhuoi i hi kisan a, tate khu Pasian apat goutan ahibang a, Pasian tate (gou) kemtu i hia, hattuom sumlepaite zong i lamkaina nuoia abit ngeingei ding ahi. *(Late 23:4) Ahi, shina lim guom tawn in peinanleng; sil gilou mawngmawng ka zau sih ding hi; ajiehpen nangman na hing umpi a, na khetbuh leh na chieng in ahing hamuon zel hi.-Late 23:4*

**KHRIST LAMKAI PEN ANEI**  
Upaten simgen sang in phuonglang a gen hoizaw anachi

uh zong nadih zel a, Hattuom ah zong leitung vai bang a pressure group bawl a lamkai kituna chite bang aumkhah chieng in, thutah pielsan a kimai-et tuona apiengsah a, kivaipuohna alamzang thei sih hi. Lamkai khu Khrist Jesu itna toh kizopna dettah nei, Mangpa nang deidan hizaw hen achithe i a, minphatna Pasian a ahi chia Mangpa maipha suizing mi ahiding hi. *Keima Grep gui dihtah ka hi.....” John 15:1; Pa aw, ahitheileh tam Nou in hing pelsah in....-Mathiu 26:39; Ama kungah kumtawn in thupina leh vaihawmna umta hen. Amen.-1 Peter, - 5:11, , , , , ,*

## **THUKHUMSIN**

Tamna i gen Lamkai hinate koima mihing khat in aunpi a, anei thei himawhlou ahi chi phohvai.

Tami i thukupte pen midangte, lamkaite tena a zanglou a, amasapen a eima mimal ki-etchetna in zang zawlei, lamkai siemkhietna leh Lamkai hina ah i lawching thei ding hi. Tunia i houlimna ah lamkai in abawl ding lam leh ahina dingte ngen i gen a, alelam thute getloua i thei lam-et i hi.

Mipiten Lamkai patat leh hasawt dan siemlou, tualamah a gensietna ding muden; thanopsah sang a

athasiet theitheina ding bawl sawm mai. Tuachilou vanglahten lah lamkai mai-et chidan a, agen ding tangteng magen ngap. Upaten Ui meiloh bangmai achite dan a, a etna lamlam bawsawm kihimai.

*“Unaute aw, noute zalen dinga hat na hi uhi, na zalenna uh pen tahsa dinga lemtannain zang sih unlen, itnain khat leh khat nna kisep pieh zaw un.” Galatia, - 5:13, - , , , , Hichipin bangchin lamkai hoi i neithe diei?*

Apoimawpen khu thutah theina ah, nehletah leh stillehten ah, eima kitoudelzou i himasang siein, i deitel theina satan i neipen nasan bang amakhat suoh ah tangvai in ahiding bangtah in i zang thei sih ding hi. Pasion in lah bang madang suoh a tangkiata lou din, Khrist Jesu tungtawn in ang zalensahta ngal a.

*“Tuaziehin suoh hi nawnlou dingin Khrist in eite ahing zalen*

*sahta hi, tuachi’n dingdet unlen suoh hahkol ah awhkia nawn sih un.” Galatia - 5:1, , , , , ,*

## NGAITUO DINGTE

1. Lamkaiten atangpi a abawl khelkhah zelte uh bang e?
2. Lamkai manpha leh ettontah na tuohkhatai?
3. Lamkai khu agentu leh mite hiltu bou hilou in ngaikhetu hoitah zong ahi kiphamaw ahidan na hing kawhmu thei diei?
4. Lamkai mihina tamna i genkhahlou phabep na hing tahlang thei diei?
5. Khristian kipawl na a lamkai leh Leitung vai a lamkai akikhietna aum eimah?
6. Gingtute lamkai lienpen koi hi a, ami puidan hoi nasahpen khat hing hilvawi.
7. Laisiengthou in, “Koizong lamkai a utleh sil hoi sem ut ahi” achia Lamkai utte bangchileh a utna uh apichin thei ding uoi?

## SAWMAKHAT SUN DAN TOH KISAI A NGETNA

*Pasion mapuina toh sum-le-pai saina Computer kizang ahitah ziehin Sawmakhat sungten Mimal List leh a ga wmkhawm kituohsah ding leh min gel dan hing kibangsah ding in i kingen ua, tualah Computer a khumlut chieng in min kibang lut theilou ahiziehin form khat sungah mimal min kibang nivei hing tuongsahlou ding in i kingen uhi.*

## ZPWF COLUMN

**January 08, 2020 to February 25, 2020 tan a Tunnu Limbel panpina pete:**

|                                                               |     |       |
|---------------------------------------------------------------|-----|-------|
| 1. PYF Tuibuang, Christmas gift                               | Rs. | 3,200 |
| 2. Muallum LCC                                                | Rs. | 610   |
| 3. PWF Tongdam Christmas gift                                 | Rs. | 750   |
| 4. Imphal District Khawmpi tuohkhawm                          | Rs. | 1,725 |
| 5. Nousuanching, Central Church                               | Rs. | 1,500 |
| 6. PWF Nungshai                                               | Rs. | 500   |
| 7. PWF Tangnuam                                               | Rs. | 1,500 |
| 8. Thangminlian, Asst. Commandant, Shillong                   | Rs. | 3,000 |
| 9. Hangmuanthang, Central Church                              | Rs. | 500   |
| 10. Dimneiching, Central Church                               | Rs. | 2,000 |
| 11. Lunzangai, Central Church                                 | Rs. | 100   |
| 12. Dondeiching, Central Church                               | Rs. | 500   |
| 13. Chingmuankim, Central Church                              | Rs. | 500   |
| 14. Velzalun, Daijang                                         | Rs. | 200   |
| 15. PWF Central Church Anntang Kg. 108 &                      | Rs. | 2,490 |
| 16. Khupkhanmang, Lailam Veng                                 | Rs. | 1,000 |
| 17. Niangnunzou, Imphal                                       | Rs. | 300   |
| 18. Niangdeimawi, Imphal                                      | Rs. | 300   |
| 19. Titing, Imphal                                            | Rs. | 1,000 |
| 20. Chinlamniang, V. Munhoi                                   | Rs. | 600   |
| 21. Mission Conference Tunnu Limbel tuohkhawm                 | Rs. | 3,890 |
| 22. PWF Zomi Colony, Anntang Kg. 70 &                         | Rs. | 790   |
| 23. Mannianching, Lailam Veng                                 | Rs. | 1,000 |
| 24. PWF Buhsau, Anntang taang                                 | Rs. | 2,000 |
| 25. PWF Tuibuang Anntang Kg. 117 &                            | Rs. | 230   |
| 26. PWF Kanaan Veng, Anntang Kg. 60 &                         | Rs. | 200   |
| 27. Chingneikim, Central Church                               | Rs. | 500   |
| 28. PWF Chingneikim, Central Church                           | Rs. | 500   |
| 29. LYF Hq. Church (Zomi Colony), Bakery biscuit Box - 1      |     |       |
| 30. Geeta, Mandop Leikai = Egg-1plate, Dal 1 Kg, Sugar 1kg. & | Rs. | 100   |
| 31. PWF Singngat Anntang Kg.                                  | Rs. | 120   |
| 32. PWF Emmanuel Khopi Anntang                                | Kg. | 37    |
| 33. PWF Tongdam Anntang                                       | Kg. | 32    |
| 34. PWF Awnchinkap Khuo Anntang Kg. 42 &                      | Rs. | 800   |
| 35. PWF Tonjang Anntang                                       | Kg. | 50    |
| 36. PWF Manniang Khuo Anntang                                 | Kg. | 25    |

*Petu zousie Mangpa'n ale tampi in hing guaolzawl taken!*

# KHOCHIN SUMPI (SAWMAKHAT) SUN DAN

November 2019 to 25th February 2020

|    |                 |           |
|----|-----------------|-----------|
| 1  | Aina            | 15,940    |
| 2  | Awnchinkap Khuo | 2,33,619  |
| 3  | Bangaluru       | 1,69,480  |
| 4  | Behiangjang     | 1,03,223  |
| 5  | Behiangtung     | 2,000     |
| 6  | Belpuon         | 5,500     |
| 7  | Buhsau          | 7,667     |
| 8  | Central Church  | 10,69,366 |
| 9  | Chennai         | 60,790    |
| 10 | Delhi           | 4,01,204  |
| 11 | D Phailian      | 1,80,140  |
| 12 | Gangpimuol      | 41,197    |
| 13 | Hiangdung       | 3,194     |
| 14 | Hiangmuol       | 6,030     |
| 15 | Hiangtam B      | 14,520    |
| 16 | Hiangtamjang    | 11,665    |
| 17 | Hiangtam K      | 9,190     |
| 18 | Immanuel Khopi  | 25,710    |
| 19 | Imphal          | 1,47,430  |
| 20 | Kanan Veng      | 1,55,097  |
| 21 | Khuoinuoi       | 10,310    |
| 22 | Lailam Veng     | 18,00,747 |
| 23 | LDCC Hiangzou   | 75,300    |
| 24 | Lunjang         | 17,270    |
| 25 | Manniang Khuo   | 42,421    |
| 26 | Maukot          | 8,854     |
| 27 | M Buongmun      | 13,660    |
| 28 | M Khawimuol     | 7,810     |
| 29 | M Muoltam       | 45,450    |
| 30 | Munpi           | 680       |
| 31 | Muollum         | 2,03,446  |

|    |                   |                    |
|----|-------------------|--------------------|
| 32 | Muvanlai          | 4,022              |
| 33 | N Khaukuol        | 19,640             |
| 34 | P Hatching Sion   | 9,970              |
| 35 | PN Khovong        | 31,940             |
| 36 | P Salem           | 15,000             |
| 37 | P Suohzahau       | 7,500              |
| 38 | Saiboh            | 56,490             |
| 39 | Shillong          | 2,30,710           |
| 40 | Singngat          | 1,36,252           |
| 41 | Sugnu             | 1,44,390           |
| 42 | S Vengnuom        | 81,280             |
| 43 | Talnuom           | 1,650              |
| 44 | Tangpijol         | 64,933             |
| 45 | T Daijang         | 33,527             |
| 46 | Teisajang         | 20,064             |
| 47 | Thingkangphai     | 67,240             |
| 48 | T Khajang         | 15,300             |
| 49 | T Munnuom         | 85,070             |
| 50 | Tongdam           | 2,75,852           |
| 51 | Tuibuong          | 11,03,698          |
| 52 | Tuimanjang        | 5,300              |
| 53 | Tuining           | 1,94,430           |
| 54 | T Zion            | 7,800              |
| 55 | V Bethel          | 22,065             |
| 56 | Zomi Bethel       | 54,841             |
| 57 | Zomi Colony       | 6,55,567           |
| 58 | Zomi Zion         | 43,720             |
| 59 | Zoumunnuom        | 40,770             |
| 60 | Zoumun            | 7,900              |
|    | <b>Total</b>      | <b>83,25,831</b>   |
|    | <b>Budget zat</b> | <b>2,90,00,000</b> |

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## PATRON MEMBER-TE

|                           |                              |                            |                                |
|---------------------------|------------------------------|----------------------------|--------------------------------|
| 1. Upa Gouzamang          | 2. Pu Hav. Khamchinkhup      | 3. Pu Khamzalam            | 4. Pu Chinzasuan               |
| 5. (L) Upa Liansuanpau    | 6. Pu Khamchinthang          | 7. Pu S.Dalthang           | 8. Upa Kapkhanthang            |
| 9. Upa Langginmang        | 10. Upa S. Nangkhanlal       | 11. Pu S. Lamkhotang       | 12. Upa Dr. M. Lachinkhai      |
| 13. Upa Khamchinjam       | 14. (L) Upa D.K.Manlun       | 15. Upa Suankhanmang       | 16. (L) Upa Khupgou            |
| 17. Upa Chinkham          | 18. Upa Ngulchinkham         | 19. (L) Rev. V. Vungzalian | 20. Rev. Retd. Kamkhosoi       |
| 21. Rev. Retd. Tualzachin | 22. Rev. (Rtd.) H. Nengzatun | 23. Rev. Awnkhankhup       | 24. Rev. Dr. Hangpi Manlun Zou |
| 25. (L) Pu Tuanzapau      | 26. (L) Rev. Ginchinjam      | 27. (L) Rev. Khamzasuan    | 28. Upa T. Lamkhotawng         |
| 29. Upa Khaichinmang      | 30. Rev. Stephen Chinzathang | 31. Pu Khupkhanmang        | 32. Pu Khaidohlian             |
| 33. (L) Hav. Khamzahang   | 34. Pi Vungzanuam            | 35. Pu T. Gouzadon         | 36. Upa Liensuonkap            |
| 37. Pi Zelkhoichin        | 38. Pi Hatkhanvung           | 39. (L) Pi Ngaihoiching    | 40. Pi Mankhannieng            |
| 41. Pu Goukhanmang        | 42. Pi Chingzalam            | 43. Pu S. Thianzakhai      | 44. Pi Kamkhanching            |
| 45. Pu Haukhanpau         | 46. Pu Tuallianmang          | 47. (L) Pu Dongkap         | 48. (L) Pi Chingkhanmang       |
| 49. Pi Donkhonian         | 50. Upa Henzakhup            | 51. (L) Pu Saichinpau      | 52. Pu Goumang                 |
| 53. (L) Upa Khamkhanhang  | 54. Shie Laangkhanlal        | 55. Pu Khamkhanlun         | 56. Upa L. Tualkhanpau         |
| 57. Upa Jamsianmung       | 58. Upa Ginzadong            | 59. Pu Kaizathang          | 60. Pi Goizanuom               |
| 61. Pi Thangneivah        | 62. Pu Khamzathang           | 63. Pi Donchin             | 64. Upa Liankhanmang           |
| 65. Pu Hauchinlun         | 66. Pu T. S. Lal             | 67. Pi Goichin             | 68. Pu T. Khupchinthang        |
| 69. Upa T. Kaizalam       | 70. Pu Paul Henkholal        | 71. (L) Pu Soikham         | 72. Rev. P.C. Manga            |
| 73. Rev. Khamchinkhai     | 74. Rev. Jamlianpau          | 75. Rev. Chinzapau         | 76. Rev. Retd. Kamkhozam       |
| 77. Upa (L) Chinpu        | 78. Pu Zamkhanthang          | 79. Pu Chinglen            | 80. Miss Chinhaunieng          |
| 81. Upa P. K. Soia        | 82. Pu Goukhai               | 83. Pi Niangkhanmang       | 84. Evan. Retd. G.L. Joshya    |
| 85. Pi S. Chingkhanmang   | 86. (L) Pu Vumchinkhup       | 87. Upa Khaihenthang       | 88. Upa T. C. Pau              |
| 89. Upa Nengchinkap       | 90. (L) Upa Jamkhongam       | 91. Upa HT Manga           | 92. Mrs. Vahkhohling           |
| 93. Pu Hauliankap         | 94. Pi Chinnu                | 95. (L) Upa Ngulzakhai     | 96. (L) Upa T. Gougin          |
| 97. Pu Ginsuanhau         | 98. Upa (L) Langminthang     | 99. (L) Rev. David K.Samte | 100. Upa T.S.K. Samte          |
| 101. Upa S.K. Khama       | 102. Pu Jamkhopao            | 103. Pu Thathang Taithul   | 104. Pu Kamkhanpau             |
| 105. Bhim Prasad Ghatani  | 106. Rev. M. Kapsuanthang    | 107. Nu Chingneikim        | 108. Rev. Khupkhansuan         |
| 109. Pi Mannuamching      | 110. Rev. Kaimuanlal         | 111. Upa Nengkhanlian      | 112. Nh. Deborah Zou           |
| 113. Pu T. Kuppa          | 114. Rev. (L) Mangsuanthang  | 115. (L) Pu Lamchinhou     | 116. Upa Pauchinlel            |
| 117. Nu Kimneihoi         | 118. Upa Kamgenpau           | 119. Nh. Niangsuanuam      | 120. Nu Ngaikhanvung           |
| 121. Pu P. Sanjiv Zou     | 122. Upa M. Kaichinkham      | 123. Upa T. Sianchinpau    | 124. Upa Sianzahau             |
| 125. Pu L. Thenkhosoi     | 126. Pu Kamsuanhang          | 127. Upa Th. Kaikholam     | 128. Upa Lunchinthang          |
| 129. Pu P. Tongthang Zou  | 130. H. Nehzamang            | 131. Pu Thangsuankhup      | 132. Upa M. Kamzadon           |
| 133. Pu Jamkholian Munlao | 134. Pu Sianzakhai           | 135. Upa Thangginsuan      | 136. Pu Kapminlun              |

## LIFE MEMBER-TE

|                            |                          |                       |
|----------------------------|--------------------------|-----------------------|
| 01. Upa (L) T. Khupkhenpau | 02. (L) Pu M. Ginzahau   | 03. (L) Pu Selzapau   |
| 04. Pu L.C. Pautungnung    | 05. (L) Pi Khamkhannieng | 06. Pi Ngaiuom        |
| 07. Upa Chinsuanthang      | 08. Upa Shanti Kumar     | 09. Pu Kamkhohau      |
| 10. (L) Pu Khamkhohau      | 11. Upa Khamzathang      | 12. Upa Chinkhanthang |
| 13. Pu (L) Tongzathang     | 14. Pi Chiinneilam       | 15. Upa Kulthang      |
| 16. H/Sm. Upa Kaichinpau   | 17. Pi Niangzalam        | 18. Upa P. Doukholun  |
| 19. Pu Kapminlian          |                          |                       |

*Undelivered*

Please return to:

*The Editor*

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