

NICHIN THUMNA PUITU



Rev. Awnkhankhup

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By Rev. Awnkhankhup

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Thumapui

Kum peisa 2018 December ha bul lam a **NICHIN THUMNA PUITU** kichi laibu ka na sutkhieh pen, sawtlou sung in zua bei pai ahia, lungdam huoi ka sa hi. Abu (copy) a bei nua in zong, a tangkhalou tampiten a hing sui zel ua, hinanleh pieh ding laibu ka nei nawn tahlou ziehin khawh ka sa mama mai hi. Thamlou in, mi khenkhatten tami laibu a zah manphat dan uh hing gen in, ***“Kou innkuon a ding mawngmawng a na bawl hiva ka na chi uh”*** chi a thu a hing gen chieng bang un lamdang sa in, Pasian kung ah nuom thu ka tut zaw zel hi.

Abu sung a thu umte hoi bukim zoulou ahi chi ka thei ban ah, ka ham zah leh ka laiteng zahte zong a dihloou leh a thei hasapipi tam tah um ahi chi ka thei tham hi.

Tu in, hoizaw deu leh bukim zaw deu ding a bawl tha ahia, amasapen sang in a thu zong a sau zaw deu in, a sim zong nuom zaw deu ding in ka gingta hi. Gingtu mimal leh innkuon chinten Pasian kung a i thumnate uh hing mapuitu ding a zang thei chiet ding in i kideisah un i ki chiel uhi. A simkha leh a zangkha tapou in hagau siengthou pawlna a donna vanzah manpha hingei ding in Pasian khut ah ka laankhie hi.

Kanaan veng, New Lamka
November 3, 2019

- Rev. Awnkhankhup



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FORWORDING

I Synod leh Hattuum sung a gingtute nichin hinkhuo a poimaw a a thei ziehin Rev. Awnkhankhup in tam laibu, **Nichin Thumna Puitu** kichi ahing bawlkhie a, lungdam huoi i sa mama uhi.

I Hattuum sung a mimal leh innkuon chinten tam laibu nei thei chiet in, zah manphat sawm va ui chi in kang chiel in kang theisah hi. Adiehin innkuon maitam zang theiten tami laibu sim masa zel in kipuisahlei, a kibawlina dan a zang manpha i suoh ding a, zong i phattuompi ngei ding uhi.

Mangpan tam laibu simkha zousie guolzawlta hen.

November 3, 2019

(REV. STEPHEN CHINZATHANG)

Sr. Executive Sectetary

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# ZOU LITERATURE SOCIETY

(Zou Lailam Saipawl)

Regd. No. 504 of 1993

Head Office:  
Zogal Memorial Hall Complex,  
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## THEIPINA LAI

*Date 3rd November 2019*

Rev. Awnkhankhup in a gel, **Nichin Thumna Puitu** kichi laibu khu tulai Zou Kam a kigiel laibu manpha ahia, mimal leh innkuon in i thumna puitu leh Pasian Hagau toh i kinai semna ding laibu manpha tah ahiman in simtute in i phattuompi mama ding uh ka lam-et hi.

Tualeh, i Zou nam a ding a zong gou manpha mama khat ahiziehin Literature Society in zong theipi leh kipahpi ahi.

Simtute zousie in phattuompi ngei ding in Pasian in guolzawlta hen.

(T. LAMKHOTHAWNG)

General Secretary

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January-01:**MANGPA HING CHIEM GAM**

Hinanleh na valuo ding uh gam khu, van guotui ne muol leh guomte ahizaw uhi. Mangpa na Pasian un akep zing gam ahia; Mangpa na Pasian uh mit atungah atu ngitngat hi, kumbul a kipat in kumtawp tandong in. (Danpiehnina 11:11, 12).

Kum tha leh hun tha pieh a i um zieh un kipahhuoi sa in i Pasian min i phat uhi. Tu a i tot tou ding kum tha khu - muol leh guom gam, van guotui in a tapnou gam, Mangpa suikhieh gam ahiban ah a mittunna gam zong hing hi ngei ding ahi. Tuaziehin, i Pasian in hing manghil ngailou a, hing ching zing a hing umpi zing ahi chi thei in lungmuong leh hamuongtah in Ama i kipuisah zel ding uhi. Tuahileh, Mangpa hing chiem gam tuonkha leh lutkha ihi thei ngei ding uhi.

January 02:**PASIAN NAI VA UI**

Hinanleh kei a dingin vang Pasian nai ahoi hi; na nasepte zousie ka phuondoh theina dingin, Mangpa Pasian nangma ah ka ginna ka koi hi. (Late 73:28).

Mihingte a dingin khovel ah dei ding leh lunggul ding tampi a um hi. Siemna leh pilna, hausatna, thuneina leh minthannate del in sun-le-zan in i phe zen uhi. Amabou tam silten lungnopna leh hinkho nopna dihtah hing pe thei ngailou hi. Tuaziehin, Sam la bawltu in tam thute theisiem kawm in Pasian nai dingin thuchiem a bawl hi. Pasian toh kigamla mite mi vangse penpente ahi uhi. Hun chinteng in Pasian nai va ui. Ama kung lam zuon a Ama nai zingte gingtu chidam leh gasuo ahi thei giap uhi.

January 03:**MANGPA'N HING NUASIE LOU DING**

Tualeh Mangpa khu na masang ah apei dinga, Aman ahing umpi dinga, ahing nuasie sih ding a, ahing peisan sih ding hi, zau sinlen, lunglel vawt sin, achi hi (Danpiehnina 31:8).

Mi tampite hinna kumlui toh ana muolliemkhawmta a, eite zong amaute sang a i hoizawh zieh leh i manphat zawh zieh hilou napi in Pasian venbitna mantam tah tangin kum tha mel i mu thei kia ua, i tung a hoi Pasian min i phat uhi. Tambang a mi tampite mu phahlou hun tha leh kum tha i mu khu, ahing musahpa Pasian in deina khat hing nei hi ngei dingin i ngaisun hi. Tuni a kipat kum tha hun zang zom tou ding ihina uah, hing nuasielou ding ka hi chia a umpina hing chiem i Pasian khut muonhuoi a kinga kawm in, zaulou leh ginglellou in i pei tou zel ding uhi. Aman hing nuasielou ding ahi, muongngam vai.

January 04:**MANGPA'N HING UMPI DING HI**

Tualeh Aman ka umpina khu nang toh a zawhkhawm ding a, khawldamna ka hing pe ding hi, achi hi. Tualeh Mosi in Mangpa kungah Na umpina in ahing zui sih ding leh tamna kipat hing puitou da mai tan (Exo. 33:14, 15).

Mosi in Mangpa Pasian umpina panglou a gamchiem lut ding ana ut hetsih a, na hing umpilou ding veve leh hing pui tou da mai tan ana chi tanghiel hi. Tuachin, Pasian in ka umpina nang toh a zawhkhawm ding chiin Mosi kung ah ana chiem hi. Laphuotu in zong ***Mangpa nang na umleh lei zong van a suoh*** ana chi ngam hiel hi. Koima dang toh zawhkhawm tumlou in, i nichin hinkhuo ah Pasian ma toh zawhkhawm ding tup leh ngim in nei tinten vai in, Ama toh zawhkhawm in kipui sah va ui.

January 5:**JAKOB IN MAITAM BAWL**

Tuachi'n kisa vai in, Bethel ah peitou vai, tuanah ka lungdon lai a hing dawngpa leh ka pei peina lam a ka kunga um ngitnget Pasian a ding in maitam bawl vang achi hi (Siemchilbu 35:3).

Tam thu khu Jakob in a innkuonpite kung a a thugen ahi. A U Isau zau a a hing taikhiet lai a Pasian in ama a houpina mun Bethel ahia, tu in apute kholam apat hing kile kia in, tam Bethel mun ahing tung kiata a, a innkuonpite toh tam mun ah Pasian bie in maitam ahing bawl uhi. Jakob bang a eima innkuonpite hankhawm a maitam bawl ichi khu sil hasatah ahia, alelam ah sil poimaw pen ahi kia hi. Tuaziehin eiten zong i lungdon ni a hing dawng a, i peina lam pou a i kung a um zing Pasian a ding in maitam bawl zel va ui.

January 6:**AGUH A HING MUPA KUNG A THUM DAN**

Hinanleh noute pen na thunget chieng un na pindan sunggil uah lut unlen, na kot uh kha unlen mun simtham a um na Pa uh kungah thungen un, tuachi'n aguh a hing mu na Pa un langtangtah in nou ahing pe ding hi (Mathiu 6:6).

Jesun Pharisai-te thum dante dem in, midangte mu theina ding a langtang tah a kholai leh lamkathuom vel a thumte ana soisel hi. Pindan sung a kot kikhahkhum a chi pen, tuabang chet a bawl teitei ding a genna lam sang in, a guh a hing mu Pasian kung a thum ding ihi man in, mite mu leh thei teitei ngailou ahi, china bang in i ngaisun thei ding hi. A guh a i thum pen, a dawnna mit a mu thei hing hi ding china ahi. Tuaziehin midangte mu leh thei ding a thum ihi khah ding kingaisun tha in, Pasian san tah ding a thum dan i kizil tha zel ding uhi.

January 7:**MANGPA KIVELCHIENSAH VA UI**

Aw Pasion hing enchien inlen, ka lungtang thei in, hing enkhie inlen, ka ngaituonate thei in; (Late 139:23).

Mangpa'n i lungtang a i ngaituote a thei sieng a, phuolsel thei ding bangma a umsih hi. *Aw Mangpa, hing enchien inlen, hing theichien in chia*, a khut a pualut loungal bawl thei i neisih hi. *Keima a um ngaituona hoilou leh sil chiin hoiloute zousie na tapa Jesu sisan in hing sawp siengsah in, tuachin ka siengthouta ding hi* chi in Ama a ding mai a hingta dingin kilan tha va ui. Khiel kisiatie Mangpa'n a nuol ngaisih hi. Mangpa mu thei ding leh etchien a um ding in amasang ah i kilankhe ding ua, a lunglam leh a deilam a hing ding in i kipe khe tha zel ding uhi.

January 8:**MANGPAN A UMPINA HING CHIEM**

Thu ka hing pie hilou amah? Hattah leh hangtahn um in, zau sinlen, lungke vawt sin, Mangpa na Pasion in hing umpi ding ahi achi hi. (Joshua 1:9).

Mosi shi zou nuain Mangpa Pasion in Joshua kung ah thugen in, hattah leh hang tah a um ding leh lungkelou a Kanan gam la ding a kisa ding in a hanthawn a, a umpina muonhuoi tah a chiem hi. I nichin hinkhuo leh i khosahnate ban ah, Ama gam nna i sepnate ah hatna tha hing pe zel Pasion muong in kalsuon zel va ui. Pasion in a thu a chiem bang in Joshua a umpi a, ama lamkaina toh gamchiem a lut ngei uhi. Eiten zong Pasion muonglei a hing chiem tah bangin a umpina in a hing zui zel ding a, a chiem gam i lut ngei ding hi.

January 9:**PASIAN THUPIEH ZUI HAMPHATNA**

Na pa David in azui mabang a ka thugousiete leh ka thupiehte na pom a, ka lampite na zui leh ka hing damsawt sah nalai ding hi achi hi (I Lengte 3:14).

Tam thu khu Leeng Solomon kung a Pasian thugen ahi. Mangpa lampite leh a thupiehte a zui ziehin Solomon kung ah a nget khahlou hausatna leh thupinate pieh in a um hi. Thamlou in, damsawtnate zong chiem in a um nalai hi. Pasian thupieh zuilou zieh in nichin in sang tampite hinna a muolliem zing hi. A thupiehte pom siem a zui siem thei ding in kisa zel va ui. Tulai khovel a i ngaisang pen leh i lunggul pen khu damtheina bang, hausatna leh minthannate ahi pen hi. Tam silte Pasian thumanna panglou in koiman tang thei ngailou hi.

January 10:**JINGMAWNG A PASIAN PAWLNA**

Ka damsung nite zousie ua, nuom a ka kipaht theina dingun, jingmawng in na khotuona in hing taisah in (Sam. 90:14).

Tami Sam bawltu Mosi in damsung a kipahtah a hin theina ding a ana mukhieh khu jingmawng chin a Pasian toh kipawl a, a hoinate don zel ding chi khu ahi. Khovel sil dangte leh thu tuomtuom i buoipi masang a, Pasian biehnaleh Ama pawlna hun man zel khu sil poimaw mama ahia, tuabang a bawl miten a damsung nite zousie uh nuom leh kipahtah a mang thei uh ahi dan hil in i um uhi. Tuabang ahi theina dingin, ei gingtuten jingmawng leh hun chinteng a Pasian pawl a thum zel dingte ihi uhi. Pasian kung chilou kipahna leh lungnopna umna heisung ma ah zong umlou hi.

January 11:**PASIAN MASANG A DIN**

Tualeh Abraham jingmawng matahin athou a, Mangpa masang a adinna munah ahawtou hi (Siemchilbu 19:27).

I Laisiengthou a i mu Pasian misiengthou dangdang Jakob, Mosi, Joshua, David, Job leh Hana-te zong jingmawng matah a thou a, Mangpa masang a ding zelzel te ahi uhi. Koima dang masang a i din ma a lei leh van a thuneina zousie neipa i Pasian masang a i din khu a manpha a, tuabang a i bawl thei laiteng mi hampha pen ihi uhi. I Pasian ma a din khu ngaisang in, tup in nei chiet va ui. Tuahileh i mimal leh i innkuon hinkhuote ahing nuom ding a, a masang a i dinna i Pasian toh hun chin in i zawhkhawm thei ding uhi.

January 12:**GUOLZAWLNA LAMPI**

Tualeh Mangpa na Pasian uh thu na zui pouma u'leh tam guolzawlna zousie na tung uah ahing um ding a, ahing zuizel ding hi (Danpiehnina 28:2).

Mihingte'n tam khovel a i hin sung un guolzawlna kichi i deipen uh ahi zel a, Pasian a pat guolzawlna sui a lam-en te ihi chiet uhi. I Laisiengthou in tuami guolzawlna lampi hidan a ahing kawhmu ahileh, Pasian thupiehte zui ding ahi. I nichin khosahnate ah Pasian aw hoitah a ngaikhie in bawl ding a ahing thupiehte i zui zeln a uoi chi eima kidong tha zelzel va ui. Laphuotu in, ***I aw Mangpa na guolzawlnate khu, nang sangin mi nempin a ngaizaw uh*** ana chi bangin a guolzawl theipa deilou ihi khah ding zau in kivel tha kia va ui.

January 13:**MAILAM DEL A TAI**

Unaute aw, kei pen neizouta in ka kingaituo sih a, hinanleh tam sil khat ka bawl hi; nualam a sil umte manghil in, mailam a sil umte ka del hi (Philippi 3:13).

Mi khenkhatten hun peisa leh nualam a sil umte a buoipi zing mai ua, mailam del a tai ding a mangmat kha zel sih uhi. Sawltah Paul in hagau lam a piching zou kisa nai hetlou in a mailam a a sep ding silte ngaisun in a del in a del vevaw hi. Eite pen tahsa leh hagau lam ah zong i kideikhop bai thei sengseng ua, mailam del a tai ding i ngaisah kha zel sih uhi. Tuaziehin, a peisa hunte leh i nualam a sil umte manghil kizil vai in, Mangpan ahing musah ding silte mu ding in mailam del in tai zel va ui.

January 14:**MANGPA APAT HATNA THA**

Hinanleh Mangpa ngahte pen ahatna uh siemtha ahi ding ua, muvanlai bangin ha in aleengtou ding ua, atai ding ua, agim sih ding uhi; tualeh kengin apei ding ua, aba sih ding uhi (Isai 40:31).

I Bible tang sim in hatna thasah kiana ding thu ban ah, muvanlai bang a hazap a lengtou a, gimlou a tai ding thu leh balou a keng a pei ding thu a gen hi. Tambang a thahatna nei kia theina ding a poimaw a a gen khu Mangpa ngah ahi. Mangpa ngah ichi chiengin um maimai kawm leh bangma bawllou a ngah ding china hilou in, Pasian lam-en gige kawm a Ama lunglam sui a um zing china bang ahi. I hatna a kiem chiengin Mangpa'n hing awlmaw in ahing hatsah nuom zing hi. Tuaziehin, Mangpa ngah dan kizil va ui, tuachin hatna tha i nga kia thei ding uhi.

January 15:**PASIAN TOH ZAWHKHAWM**

Tualeh Enok in Mathusel ahin nua in, kum zathum sung Pasian toh azawhkhawm a, tanu tapate ahing hi. Tuachi'n Enok dam sung kum zathum sawmguh leh nga ahi. Tualeh Enok Pasian toh azawhkhawm a, a umta sih hi. Pasian in a lahmang tah ziehin (Siemchilbu 5:22-24).

Khovel a i khuolzin hun tomnou sung a Pasian toh zawhkhawmte khu mi hampaha pente ahi uh chi i thei hi. I Laisiengthou simna sung ah Enok khu Pasian toh a zawhkhawm thu nivei a kigen kha man hi. Abanlam sim zom suohlei Mathusel kum zakuo sawmguh leh kuo dam napi in a damsawtna manphatna lam bangma gen in a umsih hi. Apa Enok ahileh dam tom leh dam sawt thu pen thu tuom hitaleh, a dam sung teng Pasian toh zawhkhawm ahi dan i mu thei hi. Mangpa toh zawhkhawm tup in nei va ui.

January 16:**ATUOM A UM DING A HAT**

Tualeh Mangpa'n Abram kungah, Na gam leh na tanaute leh napa innsung a kipat pawt inlen, gam ka hing etsah ding lang ah pei in a chi hi (Siemchilbu 12:1).

Pasian in ami Israelte tahsa leh hagau a apa uh hiding in Abraham ana tel a, tuami nna poimawtah semkhe ding in a teenna gam, a tanaute leh a pa innsung a pat pawtkhie a, a Pasian toh kithuo a nasem ding in a hankhie hi. Tua mabang in sawltah Paul in zong Korinth khuo a um hattuumte khu ginglou mite a pat pawt khie a, a tuom a um ding in a han hi. Eite zong i tenna khovel a Pasian deilou lam silte apat ki hemkhe ding leh Pasian ta deitah te bang a siengthou leh dembei a um ding in i Mangpan a hing han hi. ***Mangpa aw, ka lungsim, ka tahsa leh ka hagau na khut ah ka lan hi, na dei bang a na zah ding in susiengthou in*** chi in a kung ah ki pekhe va ui.

Januanry 17:**PASIAN UMPI JOSEPH**

Tualeh Mangpa'n Joseph a umpi a, tuachi'n mi lawching tah ahia, apu Izipt mi inn ah a um hi (Siemchilbu 39:2).

I nasepte leh i bawl tapou a i lawchin theina ding in Mangpa umpi mi hi ding a poimaw hi. Bangzieh a Joseph in Mangpa umpina tambang a dong ahita dieile? Enhuoi hina mai e, Eite zong i nu leh i pate ban ah i Pasian thu mang a, hasa pen ituoh hun a zong taise hetlou a sienthoua leh gin-umnate i tuh chinten leh Pasian umpina dong gingu ihi thei ding uhi. Tulai hun in lawchinna i ngaisang dante ulah a uong deudeu a, Pasian giinna pangloui a lawchin sawm ihi khah ding a zauhuoi hi. **Mangpa, na thu bang zel in aw** chi a kilan kawm in Pasian umpina ma del zel va ui.

January 18:**ABRAHAM PASIAN LAWMPA**

Tuachi'n tua mite khumna kipat in akihei khie ua, Sodom lam a zuon ua, hinanleh Abraham pen Mangpa masang ah a ding ngitngat nalai hi. (Siemchilbu 18:22). Tualeh Mangpa'n Ka silbawl tup Abraham kungah ka im ding amah? (Siemchilbu 18:17).

Pasian in Sodom khopi suhsiet a sawm lai in a lawm hoi Abraham kung ah iimlou keei in a theisah zaw hi. Bangzieh tah a Pasian in a silbawl ding Abraham a hil masah a tadiei chi dohna poimawtah a ching hi. A dawnna ahileh Abraham khu a lawm hoi ahizieh ahi. Bangchi dan a lawm hoi hi thei la? Midangte Pasian apat kihei mang a, Sodom lam a zot lai un Abraham pen Mangpa masang ah a ding zing hi. I kung a um zing leh i masang a ding zingte i lawm hoi ahi tangpi uhi. Khovel silte kiheisan in Mangpa masang a ding zing mi hilei, Pasian lawm ihi zel ding uhi.

January 19:**I HOI ZAWHNA DING HIZEL**

Tuaziehin, tana hing sawl noute na hisih ua, Pasian ahizaw hi. Aman keima Pharoah dinga pa leh a innsung mi zousie dinga lamkai leh Izipt gam pumpi tunga vaihawm in ahing bawlta hi (Siemchilbu 45:8).

Joseph khu a sanggamten giloutah leh chijatna bei a, a zua mangpa uh ahi. Hinapi in Pharoah innsung a lamkai lienpen a ahing pan lai in a sanggamte kung ah mawsahna kamteng khat ma zong zanglou in, a silbawl uh khu Pasian in a hoi zawhna ding ua, a lemgel ahi chi in a pang ngam hi. I tung a silhoilou hing tung zelte Pasian in a deina um hikha ding ahi chi a theisiem kawm a pom siem zel ding ahi. Sawltah Paul in zong, ***Sil bangkim ah Pasian in Ama itte, Aman a dei bang bawl a, ahatte a dingin a hoina ding un sil zousie a semkhawm chiet hi*** chi i thei uh ana chi hi (Rom 8:28).

January 20:**BETHEL AH PEITOU VAI**

Jakob in a innkuonpate kung leh a kunga um zousiete kungah, Na lah ua gamdang pasien umte paimang unlen, kisusiengthou unlen, tualeh na puon sil uh heng un. Tuachi'n kisa vai in, Bethel ah peitou vai, tuanah ka lungdon lai a hing dawngpa leh ka peina lam a ka kunga um ngitnget Pasian a dingin maitam bawl vang achi hi (Siemchilbu 35:2,3).

Jakob apute khuo Padan Aram gam lam zuon a a zinna lampi a Pasian in a guolzawl na mun Bethel ahi (Gen 28:19). Tu in a kholam apat hing kilekia in a U Esau a maituo nua in tam Bethel mun a hing tung kia hi. Tuanah a kung a um zousiete kung ah alah ua gamdang pasien umte paimang ding leh kisusiengthou sa a Bethel a hawtou ding in chielna a bawl hi. Eite zong i khovel lungsim leh ngaituona giloute koikhie in, Pasian toh kithuo dingin kisa chiet va ui.

January 21:**KHUT LEH KENG HATSAH KIA DING**

Tuaziehin khut kaikhete leh khupzoite khausah un. Tualeh na kengte ua dingin lampi tang siem un, tuachia kengbaite akiehiehloi louna ding in damsah zaw un (Hebrute 12:12,13).

Mihingte hina ah khut leh keng in poimawna lienpi a nei a, tuabang zel in ginna a hagau lam kal i suonna ah zong khut leh keng suhhat a, khausah ding thu i mu uhi. Khut zoi a kaikhe maite khausah a hunta a, tuama bangin keng zoite zong khausah leh kipsah a, lampi tang a lam zawtsah ding ahi. Pasion nasem dingin, kei ka hat a, kei ka kuon ding chi a eima leh eima i kisuhhat a poimaw hi. Eima thahatna leh silbawltheina vang suon ding bangma um sih van, hinanleh i Mangpa Jesu khrist hatna leh silbawltheina i suong zaw ding a, tuamin hatna bukim a hing pe mama ding hi.

January 22:**SUM DEIGAWNA APAT KIKEM VAI**

Na hinkhuo uh sum deigawna apat kem unlen, na nei teng tung uah lungkim un. Aziehpén Pasion in Ka hing nuasie sih dinga, Kang taisan ngai sih ding hi, achi hi. Tuaziehin hangsantah in, Mangpa kei hing panpipa ahia, Ka zau sih ding hi, mihingin kei bang ang law thei diei, i chi ngam uhi (Hebrute 13:5,6).

Dangka sum deitahna khu mihingte sietna khuhipi a puiluttu ahi chi i thei chiet uhi. Tuaziehin Pasion in ahing pieh i nei bangbang toh lungkim i kizil ding uh ahi. Aziehpén Pasion in hing nuasie ngailou ahiman in i zau sih uhi. I tahsap chinteng uh hing pe zel Jehovah-Jire Pasion i nei zieh un i hampaha uhi. Huoighamna lah milim pasien biehma bang ahi ngala. Tuaziehin, sum deigawna apat kikem siem in, a pe thei a, a lampi theipa muong zaw va ui.

January 23:**PASIAN KHUT MUAN HUAI**

Tualeh ngaivawi, hing umpi vangin, na peina phot ah hing veng vangin, tam gam ah hing puikia vangin; na kung a ka gen ka bawl zou masang sie'n ka hing nuasie sih ding hi (Siemchilbu 28:15).

Khovel a i khosah sung un Pasian kepna leh venbitna lou in tomnou kal zong i khosa un i hing theisih uhi. Jakob zong Haran zuon a a pei lai in, Pasian in Bethel mun ah houpi in, a umpina a chiem hi. A peina mun teng a veng ding ahi dan leh nuasie ngailou ding ahi dan gen in a umpina muonhuoi a chiem hi. Tuni hun in eite zong Jakob bang in i khuolzinna khovel ah, thawmhau leh tangkhat kisah hun a tam kha ding hi. Tuabang hun chiengin a umpina hing chiem i Pasian khut muonhuoi ah kinga in, Ama bel tinten va ui. Tua hileh a umpina in hing zui in hing nuasie lou ding hi.

January 24:**GASUO DING A POIMAW**

Kei grepgui khu ka hia, noute abahiengete na hi uh. Mi koipou keima a a um ngitnget leh, Kei ama a ka um ngitngetna pa'n ga tampi asuong zel hi. Aziehpén keima louin bangma na bawl thei sih uhi (Johan 15:5).

Tam i tang tel in gingtu hinkhuo a i gasuo theina ding ua poimaw khat ana gen a, tua khu bang dang hilou in i ginna siempa Jesu Khrist a dettah a kibulphu a um gige ding ahi. Jesu grep gui dihtah ahi dan leh bazam khat grep gui a a um zing louleh a ga theilou bang in, ei gingtute zong Jesu Khrist a i um zing ua, Ama toh i kizop zing louleh eima a ga theilou ding ihi dan ngaituo tha in i nei ding ua, ga tampi i nei theina ding ua Jesu a um zing tup in i nei chiet ding uhi. Jesu a um chipen, ama deilam a hinkhuo man ding china ahipen mai hi. Ama toh i kizopleh Ama deibang in i um ding ua, i gasuo thei ding hi.

January 25:**NOAH MIDIH LEH HOI BUKIM**

Tamte khu Noah hahlesuonte ahi. Noah khu ama khang laiin midih leh hoibukim ahia, Pasian toh a zawhkhawm hi (Siemchilbu 6:9).

Mihingte hinkhuo ah a khangkhang in sietna in vai a hawm zel hi. Noah hun lai in zong mihingte sietna huaise sengseng ahiman in a mihing siem ziehin Pasian a kisia hiel ahi chi i mu uhi. Tuabang a mizousie Pasian thumanglou leh genha a a um lai un, Noah in Pasian thupieh mang in ama leh a innkuonpite a ding bitna kuong sui in tuichiim a pat suotatna loupitah ana ngata hi. Tu hun in ei khang ah zong khovel sietna in i innsung chinteng uh hing suol zel a, tuabang hun chiengin Noah bang a mi dih leh hoi bukim hithei chiet ding in i kisa ding uhi. Eima dihna zieh leh hoina zieh hilou in, i belpa leh anua i zui i Mangpa Jesu hoina pansan in midih leh hoi bukim i hing hi thei zaw ding uhi. Pasian in Noah kung ah **‘Nang khu tulai khangthate lah a mi dihtat in ka hing mu hi’** ana chi hi (Siemchilbu 7:1).

January 26:**SUN LEH ZAN A MANGPA PUINA**

Tualeh Mangpa khu sunin meipi a ama uh puidingin,ualeh zan in meikuong in amaute vah pedingin amasang uah sun leh zanin a pei hi (Exo. 13:21).

Israel tate Kanaan gam zuon a a khuolzinna ua Pasian khut hat leh muonhuoi in sun leh zan a a pui dan tambangin i mu thei hi. Gingtuten nichin hinkhuo ah a nuom a hasa i tuoh thei zel uhi. Khat veivei chiengin koiman i siltuohte hing theipilou leh hing ngaisahlou bang in kilang zel nanleh Ami Israel-te puipa Pasian in hing nuasie lou ahi dan ngaituo in nei tha zel va ui. Laphuohtu in **‘nang hing khotuo na teh’** a chi bang in, Pasian khotuona in a sun a zan a hing umpi ahi chi thei in zau sih va ui. Ahing pui ding pa lah a gin-um in a muonhuoi ngala, muongla sih va ui.

January 27:**MAITAM MEI A MIT DING AHI SIH**

Tualeh maitam tunga mei khu a kuongsah ngitngat dinga, amitsah ngai sih ding hi. Tuachi'n siempu in zingmawng chinin sing avang zel dinga, halmang sillat hoitahin akoi dinga, khunah lemna sillatte sathau ahal ding hi
(Siempudan 6:12).

Israel tate a ding in Pasian a biehnua maitam uh a poimaw dan tam bang in i mu thei hi. Maitam a mei kuonsah zing ding ahia, jingmawng chin in Siempu in tua maitam mei a mi louna ding in sing a vaang zel ding chi ahi. Gingu mimal leh innkuon chinten i maitam uh i ngaisah zing na uoi chi eima leh eima kidong chiet va ui. I Pasian biehnua uh tansah hetlou in, hing tah leh tui tah in sunzom zel va ui. Laphuohtu in **Vangam kigal mu theina** bang a ana gen innsung maitam ngaisah in i Pasian biehnua leh pawlna in zang zel va ui.

January 28:**HAT TAH LEH HANG TAH IN**

Thu ka hing pie hilou amah? Hattah leh hang tahin um in, zau sinlen, lungke vawt sin, Mangpa na Pasian in hing umpi ding ahi; achi hi.
(Joshua 1:9).

A suohpa Mosi shi zou in Pasian in Joshua kung ah mawpuohna lien tah leh poimaw tah mai a pie a, tuami nasep sem zou ding in thahat ding, hangsan ding leh lungke vawt lou ding in a hanthawn hi. Thamlouin, a umpina muonhuoi tah a chiem nalai hi. I mimal hinkhuo, i innsung leh pawlpi lah a mawpuohna i lah ding chieng un hasatna in a hing pum tuom zel leng hi. Hinapi in, tuabang hun chiengin Joshua kunga Pasian thugente thei tha zel va ui. Ahing umpi i Pasian khut a muonhuoi in, ama khut ah zau ding bangma i neisih chi i thei tha ding uhi. Hattah leh hangsan tah in um va ui.

January 29:**MANGPA UMPI DAVID**

Tualeh David pen abawl taphot ah kituptah in agamta zel a, tualeh Mangpa'n ama a umpi hi. Tuaziehin, kitup tah a gamta ahi chi Saul in amu in agiing semsem ta hi (1 Samuel 18:14,15).

Israelte leeng ding a Mangpan sathau anu zou in zong David in hasatna simseng lou a maituo tou zel hi. Saul in thangsietna toh tha sawm in del nanlezong David pen Mangpan a umpi ziehin a bawl taphot ah kitup tah in a gamta zel hi. Eite zong David bang in i nichin gamtatna chiet uah Pasian umpina tang thei ding in, gamtang in nna sem va ui. Tambang a i hin chieng un khovel in a hing giing semsem ding hi. Pasian taisan a um Saul in Pasian umpi David a mu chieng in lamdang sa in a giing semsem ahi zaw hi.

January 30:**PASIAN AH KISUHAT VA UI**

Tualeh David khu chimaw in amangbang mama a, michin atapate u'leh atanute uh ngaituo a daa mama ahi ziehun, David suong a se ding thu agen ta uhi, hinanleh David pen Mangpa a Pasian ah akisuhat hi (1 Samuel 30:6).

I tulai khovel hun uah buoipi ding leh lungkhamna ding a tam mama mai hi. Adang tampite genlou in, eima tanu leh tapate zieh a lungkham mangbang a um zong kitam mama ding in a gintathuoi hi. Thamlou in thusie leh chizat huoi sil tampiten nichin leh hun chin in i innsungte uh hing deng kha zengzung mai in, lungdon lunggimna ding i hau mama mai uhi. Tuabang hun chieng in eiten zong David ma bang in i mangbatnate koima dang kung a tutlou in, a suveng thei i Pasian kung ah tut in ama suveng sah va ui.

January 31:**PASIAN APAT PILNA**

Tuaziehin asie apha ka thei thei a, Na mite vai ka hawm theina ding in, Na suohpa asie leh apha khiem siem theina lungtang hing pie in, Na mi tamzapite koi in avaihawm pieh thei diei? achi hi (1 Lengte 3:9).

Eima innsung chiet ban ah i umna hattuum leh khotang a etkol ding a hing kipie i mawpuohnate Pasian lung lam bang a i zaw theina ding un pilna leh chitna Pasian apat i kisam uhi. Solomon in tuami theisiemna lungtang Pasian kung ah ana ngen hi. Tualeh i etton hattuum mite khu Pasian mite ahi uh chi Solomon bang in theisiem va ui. Mihing pilna leh lemtheina in a batphahlou Pasian a kipat pilna nei sawm in i ngen zel ding uhi. Eima hamphatna ding hilou, midangte hoina ding i thum chiengun Pasian lungtang a khoikha hi.

February 1:**MANGPA LAM NGA VA UI**

Tualeh Mosi dan dungzui a, I lungtang zousie, a hinna zousie tualeh a hatna zousie toh Mangpa lam nga ama bang mawngmawng a masang in Leengpa koima ana umkha sih a, ama nua in zong koima a um nawn sih hi (2 Leengte 23:25).

Juda Leeng Josiah hoidan thu kigenna ahia, Leeng a apan kum 18 na ah hun sawttah ana kinei kha nawnlou Peikan pawl Jerusalem ah a mang ua, Juda gam sung leh Jerusalem a sil kihdahhuoi kimu kha zousie Josiah in a paimang sieng hi. Tuaziehin, Josiah bang a alungtang zousie, a hinna zousie, tualeh a hatna zousie toh Mangpa lam nga koima ama masang hi in ama nua hitahleh a um sih chi in a um hi. Eiten zong i lungsim zousie leh i hatna zousie toh Mangpa lam nga tha va ui.

February 2:**MANGPA SUI MITE KIPAH UH**

A min siengthou suong unlen, Mangpa sui mite lungsim kipah hen, Mangpa leh ahatna sui unlen, Ama tawp hun neilou in sui un (I Khangthute 16:10,11).

Tam thu khu David in Mangpa kung a lungdam thugenna la, abawl masahpen ahia, Asaph leh a Unaute kung a apieh ahi. Khovel a suon ding leh ngainat ding tampi umte lai ah Mangpa i Pasian min siengthou mama suong va ui in, a hatna zong tawp chih neilou in sui va ui. Nichin a i sui khovel sil ten lungsim nopna leh kipahna tahtah hing pe theilou hi. Mangpa sui mite lungsim bou ahileh kipahnan a dim zel hi. Tuaziehin, ahilou lam del a taitai mai zaw lou in Mangpa kungah kipahna dihtah sui zaw va ui. Mangpa sui mite lah mi kipah thei pente ahingal ua, tuni leh tu hun mama in kipan tha va ui, kisialou ding ihi.

February 3:**GAM DAMNA DING A THUM**

Ka min a kilou, kamite kingaingingiem a athum ua, kamaipha asui ua, a umdan giloute uh akiheisan uleh, Van akipat in kana ngaikhe ding a, akhelna uh kangaidam ding a, agam uh ka damsah ding hi (2 Khangthute 7:14).

Leeng Solomon in Mangpa Biehin a lam zou in, zankhang lai in Mangpa a kungah hing kilah in tam thute ahing gen hi. Pasian mite kingaingingiem tah a thum a, Pasian maipha sui a, a umdan giloute uh akiheisan uleh, akhelna uh ngaidam a damsah ding ahidan thu ana chiem hi. Thum thum napi a i lawchin theilounate ngaitua tha lei, i umdan giloute kiheisan loupi a thumthum ihi kha maithei uhi. Ki-enchien kawm in, thum lawchin dan zil tha va ui. Kingaingingiem a Pasian maipha sui mai zong hilou, umdan giloute kiheisan a tawpsan ding chi ahi hi.

February 4:**PASIAN GINDAN SIEM VA UI**

Uz Gam ah mikhat ana um a, amin Job ahi; tua mipa khu gensiet bei, mi thudih, Pasian giindan siem leh sil gilou lah apat a kihem mang mi ahi (Job 1:1).

Job bang a mi thupi pieng kia dingin gintat hasa i sa chiet ngei ding uhi. Amabou Pasian giin dan siem in thudih poulei, Jesu Khrist ziehin Pasian masang ah gensiet bei in i ding thei ngei ding chi i gen ngam uhi. Tambang hinkhuo lunggul in nichin in del in nei zel va ui. Ama khut ah sil bangkim a hoi in a thupi hi. A silbawltheina khut muonhuoi ah kikemsah vai. Job apat zil vai in, ei zong Pasian giindan siem gingu hidingin kisingsa va ui. I Pasian in tuabang a mi thudih Pasian gindan siem leh sil gilou apat kihem mang thei mi a sui zing hi. Gensiet bei mi ihi zoulou tawp in zong Job bang a mi thudih, Pasian giindan siem leh sil gilou apat kihem mang thei mi hisawm va ui.

February 5:**I TUNG A TUNGTE POMSIEM VAI**

Hinanleh Job in a zi kung ah, numei mawte thugen bangin na gen mawh a, Pasian a kipat in ahoi i mu ding a, ahoilou zong imusih diei mah? achi hi. Tamte zousie ah Job in sil a sukhiel sih hi (Job 2:10).

Nichin leh hun chin teng in sil hoi ngentang kimu gige theilou hi. Ase pen leh apha pen zong tang thei gige ihi chi theisiem in lungkim dan i kisin ding uhi. Job dinmun masa i thei chiet ua, hausatna leh kiningchinnate ama a ana hi ngai tham hi. A neiteng taan a, a satung a natna mulkimhuoi tah a hing vei lai in aji in, Pasian gensie a shi suh mai dingin a sawl hi. Job in a hileh, Pasian apat sil hing tung zelte pom siem dan a kisin a, sil abawlkhiel hetsih hi. I tung a sil tungte pom dan kisin va ui. Job jinu bang a numei mawte bang a um khah lou sawm va ui.

February 6:**NEUNOU APAT THUPI TAH IN**

Pasian na sui a, bangkim bawlthei pa kung a thumna na nei pou leh, nang pen siengthou leh thudih nahi pouleh, ama nang a ding in pellou in a ding doh ding a, na mun dihtah ah ahing tungding kia ding hi. Na kipatna neunou hinanleh na ni nukhie lam ah na hing thupi ding hi (Job 8:5-7).

Sienthoua leh thudihna toh bangkim bawltheipa Pasian kung a i thum chiengin, i thumna dawng ding in i Pasian a dingdoh chi i mu thei hi. Job khu dinmun kisie leh nuoinung pen dinmun a adin lai in Pasian in amasang sang a thupizaw tham in a tung ding kia hi. Tuama bang in, eite zong i kipatna neunou hinanleh ama lung tuoh a, i thum leh i hun nukhia lam ah ahing domsang ngei ding chi i muong ngam hi. Simlam a i unaute un, **'a ngahzouten thupha nga uhi'** ana chi uh toh zong kibang thei ding hi. I Pasian pen awlnou khat a hing gamtang pan zelzel ahi.

February 7:**KA TANPA AHING CHI KA THEI**

Aziehpen kei hing tanpa ahing chi kathei a, ni nukhie chiengin leitung ah a ding ding chi ka thei hi. Ka vunte suhsiet a a um chiengin, ka tahsa mama in Pasian ka mu ding chi ka thei hi (Job 19:25,26).

I leitung tahsa pen i damsung mama in zong suhsiet in ahing um zel hi. Job tahsa vangvang, a mel mang zen in asie hi. Thamlou in, i hinna abei a, tahsa leh i vunte suhsiet a a um chiengin, i tahsa mama in Pasian i mu ding chi Job in ana gen ngam hi. Eite zong tuni hun in natna thuoh in shi zelzel nanlei zong ahing tanpa i Pasian ahing gige a, khatvei ni chiengin tahsa mama in i mu ding chi i thei hi. Tami lam-etna toh ginna in kal i suon dinga khovel et in lam-et ding umlou bang a a kilat hun in zong i pang hamham ding uhi. Eite hing tanpa Jesu a hing ahi chi ngaituo tha zel va ui.

February 8:**ZAUDAN SIEM KAWM A MANGPA NASEP**

Zaudan siem in Mangpa nna sem unlen, chitun pum in amai ah kun un (Sam 2:11).

Pasian bie a Ama nna sem zel ikichi lai in, ki-etphatna ding tampi i nei uhi, ***‘chitun pum a amai a kun ding’*** i chi chiengin zatatna lienpi toh Ama biehna ahi pen ding hi. Tuabang a Mangpa zau dan siemtaha a nna i sep ding uh ahi. Eima lemtan dan leh hoisah bang mai a Pasian bie leh a nna sem ihi khah ding zauhuoi sa in, i bieh dan leh a nna i sep dan ki-enpha tha ding in i kingen thatha uhi. I Pasian uh a sienthoua leh a thutahna ngaituo tha in, ama zaudan siem kawm a Ama nna sep i kizil ding uhi. I thumna kamteng mai hilou in, i lungtang a i ngaituote aman thei mama ahi chi thei in Pasian zau dan siem chiet va ui. Humpi giin a giin ding hilou in, i Pasian khu itna dihtah toh i zatat in, Ama lunglam i sui ding uhi.

February 9:**MANGPA TOH UMKHAWM**

Bangchih laipou in Mangpa khu ka masang ah ka um sah zing a, Ama ka zietlam a a um zieh in ka kilohsih ding hi. Tuaziehin ka lungtang a kipah a, ka hinna in nuom asa hi; ka tahsa zong lungmuongtah in a khawldam hi (Sam 16:8,9).

Tam i Bible tang sim a kipat in Pasian toh umkhawm mite khu mi nuomsa leh mihampha pen ahi uh chi a kilang chien hi. Tuaziehin, David in Mangpa a masang a a umсах dan leh a zietlam a kilohlou ding ahi dan ana gen hi. Mangpa toh a um khawm ziehin David in lungmuonna gensenglou anei chi a tahlang a, tuama bang in eiten zong Pasian kung a um lunggul vai in, hun chin in Ama toh umkhawm sawm va ui. Ama toh umkhawm ding in sienthoua bukim i poimaw chi zong thei va ui. Laphuotu in ***“Mangpa, nang toh umkhawm a nuom hi”*** ana chi hi.

February 10:**I LUNGGIMNATE JESU KUNG AH**

Tuazeihin a huntah a noute a hing pahtawi theina dingin Pasian khut hattah nuoi ah kingaangiem un. Aman ahing ngaisah ziehin, na lunggimna zousie uh Ama tung ah nga un (I Peter. 5:6,7).

Khovel a piengkhe mihing zousie lunggimna neilou koima ki-umlou hi. Thamlou in, tua lunggimnate suhbeina dingin theitawp suo a pang in, lungnopna leh kipahna i sui chiet uhi. Amabou, Jesu kung loungal ah lungnopna umlou ahi chi i thei ding uh a poimaw hi. Tuaziehin, i hasatna leh i lunggimnate hing theipi a, hing dawnzang thei Jesu kung ah tua i hasatnate zousie nga va ui. ***Nou semgim leh puohgih pote ka kung ah hing pei un, keiman khawldamna kang pe ding*** chipa Jesu kung zuon va ui. I puohgih hing dawn zang thei koima dang umlou ahi chi thei vai. ***Aw Jesu, ka puohgih toh nangma ka hing zuon hi*** chi va ui.

February 11:**MELMA APAT KIVEN NGAI**

Pilvang unlen, kiveng zing in um un, a ziehpen na melma pa uh Diabol humpibahnei hawh bangin a nawmval thei ding sui in a vielvah kawi hi (I Peter. 5:8).

Gingtute suhsiet tum a vah kawikawi khu Diabol ahia, a zauhuoi dan humpibahnei bang a anawmval thei ding sui a hawh vapum zelzel ahi. Tuabang a zauhuoi melma nei ihi chi theisiem in gingtute pilvang tah leh kiveng zing kawm in i um ding uhi. Aman gingtute i lunglutna lam chiet ua hing zawl ding ahia, siem tah leh kamzol tah toh mite puasah teitei siltup a nei in hun chin in a vielvah kawikawi hi. Tambang a pil khel leh zauhuoi melma nei ihiman in, pilvang tah a um in, Jesu Khrist ah i ginna i nga tinten ding uhi. Aman solna lah apan hing hunkhie ding ahi. ***Mangpa, keima mai a ka zaw ding bangma um sih, kang ngai hi, Jesu*** chi va ui.

February 12:

GINGTUTE KIVON DINGDAN

Na kizepnate uh khu, pulam kizepna samphehte leh sana khi-awte ahisihleh puonsil a kizepnate hilou in, mihing lungtang a kiphuol lungsim kingaangiemnate leh nunnemna puonsil setheilou hiheh, tuakhu Pasion mu in a manpha mama hi (I Pet. 3:3,4).

Khristian gingtute hinkhuo ah i kizepna ding uh pulam a muthei silte mai hizawlou in mihing lungsim apat thu hoi leh chiindan hoi hing kilang khiete hizaw ding dan ahi. Kingaangiemna hinkhuo leh nunnemna puonsil a kivonte koiman musit in tuonden ngailou ua, thamlou in mite ngaisang leh Pasion pahtat mite hi zel zaw uhi. A kilang thei tan a muthei leh et thei mai hilou a, sunglam a hoina toh kivan gingu hi sawm va ui. Mit a muthei tan a beilou sunglam hoina ngaisang vai.

February 13:

PASIAN THUTAH LUNGGUL DING

Tuaziehin, gitlouna zousie, kisol bawlana zousie, lepchienate, kithangsietnate leh kigensietna zousiete koimang unlen, naungeh suoh thate bangin, na hundamna ua na khantou theina ding un hagau nawitui sieng bangma toh hallou lunggul un (I Pet. 2:1,2).

Piengtha hinkhuo pen a lui leh a hoilou zousie paikhie a, hindan leh gamtat dan tha neita china bang ahi. I Lai-siengthou simna un a hoilou leh a lui paikhieh ding te abanban in ana gen diudeu hi. Alui leh ahoilou zousie paikhieh ahi zou chieng a hagau lam khantou theina dingin Pasion thu Bible lunggul a simsim ding ahidan imu hi. Thudang leh sildang teng sang a i lunggel zawh ding khu Pasion thutah ma ahi ngeingei ding ahi. Hagau lam a i ann ahiman in Pasion Lai-siengthou sim uong bawl va ui. ***‘Lawm ding a hoipen khu Bible ahi, ka peina phot ah ka tawi ding’*** chi va ui.

February 14:**KHRIST SHINA ZIEH A DAMNA**

Eite khelna lam a shi a, dihtatna lam a i hin theina dingin Aman ama sapum mama in ikhelmate singdawn ah a puo a, Ama kivuohna huoltaite ah suhdam in na umta uhi (I Pet. 2:24).

Gitlouna hinkhuo mang a khosa den mailou a, Pasian deilam leh dihtatna hinkhuoinei theina dingin eima kibawltawm a pieng theilou sil pen, Pasian in a Tapa Jesu thuohna tungtawn in ahing bawlsahta a, tua khu hagaulam pienthana ichi pen uh ahi. Khelna zieh a damtheilou natna i kol zing pen Jesu thuohna leh a kivuohna huoltaite zieh a suhdam ihita uhi. Azieh bei a damsah kihilou in ama pahtawi ding leh a loupina ding a hing ding a damsah ihi zaw uhi. Jesu a ding a hing dingin nichin in kipan tha zel va ui. Mangpa Jesu zieh a dam ka hita, Ama a ding in ka hing ding chi in hanchiem tha zel va ui.

February 15:**SIENGTHOU DING A HAT IHI**

Tuaziehin na lungsim kawng uh gaah unlen, pilvang un. Jesu Khrist hing kilah chieng a noute a hing puoh pieh ding hepina ah na kinepna uh nga unlen, Ta thumangte bang in na theiloulai ua na nidanglai tahsa utnate uh bang a um nawnlou in; hinnanleh noute hing hanpa a siengthou bangin noute zong na gamtatna zousie uah siengthou un. Aziehpén noute siengthou un, kei ka siengthou hi, chi in akigiel hi (I Pet 1:13-16).

I nidanglai hinkhuo, Pasian ta ihi masang a i chiindante nuasie a, sienthouna hinkhuo nei ding a lam-et leh hat ihi uhi. Sienthouna lou in koiman Pasian mutheilou ahi chi ngaituo tha in a hing lam-et bang a sienthouna toh Jesu Khrist lamdawn thei dingin kisa chiet va ui. Lungsim a siengthoute ahampha uh, Pasian mu ding ahizieh un, chi i Bible tang tel hi zel leh i chi uhi (Mt. 5:8).

February 16:

PIENTHANA DIHTAH

Chisethei lah ah hilou in, chi setheilou Pasion thu kumtawn a hing zing leh umden lah a piengtha nahizaw uhi (I Pet. 1:23).

Khovel a kithununna discipline tuomtuomte zieh a kibawl hoinate toh kibanglou, Khrist thuohna leh a thawkiana silbawltheina in a hen lamdang hinkhuo pen achi tuompi khat ahiban ah a manphatna a thupi mama hi. Tuaziehin, ei gingtute pienthana khu kumtawn a hing zing leh umden Pasion thu a pienthana ahiman in a setheilou akichi se hi. Kisiemtawm thaw hinkhuo pen chisethei lah a pienthana bang a na gen in, eite pienthana pen chisetheilou lah a pienthana ana kichi hi. Khelna neilou Jesu sisan a tatte ihizieh a tambang hithei giap ihi uhi. I hina toh kiphu a hinkhuo mang dingin kisa va ui.

February 17:

PASIAN KHUT AH KITULUT VAI

Tuaziehin, Pasion kung ah kitulut un. Dawimangpa doudal un, tuachin aman ahing tai mangsan ding hi. Pasion nai un, tuachin Aman a hing nai ding hi. Mikhielte aw, na khut uh silsieng un, nou lungsim thuopni neite na lungtang uh susiengthou un (Jak. 4:7,8).

Gingtute a ding a i melma uh dawimangpa khu mihing thahatna a zaw ding guol ahilou ziehin Pasion Hagau siengthou silbawl theina toh zaw thei ahi giap hi. Tuami ahitheina dingin Pasion i nai a, Ama kunga i ki tuhltut ding uh ahi. Tuachin eima leh eima a kisusiengthou theiloute Pasion in a hing na silsieng ding hi. Lungtang gilou nei mikhiel ihidan kipomsiem in, Jesu Khrist sisan a sawpsiengna tang dingin Ama zuon vai. Sienthoua lou in Pasion kimu theilou chi thei va ui.

February 18:**I HINNA UH TOMDAN**

Zingchieng a bang hing tung ding ahiei chi na thei sih uhi. Na hinna uh bang ahiei? Tuimei bakhat hing kilang a mang kia pai bang giap ahi (Jak. 4:14).

Mihingte hinna dengdel dan leh a tomdan i Laisiengtou in sil tuomtuom toh ana tekhn hi. Tuimei bakhat hing kilang a, mangkia pai toh mihingte hinna tomdan genkhawm na zong imu uhi. Zingchieng hun ding nasan zong gen ngamlou ding khop a dengdel leh beimaithei hinna nei ihi dan thei in i ki-uongsah sih ding uhi. I maban tomnou khat zong mu phaban lou mihingte ihdan uh kitheisiem in, i hinna siempa leh kempa khut ah i kikemsah ding uhi. I hinna tung a thuneina neunou khat zong neilou ihi lai in zong a siempa leh a kempa khut ah i hinna a bit hi chi thei va ui.

February 19:**THUOH HAT DING DAN**

Tuachin ka unaute aw, Mangpa hingpei masangsie thuohhat tah in um un. En un, louneimi in leiga manpha tah khu a ngah a, guomasate leh nukhiete amu masangsie thuohhat tah in angah zel hi (Jak. 5:7).

Ginna zieh a kalsuon zing gingtute khu thuohhat ding a lam-et ihi uhi. Louneimi in kukal tah mai a guotui masa leh nukhie a ngah zel bangin Khrist gingtute zong kukaltah a Ama hing kilah ding ngah kawm a, thuohhat ding a thuhil a um ihi uhi. Tam thuohhatna khu Hagau ga chikhat ahi mawng hi. Gingu hingal a, thuohhatna hinkhuo nei khalou te a puo paipai ua, a gasuo thei ngaisih uhi. Thuohhatna leh kukalna kichite gingtute hina ding a kilawm leh a loutheilou hina ahi. Thuohhatna nei dingin thumna toh pan latha va ui.

February 20:**PASIAN GOULUO DINGTE IHI**

I Mangpa Jesu Khrist, Pa leh Pasian phat in umta hen. Aman khotuona kiningchingtah dungzui in shina akipat a Jesu Khrist thawkiana ziehin pienthana kinepna hing eite a hing peta hi. Gouluo ding setheilou, bua theilou leh tuoi theilou van a nou a ding a kikhet tang dingin (I Pet. 1:3,4).

Pasian in a tapa Jesu Khrist a ahing sepsah hundamna khu ei gingtute a dingin i pienthana zong akichi hi. Tua pienthana in Pasian gouluo dingin ahing siem a, a setheilou leh tuoi theilou van ah ei a dingin a hing koisah a, tuami tang dingin ahing han hi. Tuami tang dingin gingtute i kisa chiet ding uhi. Khovel a leeng leh lal te gouluo ding bawn mi a thanop uleh, lei leh van siem a atung a vaihawmpa Pasian gouluo dingte ihi in i hampaha mama uhi.

February 21:**TUNGLAM A KIPAN PILNA GASUO**

Aziehpen thangsietna leh angzung khuolna umna pou ah buoina leh sil hoilou chinteng a um hi. Hinanleh tunglam a hing kipan pilna pen a masapen in a siengthou a, tuachieng in kilemna a dei a, anunnem a, gasuo a ut a, khotuona leh gahoi in a dim a, khentuom aneish a, alepchie sih hi (Jak. 3:16,17).

Tulai in i innsungte uh leh i gamsungte ua buoina umte bangzieh ahi tadiei chi a i ngaituo thatha chieng in eima a ding maimai ngaisun a angzungkhuolna i uongbawl chiet zieh uh ahi chi mu thei in a kilangkhe hi. Tuabang ahilai in tunglam akipat pilna, hagau siengthou nasepna ga khu kilemna leh ki-ittuonate ahia, tuate nei ngei ding in i kideisah uhi. Tuate nei dingin Jesu Khrist i nei a, ama iki thununsah a poimaw hi. Leilam silte hilou in tunglam a sil umte lunggul va ui. Tuabang pilna nei dingin Jesu Khrist a pat pilna i poimaw uhi.

February 22:**THUNGETNA DIH**

Na ngen ua na nget dihlou zieh un na mu sih uhi, nouma nopsahna ding a zah natup ziehun (Jak. 4:3).

Thungetna dihlou bang hi a, thungetna dih bang chi bangte atadie i le? A dang tampi gen ngailou in, tami i Bible tang sim apat a imu khu akichien mama hi. Pasian kunga i silngette Pasian loupina ding leh midangte hoina ding toh kisai ahi ngei ding kisam masa pen hi. Eima mimal hoina ding leh phattuomna ding mai Pasian kung a ngen zing pawl ki um tham ding hi. Tuaziehin i thungetna te hing pelou hikha ding hi. Jesun zong Gethsemani huon a amangbat lungzin laitah in, ***Pa aw keima thu hilou in nang deibang hizaw hen*** chi in ana thum zaw hi. Eima deilam mai ngenngen zawlou in, Pasian in ahing deisah i tahsapte ngen zaw zel va ui.

February 23:**GINNA A LAMPEI ABRAHAM**

Ginna in Abraham khu a nuachieng a ahingluo ding gam a pei ding a hat a a um lai in athumang a, tualeh apeina ding mun theilou hinapi a peidohta hi. Ginna in gamchiem ah, gamdang a khuolzin taambang in ana taam den a, thuchiem kibang a a gouluopi dingte, Isak leh Jakob toh puon inn ah ateng uhi (Hebru 11:8,9).

Jesu Khrist gingtu kichi eiten ginna a i Pa uh Abraham khu etton a i nei zing ding uh ahi. Aman gamchiem aluotheina ding in ginna in kal asuon a, khuolzin taam bang mai in puon inn ah a teng hi. Azotna ding thei masalou hinapi thumang tah in a peikhie hi. Eiten zong ginna i pa uh Abraham etton in nei va ui. I tenna khovel lah tomnou kalsung a hing mang pai ding ahingal a, ginna a lampei iki zil ding uhi.

February 24:

MU THEILOUPA MU MOSI

Ginna in Mosi in ahing pichin nua in Pharaoh tanu tapa chi a um ding a ut sih a, hun tomkhat sung khelna nopsahna man sangin, Pasian mite toh bawl gentheina thuoh a tel zaw tahi. Khrist thuoh gimnate khu Izipt gam hausatnate sang a hausatna thupizaw a ngai in, akipahman muding lam khu a enzing zaw hi (Heb. 11:24,26).

Ginna a kalsuon Mosi in hun tomnou khat sung a ding mai enlou in, Khrist thuohgimnate khu ngaisang tah in ana tel zaw ta hi. Mu theiloupa a mu a, tuami ma khu en zing kawm in kal a suon a, tuni hun a eite ginna a ikalsuon ding dan a hing zilsah mama hi. Khovel leh asung a sil mutheite I et chiengin thuohngap huoi ding bangma a um ngai sih a, amabou van lam silte ngaisun a mutheiloupa i Pasian deidan i sui chiengin nuomtah in i thuoh zou zel hi.

February 25:

NUATOL A ZAUHUOI DAN

Midih khu ginna in ahing ding a, hinanleh a nuatol leh pen, ka lungsim in ama ah kipahna anei sih ding hi. Hinanleh eite pen mangthang ding a nuatol te lah a pang ihi sih ua, hinna humbit ding a gingtute lah a mi ihizaw uhi (Heb. 10:38,39).

Tam Hebrute laihah gieltu in gingtute nuatolna khu a ngaikhoh mama chi a kilang hi. I Pasian in nuatol mite a kipahpi lou mai zong hilou in, na asahpi mama chi i theithehi hi. Lungsim leh ngaituona a nuatol, gamtat leh khohei a zong bangma khawhsah nei zou nawn talou gingu a kitam thei sengseng hi. Tuata lah a pangkhalou hamham dingin Mangpa ah i kisuhah ding uhi. Nuatol a zauhuoi dan lah i thei ta ngal a, i ginna enchien tha zelzel va ui.

February 26:**PASIAN THUHING SIL BAWLTHEI**

Aziehpen Pasion thu a hing a, sil abawl thei a, namsau a langni a tattuo hiem sang in ahiem zaw a, hinna leh hagau tualeh gu kituona leh chintuigu khentheih khop in a sun thei a, lungtang ngaituonate leh tupte akhen thei hi (Heb. 4:12).

Pasion thu ahindan leh sil a bawltthei dante theikhalou zel in hun tampi beidong in ina um man zel uhi. Amabou, mihingte lungsim a Pasion thutah a hing luttah chiengin, mihing ngaituona leh hinkhuo kikhelna dihtah a hing piengkhe zel hi. Tuabang a Pasion thu in eima a sil abawl theina ding in eima ngel zong i kihon a, Pasion thu lunggul leh deipen a i hing nei ding uh ahi. Pasion thu hing tah kisun khasah vai in, kizousah va ui.

February 27:**A HING THEIPI SIEMPU LIEN**

Aziehpen i hatlounate hing lainatpi lou siempu lien nei ihi sih a, eite mabang a lamchinteng a solna tuohsa hinapi khiel vawtlou siempu lien nei ihi zaw uhi. Tuaziehin khotuona i tan theina ding uh leh i tahsap hun chieng a panpina ding a hepina imutheina ding un hangsantah in hepina Mangtouphe khu inai ding uhi (Heb. 4:15,16).

Gingtute hinkhuo ah setan solna leh suhsietna zieh a lunglelna, basietna leh manthaina tanpha i na tuoh tou zel uhi. Tambang hunchieng a ingaituotha zel ding ua deihuoi leh poimaw khu, eima bang a lamchin teng a solna tuohsa, atahsa mama a zong hing thuo a, guolzawna hing siem sah i Mangpa Jesu i etton zing ding uh ahi.

February 28:

NA NASEP TANGTUN IN

Tualeh thutah a kipat abilde uh aheimang ding ua, tangthu bulbal neiloute lam ah abildaw zaw ta ding uhi. Hinanleh nangpen sil zousie ah pilvang inlen, hasatna thuoh inlen, sawltah nna sem in, na nasepna khu su tangtun in
(2 Tim.4:4,5).

Tami laihahtu Sawltah Paul in hun nukhie lam chieng a gingtu tamtahte silhoilou lam a hing kihei mang dingte gen masa kawm in, Timothy pen sil zousie a pilvang kawm a thuohhat dingin a hanthawn hi. Tueleh a nasep sawltah nna pen gin um tah a sem ding leh tua a nasep tangtun dingin a ngen hi. Dema in tam khovel loupinate khelah a akilepsan banglou a, gin umtah a Pasian nna sem ding a thuhil leh hanthawn ihi uhi. Sil khat phot ma sem pan napi a anasep tangtun loute mi vangse pente ahi uhi.

February 29:

KI TAIDEMNA HOI ZOU

Ken kidouna hoi ka douta a, kitaidemna ka zouta hi, ginna ka kem ta hi. Tu in dihtatna manglukhu kei a dingin koi in a umta, tua khu Mangpa vaihawmpa dihtah in tuani chiengin kei a hing pe ding hi. Tueleh kei kung guoh ah hilou in, Ama hing kilahna ngaina poumate kung ah zong a pe ding hi (2 Tim 4:7,8).

Sawltah Paul in a ginna lenkip tinten kawm a hagau lam kitaidemna tai tung zouta ahi thu ana gen hi. Tambang a hasatna tampite pal galkai a kidouna hoi a doutah ziehin nuomman thupitah ama a ding a koi khol a um ahidan zong a genkia hi. Kei kung guoh a pieh chiem hilou ahi ana chima bang in, Sawltah Paul bangin kitaidemna hoi zou in, ginna kembit tinten lei eite kung ah zong dihtatna Manglukhu hing kipe ding ahi. Kitaidemna hoi a tai zing ihi chi thei in phattuom ngai va ui.

March 1:**PASIAN ZATTAH HITHEI DING IN**

Tuaziehin mi koipou, tam silte lah a kipat a akihep khiet leh um leh bel manpha tah a zah ding a siengthou Mangpa zattah, nahoichinteng sem dinga mansa ahi ding hi. Khangdawng utna giloute zong taisan inlen, hinanleh lungtang siengtah a Mangpa min loute toh, dihtatna, ginna, itna leh kilemnate delzaw in (2 Tim. 2:21).

Mi zousieten Pasian mizah hi ding i ut chiet a, tuabang hinapi in sil hoilou apat kihepkhiet a, atuom a um ding i ngap zel sih uhi. Sawltah Paul in Mangpa a ding a nahoi sem a, ama mizahthei leh mi lawching hi theina dingin khovel silte taisan a, lungtang siengthou leh Pasian deilam lungsim leh gamtat nei dingin ahing na hanthawn hi. I ut i thei bawl zing kawm a Pasian mizah kihithei ngailou ding ahi chi thei va ui.

March 2:**LASIENGTHOU SILBAWL THEINA**

Lasiengthou zousie Pasian huhakhum apieh ahia, thuhilna ding, taihilna ding, bawlhoi na ding leh dihtatna lam a kithuhilna dingin a phatuom hi (2 Tim. 3:16).

Mihingte eima leh eima i kithuhil chiengin phatuomngai sengseng a ki thuhil hinapi kinetuo theilou in, thumanlouna leh thangpaina ban ah engtatna tan zong pieng khe thei zel hi. Amabou, Pasian thutah Lasiengthou zang a thu i kihil chiengin, tua Pasian thuhing leh a huhakhum silbawlthei pen in mite lungtang ah thu ahing gen zel a, hinna sulamdangthei thu ahing suoh zel hi. Tuaziehin, eima lem theina leh pawng tha-it na toh thu gengen zaw lou in, Pasian thutah mite kung ah pekhe zelzel va ui. Pasian thu, silbawltheina I muongngam ding uhi.

March 3:

MIHAUSATE HANTHAWNNA

Tu hun a haute kisatheilou ding leh a kiplou hausatna a muonna ngalou a, sil zousie i kipahna ding a kiching tah a hing pepa Pasian hing tunga nga zaw dingin, silhoibawl ding in leh nasep hoi a hausa dingin, silphal ding in, mite pe ding a mansa leh midangte kihoppi ut dingin thupie in (I Tim. 6:17,18).

Tam a tung a kithuhilna thu kigielte khu tuhun a mi hausa leh khosathei mite kung a gen dingin Timothy kung ah mawpuohna pieh in ana um hi. Pasian guoljawlna hing pienkhieh dante ngaisun tha in, ahing pe pa'n eima hamphatna ding hizawlou a, midangte iki tanpi thei ding a ahing lam-et ahidan ngaituo tha zelzel va ui. Guoljawlna i tante zieh a kipahna dan ithei ding a, nasephoi tampi isep khieh theina ding a i don ahi chi i theisiem ding uhi.

March 4:

JESU KHRIST GALKAP HOITAH

Tuaziehin, Jesu Khrist galkap hoitah bang in hasatna te hing thuohpi in, Galkap a pang ding a telpa a kipahsah theina dingin galkap koima kidoulai in tam damsung khosahnate in a kisubuo i ngai sih hi (2 Tim. 2: 3,4).

Sawltah Paul in gingtute khu Jesu Khrist a ding a galkap hoitah bang hidingin ana hanthawn hi. Hasatnate thuoh zou a, sil dang bangma a kisuhbuoilou khu galkap hoitahte hina ding dihtah ahi bangin eite zong i nichin hinkhuote ah ahing subuo i thei sil tampite lah apat kisu-awngthawl in, ahing teelpa Pasian i kipahsah theina dingin gimthuoh zong khawh salou in galkap hangsan bangin i pang det ding uhi. Khovel a sil deium leh etlahhuoi te zieh a kisubuo i mai lou in, ahing teelna zieh thei siemin, ahing teelpa deilam isui zaw ding uhi.

March 5:**LUNGKIM THEINA THUGUH**

Hinanleh lungkimna toh Pasian ngaisah khu metna thupitah ahi. Aziehpén leitung ah bangma i polut sih a, bangma i pawtpi sih ding uhi. Neh ding leh sil ding i nei pou leh, tamte toh lungkim ding ahi (I Tim. 6:7,8).

Khovel a sil hamsa pen khat ahileh, ihina bangbang a lungawitah a um thei khu ahi. A neupen apat a lienpen tan in zong tam bang lungkimna nei khu hasa a kisa thei mama hi. Tambang sil hasatah a kilang lungkimna khu Pasian ngaisahte leh ama zaudan siem miten hasa sa hetlou kia zel uhi. Aziehpén, Pasian in amaute ahina bang zel ua lungkim ding in a zilsah a, silbangkim a kipahna dan zil siem zouta ahiman un. Tuaziehin, Jesu ah lungkim theina thuguh a um hi, zuon in akikhel masang in.

March 6:**KHOVEL SILTE TAISAN DING**

Hinanleh nang Pasian mipa aw, tam silte taisan in len, dihtatna, Pasian gaisahna, ginna, itna, thuohhatna leh nunnemna delzaw in (I Tim. 6:11).

Tam mun a taisan ding kigente khu, sum deitahna leh huoihamna ahi deu pen hi. Tuate akipat a piengkhe, thangsietna, kihauna, kigensietna leh kiginmawna hoilou chite ahi uhi. Pasian ta ihileh tam silte taisan a, delzawh ding a ana gente dihtatna, Pasian ngaisahna leh ginna, itna, thuohhatna leh nunnemnate del a buoipi zawh ding ahi. Taisan dingte taisan ngam a, del ding a hing ki kawhmute del a inei hun chiengin lungkimna dihtah i hing nei thei zawta ding hi. **Kross khu kama ah, khovel kanua ah** chi thei dingin kisa va ui.

March 7:**SIENGTHOU DING A HAT IHI**

Aziehpen Pasian in a sienglou dingin eite ahing han sih a, a siengthou dingin ahing han zaw hi (I Thess. 4:7).

Sawltah Paul in Thessalonika hattuumte kung ah Pasian in a siengthou ding a ahat ahidan ana theisah hi. Tam mun a sienthouna kigen in a tup pen hi a kilang ahileh, gingtuten amau tahsa chiet a kep siengthou ding uh, a diehkhoh in neh leh dawn thu leh numei pasal kal thute ah ahi dieh deu dingin akilang hi. Ahing hundampa i Pasian a sienthou bang a, atate zong a siengthou ding a hat ihi ua, sienthouna lou a asienthou Pasian kimu theilou ahi. Tuaziehin, i Pasian mitmu mai zong hilou i mihinpote mitmu a zong i siengthou ngeingei ding uh ahi. Asiangthou Pasian tate ihina uh i lahsah a poimaw hi.

March 8:**TAWPLOU A THUM DING**

Kipah zing un, tawplou in thum un, silbangkim ah kipathu gen un. Tami noute ding a Khrist a Pasian deilam ahi (I Thess. 5:16-18).

Gingtu kipah zing thei ihina uoi? Ahilouleh, i jingthaw chiil a kipat ngui dedu den mai a, phunsietna ding leh lungkimmawna ding maimai sui khop gingu ihi uh ama? Kipahzing kawm a hinkho man dan kizil va ui in, thamlou in tawplou in thum zel va ui. Tawplou a thum i chi pen i hinna pumpi Ama toh kihou zing a um a, i um ding dan leh ihina ding zousie Pasien toh kithuza masa a um ding china bang ahi. Tuachin, silbangkim a kipathugen dan kizil in, i hinkhuo pumpi Pasien toh kithuoh leh khosa khawm i hing hi thei ding uhi. Vangphat hun leh lawchin hun chieng mai zong hilou a, a sepen i tung a hing tun hun a zong kipah thugen thei ding dan Jesun hing zilsah zel ahi.

March 9:**KIPAHNA DAN THEI VAI**

Tualeh Pasian lungmuonna in na lungtang uah vaihawm sah un, tuabang hiding a tahsa khat a hat zong nahi uhi, tualeh kipahna dan zong thei un (Kol. 3:15).

Silhoi tampi dongdong napi a kipahna dan theilou mite khu mi lungsiet huoi pente ahi uhi. Tuamabangin Pasian kepna leh venbitnate tang napi, a tapa Jesu Khrist a tatna manpha tah zong thei chien a atangsa bang a kigen napi a gingu kipahtheilou kitam mama mai hi. Pasian hoina nichin leh hunchin a i donte theisiem hilei kipahna dan theilou ding koima ki um lou hi. Thupil in, na hamphatdan thei dingin **suongkul**, **hospital** leh **hanmuol** ah vahaw masa in ana chi hiel hi. Tambang dinmun a um thei zingte ihi lai ua, ahoina i tan laite zieh in kipahna dan thei va ui.

March 10:**MANGPA TUNG A BAWL BANG IN**

Na bawl pouma uh mihingte tung a bawl bang hilou in, Mangpa tung a bawl bangin lungluttah in bawl un (Kol. 3:23).

I silbawl khat pouma, mihing a ding leh mihing tung a bawl dan a i kingaisut chiengin thasiet huoi in, kilawpna mawngmawng kinei theilou hi. Amabou in Pasian tung a bawl dan a i hing kingaisut thei chiengin lunglut huoi in thanop zong a huoi zel hi. Sawltah Paul in tam mun ah Khristian innkuon sung a nna kiseptahtuo ding dante, suoh in a pu tung a a nasep chieng a a lungput ding an te ana gen hi. I Mangpa Jesun zong kilaw belampu umdan leh anasep dan ana gen a, neh thalaw a sem ahiman in hasat hun in belamte a taisan ana chi hi. I sep, ibawl pouma eima leh mihingte a ding a bawl hilou a, Pasian a ding a sem ihilam kithei in lunglut tah leh kipezou tah in i sem ding uhi.

March 11:**KHRIST A KINGAIDAMNA**

Khat leh khat kithuohpi chiet unlen, kingaidamtuo chiet un, khat leh khat tung ah thubuoi nanei uleh, Khrist in noute a hing ngaidam bangin, noute zong kingaidam un (Kol. 3:13).

Ei gingu Khristian kichite lah a kituolouna, khat leh khat kihuotna ban ah thutuom genna hing umzel pen bangma dang zieh hilou in, khovel deidan a khosa a, sami tahmai a ihinkhah zel zieh uh ahipen mai hi. I Bible in, a nuom leh ahasa zong kithuohpi chiet ding, a bawlkhiel kha i um tah leh zong kingaidamtuo chiet dingin ahing dei hi. Innsung thu, khotaang thu leh mimal vai tan ah zong thubuoiinei khah chieng a gingu ihina manghil hetlou a, Khrist in eite ahing ngaidam bang a kingaidamtuo zelzel dingte ihi uhi.

March 12:**LUNGKIM DAN THEI VA UI**

Tahsap zieh a tam thu kagen ahisih, bangchi bangin um nanleng lungkimdan ka theita, tasam tah a umdan ka thei a, kiningching tah a umdan zong ka thei hi. Munchin leh sil zousie ah gilva leh gilkiel a um theina leh hausa tah leh tasam a umdan ka zilta hi. Keima hing hatsah Khrist Jesu ah silbangkim ka bawl thei hi (Phil.4:11-14).

Khovel a mi hampaha pen leh enhuoi pente khu ahina bangbang ua lungkim theite ahi uhi. Tammun ah zong Sawltah Paul in suongkul miel sung a hen a um hinapi in zalentah a hinkhuo mang Philippi khuo a gingu ana hanthawn zawsop hi. Paul thugente apat a izil khiet thei ahileh, ihina leh i umna mun a lungkimna um hizaw lou in, Jesu Khrist a um anahizaw hi. Tuami neisawm chiet vai.

March 13:**GINGTU HINDAN KILAWM**

Tuachia Mangpa ding a hindan kilawm leh sil zousie a deihuoi a na gamtat ua, nna hoi chinteng a gasuo a, tualeh Pasian theisiemna lam a na hing khanletna ding uleh; A silbawltheina thupitah dungzui a kipahna toh, kukalna leh thuohhatna lam a hatna zousie a suhhat a na um theina ding un
(Kol. 1:10-11).

Kolossa khuo a gingtute Mangpa ding a hindan kilawm leh gamtat deihuoi nei a, silhoi chinteng a agasuo ding uh deisahna thu tam mun ah imu hi. Laihahtu in a deisahna leh athunget nate a hoi thei mama mai a, Pasian theisiemna lam a khanletna ding, kukalna leh thuohhatna lam a suhhat ahina ding uh chite ahi. Eite tahsap leh i poimaw zong tam silte mama ahia, tuabang a hagau lam hoinate nei thei dingin kisa chiet va ui.

March 14:**I KHUO LEH TUI HINA VANGAM AHI**

Eite khuo leh tui hina pen Vangam ah ahia, tuana kipat in Mangpa Jesu Khrist hundampa kinem tahin ingah uhi (Phil. 3:20).

Khovel a um leh khosa lai, ahivang a khovel mi hinonlou ihi thu khu thudih mama khat ana hi hi. I tahsa pumpi in shina tuohnai samlou ahiman in, Khrist gingtute hinna khu van ah Khrist toh phuol in a um ta a, tuabang hinapi in khovel ah i teng in i khosa nalai uhi. Tuaziehin, i khuo leh tui hina tahtah khu vangam ah ahizaw ichi thei uhi. Tam bang a khovel a hasatna tampi thuoh a i ten sungin i Mangpa hing kilahkia ding lam-en tahin ingah uh ahizaw hi. Khovel ah khuolz in taam lai bang lel in khosa nanleizong ikhuo le tui hina vangam ngaituo zel kawm in lam-etna toh i khosa uhi.

March 15:**KIPAH ZING DING AHI**

Mangpa ah kipah zing un, kachi kia ding kipah un. Na lungnemna uh mi zousie thei hiheh, Mangpa anai hi (Phil. 4:4).

Gingtu hinkhuo khu hunchin a kipah zing ding a lam-et ihi uhi. Pasion lungsietna I tansate ban ah hunchin a i tanzel te zieh bang, thamlou a i mailam a itan lai ding loupina gen guollou umte ngaisun in i kipah zing ding uh ahi. Sawltah Paul in mun hasa pen suongkul sung ah zong Pasion hoina leh a umpina theichien leh muchien ahiman in a umna mun toh kimillou chi thei ding phiel in, kipahna'n a dim a, etton ahuoi in, zong a enhuoi mama hi. Zawndan siem, hausat dan zong siem ahiman in, mi kipahthei pen asuoh hi. Nang leh kei zong Jesu zieh in mi kipahthei pen isuoh thei uhi.

March 16:**KHRIST ZIEH A TAAN NGAMNA**

Hinanleh kei a ding a metna zousie, Khrist zieh in supna in ka simta hi. Hinanleh a dihtah in, Khrist Jesu ka Mangpa theina hoitah ziehin, sil zousie supna in ka sim a, Ama ziehin sil zousie ka tanta a, tualeh tuate Khrist kanei theina dingin buothah kikholkhawm bang giap in ka ngaisut hi (Phil. 3:7-8).

Sawltah Paul in tahsa lam thu ah kisuonpi thei ding hina thupitah tah anei tham a, hinapi in tuate kisuonpi a nei hetlou in, Khrist Jesu a Mangpa theina hoitah zieh a tua zousiete bangmalou leh manna dan a sim ahidan agen hi. Eite a ding a metna thei ding silte zong Jesu itheina hing dal sethei ding ahileh pamai sa kawmkawm a zong i taan ngam mai ding uh ahi. Khrist zieh a bangma taan ngamloute akisia hun uh hing tung pai ding ahita a, ataan ngamte kipahni zong hing naita mama ding ahi.

March 17:**MUNCHIEM DEL A TAI**

A tangzou ta ka hisih a, abukim zouta zong kahi sih hi, hinanleh Khrist Jesu in kei ahing tuhdet bangin tuami ma ka tuhdet theina dingin ka del hi. Unaute aw, kei pen neizouta in ka kingaituo sih a, hinanleh tam silkhat ka bawl hi; nualam a sil umte manghil in, mailam a sil umte ka del hi (Phil. 3:12,13).

Sawltah Paul in a siltuosa te nua-et zel kawm in, piching huntawh a kisah nailou dan ana gen hi. Thamlou in, mailam naw a phahchiem mun del a tai zel in, tua ahitheina dingin a peisa silte manghil a kizil hi. I nualam i ha-et a, i buoipi chiengin i kipalpua kha thei zel hi. Munchiem del a itai zel lai un, ahing tudetpa Jesu Khrist khu enzong i tudet tinten ding a, ahing chiemna mun tungzou dingin i tai zel ding uhi.

March 18:**MIDANGTE A DING EN ZAW VA UI**

Nalah ua koipou in ama hoina ding guoh en sih hen len, midangte hoina ding zong en uhen (Phil.2:4).

Pasian in atapa neisun itlou in, i hoina ding a etziehin ahing sawl khie a, tambang a Ama a ding sang a midangte ading khuolzaw Pasian nei ihi man in, Ama etton in inei ding uhi. Eima a ding maimai khuol a, midangte a ding mawngmawng khuollouna hinkhuo pen setan apat i luosawn uh lungsim leh chiindan ana hizaw hi. I nichin hinkhuo leh i khosahna a zaw hamsa isahpen uh zong khu tami angmakhuolna mama ahi kia hi. Jesu a um lungsim i hing nei thei a, ama deilamte i deilam ahing hi chiengin, i nei Jesu zieh in midangte hoina ding i en theita ding a, thangsietna hinkhuo apat mideisahna hinkhuo ah i lut thei tading hi.

March 19:**KHRIST A UM LUNGSIM**

Khrist Jesu a zong um tam lungsim khu noute ah zong um heh; Ama Pasian bang a um hinapi, Pasian toh kibang a um khu sil khiehlahuoi in a ngaituo sih a, hinanleh Ama hing ki koingiem in, suohbang in ahing um a, mihing bangin ahing pieng hi (Phil. 2:5-7).

Khrist Jesu a um lungsim kichi bang tobang lungsim ahi tadiei le? Kiniemkhiehna leh dinmun hoipen zong hengla lou a tan ngamna hinkhuo ahipen mai ding hi. Tuni hun a gingtuten tamte zaw hasa in alelam ah kiletsahnate, silhoi taanngam nah sang a ahoi zousie ei a ding bang a gelna hinkhuoinei chiet uhi. Jesu Khrist ka neita chi chi napi a, ama a um lungsim leh hinkhuoinei khah lou chiengin gingtu ihina zong miten hing mupi theilou uhi.

March 20:**GUOLZOU HINKHUO**

Ka lametna leh ka kinepna mama dungzui in bangma ah guollet in ka um sih ding a, hinanleh hangsantah a ka gen ngitngat sa bang in, tu in zong hinna a hiei, shina ahiei ka tahsa ah Khrist khu suh thupi in a um ding hi (Phil. 1:20).

Guollet dan leh guolzaw dan thuguh mantam tah Sawltah Paul in a thei khah zieh in, bang tobang dinmun hasa leh shi zauhuoi ah um nanlezong hangsan tahin a um thei hi. Hinna ahilou leh shina, a tuoh bangbang Khrist thupina ding ahidan a gen a, tam bang mite khovel in bangma a law theilou, guolzou hinkhuo neite ahi uhi. I Mangpa Jesun zong a melma te khut a akipiekhietna leh shina tanpha a hing thuohna tungtawn in guolzawna bukim ahing tang a, ama nuazuite zong ama bang a thuohna leh shina tungtawn a guolzawna tang dingte ihi uhi.

March 21:**PASIAN THU TOH KITUOH HINKHUO**

Na umdan uh leh Khrist Khantanhoi kituoh sah phot un; hingpei a noute hing mu a, ahisihleh ka umlou a zong, hagau khat a na dinkip dan uleh, lungsim khat a Khantanhoi thu ginna a na pankhawm dan uh, na tanchin uh kazah theina dingin (Phil. 1:27).

Phillipi khuo a gingu umte kungah Sawltah Paul in, Khrist Khantanhoi toh kituoh a hing ding in a hanthawn hi. Khrist gingu kichi napi a, i hinkhuo leh Khrist Khantanhoi kinuangat a kituohlou ahi khah ding sil zauhuoi tah ahi. Paul in a gen dan in Philippi khuo a gingtute, tua a zah uh Khantanhoi toh kituoh in khosa in gamta hile uh, a kung ua a umlou hun a zong a gamtathoi thu uh za zel ding ahi dan agen hi. I hinkhuo leh i gamtatte Khrist Khantanhoi toh akituoh zel nai ki-enpha zel va ui.

March 22:**HAGAU A THUNGET DING AHI**

Thungetna leh ngetna chinteng in bangchi laipou in Hagau ah thu ngen zing un len, tambang lungsim nei in misiengthoute dingin thuohhatna leh ngetpiehna toh, a tawp dong in kivengzing un (Eph. 6:18).

Thumna ichi chiengin i tahsap leh poimawte Pasian kung a ingetna ahideu pen a, tuasang a thuhzaw deu a i sui chiengin Pasian toh ikipawlina ahi ichi thei ding hi. Tuaziehin, Pasian kung a i thum chiengin hagau a i thum ding ahi. Hagau a thum kichi bang chi bang athumte e chi kia ding hita lei, Jesu Gethsemani huon a athum bang a, **‘Pa aw, keima deibang hilou in nang ma thuthu hizaw hen’** achi bang a, eima deidan ngen zungzung mailou a, ama deibang a kipekhe kawm a thunget ding ahi.

March 23:**GOSPEL KHANNA DING A SILTUNG**

Hinanleh unaute aw, ka tung a sil tungte pen Khantanhoi puonzahna ding a hing tung ahi chi na thei uh ka dei hi (Phil. 1:12).

Sawltah Paul in tami Philippi laihah a gel lai in, Rome suongkul a taang leh sia kolbun ahi. Tuabang hinapi in aman tua hen a aum na pen hasa in genthei huoi mama nanleh, Khantanhoi a khansemna ding ahipou leh pomsiem mama ahidan a tahlang hi. Tuabang thugil tah pen Philippi khuo a gingtuten a thei siem ding uh Paul in a dei mama hi. Tuamabangin Khantanhoi puonzahna vanzah thei ding ahinahpou leh itung a sil hasa leh muolphouna hing tungkhate zong lungkim tah a thuoh siem dan ikizil ding uh ahi.

March 24:**PASIAN GALVAN BUKIM**

A tawp pen in ka unaute aw, Mangpa ah leh a thahatna silbawltheina ah hattah in hing um un. Dawimangpa zebawlnate na douzou theina ding un Pasian galvan bukim in kivon un (Eph. 6:10,11).

I nichin hinkhuo a setan nasepte khu mihing thahatna a zaw zou ding khat zong a um sih hi. Tuami thei in Sawltah Paul in Ephesa khuo a hattumte kung ah Pasian galvan bukim zang un ana chi hi. Mangpa leh a thahatna silbawltheina i nei loungal leh, eima a ibawlthei ding umlou ahipen mai hi. Dawimangpa zebawlnate douzou dingin Pasian galvan bukim a kivon a poimaw a, tuakhu gingu khat a ding a aloutheilou, nei teitei ngai ana hizaw hi. Tuaziehin, Pasian galvan bukim in ikithuom zaw ding uhi.

March 25:**MIPILTE BANG A UM DING**

Tuachin na umdan uah pilvang un, mimawte bang a umlou in, mipilte bangin um un. Nite a hoilou ziehin na hun neisunte nou uh zang hoi un. Tuaziehin mawsih unlen, Mangpa deilambang ahiei chi theisiem zaw un (Eph. 5:15-17).

I Laisiengthou in mimaw bang a ana gente khu hagau lam a motna neite gen ana hi a, mipil ana chite zong hagau lam a pilte a genna ana hi zel hi. Tuachin pilvang ding leh maw nuom lou dingin ahing nahil a, hagau lam a mipilte bang a um dingin ahing hilzaw hi. Mihing hing khosa tou zel dingte hinkhuo zah ding dan mu masakawm in Sawltah Paul in pilvang tah a um a, Mangpa deilam bang a hiei chia sui zel dingin hattuomte a hing hanthawn hi.

March 26:**MIKHUOL IHI NAWN SIH**

Tuaziehin tu in vang mikhuol leh gamdang mi nahi nawnsih ua, misiengthoute toh khotuol khat leh Pasian innkuonte nahi zawta uhi (Eph. 2:19).

Mi gam leh mikhuo a mikhuol hi khah a noplou dan khuolzin miten a theisiem mama uhi. Thuneina neilou leh eima deidan gen theilouna din mun ahi. Gamdang mi ichite vangvang, agam neite ading a mudahuoi leh huothuoi ahi ua, tulai hun a munchin a kibuoipi pente ahi uhi. Jesu Khrist ziehin Pasian gam ah mikhuol leh gamdang mi hinawnlou in, agam sung mi leh kholtuol hina nei Pasian innkuonpite ihing hita uhi. Tuaziehin, i nichin hindan ah zong Pasian tate leh a innkuonpite hindang dan bang a i hin ding uh sil poimaw pen ahing hita hi.

March 27:**HINDAN LUI APAT ATHA**

Na nidanglai hindan ua mihing lui, misol utna zieh a kise gawpsa khu hawhkhie unlen, na lungsim hagau uah atha in hing um unlen, mihingtha, dihtatna leh sienthoua a Pasian kibaipi a siem pen sil un (Eph. 4:22-24).

Eden apat setan deina bang a hinkhuo kimang pen Sawltah Paul in nidanglai hindan ahilou leh mihinglui zong ana chi hi. Tuabang hindan lui pen hawlkhie a, mihing tha hinkhuo, dihtatna leh sienthoua a Pasian kibaipi a siem pen sil ding in a hing hanthawn hi. Hindanlui leh mihing lui pen Pasian toh kibang theilou leh akikal ahiman in tuabang a hing ten Pasian a kipahsah thei sih uhi. Tuaziehin hindan tha a hing dingin Pasian kung ah kilan in, **‘Mangpa aw, ka ning tahi miel a um khu, hing vah in van vah thupi’** ichi ding uhi.

March 28:**HEPINA A HUNDAM IHI**

Khiel a shi ihilai nangawn un zong Khrist toh ahing hingsah khawm ta a, hepina a hundam nahi uhi. Tualeh Ama toh ahing kaithou khawm ta a, van munte ah Khrist Jesu ah ahing toukhawm sah ta hi (Eph. 2:5,6).

Pasian itna letdan leh thuhdan tam mun ah imu thei kia hi. Shina han khuhmiel a um leh khosa ihi lai in a tapa Jesu Khrist ah ahing hingkhawm sahta a, tuakhu hepina zieh liuliau ahi. Tuaziehin, Sawltah Paul in i hinna pen Jesu toh van mun a toukhawm ta bang in ana gen hi. Tam thu ziehin i khosahna khu van ahingal a chi in zong ana gen kia hi. I hinna masa leh i dinmun masa a niem dan leh a zauhuoi dan ngaisun tha lei, tu a ahing umсахna dinmun pen manpha in sang mama hi. Khrist a i hamphat na thei siem in nuom thu gengen va ui.

March 29:**SILHOI BAWL DING A SIEM A UM**

Aziehpen eite silhoi bawl ding a Khrist Jesu a siem a um, Ama khutsoh ihi uhi. Tua silhoi bawl khu Pasian in masang peh a i umna ding a ana guotlawhsa ahi (Eph. 2:10).

I Pasian uh khu silhoi bawl a nasep ana pan pa ahia, tuaziehin ei gingtute Ama sep ban sem ding leh silhoi bawl ding a atapa Jesu Khrist a ahing siemte ihi uhi. Tuabang ding a hun sawtpi apat a hing na guot lawhsa ahia, i ut hun leh i phul hunhun a bawl ding himailou in, hunchin leh damsung a ibawlbawl mai ding ua ahing lam-et ahi. I umdan ding ua ana guotlawhsa ichi chiengin, silhoi bawl khu i nichin hinkhuo leh i khosahna ding ahidan ahing ngaituo sah thei hi. Tuaziehin, siem a i umna san theisiem in, silhoi bawl ding in i lungsim itha izung leh ineisate tanpha i pekhe ngam ding uhi.

March 30:**MANGPA JESU CHIEMTENA KA PUO**

Tua kipat in koiman hing subuoi nawn sih heh, aziehpén ka tahsa ah Mangpa Jesu chiemtena ka puo hi (Gal. 6:17).

Tammun ah Sawltah Paul in tahsa tung a Mangpa Jesu chiemtena puo thu ana gen a, tuakhu khatvei thu a ngaisut in theihapi abang hi. Hinanleh, Jesu Khrist tatna thu theisiemte a ding in ei hing tanpa thuohna leh a shina pansan in, a shina a shikhawm a, athawkiana a thoukia khawm bang a ikigeel thei tah ziehin theisiem lou ding bangma a um sih hi. I hagau mai hilou, i tahsa zong hing tankhawm ahiman in, i Mangpa Jesu thuohna leh a shinate i tahsa mama a i theipi a i thuohpi ding ahi. Bangma dang leh koima dang a ding a hing talou ding china bang ahi. Tuaziehin, midang leh sildang bangma kisubuo sahlou in, Jesu Khrist a ding mai in i hingta ding uhi.

March 31:**SIENGTHOU DING A TEL IHI**

Ama mai a siengthou leh gen banglou a i um theina dingin, leitung kisiem masang in Khrist ah eite itna ziehin ahing telta hi (Eph. 1:4).

Pasian in a tate hiding a ahing telna khu lei kisiem masang, mihingte zong ahing siemkhieh masang thamtham ana hita bou hi. Laphuohtu in, **'kum sang zatam na lunggimna'** chi in Pasian in mihingte ana telkhol dan la in ana genkhie hi. Tambang in ahing siem masang leh siem ihinua tan in zong ahing it a hing teltu i Pasian lunggimsahtute i na hi zing uhi. A tapa deitah tahsa leh sisan a ahing tat nua in Ama masang a siengthou leh gen banglou a um dingin a hing dei a, tuami mama khu ahing telna san ahi mawng hi. Hun chin in sienthouna delzel va ui.

April 1:**SILHOI BAWL CHIMTAH SIH VA UI**

Tuachi'n silhoi bawl chimtah sih va ui, ilungkieh sih nah pouleh ahun tahin i at ding uhi. Tuaziehin hunlemtaang inei bang zelin mi zousie kungah silhoi bawl va ui (Gal. 6:9, 10).

Silhoi bawl kichi sil nuom leh bailam a hi mawngmawng sih a, thamlou in khatvei nivei thu zong hilou a, bawl zelzel ding chi pen sil hasa mama ahi kia hi. Hinanleh Sawltah Paul in Galati gam a gingtute khu sil hoi bawl chimtah lou ding in ana thuhil hi. I silhoi bawl man khu a tawp chieng a kilou thouthou ding ahi chi in lungke vawtlou ding in gingtute a hing hasuon hi. Tam silhoi bawl khu gingtute a ding a sil kilawm mawng ahiban ah i khosahna ding leh i umdan ding mawng a Mangpan ahing na guot lawhsa ana hi thamta hi (Eph 2:10). Samari mihoi bang in, panpi ngai leh beidong mi i tuokhah hun chieng in sil hoi bawl ding a lam-et ihi chi manghil sih va ui.

April 2:**KROS BOU SUONG VA UI**

Hinanleh ken vang i Mangpa Khrist Kross loungal ka suong sih ding hi, Ama ziehin leitung kei ding in kilbeh ahita a, kei leitunga dingin kilbeh ka hita hi (Gal. 6:14).

Khovel ah suon ding zat tuomtuom a um a, tuate lah ah Kross kisuonpite khu mi hampaha pente hi ding un a kilang hi. Sawltah Paul in tami thuguh a thei zieh in Mangpa Khrist Kross luongal bangma suong lou ding ahi thu ana gen hi. Tua Kross zieh in leitung ama a ding a kilden ahia, ama zong leitung a ding a kilbeh ahi dan ana gen hi. Kilbeh ichi chiengin nasem thei nawnlou ding a hen a um china ahi. Tuaziehin, Jesu Khrist gingta a, anuajui a kipia eite a ding in leitung silte shisan in, i Mangpa Khrist Kross bou suong in, silhoi bawl ding a suohtatsah ihina i sem khe ding uhi.

April 3:**SUOH HINA APAT HING ZALEN SAH**

Tuaziehin suoh hi nawnlou dingin Khrist in eite ahing zalen sahta hi, tuachi'n dingdet unlen suoh hahkol ah awhkia nawn sih un (Gal. 5:1).

Eden huon a setan in mihing masate ana solpua tah zieh in, Pasian siemsa mihingte pen Ama apat taimang in Setan suoh a saltang ina hita uhi. Sil hoi bawl zieh a siemtang zou ding guol hitalou, Pasian melma leh setan suoh a saltangte ina hi lai un tuabang a saltang eite tankhe dingin Jesu Khrist in tatna manpha a hing bawlsahta hi. Tuaziehin suoh ihina apat pawtsah ihita ua, dingdet a, tua i saltanna suoh hahkol a tang nawnlou ding in nichin in Khrist toh i hingkhawmta uhi. Eima utdan leh deidan a um ding hilou in, a hing tanpa i Pasian deibang a hin i sawm ding uhi.

April 4:**HAGAU GA KUOTE**

Hagau ga-te ahileh, Itna, kipahna, lungmuonna, thuohhatna, zainemna, hoina, ginumna; Thunuoilutna, kidehtheinate, ahi. Tambangte toh kikal dan a um sih hi. (Gal. 5:22,23)

Tamte khu hagau ga kuote chi a minlaw in zong a um uhi. Gingtu khat hagau a a um chieng in tambang hoina chi tuomtuomte a hinkhuo ah ahing gakhie a, tuabang gasuo neite khu hagau mite zong ichi thei zel uhi. Min ama hoina leh dihnate gengen mailou a, thunuoilut leh kingaangiem tah a Pasian mizie ama a asuhlat chieng in tam hagau ga-te a hing nei thei a, gingtu guolzou hinkhuo mang a hing suoh thei zel hi. Tuaziehin khatvei thu a a bawnbawn a i gakhieh theilou tah in zong, tam hagau ga kigente a hun bang zel a i hinna apat a gakhiet zel ding sil poimaw ahi. Tua ahi theina ding in hagau hing pepa i Pasian bahna ah i khan ding uh a poimaw hi.

April 5:**KHRIST TOH KILBEH A UM**

Khrist toh kilbehin ka umta hi, hinanleh ka hing ahi, keima hing hi nawnlouin, Khrist keima ah ahing ahizaw hi; tua tahsa a ka hinna pen, kei hing it a, kei a dinga hing kipumpiehpa Pasian Tapa ginna a hing ka hi. (Gal. 2:20)

Leitung a mihingte pen eima ut thu a khelna tawpsan theiloute ihi uhi. Tuabang ahilai in Khrist khu i tang in ahing kipie a, i khel thoidamna dingin Kross tung a kilbeh in a hing umta hi. Tuami umdan gen kawm in sawltah Paul in Khrist toh kilbeh in ka umta ana chi hi. Khrist toh shikhawm in, a thawkiana ah zong Ama toh kaithaw khawm a um ihita uh a chi hi. Tam pen Jesu i thatang a kipepa a ding a hing ding ihita uh china bang ahi. Gitlouna hinkhuo shisan a, sil hoi sem ding a Jesu khrist a hingta ihi zaw uhi.

April 6:**HATLOU HUN A HATZAW**

Tuaziehin hatlounate ah, zumhuoinate ah, tahsapnate ah, bawlsietnate ah, hasatnate ah, Khrist ziehin ka kipah hi, aziehpén ka hatlou hun chiengin ka hat zaw hi (2 Kor. 12:10).

Sawltah Paul in a tahsa tung a hatlouna umte zieh a Pasian nai thei zaw a hi dan gen in, ama a ding a hoizaw leh kipahhuoi zaw ahi dan a gen hi. Khovel a hasatna i thuohle uh Khrist i nei zieh ahileh sil hoi leh kipah huoi a suoh ding hi. Paul in pen ka hatlou hun chieng in ka hatzaw ana chi a, tam pen sil kilebul hinapi in hagau lam thu ah sil hi thei thamtham ahi chi a kilang hi. Tuaziehin, i nichin hinkhuote ah hasatna leh a deihuoilou i tuoh hun chieng in zong thei siem leh pom siem a, Khrist zieh a hamphatna a la thei zel ding in i kisa ding uhi.

April 7:**I GINNA ENTHA ZEL VA UI**

Ginna ah na umna uoi mah nouma leh nouma ki enchien unlen, kithei chien un. Nouma ah Jesu Khrist a um chi theilou na hi uoi mah? Tuachilouin na chingla kha ding uhi (2 Kor. 13:5)

Khrist a ginna nei mite khu ginna a um mite ahi ua, amau ah Jesu Khrist a um china ahi hi. Tuaziehin ginna a i um leh umlou i ki etchien na ding khu, Jesun i hinna a nei in a luo zel nai chi ahi mai hi. Khrist in a hing luo a, i sung a a um chieng in ginna ah i um a, chingla hi khah ding zauhuoilou a suoh hi. Eima leh eima iki et thim them a, eima a Jesu Khrist i um sah zing leh ginna a um zing ihi thei ding uhi. I tahsa damtheina a hun hun a Doctor te kung a i ki etchet sah zel bang in, hagaulam a iginna uh ki vel tha zel zel va ui.

April 8:**KHRIST A UM TE SILSIEM THA**

Tuaziehin mi koizong Khrist a a um leh, sil siemtha ahita hi, sil luite abeita a, ngai un ahing thata hi (2 Kor. 5:17).

Khrist a um i chi chiengin a hinna Khrist toh kizop ta te igenna ahi pen hi. Jesu toh kizopna neite khu silsiemtha ahita ua, hindan lui in amau ah mun nei nawnlou china ahi ta hi. Tuachin Khrist a um mite khu mitha a hita ua, dihtatna, muonhuaina leh thutahna kichite a deipen uh, leh a nichin khosahna uh zong ahing hita hi. Khrist kaneita chi chi napi a ama hindan lui leh Pasian deilou lam silte bei sah thei ngailou mite khu mi buoihuoi ahi zelzel uhi. Khrist inei a, Khrist a i um leh tua i nei leh i um na Khrist zieh in sil siemtha i hing hi ta a, sillui kichi hindan lui leh hoilou te zousie tawpsan in hinkho tha leh gamtat tha i hing nei theita uhi.

April 9:**VAN AH INNDET INEI**

Aziehpen tam puonbuh itenna i leitung inn uh suhsiet in um nanleh khut a lamlou Pasian akipat kumtawn inndet van ah inei uh chi ithei uhi (2 Kor. 5:1).

Sawltah Paul in leitung a itenna puonbuh achi pen i tahsa pumpi lei a pat a kisiem pen gen hi in a kilang hi. Tuami i leitung inn pen suhsiet a hing um a, i shinua chieng in khut a kilam hilou, Pasian a kipat kumtawn inndet van ah inei uh chi a hing hil hi. Tam thu theisiem a lungmuong tah a um ding leh Pasian nna gin-um tah a sem ding in i ki hanthawn zel ding uhi. Van itun chieng a i umding dan pen, a setheilou tahsa leh pumpi neita ding i himan in ngahlahuoi mama hi. Tam bang lam-etna nei gingtute ihi zieh in khovel ah genthei tah in khosa nanlei zong kinepna manpha i nei ziehin i pang teitei uh ahi zaw hi.

April 10:**I SEP THAMAN SANG CHIET DING IHI**

Aziehpen michin tahsa a aum sunga a silbawlte, asie apha a bawlungzui a asepmān a nga theina dinga Khrist vaihawmna toup̄ha mai ah ding teitei ding ihi uhi (2 Kor. 5:10).

Khrist thukhenna toup̄ha mai a michin ding chiet ding ihi ua, tuahun chieng in mizousie in tahsa a i umlai ua i silbawl leh i nasepte bang zel a vai hawmsah a um ding ihi uhi. Tua ding in ikisazou ta uoi chi eima leh eima iki doh chiet ding uh ahi. A ki khel nua chieng a bawlpha thei nawnlou ding ihi man un i damsung in pilvang tah in ikhosa ding uhi. Khrist thukhenna masang a idin hunchieng in silhoi bawl gingtute i maitang in, isepgim man kipahtahin i sang ding a, amabou i nasep a hoilou a, ama deilam i bawl sih leh amasang a i gen ding umlou in, maizum leh tanse tah tang in i umkha ding uhi.

April 11:**I SUNGLAM HINNA SIEMTHA A UM ZEL**

Tuaziehin ka lungke sih uhi, ka pulam mihinna uh zawngkhal semsem nanleh, ka sunglam mihinna uh pen nisim a siemtha in a um ngitnget hi (2 Kor. 4:16).

Sawltah Paul in khantanhoi zieh a a sepgimpi a lawmte toh pawlkhat bang a kigenkhawmin, ‘kou’ chi kamteng a hing zang hi. Sepgim zieh leh tahsapna tuomtuomte zieh in a tahsa pumpi uh zawngkhal semsem nanleh a sunglam mihinna uh suhhat leh siemtha a um zelzel ahidan a gen hi. Tuni hun in eiten zong tambang a hasatna leh gimthuohna i tuoh hun chieng in lungke sih va ui. Thamlou in, hagau lam a i khanna ding hi zaw zel ahi chi chiemte va ui. Sil mu theite mai en zaw lou in, tu hun in lam-et ding leh mu ding um thei sih nanleh, lungkelou in ginna in kalsuon zel va ui.

April 12:**SIL MUTHEILOUTE EN ZAW VA UI**

Sil mu theite enlou in, sil mu theiloute ka en zaw uhi. Aziehpén sil mu theite pen tomnou khat sunga ding ahi a, silmu theiloute pen kumtawn a ding ahi zaw hi (2 Kor. 4:18).

Khrist gingtute pen tam khovel ah tomnou khat sung a ding silte en a, muthei a pei ding in Pasian in a hing dei sih hi. Tuabang hizaw lou in, kumtawn a umden thei ding, mutheilou silte en a kalsuon zaw ding in a hing dei hi. Tam thu thei in Sawltah Paul in zong silmu theite enlou a, silmu theiloute enzaw uh ahi dan ana tah lang hi. Ginna a mihangsan peimasa, Abraham, Mosi leh mi dang dang ten tami thudih khu ana zui kha ua, mutheilou pa mu in ginna in gam ana la ta uhi. Eite zong i nichin hinkhua te ah mu ding leh tanding silte mai enlou in ginna toh i kalsuon zaw ding uhi. Sil mutheite vang tom kal sung dai ding ahi bou hi.

April 13:**KHRIST GIMNAMTUI KA HI UH**

Hinanleh Khrist a guolzawna hing pe zelpa leh koute zang a mun chin a Ama theina gimnamtui theisahpa Pasian kungah kipah thu umta heh. Aziehpén hundam a umte leh mangthaite lah ah Pasian a ding in Khrist gimnamtui ka hi uhi (2 Kor. 2:14,15).

Siengthou ding leh namtui ding a hing han Pasian in gingtute khu midangte kung leh mangthaite lah a ama a ding a Khrist gimnamtui hiding in a hing dei hi. Sil gim namtui i chi chiengin a man tam mama ahia, a kizahna zong a thupi hi. Tuamabangin, gingtute zong Pasian a dinga a Khrist gimnamtui i hi ngei ngei ding uh ahi. Ei a pat a suohkhie i gimnam pen midangte a ding a namtui a hi thei na ding in, hinkho siengthou leh deihuai izah a poimaw ding hi. Silsiengloute apat gimnamtui pawt theilou a, gimsie leh gim ui pawt zaw zel hi.

April 14:**ITNA A THUOH MUOLSUO ZEL**

Itna in athuoh zou a, anunnehi. Itna in athangse sih a, itna akisiel sih a, aki uongsah sih a, agumtat sih a, ahuoiham sih a, alungthah bai sih a, silgilou angaituo ngai sih a, dihtatlounate a kipahpi sih a, hinanleh thutah a kipahpi zaw hi. Itna in sil zousie a thuoh siem a, sil zousie a gingta a, sil zousie ah a kinem a, sil zousie a thuoh muolsuo hi (1 Kor. 13:4,5).

Itna in gingtute hinna a athuoh khiet silte leh a gasuo khiet te tam mun ah i mu ua, a thupi in a manpha mama mai hi. Tuachin itna khu gingtu te sil nei mantam pen ahi ichi thei ding hi. Tam mun a i thei dia hoikia khat ahi leh tam bang a manpha itna ichi pen bangma dang leh koima dang hilou in i Pasian i genna ahi zaw hi. Tuaziehin Pasian nei miten tam a tung a kigen hoinate i nei ngei ngei ding uh ahi.

April 15:**SIL ZOUSIE BAWL DIA KIPHALLOU**

Kei ding in sil zousie bawl a sienga, hinanleh sil zousie bawl ahoi kim sih hi. Kei ding in sil zousie bawl asienga, hinanleh bangma silbawltheina nuoi ah ka um sih ding hi (1 Kor. 6:12).

Sawltah Paul in a gendan tah khu, sil zousie bawl thei ding a zalenna pieh ahia, hinanleh bawl thei hita na chia aban tang a bawl mai khu sil hoi lou tah ahi. Thamlou in silzousie bawlthei dinmun a um napi in, tua silte thunuai a um a, a suoh ding a kiphal lou ahi china ahi. Gingtute i ut ut bawl ding a zalenna pieh ihi lai in, i bawl dia hoi leh hoilou ana um ahi dan a kilang mama hi. Tuaziehin, a hing tanpa leh a hing neipa Jesu Khrist hing deina bang a hing a, silzousie bawl ding a kiphallou ding in i ki kem ching ding uhi.

April 16:

PASIAN BIEHINN NAHI UH

Noute Pasian biehinna na hi uhi, tualeh na sung uah Pasian Hagau ateng hi, chi theilou na hi uoimah? Mi koipouin Pasian biehinna asuhbua leh ama Pasian in asuse ding hi, aziehpén Pasian biehinna inn khu asiengthou a, tua inn khu noute na hi uhi (1 Kor. 3:16,17).

Pasian khu a mihing siemte a lunglut a himan in sietna khuhmiel a shi ding a umlai ei mihingte a tapa Jesu a tatna hing siem sah in, tua a tapa tatna gingta mite hinna ah a hing sung ten hi. Tuazieh in, Pasian tenna inn i hitah zieh un i lungsim, i hagau leh i tahsa pumpi mama zong a siengthou ngei ngei ding ahi. Pasian tenna mun leh inn hithei ding in hun chinin iki susiengthou zing ding ua, *‘nang ding in ka lungsung ah mun awng’* chi in Jesu i han zel zel ding uhi.

April 17:

PASIAN THUGUH KEMTU

Tuachi’n mi’n koute pen Khrist nasemte leh Pasian thuguh kemte bangin hing ngaituo uheh. Tuathamlouin kemtu hina ah gin umna akiphama hi (1 Kor. 4:1,2).

Khrist gingtu Khristian kichite Pasian nasem ut leh thanuom tam tah i umlai in, Pasian thuguh kemtu hi ding ngap tah tah kitamlou ding in a ki lang hi. Ahilou leh tua Pasian thuguh ikep uh bang pen tah ahi ta diei? Jesu Khrist in hundamna nasep a hing sepsah na a a tuohkhah leh ahina manpha mama te khu a nuajuiten izui a i nei sam ding a poimaw hi. Eima deidan leh ut dan a hinkhua manglou a, Pasian deidan a i hing hin chieng in ama ta dei tahte i hing hitheita ua, tuachin Pasian thuguh kemtute zong i hing hithei zel uhi. Kemtu chit chiet lah ah zong kemtu gin-umlou tampi a um a, tuate lah ah kemtu gin-um i hi ding uh a poimaw mama hi.

April 18:**KROSS MANGTHANGTE ADIA MOTNA**

Kross thu khu mangthangte adingin mothuai ahia, hinanleh ei hundam a umte dingin Pasian silbawltheina ahi (1 Kor. 1:18).

Pasian thu khu a theichienlou leh a mankhalou vang lah te a ding in Jesu hing shina Kross thu bang mothuai pi khat suoh thei zel ma ahi hi. Alelam ah, a gingta a hundam tang mite a ding in tam Kross thu pen gawtmun apat vangam lut theina thu kipahuoi mai hilou in, gingtu hinkhuo a hing puitu leh guolzawna hinkhuo hing neisah tu ahiman in Pasian sil bawltheina ahi hi. Tuaziehin, tam Kross silbawl theina ziehin Khrist gingtu ten silbangkim i bawl thei hi. Nang a dingin Kross thu khu sil mothuai ama, ahilou leh silbawl theina ahi ei, ki enchien va ui. Kross thu theisiem a, zangsiem ding in Pasian hagau apat pilna leh thei siemna i ngai uhi.

April 19:**LEITUNGMI LEH HAGAU MI**

Hinanleh leitung mi'n Pasian hagau silte atangthei sih hi, aziehpén tuate ama ngaiin mothuai ahi; Hagau a thei ahiziehin thei zong athei thei sih hi. Hinanleh hagau miin pen silbangkim atheichien zel a, ahinlah ama pen koiman atheichien sih hi (1 Kor. 2:14,15).

Khovel sil leh hagau silte kibahlou dan tam Bible tangte ah mu thei uhi. Tahsa hin a hing a, khovel toh kituoh a khosa miten hagau silte a tan theilou mai uh zong hilou in hagau neilou ahiman un thei zong a theisih uhi. Ahin, hagau mi in pen Hagau lam silte mu a a tan thei ban ah sil bangkim a thei chienzaw hi. Tambang mite pen khovel miten zong lamdang sa in, a thei chien thei sih uhi. Tuaziehin, hagau nei a hagau mi dihtah hi sawm va ui.

April 20:

ITNA CHILOU BANGMA DANG BATLOU DING

Ki-ittuona loungal koima bangma basih un, ama mihinpi it miin dan azuikim hi. Itna in innvengte sietna ding abawl sih hi. Tuaziehin, itna khu dan zuikimna ahi (Rom. 13:8,10).

Sum leh pai ban ah a van a leibat kichi mawng mawng sil deihuailou tawp khawh ahi lai in, bat ding a hoi mama khat ana um a, tua khu itna ahi. I mihinpi te, adiekhholin nichin a i khosahpi i innvengte it a, a tung ua silhoilou bangma i bawllou ding uh ahi. Itna hau mi khu gingu hoi leh manpha ahi tangpi hi. Tambang khop a poimaw leh manpha itna nei ding in Jesu Khrist inei a ngai a, Ama i nei chieng in mi dangte i it thei uhi. Tuaziehin, i mihinpite tung a i leibat itna sem khe ding in i kisa chiet ding uhi. Tam itna khu ka leibat ahi ichi thei chiengin Pasian batna i neita ding hi.

April 21:

MANGPA A DING A HING

Aziehpen i hin leh Mangpa a ding in i hing a, i shi in zong Mangpa a ding in i shi uh ahi. Tuaziehin i hin in zong ishi in zong Mangpa a ihi uhi (Rom14: 8).

Tami Sawltah Paul thugen bang in gingu zousie in genthei chiet hita lei, gingu guolzou i hi ngei ding uhi. Aman koi ma dang a ding a hinglou a Khrist a ding mai mai a hing ahitah dan ana gen ngaita a, tu in Mangpa a ding a hing ahi dan ahing gen khe ta hi. Mangpa a ding a hing thei mite mama khu a shi chieng un zong Khrist a ding in a shithe i kia uhi. Khrist a ding a hin kichi thu baisesa hetlou ahi a. Ama deina bang a khosah a, a deilam silte bawl ding china a suoh hi. Khovel deidan silte shi san a, i hundampa Jesu deina bang a i hin chiengin, Mangpa a ding a hing i hing hithei zel hi.

April 22:**A LAMDANG NGAM GINGTU**

Tam leitung hindan toh kituoh in um sih unlen, hinanleh Pasian deilam hoi leh pomtah leh hoibukim bang ahiei chi na thei chienna dingun na lungsim uh atha a um in hing lamdang zawta un (Rom 12:2).

Khrist gingtute khovel toh kilamdang a khosa ding a thuhil a um i hi ua, tulai in Camp thupi ding bang in zong ‘**LAMDANG NGAM**’ chi kidei mamata hi. Khovel toh kituohlou pawngsan ding zong himai lou in Pasian deilam hinkhuo mang a Ama pomthei ding a kilankhe ding in Sawltah Paul in ngetna a bawl hi. Alamdang ngam gingu hi ding in kisa chiet va ui. Tuabang ding a hing bawl thei Jesu ahia, Ama i nei chiengin khovel toh i kilamdang thei ta ding uhi. Khovel toh kituoh a, a dei bang a umte a lamdang ngamlou gingu ahi ua, Pasian pomtah gingu ahi thei ngaisih uhi.

April 23:**GINGTU HINKHUO ZAHNDING DAN**

Itna khu lepchienna tellou hiheh, gilou pouma huo unlen, ahoilam pouma tu chinten un. Unau ki itna in khat leh khat, kilainat tuo chiet unlen, kizabawlina lam ah kideisah tuo chiet un. Kukalna lam ah thase sih unlen, Hagau lamah phatuom ngaitahin Mangpa nna sem un. Kinepna ah kipah zing unlen, gimthuohna ah thuohhat unlen, thungetna lamah hakat un. Misiengthoute tahsap awng hu dingin na nei nalamte uh kitanpi unlen, zin bawldan siem un. (Rom 12:9-13).

Sawltah Paul in tam bang in ei Khristian gingu kichite hinkhuo man ding dan toh kisai, chiindan hoi leh gamtat hoi thute kimtah in ana gen diim diem a, tua bang hoina zat tuomtuomte nei ding in thuohhat a, thungetna lam a hakat dingin ahing hanthawn hi.

April 24:

I HOINA DING IN HING SEPSAH

Tualeh sil bangkim ah Pasian in Ama itte, Aman adei bang bawl dinga ahatte a dingin ahoina dingun silzousie asemkhawm chiet hi chi i thei uhi (Rom 8:28).

Gingtu ten i tung a sil hing tung zelte Pasian in i hoi zawhna ding a abawl hi zelzel ahi chi pom hasa a kisa ma ma mai hi. Hinanleh i tung a sil hingtung zelte ngun tah a i hing ngaituo tha zel zel chieng in, i tung a thunei leh vai hawmpa ma in i hoi zawhna ding leh Ama lam a i kilekia thei na ding a a tunsah ana hi nuom mama hi. Tuaziehin, i tung a sil tungte pomsiem dan leh hamphatpi ding dan i kizil zel ding uh sil poimaw tah a hing hita hi. Natna leh shina tanpha ituo hun in zong, a hing ittu Pasian in i hasatna tungtawn in ama hoina hing musah nuom ana hi zel zaw hi.

April 25:

KITHOINA HING LEH SIENGTHOU

Tuachi'n unaute aw, Pasian kunga na sapum uh kithoina hing leh siengthou leh pomtah hi dinga kilan dingin Pasian khotuona ziehin ka hing ngen ahi; tuakhu na bawl ding ua kilawm mawng ahi (Rom 12:1).

Pasian in a tapa Jesu Khrist a ahingatna ah, i tahsa pumpi i lungsim leh i hagau a bawn in a pang kha hi. Tuaziehin, i hagau mai hilou in i tahsa pumpi mama zong Pasian masang a kithoina hing leh siengthou, Ama pomtah ding a lan ding in a hing phut in a hing lam-en hi. Pasian a ding a kilankhie sapum pen khovel a ding a zah thei nawnta lou ding ahi chi theisiem a i kilatkhietna i Pasian loupina ding mai a i zah ding uh ahi. Tuabang a ibawl leh Pasian pom tah kithoina hing a kilan i suoh ding uhi.

April 26:**KHRIST IN SIEM HING TANGSAH TA**

Tuaziehin tu in vang, Khrist Jesu a um a, khelna dan zuilou a, hagau dan a umte ding in siemmaw tansahna mawngmawng a um nawn sih hi (Rom 8:1).

Mosi dan a siemtanna ngah zoulou minghingte khu Pasion in a tapa Khrist Jesu ah tua dan thuneina apat suotatna ahing bawlsah ta hi. Tuaziehin khelna dan zui lou a, hagau dan a um te a dingin tua Khrist tatna mantam tah zieh in siemmaw tan ding zauhuai ta lou a hing hi tahi. Eima hoina a zaw zou ding khat zong a umlou lai in, Khrist hoina koppi ihi tah man in siam i tang uh ahi zaw hi. Amabou, siemtang ikichi nua a zong khelna lampi leh khelna dan i zui zelzel leh pen mawtansah in i um ding china ahi. Tambang ahiman in, khelna dan zuilou in Khrist Jesu a um i tum ding uhi.

April 27:**TAHSA SIL LEH HAGAU SIL**

Tahsa lam silte lunggul khu shina ahi a, hagau lam silte lunggul khu hinna leh hamuonna ahi (Rom 8:6).

Hagau a um hinkhuo nei phaban lou a, tahsa lam silte lunggul khu sietna leh shina ahia, amabou hagau lam silte lunggul khu hinna leh hamuonna ahi zaw hi. Khovel mite deidan te dei leh ngaisun a, tuabang a i khosah chiengin shina lampi zui i suoh zel a, Pasion lungsim leh a deidante i sui a, i zui chieng in hagau lam silte lunggul i suoh thei zel hi. Tahsa lam silte i chi chieng in deigawna, huai hamna, thangsietna, dihtatlouna leh silhoi lou dang tampi a huam thei ding hi. Hagaulam silte ahi leh, itna, thuohtheina, zainemna, gin-umna, thunuoilutna, kidehtheina leh hoina dang dangte ahi pen ding hi.

April 28:**PASIAN ITNA LAM DANG**

Hinanleh mikhiel ihi lai nangawn in zong, Khrist itaanga ahing shina ah Pasian in ahing itna khu phat taah in alangsahta hi (Rom 5:8).

Sawltah Paul in mihingte suol a pua ihi na uleh Khrist in a itna langsah a, tatna mantam tah a hing bawlsah thu chimlou tah in a gen zom zel hi. Thamlou in, Khrist hing shina khu i tang a thuoh a shi ahi dan hilchien kawm in, tuami ma khu Pasian in eite a hing itna a tah a a hing suhlatna ahi a chi hi. I hoilai a hing it himai lou in, mikhiel ihi lai nangawn in a itna a tulsih china ahi hi. Tambang a hing it Pasian i itthuh ding i mawpuohna ahi. Ei mihingte pen in i tung a hoi mite bou i it ua, tua zong i kam maimai a it i hi kha zel uhi. Pasian in mikhiel, a thu mangloute tam bangin hing it ahi chi ngaitua tha zel va ui.

April 29:**KHELNA LAM A SHI**

Tuabangmain noute zong khelna lam thu ah a shisa in kingai unlen, hinanleh Pasian lam ah pen i Mangpa Jesu Khrist zal in ahingin kingai un (Rom 6:11).

Jesu Khrist hing tatna zieh a mikhiel hi sate a khiellou bang a ngai i hing hita ua, tua umdan pen, khelna lam thu a a shi bang kihita china ahi. Khelna lama ashi bang i hing hitah chieng un, Pasian lam ah a hing i hing suo kia ta ua, tua khu Khrist tatna zieh a sil um thei ahi zaw hi. Tuaziehin i nichin khosahna te ah khelna bawl thei ding guol ki hitalou in, Pasian ta deitah te bang a sil hoi bawl ding a tatte ihi zaw ta uhi. Numei Pasal neisa in a masang hunte a nungah hinkhuo a manlai ngaituona leh chiindante tawpsan a, a nungah hina a shi bang a kigel a, a pasal a dinga a hin bang in Jesu a ding in hing va ui.

April 30:**PAUL IN A NASEP NGAIKHAWH**

Hinanleh ka kitaidemna kipahtah a ka taitung theina ding leh Mangpa Jesu a kipat a ka mu, Pasian hepina khantanhoi theisah ding nasepna ka sep zou theina dingin, tam silte khat beehin ahing suling sih a, ka hinna zong it taahin ka ngai sih hi (Nas 20:24).

Tamthu khu Sawltah Paul in Ephesa hattuom Upate a vaihahna kamteng ngainuom huoitah leh mi chou thei tah a hi. Henna leh gimthuohna a thuohsate ban ah, a maban a a thuohzel ding um nalaite kisulingsah hetlou ahidan hangsan tah in a gen hi. Khantanhoi puonzahna nasep a sep pen kitaidemna bang a gel in, tua a nasep zaw ding khu siltup lianpen a nei ahi dan leh tuabang ahithe i na ding a ahinnazong it tah a ngai lou a hi dan a gen hi. Tuamabang in ei ten zong i nasep chiet uh muolsuo tup in nei chiet va ui.

May 1:**PASIAN LUNGTANG BANG PUO DAVID**

Tualeh ama a lahdoh nua in aleengpa dingun David atungdoh ta hi; Pasian in tua mipa thu theipi in, Jesse tapa David ka lungtang bang puo mi ka mudohta, aman ka deilam abawl ding, achi hi (Nas. 13:22).

Tam thu khu Sawltah Paul thugen ahia, Israel Leeng Saul kilahdoh thu leh ama mun a David tunding ahi thu gen masa in, Pasian lungtangbang puo mihing ahidan ana gen hi. Thupil khat in, ***min natung a silhoi a bawl lai a silgilou a na thuh chieng in setan bang na hi a, a silhoibawlte uh sil hoi mama a na thuh chieng in mihing nabang a, a silgilou bawlte uh silhoi a na thuh chieng in Pasian na bang*** ana chi a, dih mama va chi a hing ngaituo sah hi. Bang bang lungsim i nei ei, ki-enchien vai.

May 2:**GIM GENTHEI THUOH VA UI**

Gim gentheina tampi thuoh in Pasian leenggam i lut ding mawng ahi chi in nuajuite hinna hagau a hatsah semsem uhi. Ginna a um den dingin a hanthawn uhi (Nasepte 14:22).

Sawltah Paul misionary khuolzinna a gingtute kihanthawnna kam teng ahi. Tua hunlai a gingtu masa ten gim gentheina tampi anatuoh zing uhi. Tulai bang a Lai siengthou bu sim ding neilou ahiman un, Sawltah te kamteng te khu a kingahna pente uh ana hi zing hi. Tam hanthawnna kam teng ten gingtute hinna leh hagau a hatsah zel a, a ginna ua dettah a um zing ding in a hanchiem uhi. Tulai in gim genthei thuoh ngap gingtu kitawm mama ding in gintat huoi hi. Tuaziehin, gingtu masate kihanthawnna thute ei tuni a gingtute a dingin hing poimawh semsem ding ahi. Thuohhat kizil va ui.

May 3:**STEPHEN SHINA**

Hinanleh ama pen Hagau Siengthou a dimin, van lam a en a, Pasian thupina leh Pasian zietlam a Jesu ding amu hi (Nasepte 7:55).

Gingtu masa ten hagau siengthou leh pilna a dim mi minhoi ngen sagi a telkhieh te uh lah a pang kha Stephen shina thu tam mun ah i mu uhi. Juda ten vaihawmna masang a adinsah lai un, Stephen in hangsantah in thu a gen a, a thugen zate lungthah seng seng uh ahimanin suong in a dengta mai uhi. Tua laitahin Stephen in van kihongsa mu in, Pasian zietlam a Mihing Tapa ding zong a mu hi. Hagau siengthou a dim mite sil mute khu chituom deu ahi chi thei in a um hi. Tuni hun in eiten zong khovel a midangte mu theilou mu dingin hagau siengthou a dim ding siltup in i nei ding uhi.

May 4:**PASIAN NGAISAH MI**

Kaisaria khuo ah amin Kornelia kichi mi khat a um a, Itali pawl achi ua galkap zahoutu, Pasian ngaisahmi ahia, a innkuonpите zousie toh Pasian giing mi ahi ua, mite kungah kiphah tahin hepina silpieh ape leng hi. Tualeh Pasian kungah zong thu angen ngitngit hi (Nasepte 10:1,2).

Tambang a Kornelia hina kigente khu a thupi in a etton huai ma ma hi. A innkuonpите toh Pasian giingmi chi pen tulai a mi tamzaw tham ten i deipen leh i tun zoulouna uh ahi i chi thei ding hi. Silpieh lam a mi kiphah ahiban ah Pasian kung a zong thum gige mi ahi nalai hi. Tambang mihing tulai in i um na nadiei chi a hing ngaituo sah hi. ***Mangpa aw, kei leh ka innkuonpите zong nangma ngaisah leh giing mi hi ding ka ut ua, tuabang hithei dingin hing siem tha in*** chi in Pasian khut ah i kipekhe tha ding uhi.

May 5:**MIHING THU SANGIN PASIAN THU**

Tuachi'n Peter leh Sawltah dangten adawng ua, Mihing thu sangin Pasian thu ka man zawh ding uh ahi, achi uhi (Nasepte 5:29).

Tam thu khu Juda vaihawmte mai a Sawltah te thugen ahi. Amau ten Jesu nuazui Sawltah te a man ua, Pasian thu gen nawnlou ding in a vau uhi. Hinanleh Paul leh Sawltah dang ten, hangsan tah in mihing thu sangin Pasian thu ka mangzaw ding uh achi ngam uhi. I tulai khosahnate ah Jesu thu sang a mihing thu i zuinuom hun hing tam thei mama mai a, i Pasian thu man leh zui hasa i sa thei mama mai uhi. Peter te bang in eiten zong, mihing thu sang in Pasian thu manzawh ding siltup in nei tinten va ui. Siempulien inn huong a a Mangpa Jesu gum ngamlou pa hagau siengthou in a umpi zieh in tambang in theipitu gin-um hing suoh ta hi.

May 6:**THUM LEH THU NASEM A UM**

Koute pen thum leh thu nasem in ka um zom den zaw ding uhi, achi uhi (Nasepte 6:4)

Jesu gingtute a hing pun sem sem lai un, Pasian thugen ding leh nehtah sai ding in nuazuite hing kidai nawnlou uhi. Tambang hun in nuazui sawm leh ni ten Upa sagi tel ding in gingtute thu pie ua, amaute pen thunasem leh thum a umzaw ding uh ahi dan puong uhi. Vaihawmna leh mawpuoh na dangte zong poimaw chitchiet nanleh, thum kawm a thu nasep khu tuni tan in i gam sung leh i hattuom te ah poimaw mama mai hi. Sawltah masate bang a hasatna tampi thuohkawm a Manggam nasem ding leh thum zelzel ding in i kisa ding uhi. Pasian kung a zong thumman ngai lou pia nasem ding a kipieh khah thei ahia, pil vangin ki velpha zel va ui.

May 7:**KHANTANHOI POTUTE KALSUON**

Tualeh sawl ahisih u'leh bangchi'n thu agen ding uoi? Hamuonna khantan hoi leh, silhoi kipah huoi hing tut mite, Kalsuon khu kilawm hina e; chia kigiel bangin (Rom 10:15).

Manipur Sim-Tum gam a teng ei singtang mite a ding in Pasian thu, Jesu Khrist khantanhoi kum 100 val peita 1910 May 7 ni in tuipei gal apat hing kipo tungta a, tuni tan in tami ni khu **Misionary Day** chi in ina zang zing uhi. Sapgam apat gingtuten thum kawm a ahing sawl uh Misionary-ten kal suon kilawm tah hing suon in, eite lah ah khantanhoi meisel hing puoh uhi. Tu in kum 100 Khristian i hi nua in, tua khantanhoi khovah mu nailou misang tampi umlaite kung a gen ding leh, a kuon ding sawlkhe ding in Mangpan a hing ngansie a, tua ding a thupieh leh sawl ihi uhi. I kuon theilou leh a sawl in pangvai in, a thum beh in zong pang vai.

May 8:**KISIA A MANGPA LAM ZOT DING**

Tuaziehin kisia unlen, na khelnate uh phietmang ahi theina dingin Mangpa lam ah kihei un, tuachi'n, Mangpa kunga kipat in halna hun ahing tung thei dinga; Tualeh Jesu Khrist in noute a ding a aguotsa khu ahing sawl ding hi (Nasepte 3:19,20).

Pasian a kipat halthana ahingtun theina ding a silpoimawte tam mun ah i mu hi. Tuami khu bangma dang hilou in, khelnate phietmang ahi theina dinga kisia a Mangpa lam a kihei ding china ahi. Khelna tawpsanna umlouna mun ah halthana tung thei ngailou hi. I innsung i hattuom leh i gamsung a halthana ahing tun theina ding in kisia a Mangpa lama kihei tha dingin iki sading uhi. Khiei ihilam kithei mawbawl mailou in, a hing ngaidampa Jesu lam zuon zel va ui. Aman hingngaidam in ahing suhal kia ding hi.

May 9:**LUNGSIM MUNKHAT A UM**

Tuin agingta mipite khu, lungsim munkhat leh ngaituona munkhat in a um ua, alah ua khat in zong a sil neite khu kei a tuom ahi achi sih a, sil zousie akitaang zel zaw uhi (Nasepte 4:32)

Tam thu Jerusalem khuo a hattuomte hina leh dinmun kigenna ahi. Lungsim leh ngaituona mun khat a um chi khu thu namai hilou in, a hasa mama sil khat ahi zaw hi. Thamlou in, tulai gingtu ten zaw hasa i sah mama te uh lah a khat ana hi zing hi. Kikhenna leh lungsim munkhat a um theilouna in ginggtute hinkhuo a susie a, Pasian deina a kal kha hi. Tam mun a kigen gingtu masa te khu amau dei dan hilou a, Jesu deidan zui mite ahi ua, tuachin lungsim mun khat leh ngaituona munkhat nei in a um thei ua, a sil neite uh zong a kitang thei uhi.

May 10:**PETER IN KENGBAI A DAMSAH**

Tuachi'n Peter in, dangka leh sana bangma ka nei sih, hinanleh ka neisun ka hing pe ding; Nazareth Jesu Khrist min in thou inlen, kengin pei in, achi hi (Nasepte 3:6).

Tam thu khu pien a kipat kengbai pasal khat in Peter leh Johan kung a bang amakhat mu ding lam-en a khut a daw lai a Peter thugen ahi. Ama pa lam-et bang a sana leh dangka bangma a neilou dan uh a hil masa ua, tuate sang a mantamzaw tham leh a nei uh Jesu Khrist min a thou ding leh keng a pei ding in a hasuon hi. Khovel a sana leh dangka sil tampi nei kei kui sang in Jesu nei khu hamphat huoi zaw in telhuoi zaw mama ding hi. Laphuotu in, ***“Jesu nei ka ut zaw, sildang teng sang in”*** ana chi bang in eiten zong Jesu nei ma tel zaw va ui. Tua Nazareth Jesu kung ah damna a um ngal a.

May 11:**BIEHINN A PETER THUGEN**

Hinna siempa na that ua, hinanleh Pasian in Ama khu mishi lah akipat in akaithou kia a, koute tuami theipite ka hi uhi (Nasepte 3:15).

Pentecost zou a Peter thugen tammun ah i mu hi. Israel ten a Leng ding ua hing pei Jesu deiloua a tha uh ahi dan gen in Pasian in a kaithaw dan leh tua Khrist thawkiana thu theipitute ahi dan uh a gen hi. Tuni hun a ei gingtuten zong, i tang a shi a thoukia Jesu Khrist theipitu manpha hi ding siltup in nei va ui. Thoukia Jesu theipitu hina dingin, i Pasian hing itna thu i thei siem a, ittahlou te a hing it dan i ngaisut tha zel a poimaw hi. Tambang tah a it tullou a hing it a, tatna mantam tah hing bawlsah i Pasian a ding a kipekhe tha in, Jesu Khrist theipi tu muonhuai hi thei ding in i kisa chiet ding uhi.

May 12:**JESUN HING ZAWSAHTA**

Keima a hamuonna na nei theina dingun, tam thute na kung ua ka gen ahi. Leitungah gim gentheina na thuoh ding uhi; hinanleh kipah thanuom in um un, ken leitung ka zouta hi, achi hi (Johan 16:33).

Eden sietna a puosa mihingte tung ah gentheina leh sepgimnate ban ah hamuonlouna leh thawmhauna in mun lianpi ana luo ngit nget hi. Tuabang a hin hasa leitung hinkhuo i zaw zou theina dingin Pasion in a tapa hing sawl in, thuohna leh mauna gen guollou hing thuoh sah in, shina tanpha a hing zaw sah ta hi, Halleluijah! Tuaziehin hamuong theiloute a ding in hamuonna lamdang tah ahing tut ta a, kipah theilou te a ding in hundam kipahna a hing bawlsahta hi. Jesu Khrist zieh a guolzou dinmun a ding ihi ta uhi.

May 13:**PUMKHAT AHI THEINA DINGUN**

Nang leh kei pumkhat ihmabang in, amaute zong pumkhat ahing hitheina dingun, nangman kei na hing pieh thupinate, ken amauh ka peta hi (Johan 17:22).

I Mangpa Jesu'n khovel a kipumkhat theilou gingtute ading in thu a ngen a, Ama leh a pa pumkhat ahimabang ua, gingtute zong kithutuoh a pumkhat ahi theina ding un, A pan thupina apiehte khu gingtute kung ah a pesawn hi. A hing thuohsahpa Jesun apa kunga a tan bang bang hamphatna, tua khu Pasion tate ihina uh a hing pie hi. Gingtute kihuo leh kimudah kawm a khosa khawm ding kihilou in, lungsim munkhat a um a ki pumkhat ding in i Mangpan a hingdei hi. Laphuotu in ***gingtute kithutuoh leh lungsim mun khat puo a i um thei khu van mi umdan ahi*** ana chi hi.

May 14:**HAMUONNA DIH TAH**

Hamuonna ka hing nuasie hi, Keima hamuonna ka hing pie hi, leitungin apieh bangin ken noute ka hing pe sih hi. Na lungtang uh mangbangsah sih unlen, zau zong zausah sih un (Johan 14:27).

Nidanglai in mihingte ading a zauhuai khu, sa gilou, thadam leh sil dang dangte anahi zel a, tuni chieng in pen zau thei ding hing pung hieihiei in, natna zauhuai, khamthei guithe i te ban ah galvan zauhuaite a hing hita hi. Tambang sil zauhuai theite apat hamuonna dihtah Jesu Khrist ah a um a, tuaziehin Jesu neite a ding in zau ding bangma a umsih hi. Khovel in a piehthei, sum leh pai hauzieh leh damsung khosahna a lawchinnate zieh a lungmuonna bang hilou, tunglam a pat a pieh hamuonna i nei tah ziehin i hampaha mama uhi.

May 15:**GA DING A TEL IHI**

Nouten kei na hing tel sih ua, Ken noute ka hing telzaw hi. Pei a va ga ding leh, na ga uh umden dingin, tualeh Ka min a Pa kunga na nget pouma uh ahing pieh theina dingin noute ka hing guot ahi (Johan 15:16).

Grep gui dihtah bang a kigente in, Jesu'n ei gingtute Ama a kibulphu a, ga tampi suong ding in a hing guot hi. Ama hing telna dan theisiem in, ga tampi suong gingtu hi ding siltup in i nei ding uhi. Ama lou in bangma kibawl theilou a hi man in, Ama ah um zing va ui. Tua hileh hagau lam ah i gasuo thei ding a, ga tampi suong in a hing tel na i su buching thei ding uhi. Gasuo theilou gingtu ihi khah ding zauhuoi mama a, i Mangpa Jesun theipi kung hut leh gathei lou gentena ana gente ngaituo tha tha ding in a hoi hi.

May 16:**KHAT LEH KHAT KI IT TUO DING**

Thupieh tha ka hing pie hi, noute khat leh khat ki ittuo chiet un, ken noute ka hing it bangin noute ki ittuo chiet un. Noute khat leh khat na ki it tuo chiet uleh, ka nuazuite na hi uh chi miten ahing thei ding uhi, achi hi (Johan 13:34,35).

Pasian in eite a hing it bang a eite zong khat leh khat ki ittuo chiet ding in a hing dei hi. Mangpa Jesu'n tampen thupieh tha ana chi hiel hi. Jesu hing it dan theisiem a, Ama a um itna nei a, i mihinpite i it chieng in miten Ama nuazui ihi lam a hing thei thei ding uhi. I tenna khovel ah itna in mun nei nawnlou ichi ua, Jesu neite leh a thupieh zuite bou in itna a nei thei giap uhi. Itna neilou pi a Jesu nuazui kahi i ki chi maipen zumhuoi i sah hun a hita hi, itna khangsah va ui

May 17:**JESU LAMPI THUTAH LEH HINNA**

Jesun akungah, Kei lampi leh thutah leh hinna ka hi, Keima a peilou in koima Pa kung ah atung ngai sih hi (Johan 14: 6).

Khovel a mihingte khu Eden a pat hinna lampi mansuo a, shina lampi zui i na hi zing ua, tambang dinmun a ding ihi lai in, i Mangpa Jesun i hin theina ding a lampi dih umsun Ama ahi dan a hing genkhie hi. Vangam a i Pa Pasian kung i tun theina ding un, Jesu i poimaw uhi. Ama toh pumkhat i hing hi chieng in Pa kung i tung thei giap ding uhi. Min Jesu a mu a, thei chien a, a thuneina nuai a a ki piehlut leh hundamna lampi a zui in a tawn china ahi mai hi. Ama bou ahi zuitah leh neitah pen, zui zel va ui.

May 18:**JESU ZUI IN ANA SEM VAI**

Koipouin ka nna aseph leh hing zui heh, tualeh ka umna ah ka nasempa zong a um ding hi. Mi koipou in ka nna aseph leh ka Pa in ama akipahpi ding hi (Johan 12:26).

Jesu zuilou in a nna kistem theilou ding a, Ama umna a umloupi in zong anna kistem thei lou ding hi. I hundampa zui a a nna i sep ding leh amatoh i umkhawm a, Ama deibang a i khosah masah uh a ngai ding hi. Tuaziehin, Jesu nuazui mangpha hithei dingin Ama deilam sui in, a kung ah umlei, a nuazui manpha ihi thei ngei ding a, anasemtu zong ihi thei ding hi. Anasaem hi ding ut ngal napi a, Ama umna a umngap lou chi umthei lou ding ahi. Jesu nuazui va ui in, a nna zong sem va ui. Tualeh Ama umna ah um vai in, a deilam bawl zel va ui.

May 19:**SIL MUTHEITE MAI ENSIH VAI**

Ann mangthang sui in phephe sih unlen, Mihing Tapa in ahing pieh ding kumtawn hinna donga umden ding ann sui in phe zaw un. Pa Pasian in Ama tungah chiemtena a akoita hi (Johan 6:27).

Jesun tanghou a suhpung nekha zel nuajuiten, tuabang a mitmu thei a sil um zelte lam-et in Ama ana zui zel uhi. Tami thu theisiem in, Jesun a kung uah tam thu ana gen hi. A mangthang thei neh leh dawn, sum leh paite mai a lungsim nga a, tuate sui a kizangbei zel mite Jesun awlmaw in ***mihing tapa pieh ding kumtawn hinna suizaw un*** ana chi hi. Mu pai thei leh lah pai thei silte maimai enlou in, mu theiloupa mu in, Aman a hing pieh ding kumtawn hinna i sui zaw ding uhi.

May 20:**JESU HINNA TANGHOU AHI**

Jesu'n akung uah, Kei hinna tanghou khu ka hi, koipou ka kunga hing pei agilkiel ngai sih ding a, tualeh koipou kei hing gingta khu adangta ngai sih ding hi (Johan 6:35).

Palestine gam a teng miten tanghou khu anntah tah in a zang ua, ahinna uleh a khanna pen uh zong ahi hi. Tuami lungtang a nei kawm in Jesun, hagau lam a gilkiel mite a ding in lungkimna leh hamuonna petu ahi dan tam bang in ana gen hi. Ahinna un tanghou a poimaw bang in, gingtute hinna in Jesu a poimaw a, Jesu neite gilkiel nawnlou in, zong dangtah nawnlou uhi. Laphuohtu in **Mangpa Jesu nei kei a din a hun hi** ana chi dan deu a hing hita hi. Sawltah Paul bangin bangtobang dinmun ah i ding zong in Jesu inei pou leh i lungkim thei ta ding hi.

May 21:**HAGAU LEH THUTAH A PASIAN BIEH**

Hinanleh ahun tung ding ahita, tu'n zong atung ahita, tua hun chiengin abe tahtah ten Pa khu Hagau leh thutahin abe ding uhi, aziehpén Pa in tuabang mi Ama be ding in asui hi. Pasian khu Hagau ahia, abe miten Hagau leh thutah a abieh ding uh ahi (Johan 4:23,24).

Samari miten Gerizim muol ahilou leh Jerusalem sese a Pasian biehthei dan a angai uh a thei zieh in Jesun tambang in thu ana gen hi. Mi chin in munchin leh hun chin teng a a mau lemtang bang zel a Pasian a biehe thei hun uh hing tung ding ahi dan gen in, hagau leh thutah a biehe ding ahi dan ana uonggen hi. I Pasian biehnate hagau leh thutah ahi theina diei chi ki vel tha zel va ui. Lungsim leh ngaituona kihong tahmai a Pasian i biehe chieng in hagau leh thutah a bie ihi thei ding hi.

May 22:**PASIAN DEILAM BAWL**

Jesu'n akung uah, Ka ann khu kei hing sawlpa deilam bawl leh Ama nasep zaw ding ahi (Johan 4:34).

Tam thu khu Samari te khopi khat Saikar khosung a a anneh ding uh lei a kuon nuajui ten, a ann tawi uh ne ding a Jesu a hil lai ua a thugen ahi. Samari numei um dan hoilou leh kizangkhiel, pasal tampi neisa hagau lam hutdam sawm in chielpi a bawl a, a gilkiel lam zong a thei kha nawn sih hi. Ama sawlpa Pasian in bawl ding mawpuohna a piehpen suhbuching ding a poimaw pen in a koi hi. Eiten zong tam bang lungsim leh ngaidan neithe i lei uthuai mama hi. I innsung, hattuom leh khotang a mawpuohna i neite lunglut tah leh kipezou tah in i sem khe thei zel na uoi chi kivel tha zel va ui. Mawpuohna leh nasep lunglut tah a sem te ahi Pasian dei lam bawl i chi te.

May 23:**JESU PIEH DING TUI DAWN TE**

Jesu'n adawnga, akungah, Koipou tami tui dawn pouma adangtah kia ding hi. Hinanleh ken akung a ka pieh ding tui dawn pouma bangchih tanin adangtah nawn sih ding uhi. Akung a ka pieh ding tui khu ama ah tuinah ahing hi ding a, kumtawn hinna phain akikhotou ding hi, achi hi (Johan 4:13,14).

Samari numei toh Jesu kihouna thu ahia, Jakob tuikul a tui dawnte dangtah kia ding, hinanleh Jesun a pieh ding tui dawnte dangtah kia nawnlou ding chi ahi. Khovel in a pieh kipahnate in sawt dailou in, bei pai zel a, Pasian a kipat hinna thu pen a tul theilou kipahna bulpi ahi. Tuaziehin khovel mite nei bang kipahna tul pai theite nei kha ihileh mi vangsie i suoh ding hi. Jesun hinna a pieh nei a tangkhate pen damsung kipahna tul theilou nei in midangte a dingin zong guolzawl na ahi thei zel uhi.

May 24:**KINGAINGIEMTE TAWISANG HIDING**

Koipou ama kingaisang khu angiem dinga, tualeh ama kingaangiem pouma tawisangin a um ding hi, achi hi (Luk. 14:11).

I Pasian uh khu kingaangiem leh thunuoilut ahia, Jesu zong nungah siengthou leh numei kingaangiem Mari sung apat hing pieng ahi. Tuaziehin Pasian thu in kiletsahna leh kingaisangna a dou a, tua khu setan mihina zong ahi ngal hi. Tulai in gingtute lah ah zong kingaangiem ding hasa kisa thei mama mai a, i hina sanga kiliensah ut ngentang a kihi nalai hi. Jesu nuazui a, Ama bahna nei ding a kipie zousie ten tua kingaangiemna hinkhuo i nei ding uh ahia, tua hileh tawisang a um thei pan ding ihi zaw uhi. Tuaziehin, Pasian hina leh a bawl dan zui in thunuoilut leh kingaangiem gingu hi ding sil tup in nei chiet va ui. A kingaangiem gingtute Mangpan tawisang ahi ngal a.

May 25:**JESU CHIEL ZEL VA UI**

Hinanleh amautegele in Ama ahou ua, Ka kung uah taam mai ve aw, nitahlam ahita a, ni zong tum ding ahita hi, achi ua, tuachi'n akung ua um dingin khuo ah alutta uhi (Luk. 24:29).

I Mangpa Jesu thawkia hun lai a Emmau khuo lam zuon a lam zawt lawmta nite toh Jesu kihouna thu tam mun ah imu uhi. Laphuotu khat in, **'Ama chielte i Mangpan nuol ngailou'** achi bang in eiten zong Jesu chiel va ui. Jesu lou a khosah ding ngap huailou hi. Laphuotu dang khat in, **'Nang na umna nuom'** ana chi a, Jesu toh umkhawm bang a nuom sildang bangma umlou ahi dan la in ana genkhie hi. Mangpa toh zawhkhawm a, umkhawmte mi nuomsa leh mi hampaha pente ana hi zel uhi. Ama toh umkhawm dingin Jesu chiel zelzel lei ama chielte i Mangpan nuol ngailou in ngaisah mama hi.

May 26:

KUKAL TAH A THUM DING AHI

Tuachia nou migilouin bawn na tate u'kunga sil hoi pieh dan na thei uleh, na Pa uh van a um in angen mite kungah Hagau Siengthou atamzaw tham hing nahpieh zawsem lou ding ahiei mah? achi hi (Luk 11:13).

Jesun a nuazuite khu kukaltah a thum zel ding a hasuon in, a innveng kung a zanlai a sil va ngentu in kukaltah a a nget teitei ziehin inneitu in vathou in a sil nget a vape ngei ding ahi chi gentena thu agen hi. Tulai gingtuten thumna ki-uong bawl zou hetlou in, kukal tah a thum ngap kitawm mama mai hi Tambang hun in Pasian lungsim sukha pha ban ding thum mi leh thumna i poimaw uhi. I tahsap leh i poimawte Pasian kung a lungkelou a i thum leh i Pa uh Van a um in i poimaw leh tahsapte hing pe mama ding hi.

May 27:

HAUSATNA KHU I DAMSAN HILOU

Tualeh Aman akung uah, Pilvang unlen, enna lah ah kiveng un, aziehpén hausatna khu mihing damsan ahi sih hi (Luk. 12:15).

Jesun mihausa mawpa gentena gen kawm in, khovel sum-le-paite deigawna leh enna a kipat pilvang dingin a hanthawn a, hausatna khu mihing damsan ahilou dan a gen hi. Tam mihausa mawpa kigen bangin, mi tamtah ten i mu ding leh i tan dingte maimai ngaisun in, a sun azan in hunte i mang zing uhi. Khovel silte deigawna leh enna i chite bailamtah a mihingte hinna thuzaw thei leh suse thei ahidan theisiem in i pilvang ding uhi. Aziehpén mihing damsan khu hausatna ahilou ziehin, lunggul pen leh buoipipen in i neisih ding uhi. Tuachin i damsan theisiem in, ahing neipa i Pasian deilam sui dingin i kipe tha ding uhi.

May 28:**GINGTUTE KIPAHNA DING ZIEH**

Hinanleh dawite na thuthu ua a um ziehin kipah sih unlen, van a na min uh gel ahi ziehin kipah zaw un,” achi hi (Luk. 10:20).

Tam thu khu nuazui sawmsagite a zinna ua pat a hing kinuale lai ua Jesun a kung ua a thugen ahi. I Mangpa Jesun a thei ding ua a deipen ahileh, Jesu min a dawite a nawkhieh thei zieh ua a kipah ding uh hilou in, van a a min uh gel ahizieh a kipah ding uh chi ahi. I damthei zieh bang, i mimal leh innkuon sung in Pasian guolzawlina i don zieh bang a kipah ding hi thamtham napi in, amabou tuate sang a thupi zaw leh mantam zaw khu vanmi hiding a van a i min gel a a umna tah ahi. Jesu Khrist tatna zieh a ngaidamna i tan pen, sil dang bangma toh te thei hilou hamphatna ahia, kipah dan siem va ui. Tua hileh kipahna dih ahi thei pan ding hi.

May 29:**JESU KENGBUL A TOU**

Tualeh amanu’n sanggam numei khat anei a, amin Mari ahi, amanu Jesu kengbul ah atou a, athugente ngaikhie hi (Luk. 10:39).

Mari leh Martha te uta ahi ua, Bethani khuo a Jesu zintunna zelte ahi uhi. Mari in Jesu thugen ngaikhie in a kengbul ah a tou chinten chi i mu hi. A sanggamnu Martha khu Mangpa Jesu a ding a nehtah bawl in a buoi a, a sangamnu Mari awimaw in Jesu kung tan ah zong a vagen vawt hi. Hinanleh Jesun a thugente ngaikhie a a kengbul a tou Mari khu tanhoi tel ahi chi in a gen pha zaw hi. Mari bangin Pasian thu ngaikhie in zil zelzel va ui. Tua hileh tanhoi tel kha i suoh ding uhi. Jesu thu ngaikhie zing gingtute a kipah zing theite ahi uhi.

May 30:

NICHIN A KROSS PUO A JESU ZUI

Tuachi'n Aman amaute zousie kungah, Mi koipou in ahing zui ut uleh amaleh ama kingaisah louin nichin in a kross puo in hing zui heh (Luk. 9:23).

I Mangpa Jesun ama zui utte bawl ding a a sil phut tam mun ah imu ua, tua khu eima leh eima kingaisahlou a, nichin a i Kross puo a zui ding ahi. Eima kingaisahlou chipen, i thuoh ding leh i tan ding silte zieh a zau a umlou a, eima kikhotuona neilou china bang ahi. Hasatna thuoh ding umte hangsantah a thuoh a, i hundampa Jesu nua zui dingte ihi uhi. Eima kilungsiet kawmkawm a Jesu nua i zui chiengun i Mangpa hing lam-etna i tung zou ngaisih a, eima hina leh i hasatnate thei zing kawm a i zui chiengun Pasian a lungdam hi. Hasatnate pokawm in zui vai.

May 31:

LUNGAHNA DING NEILOU JESU

Tualeh lampi a apei lai un mi khat in Mangpa, Na peina phot ah ka hing zui ding, achi hi. Jesu'n akungah, Si-alten kuo anei ua, tungleeng vaten zong bu anei uh, hinanleh Mihing Tapa in alu ngatna ding mun anei sih, achi hi (Luk 9:57,58).

Jesun a nuazui ding a kingen tapou khatvei thu a lemsahpi pailou in, hasatna a maituo dingte uh ana ma genpi zel hi. Lungahna ding neilou Mihing Tapa nuazui dingten, a zuipa uh bang a thuoh dingte thuoh ngap a, taan dingte taan ngam dingin hanthawn in ana um zel uhi. Sil bangkim taan ngam a Jesu zuite koima a kisia um ngailou in, a kipah theipen gingtute ahizaw zel uhi. Mite theisiemlou a i um ua, hasatna zat tuomtuomte a hing tun hun chiengin, tamte ana thuoh muolsuo Jesu i hundampa i ngaituo tha zel ding uhi.

June 1:**MIKHIEL TE HAN A HING PEI**

Tuachin Jesun a dawng a, a kung uah, mi chidam ten Doctor a tulmaw sih ua, mi damlou ten a tulmaw zaw uhi. Mi dihtatte han a hing pei ka hisih a, hinanleh mikhielte han a kisiasah ding a hing pei kahi zaw hi, achi hi (Luk 5:31,32).

Tam mun ah Jesun, tahsa damtheilou ten Doctor a tulmaw danuh toh genkop in, mikhielte han a kisiasah ding a hing pei ahithu agen hi. Siedong mite toh annkuong a immkhawm zieh a ademna thu uh adawna a tambang thu agen ahi hi. Hinkhuo ahoi kisa zing mai, Jesu a poimaw lam zong theibanloute mipoi leh mibuoihuoi a suoh zel uhi. Amabou, khiei hiam kithei a Jesu zuon miten ngaidamna tang in damna bukim a nga zel uhi. ***‘Mikhiel kahi, hing ngaidam in’*** chi in Jesu zuon va ui.

June 2:**NA INN AH PEI KIA IN**

Na inn ah peikia inlen, Pasion in nang ding a silthupi tah ahing bawl pieh dan vahil in, achi hi. Tuachin ama zong apei a, Jesun ama a ding a silthupi tah a bawlpieh dan khopi sung pumpi ah a phuonzah ta hi (Luk 8:39).

Gadara gam a dawibua nei Jesun a damsah lai in, Jesu kung a um den ding in akingen a, hinanleh Jesun a inn a peikia ding in a sawl zawsop hi. A tung a sil tung thu pen mundang a aphun masangin, a innsung mite kung ah phuon masa leh chi i Mangpa Jesu deisah dan ahi. Tulai gingtu te lah ah mani innsung en masa loupi a, biehna munte leh kholai dung a Pasion gam nasepna a ki-uongbawl ta a, tua zong hoi mama bang napi in, Jesu hing deisahpen a kilang khu michin in eima innsung a nasep i pat ding uh ana hizaw hi.

June 3:**KA MIT IN NA HUNDAMNA AMUTA**

Aman ana angpom a, Pasian aphot a: Mangpa tuin na thu bang zel in, na suoh hamuong tahin na peisah ding hi. Aziehpén ka mitin na hundamna amuta hi. Mi zousie mit mu a na bawlsa khu, Jentelte kunga hundamna vah tun ding leh, na mi Israelte thupina dingin, achi hi (Luk 2:28-32).

Jesu pien ding lam-en tah a ngahzing Simeon in tua nausen Jesu angpom in, atup tup pen muta ahiman in shi ding zong azau nawn het sih chi atahlang hi. Jesu muchien gingtute lungkim in hamuong mama uh ahi chi a hing theichien sah mama hi. I hagau mittoh i hundampa Jesu muchiet sawm vai. Khovel a silhoi tuomtuom muthei mama te sang in Jesu mu a neite a hampaha pente ahi mai uhi.

June 4:**BIEHINN A THU NGEN ZING**

Tualeh tam numeinu khu meithai kum sawmgiet leh li vel mi ahia, amanu'n Pasian bieh inn peisan louin sun leh zan in ann ngawlina toh thungen in Pasian abie hi (Luk 2:37).

Numei guolnei kum sawmgietleli vel a upa in Mangpa Jesu pien lai in Jerusalem khuo a tatna ding lam-en zousie kung ah Jesu tanchin agen hi. Tam numeinu hina thupi mama ahileh aman Pasian biehinn peisan lou in sun leh zan in a annawlina toh thungen in Pasian abie hi. Pasian biehinn peisanlou chipen tulai hun a gingtute a ding in sillamding leh zaw guollou ding thu a bang phiel hi. Amabou, Pasian ngai a, ama umpina poimaw hidan kithei gingtute a dingin sil hithei phet hilou in a thanophuoi leh a manpha mama gingtu hinkhuo ahizaw hi. Eiten zong Pasian buon a i thungetnate ah pan latha zel va ui.

June 5:**KA HINNA IN MANGPA A PAHTAWI HI**

Tuachi'n Mari in, Ka hinna in Mangpa apahtawi a, ka hagau zong ka hundampa, Pasian tungah anuom seng hi. Aziehpén Aman asuohnu ngiem dan athei a, ngai in, tu akipat in khangtha zousie in, hampahing chi ding uhi (Luk 1:46-48).

Elizabeth toh akimutuo lai ua Mari in pahtawina la ana gen tam mun ah i simkhie uhi. I kam leh i aw neite mai hilou, i hinna pumpi mama toh Mangpa pahtawi ding ihi dan ahing muchien sah a, tam gasuo khu Mangpa a kipahna gen guollou ahi. Mizousie in hampah achi ding dinmun sangtah ah Mari a ding a, tua khu Jesu nausen paai ding a ahinna pumpi a phalngamna zieh a sil umthei giap ahi hi. Sam geltu in zong ka hinna in Mangpa a pahtawi a, ka hagau zong akipah ahi ana chi hi.

June 6:**MICHIN A DIA THU KIPAHHUOI**

Tuachi'n vansawlsieng in akung uah, zau sih unlen, ngai un, michin a dingin thu hoi kipah huoi mama ka hing puoh hi. Aziehpén tuni'n nou a dingin David khuo ah Hundampa apiengta hi, Ama Khrist Mangpa ahi (Luk 2:10-11).

Belamchingte nasep khu hasatna leh zauna ngen a dim hiding in gintathuoi hi. Thawmhau tah leh zauthawng zing kawm a zan hun a man lai un, thu kipahhuoi leh lungmuon huoi thu Vansawlsieng in a vagen a, tua khu amaute a ding a zalenna siemsaktu ding hundampa Jesu pien thu ahi hi. Pasian in khovel a ding a hundamna thukipahhuoi ahing bawlsah khu mi zousie a ding ahidan tam mun ah akilang hi. Nasepna ngiem leh musithuoi tah sem, gamlah a belamching mite kung ah tam thukipahhuoi kigen masa pen hi. Eiten zong i kipahpi thei chiet na uoi?

June 7:**KIGING ZING A THU NGET DING AHI**

Tuachi'n ahing pei a, amaute imu in amu a, tualeh Peter kungah, Simon imu na hiei mah, naikal khat zong kiging um zoulou na hiei mah? Solna a na lut louna ding un kiging zing unlen, thungen un. Hagau in angap a, tahsa pen ahat sih achi hi (Mark 14:37, 38).

Jesu, Gethsemani huon a anuazuite toh thungen a a um lai ua sil tung thute tam mun ah i mu uhi. Shina khophiel lunggimna a thuoh lai a Jesu thugen ahia, anuazui ten tomnou khat sung zong a venpi zoulou dan uh amu lai in kiging zing a thum ding in ana hanthawn hi. I Mangpa Jesun a nuazuite lah a muonhuoi ding a ateltuomte bawn tambang a abasiet uleh, gingu dangte zong a hatla leh a puase thei ngentang ihiman in kiging zing a thungen zing dingte ihi uhi.

June 8:**PASIAN SILBAWLTHEINA IN A LIEKHU**

Tualeh vansawlsieng in adawng a akungah, Hagau siengthou na tungah ahing tung ding a, Tunggungpen silbawltheina in ahing liekhu ding a, tuaziehin Mi siengthou hing pieng ding zong Pasian Tapa akichi ding hi (Luk 1:35).

Tam thu khu Mari kung a Vansawltah thugen ahi. Khovel gitlouna a saltangte hundam dinga hing pieng ding nausen Jesu paaitu ding ahiman in Hagau siengthou silbawltheina in a liekhu ding thu agen hi. Gingtute hinkhuo ah Hagau siengthou silbawltheina panglou in bangma a piengthei sih a, tua Hagau siengthou umpi thei dingin gingtute i kiman in, ikisu-awngthawl zing ding uhi. Khovel thupina leh loupina ten a liekhu hinna hilou in, Hagau siengthou silbawlltheina in aliekhu hinna adeihuoi in a lunggul huoizaw tham hi. Tuaziehin, Mari bangin, i sung ah Jesu neilei tuabang in i um ding uhi.

June 9:**JESU ZIEH A TAAN TEN HUMBIT ZAW UH**

Mi koipou ahinna humbit ut in ataan dinga, hinanleh mi koipou keima leh khantanhoi zieh a ahinna taanin ahumbit ding hi. Aziehpén mi'n leitung apum in nei henlen, ahinna tanta leh bang aphatuom diei? (Mak 8:35,36).

Tam i Mangpa Jesu thugen khu thu kilebul leh sil hitheilou ding a bang na a, hagau lam thu ah adihna a kilang chien mama hi. Jesu zieha hinna taan ichi chiengin, Pasian gam a ding a ahun, anei leh lam ban ah a thahatnate zangbei china bang ahipen ding hi. Tam bang miten a hinna uh a taan bangin kilang nan uleh, muthei leh mutheilou lam ah Pasian hoina simseng lou a dong zel ua, tua khu hinna humbit ahina tah uh ahizaw hi. Khovel leh a sung a silte nei in, i hinna taan lei bangma phatuomlou ding ahiman in, Jesu a ding a hinna taan masa ten hamphatna tampi mu uh ahi.

June 10:**BIEHINN KHU THUMNA INN HISAH VAI**

Tualeh akung uah, Ka inn khu thungetna inn akichi ding hi chi gel ahi, hinanleh nouten gutate munpi na suohsahta uhi achi hi (Mathiu 21:13).

I Mangpa Jesu guolzou a Jerusalem a lut lai a sil tung leh thu kigen ahia, biehinn sung a vanzuate leh van leite zousie deldoh in, sumnen hengte dawkante leh vapal zuate tounate a khulepieh hi. Tulai in tam bang chet hilou leh zong Pasian biehinn zangkhiel a kitam thei mama hi. Pasian biehna leh Ama toh kithuona mun ahiban ah Ama kung a nuom thugen a, i tahsapte ngen a i thumna inn uh ahi ngeingei ding ahi. Daniel in zong Jerusalem biehinn ngaina sengseng ahiman in, Babulon a a saltanna mun apat akotta te hong in tua Jerusalem Biehinn lam nga in a thum zelzel hi. Zingkal devotion hun chieng a Biehinn sung a thum a i peikhawmte uh sil manpha leh sil kilawm mawngmawng zong ana hi zing hi.

June 11:**TAWMNOU TUNG A MUONHUOI**

Apu in akungah, suoh hoi leh muonhuoi, na bawl hoi hi, sil tawmnou tungah na muonhuoi a, sil tampi tung a vaihawm in ka hing koi ding hi. Na pu kipahna ah lut in, achi hi (Mathiu. 25:21).

I Mangpa Jesun talent gentena thu ana genna a kipat tam thu hing kigen ahizaw hi. Apu in asuoh te kung a akepsah talent gin um tah a kem a, pungsah mite agenna ahi. Mihing in septhei leh bawlthei i neite i talent ding a Pasian hingpieh ahi a, tuate gin-um tah in semkhe lei, Ama lungdamna ah ilut ngei ding hi. Tawmnou khat tung nasan a gin-um zouloute khu tampi tung a vaihawm leh enkol dingin kisp thei ngailou ding hi. I talent ding a Pasian hing piehte theitawp suo a sem a i suhpung ding uh ahia, tua hileh suoh hoi leh muonhuoi hithei ngei ding ihi uhi.

June 12:**VANGAM KHU GOU KIPHUOL BANG**

Vangam khu loulai a gou kiphuol bang ahi. Tua khu mi khat in amu a, aphuoldap a, akipah ziehin, lungnuom tahin apei a, anei zousie azua a, tua lou khu aleita hi (Matthiu 13:44).

Tam thu khu Pasian thu manphat dan kigenna ahia, a mu chien loute a ding a ngolhuoi tah ahilai in, amuchienkha te adingin nei zousie zua a lei ngamhuoi gou manpha ahi kia hi. Eiten tua Vangam (Pasian thu) manphatdan i thei ua, tuami mama inei a i tankhah theina ding a bangma siit neilou a i leingam ngei ngei ding uh ahi. Khantanhoi in mimal, innkuon leh i khotaangte a hen lamdang dan i ngaituo chieng in nei tham ching pen leh lei tuoh pen ma ana hi tahtah hi. Khovel in a pieh theilou lungkimna leh kipahna nei dingin tam gou kiphuolgu, Khrist Khantanhoi nei khah teitei i sawm chiet ding uhi.

June 13:**KINGAIDAMNA LUNGTANG NEI VAI**

Michin in na lungtang sunggil ua, na sanggamte uh na ngaidam sih u'leh ka Pa van a um in zong tuabangma in na tung uah abawl ding hi, achi hi.

(Matthiu 18:35).

Kingaidam theilouna lungsim khu Pasion mizie toh kikal pumlum ahi chi i thei ding un ahoi hi. Tengkhawm leh khosa khawm, Pasion zong bekhawm zel hinapi, lungtang sunggil lam a ki ngaidam thei lou ngentang ihi leh i pa van a um in zong hing ngaidamlou ma ding ahi chi i thei kia ding uhi. Nupa kal, teeh leh mou kal, Hattuum leh khotaang a seppi te toh kal ah kingaidamna lungtang nei ding i poimaw mama uhi. Mi i ngaidamlou chiengin, i mingaidam zouloute sang in ei mama in i thuoh zaw in i lung natpi zaw hi. Mi i ngaidam leh eima a suohta ihi zawsop hi.

June 14:**MITE NASEP SAH DING AHING PEI**

Aziehpen Mihing Tapa zong miten a nna aseppieh dinga hing pei ahi sih a, mite nasep pieh ding leh mi tampi tatna dinga ahinna pe dinga hing pei ahi zaw hi, achi hi (Mak 10:45).

Khovel a Jesu hing peina zieh khu miten ama nna asepsah ding uh hilou in, Aman mite ading a nna a sepsah ding a hing pei ana hizaw hi. Thumanna leh kiniemkhiehna toh a nasep ahing sem pan a, hinanleh nitawpni chiengin thunei tah leh loupitah in ahing pei kia ding hi. Eiten zong i Mangpa Jesu nasepdan enton in, midangte naseppieh dan kizil va ui. I mu ding leh i tan ding maimai ngaisun lou in, bang e ka bawl thei ding um chi in midangte hoina ding tup leh ngim in i nei ding uhi. Mite nasepsah nah sang a, koi e ka na hing sepsah ding ichi khah ding uh kiven huoi mama ahizaw hi.

June 15:**PA VAN A UM DEILAM BAWLTE**

Mangpa, Mangpa hing chi zousie, vangam alut sih ding uhi, hinanleh ka Pa van a um deilam bawlte bou khu alut ding uhi (Matthiu 7:21).

Ei Khristiante a ding in nasep leh silbawl hoite zieh a vangam kilut ding ahisih a, tualeh kamsiem leh gen hat thu a lut zou ding zong ahituomsih hi. Amabou, Pa van a um deilam bawlte bou lut ding uh ahi zaw hi. Tam mun a Pa van a um deilam bawlte kichi pen, a tapa Jesu Khrist gingta a, a hundampa ding ua sang mite china ahi pen hi. Pasian deilam sui zong hilou, hasat hun leh chimaw hun chieng a Mangpa, Mangpa chi maimai in umzie bei leh dawn tahlou hatna kamteng ahia, ngaisah a umlou ding mawng ahi hi. Tuaziehin, Pasian deilam bawl in khovel tatna ding a a pieh a tapa gingta in pom chiet va ui.

June 16:**JESU A KHAWLDAMNA UM**

Nou semgim leh puohgih pote zousie ka kungah hing pei un, Keima'n khawldamna ka hing pe ding hi. Ka hahkol puo unlen, ka kungah zil un, aziehpén kei khu zainemtah leh lungtanga kingaingiemtah ka hi; tuachi'n na hagau ua ding in khawldamna na mu ding uhi. Aziehpén ka hahkol a nuoma, ka puoh zong a zang hi achi hi (Matt. 11: 28-30).

Lei mihingte a ding in khovel ah mun dang khawldamna ding umlou in, Jesu Khrist kung bou ah umzaw hi. Tahsa damtheinate, sum leh pai a hausatna ten tomnou kal sung zong khawldamna leh kipahna hing pezou ngailou uhi. Sahkho dangdang na zui a, lungkimna leh hamuonna na mu zou ngailou mi tampi ten Jesu Khrist ahing thei ua, ahing mu chien chieng un khawldamna ahing mu thei pan zel uhi. Jesu ah i puohgite nga in khawldam va ui.

June 17:**PASIAN GAM LEH A DIHTATNA**

Tuazieh in bang ahiei ineh ding? Bang ahiei idawn ding? bang ahiei isil ding? Chi'n lunghimaw sih un. Aziehpén tam silte zousie Jentelten asui uhi; tam silte na tasam uh chi na Pa uh van a um in athei hi. Hinanleh Pasian Gam leh adihtatna sui masa un, tuachi'n tam silte zousie piehbe na hi ding uhi
(Matthiu 6:31-33).

Gingtuten tahsa a hinglai leh damlai a khovel a khosa lai ihi man un, i lunghimawna ding a tam thei mama hi. Hinapi in ei lunghimaw zieh a i bawl thei umlou ahilai in, i tahsap leh mamawte hing theipi sil bangkim bawlthei Pasian nei ihi man in i hampaha mama uhi. Tuaziehin, i tahsap leh mamawte hing theipi i Pasian gam leh a dihna i sui masa zaw ding uhi. Ama lungtuoh pou lei i poimaw zousie hing pe mama ding ahi, muongngam va ui.

June 18:**NGEN UN PIEH IN UM VA UTEH**

Ngen un, pieh in na um ding uh, sui un na mu ding uh, kiu un honpiehin na um ding uhi. Aziehpén a ngen pouma piehin a um ua, Koipou a sui in amu ua, koipou akiu pouma hon pieh in a um ding uhi
(Matthiu 7:7,8).

Pasian khu a tate a ding a silhoi it ngailou ahia, a ngetna uh ngaikhie a pezel Pasian ahi. I tahsapte a mawh a hing kipe mai ding hilou in, i nget a, i sui masah ding sil poimaw ahi. A suiten muzel a, a ngente pieh a um zel uh ahidan tam Lasiengthou tang sung ah kichien tahin i muthei uhi. Suisui a, ngen-ngen napi a pieh thei ding a um khalou chi zong umthei nalai ding hi. I tahsap leh i poimawte mu dingin Pasian kung ah ngen in i sui ding a, ama lunglam sukha ding khop in gamta in umlei, tua itahsap leh i poimawte hing pe mama ding ahi.

June 19:**KIPAH ZING DING A HASOTNA**

Theipi kung pah sih henlen, grepguite ga sih henlen, Olive sepgimna guohsuohin, tualeh louten neh ding piengsah lou in, ahuong apat ganhonte suhbei a um in, bawngbuhte ah ganta um nawnsih nanleh. Tuachiin zong Mangpa ah ka kipah dinga, ka hundamna Pasian ah ka nuom nalai ding hi (Habakuk 3:17,18).

Jawlnei Habakuk in Mangpa a gingtute kipahna khu lawchinna leh hamphatnate zieh hipen lou ahidan ana uong gen a, nei leh lam teng bei hun a zong Mangpa a kipah ding ahidan ana gen hi. Vangsietni leh lawsapni a ba a puase mai gingtu hilou a, a sepen zong dong siem gingtu hiding in ahing na hanthawn hi. Sawltah Paul in Khrist a akipahna khu dinmun hoizieh hilou ahidan ana gente toh akituoh mama mai hi.

June 20:**PASIAN BIEH DING DAN**

Tuaziehin maitam bul a na silpieh na lat laitah a, na unau in na tunga lungkimlouna anei chi na theidoh leh, na silpieh khu maitam mai ah nuasie inlen, pei inlen na unau toh kilem masa phot inlen, tuachi'n hing pei inlen na silpieh lan in (Matthiu 5:23,24).

Mihing in i lungtang a silhoilou ngaituo zing pum a Pasian i biehi chiengin, i biehi Pasian a dingin biehi namtui leh pomtah ahitheih sihi. Tuaziehin midangte tung a i lungput leh i ngaituonate bawl hoi masa in Pasian ibie in silpieh i laan ding ahizaw hi. Pasian leh i mihinpite toh kilem masaphot a biehi i piehi chiengin Pasian pomtah biehi lan i hing hitheih pan zel uhi. Amasa ding masa sah loupai a i bawl gawp gawp chiengin i biehi Pasian in ahing pomtheih sihi a, eima ngel zong i kipahtheih sihi uhi. Lungsim siengthou toh Pasian be va ui.

June 21:**PASIAN TOH ZAWHKHAWM**

Aw mihing, Aman ahoi ahing ensahta a, Mangpa'n nang akipat ahing phut bang ahiei? Dihtat taha bawl, hepina ngainat, tualeh kingaingiem tah a na Pasian toh zawhkhawm ahi sih a mah? (Mika 6:8).

Pasian in mihingte Ama bahpi a ahingsiem ahiman in, a siemsa mihingte toh kithuo a, zawhkhawm pi a lunggul hi. Tuachin Ama toh zawhkhawm a, sildang leh midang lunggul lou dingin ahing phut hi. Pasian in tambang a zawhkhawmpi ding a hing chiellou hita mawng le zong, a siemsa mihingte a ding a kilawm leh silhoi ahia, Mangpa koima dang toh zawh khawm lou in, nangma maimai toh zawhkhawm ding ka ut ahi chi a, akung a thum ding a kilawmte ihi zawbawn uhi. Mi masa Enok kumza thum sung Pasian toh a zawhkhawm thu zong i mu hi (Gen. 5:23).

June 22:**I PUANA APAT I THAWKIA DING AHI**

Tuazieh in kenvang Mangpa lam ka en dinga, ka hundamna Pasian ka ngah ding a, ka Pasian in ahing ngaikhe ding hi. Aw ka melma, ka tungah kipah in thangpha seng sin, ka pua chiengin ka thoukia dinga, miel lah a katou chiengin, Mangpa khu kei a dingin vah ahi ding hi (Mika 7:7,8).

Gingtute hinkhuo ah bahun leh pua hunte a tung thei zelzel a, hinanleh tambang hun chiengin Mangpa lam-en a, Ama ngah zel ding a thuhil in i um uhi. Melma in i puana pen thangphat huoi sa mama ahiman in, Mangpa hatna muong in thawkia pai i sawm ding uhi. Gintu hinkhuo a hatla leh basam kisa a i um chiengin Mangpa lam en in, Ama ingah ding uhi. Tua hileh Aman i hatlanate leh i hasatnate hing theipi in ahing ngaikhe ding hi. I melmapa setan kipahna ding leh thangphatna ding giap a i puana a umden mailou a, thoukhie a Mangpa hatna suong a i kisuhhat kia zel ding uh ahi.

June 23:**MANGPA KUNG AH KINUALE VAI**

Tuaziehin Tuin Mangpa'n, A lungtang zousie u'toh ann ngawl'na toh Kap pumin, ka kungah hing kinuale kia un, achi hi. Na puonsilte uh hilou in, na lungtangte uh botkeh unlen, Mangpa na Pasian kungah hing kinuale un. Ama khotuona leh hepina adim lungthah bailou, hepina lientah nei, sietna tunlou dinga lunghei zelpa ahi (Joel 2:12-13).

Pulam a muthei tan a kisiana hilou, lungtang kisia leh kappum a ann ngawl'na toh Mangpa lam a ikinuale ding uh ahi. Kisiana dihtah hilou, lungtang zousie toh annngawl'na zong hilou, a minpua maimai leh bawl ding ahiman a mawpuohna zawna ding mai a thumnate Pasian a dingin zahdahuoi leh ngaisah tham chinglou thumna a suoh zel hi. Tuabang hilou, lungtang zousie toh ann ngawl a, kappum a Mangpa lam a kinuale na khu Mangpa a ding a ngaikhieh tham ching thumna ahizaw hi. I Pasian lah ahing ngaidam ding a mansa ahingal a.

June 24:**PASIAN THEITEN SIL THUPI BAWL UH**

Giloutah a thuhun dou mite maitangphat in a suse ding hi, hinanleh a Pasian uh thei mite pen ahat ding ua, sil thupitah abawldoh ding uhi (Daniel 11:32).

Daniel leh a lawmten a Pasian uh a thei mai uh hilou in, gup zong a gum tinten ua, tuachin a Pasian hat un amaute umpi in, humpi kulsung ah zong humbit in a um uhi. Thamlou in, meiphuolpi sung a pailut a a umlai un zong bangma chilou a hutkhieh in um uhi. Tuachiin Leengpan Danielte Pasian bieh chiet dingin thupieh a bawl a, tami sil kilumlet bang a sil thupi bawl um thei ngai lou ding hi. Pasian thei a, Pasian khut tangsah thei ding khop a ginna hing leh silbawlthei nei miten tam Daniel leh alawmte bawl sang a thupizaw zong bawl thei thamtham ding chi a gintat huoi hi.

June 25:**MANGPAN HING SUDAM DING HI**

Hing pei un, Mangpa kungah kinuale kia vai, Aman ahing bottelta a, hinanleh ahing sudam ding hi. Aman ahing liemsahta a, hinanleh ahing tuom pieh ding hi (Hosia 6:1).

Jawlnei Hosia in amite khu Mangpa kung a kinuale kia dingin chielna ana bawla a, tuabang chielna aw ging bangbang tuni hun in eite kung ah zong a gingging nalai hi. Botel leh liemsahta a um ihita ua, Ama kung a ikinuale kia chieng in, Aman i liemnate hing tuompieh in, ahing sudam ngei ding hi. Tahsa leh lungsim lam a hasatna i thuoh sate bang hoitah in ngaituo thatha lei, Mangpan ahing tuom dam ut zieh a ahing botel masah hinger ding in a gintathuoi hi. Amite khelna ngaidam nuom a zangaina toh hing han i Pasian kung ah kinuale va ui. Siet a lamvai a, i vahmang na mun akipat kingaisun phavai in, ahing damsah thei i Pasian kung zuonta va ui.

June 26:**NANG LAM AH HING KIHEI SAH IN**

Nangma langah hing kiheisah in Aw Mangpa, tuachi'n nang lamah ka hing nuakia ding uhi; nidanglai bangin ka nite uh thasah kia in (Kalate 5:21).

Mihingte khu eima dei dan leh hoisah bang a, ut hunhun a Mangpa kung a kinuale thei ihi sih uhi. Amabou Pasian hagau siengthou vena leh umpina idon a itan chiengin, khiei ihilam leh vahmang ihidante ihing kithei khepan zel a, tuachin Mangpa lam a kilekia theina dan i hing neithe i ta uhi. Tuaziehin laphuotu in, **“Aw hagau siengthou hing pei in, ka ha suhat dingin”** ana chi hi. Alelam kia ah Hagau siengthou ve thei ding leh a suhat thei ding a khiei kisahna leh Mangpa lunggul dan i thei a poimaw kia hi. Tua hileh Pasian Hagau siengthou umpina zieh in Mangpa lam ah i kile kia thei ding uhi.

June 27:

PASIAN IN LUNGTANG THA HING PIE

Lungtang tha ka hing pe ding a, na sung uah hagau tha ka koi ding hi. Tualeh na salah ua pat suong banga taah lungtang ka ladoh dinga, sa bang a nip lungtang ka hing pe ding hi (Ezekiel 36:26).

Mihingte lungtang khu gitlouna a pumdim ahia, akhau dan leh a tah dan akigen chieng in suong banga tah chi a gen in ana um zel hi. Tuabang ahilai in Pasian in mihingte kung ah, tua suong bang a tah lungtang lakhie a, sa bang a nip lungtang tha pieh ding ana chiem hi. Tu in Jesu Khrist Mang leh hundampa ding a pom a, ata deitah hi thei ding a kipie gingtute kung ah tambang a lungtang hoi, sabang a nip ana peta hi. Tambang a Jesu sisan zieh a mitha i hing hita a, i sung ah hagau tha a hing koita hi. Lungtang tha neite hindan tha a i hin ding i mawpuohna ahikia hi.

June 28:

MANGPA KA TANVOU AHI

Mangpa khotuona zieh a nehgam a umlou ihi, aziehpén alainatnate azuou ngai sih hi. Tuatè zingmawng chin in atha zel a, na gin umna alien hi. Mangpa khu ka tanvou ahi, ka hinna in achi hi, Tuaziehin ama ah ka kinem hi (Kalate 3:22-24).

Jawlnei Jeremiah in Pasian khotuona thupi dan leh mantam dan gen in, abei ngailou leh hun chin a tung tha zelzel ahidan ana phuong khie hi. Tua bang a chitna hau Pasian khu ka tanvou ahi achi a, kei a mawngmawng ahia, ka kisahtheipi ahi achina bang in a pom thei ding hi. Tuaziehin a zuou ngailou leh a muonhuoi zing i Pasian khu ka tanvou ahia, ka hinna zong ahi chi thei dingin kisa va ui. Pasian khu kei a ahia, a neitu mawngmawng kahi, koima dang a dingin ka kiphah sih china bang in zang va ui.

June 29:**MANGPA LAM AH KILEKIA VA UI**

I lampite uh suichien in, enchien vaiin, Mangpa lam ah kinuale kia va ui. I lungtangte u'leh i khutte uh, van a Pasian kungah domsangtou va ui (Kalate 30:40,41).

Israel in Pasian taisan a lampielna saupi khat anei zieh in, Mangpa lam a kinuale ding a chiel in a um hi. Israel mabang in tu hun in zong gingtu tamtah ten Pasian ki heisan in kilam piel siengta hi. Tuaziehin, eima mazawn chiet a sietna lampi zui a i vahmangna apat Mangpa kunglam a kinuale ding a hat ihi zing uhi. I lungtangte uleh ikhutte uh Mangpa kung ah domsang tou va ui. Mangpa kung lam a kilekia mite a hampaha pente hi zel uh ahi. ***Mangpa, ka gitlouna zousie toh nangma kangzuon a, hing pom in hing sang in, na suoh manpha hi ding in,*** ichi ding uhi.

June 30:**TUILUONG KUNG A SING KISUON BANG**

Mangpa muong mi leh a kinepna uh, Mangpa hi mi khu ahampha hi. Ama khu tui luong kunga sing kisuon, lui gei a ahui ha bang ahi dinga, kholum hun hing tun chiengin azau sih ding a, a nate ahing ngitnget ding hi; khokhal kum khoh asa sih dinga, ga suo lou in a um sih ding hi (Jeremia 17:7,8).

Tam mun ah jawlnei Jeremia in gingtu hisel tah leh hagau lam a piching tahte hinna a gasuo dan genkawm in, tuiluong kung a sing kisuon toh ana gente hi. Kholum leh khokhal hun hing tung zelte khoh salou in, hing dipdip in ga tampi a suo hi. Eiten zong Khrist a kibilphu ding siltup in nei va ui, tuachi hileh hagau lam ah i hing in i gasuo thei ding uhi. Ama panglou in i hing theisih a, zong i gasuo thei sih uhi.

July 1:**MANGPAN SIL THUPI HING MUSAH DING**

Hing han inlen, ka hing dawng dinga, tualeh na theingailou sil thupi leh sil kiphuol ka hing musah ding hi (Jer. 33:3).

Pasian in Jawlnei Jeremiah tungtawn in amite kung ah tam bang in thu ana gen hi. Sil thupi leh sil kiphuol, hagau lam thute theithei dingin Pasian apat mutheina leh theitheina Hagau a ngai a, tuami i neitheina ding in i hat a i thum ding a poimaw hi. Sodom khopi mei leh kat a gawt ding ahilai in zong, khopi sung a teng midangten bangma thu a thei hetlou lai un, Pasian mi Abraham in tua Pasian sil tup leh ngiimte ana thei in ana mu masata hi. Tuaziehin, hagau lam a thu kiphuolte thei dingin Mangpa han va ui. Tuachin Aman i nichin hindang dan leh i gamtat ding dante hing hil in ahing pui zel ding hi. Mangpan sil thupi hing musah nuom ahiman in, tuami muthei dingin thumkawm in en zing va ui.

July 2:**I KHELNA TEN HING KHEN ZEL**

Ngaiun, Mangpa khut hundam theilou ding a suh tom ahi sih a, azah theilouna ding a abil binsah ahi sih hi. Hinanleh na thulimlounate un na Pasian ua kipat in noute ahing khenkheta hi; tualeh na khelnate un nouma akipat in amai aliemangta a, tuaziehin ahing za thei sih ding hi (Isai 59:1-2).

Pasian kung a ithumnate ahing zah theilou hun atam a, tuakhu bangma dang zieh hilou in i khelnate un Pasian leh eima kal ahing khen zieh ana hi zelizaw hi. Tuaziehin, i thumna leh i ngetnate i Pasian in azah thei a, ahing dawn theina dingin i khelnate ei apat a koimang i sawm ding uhi. Khelna neilou leh khelna ngaitheilou i Pasian in khiel pumpum a i thumnate hing ngaikhelou ding ahi. Baal siempu te bang a ngai pipi a kikou zieh leh sisan pawt zen a hat zieh a hing dawng ding hilou zaw ahi.

July 3:**MANGPA ZIEH A I HAMPHATNA**

Mangpa ah nahpitahin ka kipah ding a, ka Pasian ah ka hinna anuom ding hi; aziehpen ama'n mounai ding pa pahkhigui a akizep a, mounu ding zong suong manpha a akizep bangin, Aman kei hundamna puonsilte ahing silsah a, dihtatna puonahtuol ahing silsah hi (Isai 61:10).

Pasian in a ta deitahte a ding a abawlsah khu a thupi in a manpha mama mai a, a theisiem miten Pasian a kipahna dan a theisiem ua, Ama phat a tawp ngai sih uhi. Mouneipa masang a kilawmtah a kizem monu bangin dinmun hampaha tah ah ahing dingsah chi gingu ten i manghil lou ding ua hoi ana hizing hi. I Lai-sien-thou a kigen tapa taimangpa zong apa kung a ahing kinuale lai in, a pan deisatna in puontuol hoi penpen ana silsah chi i mu uhi. Tuaziehin, Mangpan dinmun hoipen hing tangsah ahi ichi uhi.

July 4:**MANGPA NGAHTE TAN DINGTE**

Khanglaite nangawn agim un, aba ding ua, tualeh tangvalte apua ding uhi. Hinanleh Mangpa ngahnte pen ahatna uh siemtha ahi ding ua, muvanlai bangin ha in aleengtou ding ua, atai ding ua, agim sih ding uhi; tualeh keng in apei ding ua, aba sih ding uhi (Isai 40:30-31).

Khovel ah mihingte a dingin gim leh tawl a batah mai a um hunte ahing tung theizel a, tuabang hun chieng a Mangpa i ngah ding uh ahi dan hil in i um uhi. Mangpa ngah ichi pen Ama thu a um, adeilam bawl china bang ahipen ding hi. Eima lemtheina leh deidan mai a gamta lou a, Mangpa i hungai a, Ama ingah ding ahi. Mangpa ngahnte a thahatna uh a mukia zel ua, ba nawnlou in lam a zawt zel zaw uhi. Mangpa ngah ichi chieng a mun khat a toumuong kawm a ngah ding hilou in, Ama deilam silte bawl a, ama thu zui ding china ahi.

July 5:**GINGTUTE BIT DAN**

Hinanleh tuin Aw Jakob, nang hing siempa leh, Aw Israel nang hing bawlpa Mangpa'n tambangin agen hi: Zau sin, ka hing tandohta a, Na min in ka hing hanta hi, Kei a na hita hi. Tuite na pal galkai chieng in, ka hing umpi ding a, luite na pal chieng in, tuiin ang tum sih ding hi. Meikuong lai a na peisuoh chieng in, a hing ka sih ding a, meikuong in zong ang hul khasih ding hi

(Isai 43:1,2)

Gingtu tamtah ten Pasian hing tat dan leh ahing koina dan theisiem lou in, i zauthawng kha theizel uhi. Tuni i Bible tang simna apat Pasian in ahing koidan a muonhuoi a, zau ding bangma a umsih chi ahing theisah hi. Pasian in a tate a malmal a hing tan in ahing theichien a, i min mama in zong ahing han ahi chi i mu hi. Pasian khut muonhuoi kichingsah mite a bit leh ahamuong ahimai uhi.

July 6:**NUOILAM A HUI HASUH**

Tualeh Juda innkuonte lah a suohta umsunten, nuoi lam ah hui ahasuh ding ua, tunglam ah ga asuong ding uhi (Isai 37:31).

Haichi leh singkung ten lei nuoilam thuh tah a hui a hahsuh chieng un, tunglam ah ga tampi a suong thei pan zel uhi. Ei gingtute hinkhuo zong tam bangma ahi. Pasian theina leh ama deilam suina lam a ikibulphu hoilou chiengin, i nichin khosahnate ah ga i suong thei zel sih hi. Singkung zong, leinuoi lam thuhtah a hui haloute pouma huipi a hing laan chieng in akizung kal un, a puopai zel uhi. Tuaziehin ei gingtuten zong thunuoilutna leh Pasian giinna hinkhuo nei in, Jesu Khrist ah zung hava ui. Tuachin mite muthei dingin ga hoi i suong thei pan ding uhi.

July 7:**HUNCHIN A MANGPA LUNGGULNA**

Zanlai chiengin ka hinna in nangma ahing lunggul a, Ahi ka sunga ka hinna hagau in zingmawng matahin nangma ahing sui hi, aziehpén na vaihawmna leitunga a um chiengin, Khovel a tengten dihtatna azil ding uhi (Isai 26:9).

A ta dihtahte a dingin sun leh zan chi umlou in, Pasian ngaina leh lunggulna a um hi. Pasian panglou a hinkhuo man khu genthei huoi mama ahi. Mangpa hoina chiemkha poumate a dingin zanlai, zingmawng chi umlou in ki suisui ngap ahi zaw hi. Suisui ding mawng zong ana hitham tham hi. Muthei silte sang in Pasian ah lungmuonna leh kipahna umzaw tham hi. Masanglai a gingtu masa ten Pasian umpina ngai vungvung in ana thum ua, phatna la hoitah tahte bang zong ana phuoh in ana sa zelzel uhi.

July 8:**MANGPA I BANTHA HATNA AHI**

Mangpa aw koute hing hepiin, nang ka hing ngah uhi. Zingmawng chin in ka bantha un hing pang inlen, ka buoi hun chiengun zong ka hundamna uh hing hi in (Isai 33:2).

Mangpa khu i hatna bulpi ahia, ba leh ngui a um mite a ding a i hatna bantha uh ahi zel hi. Bangtobang buoina i tuoh lai a zong hing theipi leh tua buoina kipat hing hundam thei zel i Pasian ahi. Thabei in na um khazel amah? Bang chibang buoina e na tuoh zel? Mangpa han inlen Ama ngah zelzel in, Ama ihatna ahia, i buoi hun chieng a zong i hundamna uh ahi. Mangpa Pasian sang a khovel silte ngaina zaw a, ngaisah zaw ainei khah chiengin, Pasian ngah manlou isuoh zel a, Ama panpi thei ding a um kha theilou i hi kha zel zaw uhi. Ama panpi thei dinga um dingin, ***Mangpa nang kang ngah ahi*** chi va ui.

July 9:**DANGKA AH LUNGKIMNA UMLOU**

Koipou dangka dei mi khu dangka in alungkim sih ding a, punna tampi toh hausat tumte zong, a lungkim ngaisih ding hi. Tami zong bangmalou ahi. Ne tawm in ne tam taleh nasem mi a imut anuom a, hinanleh mi hausa pen ahausatna in a imu sah thei sih hi (Thugenpa 5:10,12).

Tam i tangtel apat lungkimna dihtah khu dangka leh hausatna a um ahisih chi a kichien mama hi. Tuabang a punna ding maimai lungsim a neite a tawldam ngai sih ua, a lelam ah lungkimtah a semgim mi khu nuomtah in a imu hithit hi. Mihausa leh dangka sum neite mawngmawng lungkim ngailou ding china hizaw lou in, a lungsim zousie uh tua dangka sum a angah zieh uh ahia, tuate neikawm a zong Jesu nei a lungkim tah a umthei thamtham ahi.

July 10:**VANGSIETNI A UM DING DAN**

Lawchin ni chiengin kipah inlen, hinanleh vangsiet ni ahing tun chiengin tami ngaituo in, Pasian in khat abawl bangin adang zong abawl hi. Tuachia mihingin anua a sil hing um ding bangma amu theilouna dingin (Thugenpa 7:14).

A tangpi a gen in mihingte khu vangphatna leh lawchinnate tang zelzel ding a kingaituote ina hi ua, vangsietni hing tung ngeingei ding ahi chi i thei nua a zong a thuoh ding dan a kingaituo kha ngailoute ihi uhi. Pasian mi Job in, Pasian akipat in hoi i mu ding a, ahoilou zong imu sih diei mah? (2:10) ana chi bang in, lawchin ni chieng mai a kipah hilou in, vangsietni a zong thuoh siem ding leh kipahdan thei ding in gingtute ikiman zou ding uh ahi. Tua ding in khovel zoupa Jesu inei a ngai a, Ama i nei chiengin ihina bangbang a lungkimdan ithei tading uhi.

July 11:**PASIAN APAT PILNA MANPHA**

Pilna khu suongmanpha rubi sangin amanpha zaw a, tualeh na deithusam a na lunggulte toh zong tekah thei guol ahi sih hi. A khut ziet lam ah damsawtnate a um a, akhut veilam ah hausatna leh pahtawinate a um hi. Ama lampite khu lungnopna lampi ahi a, tualeh alampite zousie hamuonna lampite ahi hi
(Prov. 3:15-17).

Tam i Bible tang sim a kigen pilna khu Pasian apat a pilna ahia, Pasian neite bou in aneithe i sil manpha, suongmanpha Rubi sang a manphazaw ahi. A manphatdan damsawtnate, hausatnate, lungnopnate leh hamuonnate toh kizui ahilai hi. Tuaziehin, tam bang hamphatnate nei dingin Pasian a kipat tua pilna inei masah angai hi. Khovel pilna hilou, Pasian apat pilna hia, Jesu neite bou in anei thei uh pilna ahi.

July 12:**MANGPA GIIN THEINA KIPATNA**

Mangpa giin khu theina kipatna ahi a, hinarleh mi moten pilna leh thuhilna asimlaw uhi. Ka tapa na pa thuhilna ngaikhie inlen, na nu thuhilna kiheisan sin. Na lutang a dingin pahkhi kilawmtah ahi ding a, na ngawng a dingin khigui hoitah ahi ding hi (Pro. 1:7-9).

Khovel i damsung a muthei a Pasian inei uh khu i nu leh pate ahi uhi. Amaute i Pasian in i leitung Pasian ding ua ahing piehte ahi uhi. Tuaziehin, i nu leh pate zatat a, a thuhilnate uh i ngaikhieh sah ding khu i Pasian hing deina leh hing lam-etna ahi. I pienna i nu leh pa zatat a giing loupi in, Pasian i giing thei sih a, nu leh pa i giin chieng in Pasian zong i giing china hi pai zel hi. Tuaziehin, Mangpa giing va ui, tua hileh nu leh pate thuhilnate zui siem dingin aman theisiemna ahing pe ding hi.

July 13:**MANGPA THU ZUI DAMSAW'NA**

Ka tapa ka thuhilna manghil sinlen, ka thupiehte na lungtang in kem heh. Aziehpén tuaten na damsung ni leh kumte, asausah ding a, lungmuonna kiningching ahing pieh belap nalai ding hi. Khotuona leh thutah hasuo sinlen, na ngawngah viel inlen, na lungtang suongpeh tungah giel in (Pro. 3:1-3).

Pasian thuhilna leh a thupiehte kemhoi a zui ding a lam-et ihi ua, tuakhu i tahsa leh i hagau damna ding ban ah lei a damsawtna ding zong ahi hi. Tam te ban ah Mangpa dante izui chiengin lungmuonna kiningching ahing pieh belap zel hi. Tuabang a manpha Mangpa dan khu kephoi a ngai ziehin a mang lou teitei ding in ngawng a vel ding leh lungtang suong peh tung a gel ding ana chi hiel hi. ***Mangpa na thu bou hoipen sang simlei gou zousie sang in*** chi in Ama phat va ui.

July 14:**I PEINA DING LAMPI HING HIL DING**

Zingmawng chiengin na itna hepina hing zasah in, nangma ka hing muong hi. Ka peina ding lampi hing theisah in, aziehpén ka hinna in nanglam ang entou hi. Aw Mangpa ka galte lah a kipat hing hundoh in, nangma hing bel ka hibou hi (Sam 143:8-9).

Damlai hinkhuo a zui ding lampi dihtah i theilou hun chieng in zong, kahinna in nang lam ahing entou hi ka peina ding lampi hing theisah in chi ah zingmawng chin a i thum zelzel ding uh ahi. Tuahileh, Aman izui ding lampi ahing hil zel ding hi. Mangpan apeina ding lampi ahilna lam zui a kalsuonte mihampha leh milawchingte ahizel uhi. Tuabang a Mangpa kung a thum a Ama ibel leh, hing humbit ding leh guoljawlna lampi a hing pui dingin Ama a muonhuoi in a chitah hi. ***Mangpa nang kang muong hi*** chi va ui.

July 15:**MIDIH LEH MIGILOU MABAN**

Hinanleh midihte lampi zingmawng khovah bang ahi a, sunlai nisa bang a tangpha sem sem bang ahi. Migiloute lampi pen a miel keikui a, banga kipal ahi uoi chi nangawn athei sih uhi (Pro.4:18-19).

Tam i Bible tang sim apat in Pasian mitmu a midihte thupidan leh a maban uh a hoitou zel dan i mu uhi. Joseph hinkhuo bang neite kigenna hiva chi ahing ngaituo sah thei hi. Alampi zui uh zong zingmawng khovah leh sunlai nisa bang ahi ana chi hi. Alelam ah migiloute maban khu khomiel toh kibang a gen ahia, kipalpua theina a dim hinkhuo ana hidan kichientah in i muthei hi. Abangteng hileh, migilou leh miel nuoi a khosa mite zong, Jesu Khrist tatna mantam tah zieh in midih isuoh thei a, midihte hamphatna tan bangbang i tang thei thamtham uhi.

July 16:**HIN TAM SEM NEI NA DING**

Guta khu gu ding leh that ding leh suse ding loungal in ahing peisih. Keipen ama un hinna a neina ding uleh kiningching tah a aneina ding ua hing pei ka hi (Johan 10:10).

I Mangpa Jesun khovel a mikhielte hundam ding a hing pei ahidan genkawm in, hinna anei na ding mai uh zong hilou in, kining chingtah a anei na ding ua hing pei ahidan ana gen hi. Jesu'n hundamna a hing bawlsah tang a, vangam lut maimai ding hilou in, tam khovel a i khosah sung ua hagau lam hoina nei a i nichin hinkhuo ua guolzou tah a ihin chiengin hintam sem a hing isuoh ding a, tua ma khu ahi hin kiningching i chipen uh. I Mangpa Jesu a um lungsim i hing nei a, adeidante ahing zui thei chiengin hin tamsem nei i hing hitheita ding uhi.

July 17:

NEI LEH LAM A MANGPA PAHTAWI DING

Na nei nalam leh na louma a gamasate zousie in Mangpa pahtawi in. Tuachi'n na annbuhte khu bu in ahing dimlet dinga, na belpi liente zong uoin tha in adimlet ding hi (Prov. 3:9,10).

I Pasian khu i kamteng mai hilou, i nei i lamte toh i pahtawi ding ahi. Laphuotu in, ***Pieh in Pasian na khup khel zoulou ding*** ana chi bang in, Pasian hing piehsate ngaisun sun lei, ama kung a i battam dan kitheikhe pan zel ana hidan ahi. Tuaziehin, i innsung leh i louma a pieng guoljawlna sum leh pai, buh leh bal ban ah, i gantate apat in ahing pepa Pasian kungah nuom thu genna in i pethuh ding uh ahi. Tambang a Pasian i pahtawi chiengin, guoljawlna in ahing zui zel ding a, i annbuhte leh i uoin belte zong ahing dim let zawta ding hi.

July 18:

THUTAH IN MANGPA HAN VAI

Mangpan Ama hante pouma leh thutah a Ama hante zousie anai zel hi. Mangpan Ama zau dan siemte pouma deilam a tangtungsah ding a, a kikou uh aza ding a, a hundam ding hi. Mangpan Ama itte zous a vengbit a, hinanleh migiloute a sumang ding hi (Sam 145:18-20).

Khovel a sahkhuo tuomtuom ten zong a Pasian chiet uh ana han zelzel ua, Baal siempute ma bangin a pasien un a hatna uh a dawn lam kithei khangai nailou hi. Ei Khristian kichi Pasian gingtute i hamphatna uh chituom mama khu thutah a Mangpa i hat chieng a hing ngaisah a ahing dawnzelna khu ahi. Tuaziehin, mangbatni leh hasatna ituoh hun chiengun Mangpa i han zel a, Aman hasatna i tuote thuoh zou dingin ahing panpi zel zaw hi. Tam thute thei in zaudan siemkawm in Mangpa han zel va ui.

July 19:**KA THUNGETNA SANGIN**

Mangpa nangma ka hing han hi, kintah in hing del pai inlen, ka hing hat chiengin ka aw za dingin na bil hing daw in. Ka thungetna na masangah gimnamtui bangin zamtou henlen, tualeh ka banzahtoute zong, nitahlam kithoina bangin sangin (Sam 141:1,2).

Sam gieltu David in a thungetnate ngaikhie a, bildaw dingin Pasian ana ngen hi. Thamlou in, a thungetnate Pasian masang a gim namatui a zam tou dingin adei a, abanzahte zong kithoina bang a na sang dingin a ngen nalai hi. Ei gingtuten zong David bang in Pasian lam ah i khutte i zah tou ding a, Ama i han ding uhi. Tambang a David in maingal tah leh kiphalamloutah a Pasian a hat ngamna a zieh a um tham ding hi. A lungsim leh a ngaituonate enchien dingin Pasian a ngen ngam hi.

July 20:**I BUOINATE MANGPA HIL VAI**

Ka aw in Mangpa ka han a; ka aw in Mangpa kungah hepina ka ngen zel hi. Amasang ah ka lungkimlounate ka sungbuo a, ka buoinate Ama kungah ka phuong hi (Sam 142:1,2).

I hasatna leh i buoinate genkhiehna ding Pasian i nei ziehin hampah i kisa a, i lung a muong mama mai hi. Ama kung ah phuolguh bangma neilou in i kisungbaw ding uhi. I lungkimlouna te midangte kung a ban gengen zawlou in, i hasatna hing theipi i Pasian kung ah i genkhezaw ding uhi. Tuachin Mangpan i hatna aw te hing ngaikhie in, a hing dawng ding hi. Amabou, i thei ding ahoi mama khat ahileh, ei deibang leh i lam-et bang tahin kin leh buong in ahing pepai lou zong ahi maithei a, ching theitah in Ama i ngah zel ding uhi.

July 21:**MANGPAN HING THEI CHIEN**

Aw Mangpa nangman chientahin nahing sui a, nahing theita hi. Nang ka tousuh leh ka dintou lai na thei a, ka ngaituote gamlapi akipat in na theithe hi. Nang ka pei leh ka lup na enchien zel a, ka umdan zousie na theisuoh hi. Ngai in, Aw Mangpa, nangma theilou ka lei ah thu mawngmawng a um sih hi (Sam 139:1-4).

Mihingte hun chin a i umdan leh gamtatte ban ah, lungsim a i ngaituote tanpha a theisuoh i Pasian ahi. Aman a hing theichien dante i ngaituo tha chiengin zumhuoipi a suoh hi. Tambang a i hina leh i dinmun hing theichien pa i Pasian ahiman in lungmuon huoi isa mama a, i ha zong amuong hi. Thamlou in, tam bang a hing theichienpa masang ah siengthou leh dembei a um siltup in i nei ding uhi.

July 22:**MANGPA KIVELCHIEN SAHVAI**

Aw Pasian hing enchien inlen, ka lungtang thei in, hing enkhie inlen, ka ngaituonate thei in; Tualeh keima ah umdan gilou a um eimah en inlen, kumtawn lampi ah hing pui in (Sam 139:23,24).

I tahsa a damlou chieng a Doctorte kunga phuolsel bangma neilou a i kivalsah bangin Pasian masang ah phuolsel bangma neilou in i kilui khe ding a, i kivel chiensah ding uhi. I lungtang ngaituonate, i gamtatnate leh i kampaute Pasian masang ah a siengthou in a dihkim nai chi in Ama ikivel chiensah zel ding uhi. I hoilouna leh i thulim lounate kitheimaw bawl a, mihing leh Pasian solzou dingdan a i kingaisut lou ding uh ahi. Tuanah sang in, ***Mangpa hing enchien inlen, hing siemtha in*** chiva ui.

July 23:**MANGPA LAM NGAT IN BE VA UI**

Aw Mangpa ka lungtang zousie in nangma ka hing phat ding a; pasiente masangah nangma phatna la kasa ding hi. Na biehin siengthou lam nga in ka hing be ding a; Na itna tulngailou leh na thutahna ziehin, na min ka phat ding hi; aziehpén na thu khu na min zousie tungah na tawisangta hi
(Sam 138:1,2).

I Pasion khu biehtah leh beltah Pasion ahia, phat ding a kilawm zong ahimawng hi. Leeng David in Pasion khu a biehin siengthou lam nga a be ding ahi dan ana gen hi. Tuamabangin Daniel leh a lawmtén zong Jerusalem, Pasion khopi lam ngat in a kottate uh hongin Pasion a be zel uhi. Tuaziehin, Pasion be ding leh Ama phat ding in a mun siengthou Biehin lam i zuon zel ding a, hagau leh thutah in Pasion i be zel ding uhi.

July 24:**INNSUNG A GUOLZAWLNA**

Mangpa giing poumaten nuom asa uhi, alampi zuiten. Na khut sepgim ga na ne ding a, kipahtahin na um ding a, navah tahin zong na um ding hi. Na zi zong na innsung a grepgui ganuom mama bang ahi ding a, na tate zong na daw kang kimvel a Olive selte bang ahi ding uhi
(Sam 128:1-3).

Mangpa ging a alampi zui mite hamphatna dingte i simkhie ua, lunggulhuoi leh deihuoi tah zong ahi hi. Tam mun a kigen Pasion guoljawlnate khu, **sepgim ga ne ding, navah tah a um ding, kipahtah a zong um ding** chite khu mi tamzawte neiphahlou thumanphate ahi. Thamlou in, innsung a zi leh tate apat guoljawlna tung dingte zong thanophuoi in lunggul huoi mama hi. Tambang ahileh Mangpa giin ding kilawp a huoi sem hi.

July 25:**MANGPA LOU IN A THAWN**

Mangpa'n inn alam sihleh alam miten asemgim thawn giap uhi; Mangpa'n khopi aven sihleh aveng mite ahah thawn giap uhi. Hinna ding a zingkal matah a kipan a, zankhang lieng a nasep phatuomlou hi. Aziehpen lum nan ulezong Mangpan a itte neh leh tah a guon veve hi (Sam 127:1-2).

Mihing ten i damsung in bangteng ngaisun in, sem in bawl nanleizong Pasian apan lou leh a thawn suohzel ahi chi Laisiengthou apat i simkhie uhi. Tuaziehin, Mangpa panglou in khovel ah lawchinna tahtah umthei ngailou hi. Mihingte sep hatna leh kukalna ziehin lawchinnate hing um ding bang in hing kilang zel nanleh, Pasian a panlou chiengin tangtung zoulou in, atawp tunglou in beimang zel mai hi. Tambangteng ahiman in, i sep i bawl leh i siltupte pouma ah Pasian amasapen in ikoi zel ding uhi.

July 26:**MANGPA A HING KIPAN HIZAW**

Heilang a kipan a panpitu hing pei ding ahei chi in muol leh tangte ka en en hi. Kei hing panpipa khu, Mangpa lei leh van siempa a kipat hing tung ding ahi. Aman na kengte a kitaal a phalsih ding a, nang hing chingpa a lusu sih ding hi. Ngai wawi Israel chingpa khu a lusu sih ding a, a imu sih ding hi (Sam 121:1-4).

Mihingte i beidot chiengin panpitu mutheina ding lam tuomtuom i lungsim ah hing kilangkhe zel hi. Amabou, khovel mite piehthei panpinate in bangma tan dailou ahiman in bei paipai zel hi. Tami Sam gieltu in eite hing panpitu ding pen mundang leh gamdang a hing kipan ding hilou in, Mangpa lei leh van siempa ahing kipan ahizaw achi hi. Ami Israelte chingpa i Pasian khu eite hing panpi ding in kimansa in a um a, ahing nuasie ngai sih hi.

July 27:**UNAU KITUOH A UM MANPHAT DAN**

Ngai un, Unaute kituoh diil diel a umkhawm anah hoiin, nuom hina va-ia e. Lu tunga thau manpha kinu, khamul a luong khie, Aron khamul ngei a luongkhie, apuonah tuol monga luongkhie bang ahi hi. Hermon daitui chiim, Zion taangte a ke zel bang ahi, Tuanah Mangpa'n guolzawl na thu apie a, kumtawn a hinna ding ngei (Sam 133:1-3).

Innsung leh gam sung a kituolouna um ten khovel nuomlou sah mama mai hi. Nichin leh hunchin in kisiet kibalna leh sa leh gal a kineina thuthang iza zing zel uhi. Tambang hun in unau kituo dildiel a umkhawm lunggulhuoi in dei huoi vangut hi. Mangpa Jesun, khovel a atatsa gingtute pumkhat a a um ding deisah in a pa kung ah ana ngetsah ta hi. I innsng i khosung leh igam sungte uah, ki itnate leh kithutuonate nei sawm in pan latha zelzel va ui.

July 28:**MANGPAN SIL THUPI HING BAWLSAH**

Ahi, Mangpa'n eite a dingin sil thupite ahing bawlpieh a, tuaziehin i kipah uhi. Aw Mangpa sal a ka tan na ua pat hing puikia inlen, Simlam luite bangin. Hitui luong kawm a haichi tuten, lungnuom tahin a at ding uhi. Kap kawm a buchi puo a kuonkhe ten, lungnopna bu phaite puoin nuomsatahin ahing kinuahle ngeingei ding uhi (Sam 126:3-6).

Israel taten saltanna apat Pasian khut hat a puikia ahi uh sil thupitah a ngai in, hasatna mun apat lungnopna mun a puiluttu Pasian a pahtawi uhi. Pasian in amite thuohna leh siltuote a theizing a, koima a thawn in a thuohsah sih a, kap a hitui seng a asepnate uh lungnopna toh a zousah hi. Eite adingin zong Mangpan sil thupi ahing bawlsah zelzel a, kipahdan thei in, aminlou zel va ui.

July 29:**MANGPA MUONGTE BIT DAN**

Mangpa muongte khu, Zion tang suhling guollou kumtawn a um ngitngat bang ahi ding uhi. Tangte Jerusalem kimvel a a um bangin, Mangpa khu a mite kimvel ah, tua kipat kumtawn in a um ding hi (Sam 125:1-2).

Israel ten Zion tang detdan a theisiem mama ding un a gintat huoi a, tami Sam gieltu in Mangpa muongte bit dan toh ana tekhn hi. Tua Zion tang dettah in Jerusalem a kimvel bang in, Pasian in amite bitna ding ngaituosah in a vengbit china ahi hi. Mangpa muongte bangma in hing suling zoulou ding china a suoh hi. Ahileh koite e Mangpa muongte chi kia ding hita lei, khovel leh a silbawltheinate a muonna koizaw lou a, tuate sang a hatzaw leh silbawltheina bukim nei i Pasian a muonna koite china ahi pen hi.

July 30**MANGPA DAN IN HING CHINGKIP**

Na thu khu ka kenga dingin meivah ahi a, ka lampi a dingin khovah ahi. Migilouten ka awhna dingin thang akam ua, hinanleh na thuhilna thute ka pielsan ngaisih hi. Na thutheisahte kumtawn a ka gouluo ding bangin ka lata a, ka lungtang sunuompen ahi zieh in (Sam 119:105,110,111).

Pasian dan thu khu ei gingtute adingin ahing chingkiptu meivah bang ahia, i lampi a ding in zong khovah bang ahi. Pasian thu zuiloute khu miel lah a lamzawt bang ahi ua, a masang ua kipalpua theina umte zong mutheilou leh peina ding lam dih mu theilou in a ki maimai zel uhi. Tuaziehin, Pasian thu ingaisang in i simsim ding uhi. Pasian houpina aw za thei dingin a thute sim a ngaikhie in, khovel silte apat kihemkhie in Mangpa kiching kipsah va ui. A thute lah i lungtang sunuom pen ahi zel ngal a.

July 31:**ZINGMAWNG A PASIAN HATNA**

Zingmawng phalvah masangin ka thou a, panpina ngen in ka kikou a, Na thu ka kineppi hi. Na thu ka ngaituo theina ding, zanven sung pumpi ka mitte ahah hi. Na itna hepina bang zel in ka aw ngaikhie inlen, na vaihawmnadih bangzel in hing suhal in (Sam 119:147-149).

Sun leh zan a Pasian ngai a thum leh mau a um mite mihampha ahi uh ichi thei ding hi. Thum ding a phalvah masang a thou a kikoukhie mite thumna aw Pasian in a ngaikhe zel hi. Eite bang hun in ithou in i thum zel uoi? Sam gieltu gen bang in, midang koima i houpi masang in zingmawng matah a thou in Pasian i houpi ding a, tuachin aman ahing ngaikhe ding hi. Sildang zieh hilou, Pasian thu ngaituo a zan ven sung pumpi mit hah in a thu (Pasian thu) i ngaituo zel ding uh ahi.

August 1:**KIPAH KAWM A MANG NASEP**

Nou gam zousiete aw, Mangpa pahtawi in nuomsatah in kikou un. Kipahkawm in Mangpa nna sem unlen, lasa kawm in amasang ah hing pei un. Mangpa khu Pasian ahi chi thei un, ahing siempa Ama ahi a, eite Ama a ihi ua, amite leh agantatna mun a abelamte ihi uhi (Sam 100:1-3)

Mangpa Pasian hina leh a hoinate theichien semsem hilei, Ama phat a ana sep ding koima thase lou ding ihi uhi. Ahing siempa ahi a, ahing neipa zong Ama ahi hi. Tuaziehin, Ama phat ding leh Ama bedingin Amasang ah i pei khawm zel ding ua, kipahkawm in Ama nna i sem ding uhi. Sep ding ahi zieh leh, alouthei lou bang a ngai a sep ding hilou in, thanuom tah leh kipahtah a isep ding uh ahi.

August 2:**MANPAN HING NGAIKHE ZEL**

Aw Mangpa, ka thungetna hing ngaikhie inlen, ka kikouna husa nangma kungah hing tung hen. Ka genthei ni chiengin kei a pat na mai phuol sin. Na bil kei langah hing daw inlen, ka hing hat ni chiengin hing dawng paiin (Sam 102:1-2).

Tami Sam khu gim thuoh mi in a ba laitah a Mangpa mai a alungkhamna atutna thu ahi. I Pasian in i genthei ihasat hun chieng a amai phuol mai hitaleh dahuoi mama ding ahi lai in, tuabang hilou in, a hing ngaikhie in ahing dawng paipai zel ahi chi thei in taima tah in i han paipai ding uhi. I Pasian uh khu i hatna ngaikhe zing ahimai hilou in, i hasatnate hing lah mangsah zel a, i tahsapte hing pezel a muonhuoi Pa ahi chi thei in i lungmuong ding uhi.

August 3:**MIDIHTAT GASUO DING DAN**

Midihtatte khu tumsing bangin akhanpha ding ua, Lebanon muol a Sidar singte bangin a khang ding uhi. Mangpa inn a kisuonte pen, i Pasian uh bieh inn huong sung ah akhanpha zeizoi ding uhi. A upat nua chieng nangawn un zong, ga asuong nalai ding ua, a hing dipdep ding ua, abawhpha mama ding uhi (Sam 92:12-14).

Pasian deibang a hing mi dihtatte khanphat ding dan leh gasuo ding dan gen in, Lebanon muol a Sidar singte toh tekah ahi uhi. Jesu Khrist gingu midihattate zong i kibulphuna a dihpou leh i khanpha ding a, thamlou in upat nua tan in zong Hagau lam ah i gasuo semsem ding uhi. Khrist a ikibulphuna a thuh zou khop leh i gasuo a thupi in sawt a dai ding hi.

August 4:**I PASIAN PHAT VA UI**

Aw hing pei un, Mangpa phat in la isa ding uh; i hundamna suongpi pahtawi in nuomtahn ikikou ding uhi. Kipahthu gen kawm in amasangah ipei ding ua, phatna la sa a Ama pahtawi in, nuomtah in aw i suo ding uhi. Aziehpén Mangpa khu Pasion thupitah ahia, pasien zousiete tunga leengpa thupitah ahi (Sam 95:1-3).

I Pasion uh khu Pasion thupitah leh silbawlthei, Pasion zousiete tung a Leengpa thupitah ahiman in biehtah leh phattham ching Pasion ahi. Tuaziehin tam Sam labawltu in mipite han in Pasion phat a lasakhawm ding leh a kung a nuomthu gen a, Ama pahtawi a nuomtah a kikou dingin chielna ana bawl hi. I lungsim i hagau leh i awnei zousie toh Ama i phat ding a, ***Mangpa hoi hi, Mangpa lien hi*** chi in iki kou ding uhi.

August 5:**PASIAN KHOPI ZION**

Asuongphum khu muol siengthou a um ahi. Mangpa'n Zion kulpi kotkhate khu, Jakob umna zousie sangin angaina zaw hi. Aw Pasion khopi na tungtang thu thupitahte agen uhi. Selah (Sam 87:1-3).

Laphuohtu in tam Pasion khopi Zion khu laa in ana phuoh a, ***'Na vang liimlien zatan lel e, Zion tung Pasion vangkhuo'*** ana chi hi. Thuuntha hun ah tam Pasion khopi khu Pasion Hattuumte ahing hita hi. Tuaziehin, Pasion Hattuum a misiengthou a simtel ihiziehun i kipah ding uhi. Tam khovel a muthei a a dinkhie a Hattuum khu i ngaisang in a sung a um zong nuom isa ding ahi. Thamlou in, tam i hamphatna zieh a Hattuum a mawpuohna ineite phatuomngai tah in i sem khezel ding uhi. ***Mangpa, khovel damsung a ding a nang pieh na Hattuum siengthou zieh in nuom thu kang gen ahi*** chi va ui.

August 6:**HING SUHAL KIA IN MANGPA**

Nangma a na mite a kipah theina ding un, na hing suhal kia sih ding amah? Mangpa aw, na khotuona hing musah inlen, na hundamna zong hing pie in (Sam 85:6,7).

Tulaitahin i gam sung ah, innkuon sung leh Hattuum in Pasian apat halthana i poimaw mama mai uhi. Tam bang halthana khu mihing bawlthei leh lawkhiet thei himailou in Pasian Hagau nasep leh gasuo ahizaw hi. Thamlou in ei mimal leh innsung nopsahna ding leh hamphatna ding mai hizawlou in, Mangpa a midangte a kipah theina ding uh ahizaw hi. Halthana tunna munte ah khiel kisiana leh thupha tawina hinkhuo miten anei ua, eima sang a midangte hoisahzawhna in adim uhi. Tuaziehin, ***Mangpa aw nangma a namite akipahtheina ding un, hing suhal kia in aw***, chi in Pasian buon va ui.

August 7:**PASIAN NAI A HOI HI**

Ngaivawi, nangma hing gamlatte amangbei ding ua, nang hing nuasie a hing ang kawmsan poumate, na sumangthang ding hi. Hinanleh kei a dingin vang Pasian nai ahoi hi; Na nasepte zousie ka phuondoh theina dingin, Mangpa Pasian nangma ah ka ginna ka koi hi (Sam 73:27,28).

Pasian apat taimang a, gamla tah a um mite a genthei dan uh ina thei ngai zelta uhi. Jona leh Elija hinkhuo apat in zong kilang chien mama hi. Jesun ana gen tapa taimangpa zong, apa inn apat a tai gamlat pou leh ahinkhuo genthei in hasa asa semsem zaw hi. Amabou, tam Sam labawltu in ana gentah bang in, midangten Pasian taisan in gamlat semsem nan uleh, ***Kei adingin Pasian nai ahoi hi*** chi thei i sawm ding uhi. Tuabang i hing chi thei hun chiengin Pasian toh kinai tah a khosa khawm in, Ama bang a siengthou leh bukim ihing hi theita ding uhi.

August 8:**MANGPA A HATNA NEITE HAMPHA**

Nangma a hatna nei mi ahampha hi, alungtang a Zion zotna lampi lunggul khu. Amaute kaana luiguom a zawt lai un, tuakhu tuikhuh in abawl zel uhi. Khaal guo zu masate'n zong tuikulte adimsah hi (Sam 84:5,6).

Juda ten Zion khopi (Jerusalem) a Pasian be ding a ahaw ding chieng un a peina lampi uah luiguom thuhpi khat **Kaana guom** kichi tui umlou zieh a gilkiel dangtah thuohkawm in a pal galkai zel uh akichi hi. Tam mun hasa lampi a zawt chieng un, a lungsim un Zion khopi a Pasian Biehinna a tun hun ding uh ngaituo in, tuanah siemputen Siloam dil a tui siengthou a tawisa uh dawnta ding uh ahi chi in a kihenem zel uh akichi hi. Tambang in ei Thuhuntha gingtuten zong Van Jerusalem tha hinna lui tui dawn ding ngah in tam khovel hasa ah lam-etna toh i peizel uhi.

August 9:**GINNA GAM A MANGPA NGAINA**

Aw Pasian nangma ka Pasian na hi, zingmawng matahin nangma ka hing sui ding hi. Ka hinna nangma ngai in adangta hi, gamgaw tui umlouna leh gimna gam ah ka tahsa in nangma ahing ngai hi (Sam 63:1).

Khuolzin mite a ding a gamgaw tui umlouna mun a hasat bang in Pasian panglou in gingtute hinkhuo khu hasatna a pumdim ahi i chi thei ding uhi. Tambang hun in sildang bangma suilou in, i Pasian melbou i suizaw ding uhi. I khuolzinna tam khovel a i taam sung un, Pasian hagau pawlna lou in sil zousie, sum leh pai hi in silhoi dang zousiete zong lungnopna leh tawldamna pethei umlou ana hi hi. Tam bang a gimna leh hasatna mun ah Mangpa bou ahi tawldamna hing pethei chi ngaituo in i Pasian i sui ding a, **nangma hing ngai ing** ichi ding uhi.

August 10:**GENTHEITE PASIAN**

Pasian a umna siengthou a um khu, Pa neilou te pa leh meithaite kemitpa ahi. Pasian in mi tangkhat te innkuon ding abawlpieh a, Aman hentate zong lawchinna mun ah apuidoh zel a, helhatte pen gamgaw ah a tengsah hi.

I Pasian uh a zattuom na mama khat khu migentheite leh chimawte a ding a Pa ahina tah ahi. Pa neiloute, meithaite leh mitangkhatte khotuo a, amaute a ding a silhoi bawl sah zelpa i Pasian uh ahi. Thamlou in, saltang a lam-etna nei nawnloute zong lawchinna ape zel hi. Tulai in i gam ah koppi neinawnlou leh lungleng a genthei kisa mi tampi i um ua, tuabang te a ding a lawmhoi leh manpha i Pasian i nei khah man in lungmuonhuoi isa in hamuon huoi zong isa uhi.

August 11:**MANGBAT NI A BITNA MANGPA**

Hinanleh ken vang na silbawltheina la in kasa ding a, zingmawng chieng in na khotuona phat in nuomtahn la ka sa ding hi. Aziehpeng nangma ka mangbat ni chieng a ka kibunna kulpi na hia, ka kihumbitna zong na hi (Sam 59:16).

Mihing in hasatna leh mangbatna ituo chiengin a hing theipi leh ahing awlmaw khat i nei a, tuakhu i Pasian ahia, Ama khu i kibutna kulpi leh kihumbitna zong ahi hi. Mundang heima sung ah bitna umlou hi. Tuaziehin, zingmawng chiengin Mangpa hoina leh khotuona zieh a nuomthu gen in amin i han zel ding hi. Tami Sam laa bawltu in tambang a i mangbat ni a hing khotuo a hing humbittu i Pasian khu phat a laasa ding ahi thu ana gen hi. Chimaw leh mangbang a i um chiengin zong tua ban ga iki humbitna kulpi Pasian muonhuoina ngaisun in hamongtah in i um ding uhi.

August 12:**PASIAN I BITNA LEH HATNA**

Pasian iki humbitna leh i hatna, mangbat lai a hing panpi paipai, nai ngitnget ahi. Tuaziehin leitung pumpi hing kiheng lamdangin, taangte tuipi sunga tumsuh dingin, kiling nanleh izau sih ding uhi (Sam 46:1,2).

Khovel ah zau ding a tam mama mai a, hinanleh a siltunna mun khovel lam hilou a, a siempa leh atung a thuneipa Pasian lam i et chiengin zau ding bangma umlou ahi chi ithei khe zel hi. Tuaziehin, Pasian ibitna ahia, hasat hun a hing theipi pa ahi chi manghil sih va ui. A hing panpi dingin i kung ah a um zing hi. Bangchi bang a hun hasa leh silzauhuoi tawp khawh a hing tun hun in zong Ama ikihumbitna leh i hatna ahi chi thei in izau sih ding uhi. Jesu sieng ah zau ding bangma umlou chi thei vai.

August 13:**HUNCHIN IN MANGPA HAN VAI**

Ken vang Pasian ka han ding a, Mangpa'n ahing hundam ding hi. Nitah leh zingmawng leh sunlai in thu ka ngen dinga, tualeh ngaitah in ka kikou dinga, Aman ka aw aza ding hi (Sam 55:16,17).

I Laisiengthou in tawplou a thum ding a ahing hil bangin, Sam laa bawl pan zong, nitah, zingmawng leh sunlai in thu ka ngen ding ana chi hi. Thamlou in Pasian masang a ngaitah a kikou ding ahidan leh tuami a kikou aw ging khu Pasian in ana ngaikhe ding ahi achi lai hi. Eite banghun hun in i thum zel uoi? A lelamkia ah, tam mun a thum ding dan kigen pen in a hun leh a dahkal kizin leh kivan thu lam hizawlou in, i hinkhuo pumpi khu thumna in ki dim thei leh chi duthusam ana hizaw ding dan in akilang thei hi.

August 14:**PASIAN NGAI A THUMNA**

Sakhi in lui tui luong dieldiel alunggul bangin, Aw Pasian, ka hinna in nangma ahing lunggul hi. Ka hinna in Pasian angai a, Pasian hing ngai in adangtah hi, bangchih chienga Pasian kunga tugin, Amasang ah ka kilah thei diei? Miten ka kungah Na Pasian hei a um ahiei? Ahing chi lai un sun leh zan in ka hituite, ka ann ahi hi (Sam 42:1-3).

Tam mun ah Israel tate saltanna mun apat Pasian Biehin pi a Pasian ngaina thu i sim a, gamsa in luitui luong a lunggul bang toh tekah in ana kigen hi. Gingtute hinna in a siempa leh ahing neipa Pasian a lunggul a angai ding ma ahi chi ahing ngaituo sah hi. Tahsa a ihin sung in i khosahna khovel in hing hip zou mama mai a, hagau lam mit hah a lunggel theite a dingin Pasian ngai a thum vungvung hun ahita hi.

August 15:**KHRIST A ZALENNA**

Tuaziehin suoh hi nawnlou dingin Khrist in eite ahing zalen sahta hi, tuachi'n dingdet unlen suoh hahkol ah awhkia nawn sih un (Gal. 5:1).

I tenna gam uh India khu British te khut ah hun sawtpi khat ana um ngai ta a, zallenna suol in Mahatma Gandhi leh mi dangdang ten a hinna te uh ana taan thamta uhi. Tuachin 1947 kum tuni bang hun in India in zalenna Independent ana nga tahi. Tu in mani kivaihawm leh a zalenta gam a teng ihi uh mabangin, Eden apat khelna sal a taang te Jesu Khrist zieh in hutdamna i tang ta ua, tua khu khelna apat zalenna (Independence) inga uh ahi. Tuaziehin Sawltah Paul in suoh hi nawnlou ding a zalensah ihi tah zieh ua, dingdet a, suoh hahkol a awh kia nawnlou dingin ahing na hanthawn hi.

August 16:**HING UMPI ZING PASIAN**

Sun chiengin Mangpa'n a itna tulngailou khu thu ape ding a, zan chiengin a la in ahing umpi ding hi. Tuakhu ka hinna Mangpa kunga ka thumna ahi

(Sam 42:8).

Mangpa umpina khu a tate a ding a lungmuonhuoi pen leh a lunggul huoi pen ana hi gige hi. Tam Sam labawl tu in zong i sim chieng a aitna tulngailou hing pie a, zan chieng a phatna la a hing umpi zel Pasian kung a thum ahidan ana gen hi. Pasian itna leh a tate a kepna khu khovel mihingte itna tul paipai te toh kibanglou in, adetdou in a tulngai sih hi. Numei in a sung a pieng naupang neu taisan a pasal dang a zot ngam lai in, Mangpan atate hing taisan ngam ngailou ahidan ngaituo tha zel va ui. Tuaziehin, eiten zong koima dang kung hilou in Pasian kung ngei ah kikemsah in thu ngen zel va ui. Ahing umpina thei thei dingin hagau lam mit vah zong i sawm ding uhi.

August 17:**GENTHEI KHOTUOMI HAMPHATNA**

Gentheite khotuo mite a hampaha uhi, a mangbat ni chieng un Mangpan a hunkhe ding hi. A lupna tung ua china a a lup chiengun Mangpan ahatsah ding a, a damlouna uleh a hatlouna zousie uh zong a damsah ding hi (Sam 41:1,3).

I Pasian uh khu migenthei leh hasa thuohte it a, ngaisah Pasian ahi. Tuaziehin ama itte it a, khotuo mite aman a ngaisah in a kem zel chi i muthei hi. Genthei leh tasamte khotuona lam ah pan ila tha ding a, i khutte i zahtou kia ding uhi. Tua hileh Mangpan eite zong i mangbat ni chieng in ahing hunkhe ding hi. Hattuum pawlpi leh phatuomngai pawl tuomtuom ten tam bang nasep te thei khamkham in isemthei panta ua, lungdamhuoi i sa uhi. Amabou lam-et dang sil tuompi khat nei a sem ihi khah ding sil zauhuoipi ahi. Pasian thu in ahing hil dan khu genthei leh tasamte khotuomi a hampaha ding chi ahi.

August 18:**MIDIHTATTE LAWCHINDAN**

Naupang kana hi a, tuin tehsie ka hing hita hi; hinanleh midihtatte taisan a a um lam ka mukha nai sih a, atate u'zong khutdaw a vah ka mu ngaisih hi (Sam 37:25).

David in tehsia ahinua a asiltuo leh a thei gige khat tam mun ah ahing gen a, tua khu mi dihtatte ngaisah lou a um ngailou uh ahidan leh asuon a hahte uh zong tasam a um ngailou uh ahidan thu ahi. Tuaziehin, dihtatna kichi khu a huntah a muthei a kilangte mai hilou in, akhangkhang a muthei a um tou zel ahidan a kilang hi. Tulaiin i gam ah tami dihtatna in mun neizou lou in, mutheina ding leh tan theina ding ahipou leh khawhsah kinei zou nawn lou ta hi. Tambang hun in, dihtatna gasuo a manphatdan ngaituo tha zel in, lunggul pen in nei thei chiet sawm va ui.

August 19:**MIHING DAMSUNG TOM DAN**

Mangpa ka hinkhuo bei hun ding leh, ka damsung bangtan ahi diei chi hing theisah inlen, ka hinna bei kin dan hing theisah in. Ngaivawi, ka damsung khutpeh chie bepin na siem a, ka damsung kumte sawt dan zong na mitmu ah bangma tham ahi sih hi. Mihing zousie ahoilai nite u'zong, bangmalou mai ahi. (Sam 39:4-5).

Nitah chieng a lum zel a, zingkal a thou zelzel ding a damdam mai ding a kingaisun zong ihikha ding hi. I Laiisengthou tang sim in mihing te damsung tomdan agen chien mama hi. Nitah a lungnuom tah a lupna zuon napi zingkal a thou nawn talou mi tampi um a, thamlou in zingkal a thoukhie, sun hun sung a tuosiet tuoh a nitah hun a innkuonte toh ann nekhawm nawnlou tampi um zel hi. Tam bang a dengdel leh hinkho tomnou mang ihi dan thei in, ***Mangpa aw, ka hinkhuo umdan theisiem a, mang siem dingin hing panpi in*** chi in i thum ding uhi.

August 20:**SIL HOILOU BAWLTE EN LOU DING**

Silhoilou bawlte ziehin kisulungkham nuom sinlen, dihloutaha bawlte zong eng sin; aziehpén amaute hampa banga at pua pai in a um ding ua, louhingte bang a vuoi pai ding ahi uhi (Sam 37:1,2).

Mihing ten a tangpi a gen in, i mihinpité hina kimusiém mama mai a, adieh in a sil gilou bawlte bang uh kilungkhampi in ki thasiet law kha zel hi. Tuabang mite sawtlou a beipai ding uh ahidan theisiém a, amaute bawl bang asil hoilou i bawl hetlou ding uh ahi. Tunai a muthei a kilang mama khat ahileh Sorkal leh khotaang in zong a phallou khamthei zuoh a hing hausakhete i et zui chiengin sawt dai lou in enhuoi hetlou uhi. Tuaziehin, gingtute bawl ding a hoi khu, tambang sil hoilou bawlte eng hetlou a, amaute zieh a i kisuh lungkham lou ding uh ahi.

August 21:**MANGPA NGAH VA UI**

Na umdan ding Mangpa tungah nga inlen, Ama muongin Aman abawl sieng ding hi. Aman na dihtatna vah bangin ataang sah dinga, tualeh na dihna thute sunlai nisa bangin, ataang sah ding hi. Mangpa mai ah sip dide inlen, Ama ngah khinkhian inlen, agamtatna ua lawchinna mute zieh in kilunggimsah sinlen, a silgilou bawl tupte ua alawchin chiengun kilunggimsah sin (Sam 37:5-7).

Thuhun Lui hun lai hi in tulai hun hita leh Pasian lemigel ngah sese lou a, gam ta gawpgawp te a lawching leh a hampa zaw uh bang a akilah hun atam hi. Hinanleh, hunte hing peizel in a tawpna tahtah ah Mangpa ngah mite hamphatdan leh lawchindan hing kilang khe zelzel ahi chi imu thei hi. Tuaziehin, i maban ding leh i um ding dante Mangpa tung ah i nga ding a, Ama khut i ngah zaw ding uhi. Jesun ka hun a tung naisih achi hun bangzong um thei ahi chi thei in, sip dide a ngah hun umсах va ui.

August 22:**MANGPAN AMITE HUNKHIE**

Mangpa ka han a, tuachi'n aman ahing dawng hi; ka zauna zousie akipat ahing hunkheta hi. Ama zau mite pen akimvel uah Vansawlsiengten giehphuol bawl in a imkuol ua, amaute ahunkhie uhi (Sam 34:4,7).

Sil dangdangte zau sang in Mangpa zau ahoi in a manpha zaw tham hi. Aziehpén khovel a zauhuoi dang um zousiete tung a thunei i Pasion ahizieh in i zauna apat hing hunkhe ding in a vansawлтаhte hing sawl in giehphuol bawl zen in hing imkuol sah thei ahi hi. Tuaziehin, zau thei ding bang ma a um hun chiengin, Mangpa han lei aman ahing dawng ding a, i zaunate apat ahing hunkhe ding hi. Khovel a zauhuoi chi tuomtuom umte sang a zauhuoi zaw leh silbawl thei zaw, a thahat zaw i Pasion ahidan thei in Ama hatna i muong zaw ding uhi.

August 23:**MANGPA SUITE TASAM NGAILOU**

Oh! Mangpa hoidan chiem unlen, en mawng vawi un; Ama muong miten nuom asa uhi. Nou amisiengthoute aw, Mangpa giing un, Ama giing mite atasam ngai sih uhi. Humpibahnei lunlaite atasam ua a gilkiel zel uhi, Hinanleh Mangpa sui miten vang silhoi mawngmawng atasam sih uhi (Sam 34:8-10).

Gamsate lah a hatpen leh thunei pen humpibahnei in bailam tah a gamsa dangte man a anehzel hinapi in, aneh ding bangma muzoulou a atahsap hun a um thei zel thamtham hi. Mangpa giing a, Ama sui mite pen in tahsap bangma neilou ding ahidan uh i Laisienghtou in ahing hil hi. Silhoi tasamlou chi khu Hagau lam sil toh kisai zong ahideu pen a, Sawltah Paul in nieng leh tai a umdan, gilkiel leh tasam a umdan ka siem achi bang dan in zong i ngaisun thei ding hi.

August 24:**LUNGGIM HUN A PASIAN MUONNA**

Aw Mangpa, ka tungah zangai in, ka lung adong hi Lunggim na ziehin ka mitte a miel gawpta a; Ahi, ka hinna leh ka tahsa pumpi aba gawpta hi. Aziehpén ka damsung lunggimna in kamang zouta a, tualeh ka kumte khu thumlemauna in abeita hi; ka thulimlouna ziehin ka hatna aba a, ka gute a zawngkhalta hi (Sam 31:9,10)

Khovel a i damsung in lunggim leh basie a i um hun chiengin tawldamna ding ngaisun in khovel sil tuomtuom te i na sui khazelzel uhi. Hinapi in tawldamna tahtah khovel sil ten hing pe theilou ahiman in i lawsam in i puase thei zel hi. Tambang hun chiengin in Sam labawl pa gen bang in **“Aw Mangpa, ka tung ah zangai in, ka lung adong hi”** chi in Mangpa i zuon zel ding uhi. Sum leh pai ban ah neh leh dawn ten i lunggimna hingdawn zang thei ngailou ding uhi. Jesu kung zuon va ui.

August 25:**MANGPA A PASIAN A NEI NAM**

Mangpa a Pasian ua nei nam ahampha uh, aman a gouluo dinga atel nam khu nam hampha ahi (Sam 33:12)

Mimal leh nam chinteng in hamphat ding ut in theitawpsuo in i tai zel ua, gam bang, kaam (Service) bang kitu in i hinna phal khopkhop in i pang chiet uhi. Bangteng bawl in, bang teng nei lei zong, sil zousie neipi Pasian i neikhah sih leh damsung a ding a vangse penpen kisuoh veve ding ahi. Amabou, Mangpa khu Pasian a nei mihing leh minam i hing hi chiengin, mi hampha leh nam hampha i hing hi ding a, Ama gouluo ding a atel mite i hing hi thei ding uhi. Khovel ah a thunei pen leh a hausa pente lawm leh deisahtu a i nei sang in Mangpa khu Pasian in nei va ui, tuachin mi hampha isuoh ding a, i innkuon leh i minam tanpha in hamphatna a tang ngeingei ding hi.

August 26:**MANGPA I HATNA AHI**

Mangpa khu ka hatna leh ka phaw ahi; ka lungtangin ama amuonga tuachi'n panpi in ka um hi. Tuaziehin ka lungtang in nuom asa mama a, tualeh ka la in ama ka phat ding hi. Mangpa'n amite kungah hatna ape ding a, Mangpa'n hamuonna in amite a guolzawl ding hi (Sam 28:7; 29:11).

Mangpa khu hatloute a ding a hatna petu, zau ding umna mun a ilum leh i phaw ahi. Tam thu thei in Ama ah muonna nga vai in, Ama apat hatna nga ding in kisa tha zel va ui. Tua hileh, i lungtang in nuom asa mama ding a, phatna laa in ama i phat thei ding hi. Mangpa a hatna hikhalou a, khovel sildangte a kinga mite khu tomnou khat sung lungmuong bangin um nan ulezong sawt dailou zel hi. Tuaziehin, Mangpa khu ihatna leh i phaw hisah va ui.

August 27:**I KAA NATE LAMNA SUOH SAH**

Aziehpen alungthahna khu mitphietkaal bep ahi a, adeisahna ah hinna a um hi, kaana pen zankaal khat a um thei a, hinanleh kipahna khu zingmawng chiengin ahing tung zel hi. Nangman ka kaanate lamna na suoh sah a, Ka sai ip puonte na hing sutpieh a, lungnopna puon na hing sil sahta hi (Sam 30:5,11).

Mi tamtah ten i vangsietna leh i kaana hunte a bei thei ngailou ding bang a ngai sun in, Pasian lam zong nga lou in, kingaisie in i kuun den theizel uhi. I khuolzinna gam ah da leh kaana in hun chin in ahing phazel a, hinanleh ei gingtute a dingin i kaana te Mangpa Jesu ziehin lamna a suoh thei zel hi. I lungkhamna sai-ip puon hing sut pieh a, lungnopna puon hing sil sah pa khut ah kipetha va ui. Da leh kaana te hing tung zel nan leh, kipahna zing nisuoh i manaw zel ahi chi ngaituo vai.

August 28:**MANGPA MEL SUI VA UI**

Mangpa apat ka dei sil khat ka ngen a, tuakhu ka sui ding hi; Mangpa kilawmna mu ding leh, Abieh inn sunga thukan ding leh, Ka damsung teng Mangpa inn a ka um ngitnget theina ding in (Sam 27:4).

Sam labawltu David in a sil dei leh a sui pen khu bangma dang hilou in, Mangpa kilawmna mel mu ding leh a Biehin sung a thu kan a damsung hun zah ding a ut thu ana gen hi. Eiten bang i sui pen in i ngen pen uoi? Guolzawl na tampi don ding i dei leh i sui pen ahimai thei hi. Deiding, sui ding leh nget ding khat a um a, tuakhu Mangpa mel i sui ding ahi. Aman i tahsap zousie a nei sieng hi. Laaphuohtu in, ***“Namel a nopna kim khu, nangma nei a lungmuonna”*** ana chi hi. Aw Mangpa, nangma hing ngai in kang sui hi, na mel hing musah in chi va ui.

August 29:**MANGPA NGAH IN**

Mihing gam ah Mangpa hoina mu ding, kigingtalou hileng ka lungke gawpta ding hi. Mangpa ngah inlen hangsantahin um in; Tuachi’n Aman na lungtang ahatsah ding hi, kachi ahi Mangpa ngah in (Sam 27:13,14).

Tam khovel ah tahsa a hing lai ihi ziehin lungkiehna ding atam mama mai a, Mangpa hoina mu ding ki gingtalou hilei, lungkie a puasiet theina ding ngentang ahi hi. Tambang hun in, Mangpa ngah in, Ama ah i kisuhat zel ding ahi. I nichin siltuo zelte ah Mangap deilam leh a lungsim sui in, Ama ngahzel va ui. Mangpa ngah ichi chiengin, munkhat a tou muong kawm a ngah mai dan hilou in, lungsim siengthou tah a Ama aw nem leh ngattah mai za thei ding a mansa a um ding china bang ahi zaw hi.

August 30:**MANGPA ZAUDAN SIEM MI**

Mangpa zaudansiem mi koi ahiei? Aman alampi tel ding ahil ding hi. A hinna nuomsatahin a um ding a, ahah asuonte'n lei gou aluo ding hi. Mangpa thuguh khu ama giing mite kungah a um a; a thuhun khu amaute kungah atheisah hi (Sam 25:12-14).

Mangpa zaudan siem mite hamphat ding dan thupi in enhuoi na mai e. Tuabang mite Mangpan azui ding uh lampi a hil ding a, a thuguh zong a hil ding hi. A hahlesuonten leigou luo ding uh ahi achi nalai hi. Thuhun lui hun lai a Pasian misiengthou Joseph te bang i ngaituo chiengin Pasian zaudan a siem ziehin a lampi zui ding Mangpan ahil ahi ngei ding a, alam zang in a hinkhuo nukhia lam ah nuom asa a, ahah asuon ten zong leigou a luo uh chi imu thei hi. Mangpa zaudan siem mi hi sawm va ui.

August 31:**CHIMAW HUN IN MANGPA HAN VAI**

Ka chimaw lungkham chiengin Mangpa ka han a, ka Pasian kungah panpina ngen in ka kikou a; Aman a biehin apat in ka aw aza a, ka kikou husa ama bil ah atungtouta hi (Sam 18:6).

Mihingte khu khovel a i pienkhieh apat natna leh lungkhamna toh kidim hinkhuo mang tou pai ina hi tabou uhi. Tuabang ahilai in, mi tamzaw ten a lungkham nate uh dawnzang dingin khovel sil tuomtuomte ana sui un, ana bel kha zel hi. Hinanleh tuabang khovel sil ten kipahna leh lungmuonna pe thei ngaingai lou hi. Leeng David in a chimaw lungkham hun in Mangpa ahan zel a, panpina ngen in akikou khe zelzel hi. Eite zong koima dang kung a tailou in, i hasatna hing theipi Jesu Khrist kung ah i tai paipai ding uhi. Tua hileh i hasatna hing theipi i Pasian in ahing ngaikhe ngeingei ding hi.

September 1:**MANGPA LAMPI ZUI HASA**

Aw Mangpa na lampite hing theisah inlen; Na lampi zuidan hing hilin. Na thutah ah hing pui inlen, hing sinsah in, aziehpén nangma ka hundamna Pasian na hi a; sunnitum in ka hing ngah hi (Sam 25:4,5)

Mangpa lampite khu theisiem a hasa a, zuisiem zong a hasa mama hi. Tuaziehin, David in Mangpa lampite leh a zuisiem ding dan thei nuom in Pasian kung ah a ngen ngutngut hi. Migiloute lampi zui a bailam mama lai in, Mangpa lampite khu zuisiem ahasa hi. Mihing theina leh siemnate zang a zuisiem guol ding ahilou dan ngai sun in, Mangpa kungah ingen ding a, tuachin Aman a thutah ah hing pui in, a lampite zuisiem dan ahing zilsah ding hi. Tuading in ngah zoutah in Pasian puina khut i ngah ding uhi.

September 2:**ZANKAL A HING VENG MANGPA**

Ka lumsuh a ka imuta hi. Mangpa'n ahing na tuh ngitngét zieh in, ka khanglou ta hi. Kei hing dou a ka kimkot a hing im mi tul sawm zong ka zau sih ding hi (Sam 3:5,6).

Zan miel nuoi a imu a, shi bang mai leh khophohlou a i um chieng a zong hing na tu zing pa khu i Pasian ahia, i imut na apat a hing khanglou sah pa zong Ama ma ahi. Sam la bawltu in gingtute hinna Pasian khut a abít dan tambangin ana gen hi. Melma zauhuoi in hing tuom zel nanleh i Pasian khut hat ah ibít ahi chi ngaituo tha zel va ui. Mi khenkhat lungmuong tah a zan a lupna zuon napi, zingkal a thoukia lou a imu peisuoh ana um thei lai a, lum zel, thouzel a Mangpan ahing umсах hamphat huoi i chi lou thei sih hi. *Hamuong tah in ka lumsuh ding a ka imu ding hi. Aziehpén Mangpa aw, nangbou in bittah in na hing umсах hi* (Sam 4:8).

September 3:**ZINGKAL THUMNA**

Mangpa aw zingmawng in ka aw na za dinga, Zingmawng chiengin na kungah ka thungetna ka hing tun ding a, tuachi'n nang dawnna aw ka na ngah ding hi (Sam 5:3).

Pasian kung a thum a kilat siengthouna ding a hun hoi leh lemtang dieh khu zingkal matah ahipen mai hi. Thuhun Lui hun a Pasian misiengthou peimasa Abraham leh midangte hinkhuo i et chiengin, zingkal chin a Pasian masang a ding a thumzingte ana hi tangpi uhi. Tami i Bible tang simna a imu kia khat ahileh, i thumnate Pasian hing dawnna mu ding a, a aw ngaikhie a, ngah tinten ding ana hi zaw hi. Tuaziehin i zingthaw hun chieng a midang koima i houpi masang a Pasian houpi masa phot zel in, koima dang aw izah masangin Pasian aw mama zah masahpen sil tup in nei zel va ui.

September 4:**A THUCIEM AH ZEKAILOU HI**

Hinanleh ka ittahte aw, tam sil khat manghil sih un, Mangpa adingin ni khat khu kum tul khat bang ahi a, kum tul khat zong ni khat bang ahi. Mi pawlkhat in zekai asah bangun, Mangpa khu athuchiem ah azekai sih hi, koima manthai ding deilouin, mi zousie kisia ding adei ziehin eima lam a dawzou ahi zaw hi (2 Pet. 3:8-9).

Mi khenkhat ten Pasian khu a thuchiem a muonhuoi lou leh a zekai dan a ngai in, misiengthoute lah tou hun ding zong gingta zou nawnlou pawl ana um ngaitham ta uhi. Tuabang dan hizawlou in, mi zousie a kisia ding uh a deizieh leh koima manthai ding a deilou zieh a ahun hingtung nailou ahizaw hi. Tuaziehin, Pasian dawzouna khu theisiemlou pi a, gingla leh muongla a i umlou ding uh ahi. I Manpa khu zekai ngailou ahi.

September 5:**THUMAN KHU LAWCHINNA**

Tualeh hichi ahing hidinga, Mangpa na Pasian aw uh hoitah a na ngaikhieh ua, tuni a thu ka hing pieh athupiehte zousie pilvang taha na zui u'leh, Mangpa na Pasian un leitung a nam zousie tung a tungnungpen in ahing bawl ding hi (Diut 28:1).

Tam thu khu Mosi in a shi ding kuon a Israel mite kung a athu vaihah poimaw mama ahi. Tam Danpiehnina (Deuteronomy) laibu bawng 28 na khu apumpi a Pasian thuman hamphatna ahilai in thumanlou khu vangsietna ahidan a kigel hi. Tulai in thuneina leh tungnunnate bang idei in i kitu thaw zel ua, tua bang dinmun a hing dingsah thei Pasian thuman ding lah i ngap zel sih uhi. Tuaziehin, tami Bible tangte lungluttah a sim in, i mimal leh i nam a ding a zong thuhoi leh manpha ahi chi thei in, lawchinna lampi thumanna khu zui i tum chinten ding uhi.

September 6:**PASIAN NGAISAH MI**

Ama khu luiluong gei a sing kisuon ahun a ga zel, ana zong vuoi ngailou bang ahi ding a, asil bawl pouma ah alamzang ding hi (Sam 1:3).

Tami i Laisiengthou simna ah Pasian ngaisah leh mi lawching leh a enhuoi mi tungtang genna thu imu hi. Tambang mi hampaha leh milawching a tepithei ding umsun khu luigei a singkung kisuon ahun a ga zel ana zong vul ngailou bang ahi a kichi i. Tulai gingu te i hinphatlou dan leh i khanphatlou dan i ki-et chieng in, lungkham huoipi i suoh uhi. Eite umdan leh tammun a thu kigente i tekah ding ua, mi lawching hiding i ut leh akigen bang a um sawm va ui. Tam luigei a sing kisuon kigen in a suhlat nuom pen hidan a kilang khu, sing chidam leh gapha bang a Khrist a um zing gingu khu a chidam in a gapha ngei ding chi a kilang thei hi.

September 7:**GUOLZAWNA IN HING ZUI DING**

Tualeh Mangpa na Pasian uh thu na zui pouma u'leh tam guolzawlna zousie na tung uah ahing um ding a, ahing zuizel ding hi (Diut. 28:2).

Mihing zousie in i deipen leh i lunggul pen uh khu guolzawlna a tam thei pen don ding ahi. Tuami guolzawlna i tan theina dingin eilam apat ibawl ngeingei ding sil a um a, tuakhu Pasian thu ngaikhieh a zui ding china ahi. Tambang a Pasian lungsim sukha thei ding khop a Ama thu ngaikhie a i zui chieng in guolzawlna chikhat mai zong hilou, guolzawlna zousie i tung ah ahing um ding a, khat vei thu a um ding mai zong hilou in, tuami guolzawlna in a hing zui zelzel ding achi nalai hi. Tambang guolzawlna mu theina dingin Mangpa i Pasian thu ngaikhie a zui ding ahi phot mai hi.

September 8:**THUMAN LAWCHINNA**

Mangpa'n na gam uh ahun hun a guotui pe ding leh, na khut nasep zousie uh hing guolzawl dingin, van a a goubawm hoite akihong sah dinga; tuachi'n nam tampi na leitawi sah ding ua, nou vangin na leitawi ngai sih ding uhi (Diut. 28:12).

Tam thu Mosi in Israel mipite kung a Kanan gam a tun chieng ua a um ding dan uh ahilna thu ahi. Pasian in a mite tan ding guolzawlna achiem pen a mu ua a tan theina ding un a bawl ding uh thupieh anei kia hi. A thawn a val a guolzawlna a mu ding uh hilou in, Pasian thupieh a man uh leh a tan thei ding uh ahi giap hi. Tu hun in i gam umdante i ngaisut chiengin, ahun tah a guozulou, i dei hun lou tah a nisa chite a tam mama hi. Ahun hun a guotui hing pe ding a hing chiem pan, i thumanlou zieh a hing pelou hidingin akilang hi. Athu zui sawm kia zel va ui.

September 9:**DIHTATNA LUNGGUL DING AHI**

Dihtatna zieh a gilkiel leh, dangtate ahampha uh, tai ding ahi zieh un (Matt. 5:6).

Tam thu khu Mangpa Jesun muoltung a athugen ahi. Hamphatna zat tuomtuomte a gen suhsuh lai in, tami tang ah dihtatna zieh a gilkiel dangtahte ahing genkha hi. I thasiet zieh hilou tualeh i vangsiet zieh zong hilou napi midangte bawl bangbang a bawl thopthop i utlou zieh leh dihtatna i lunggul zieh a mu dingte mu khalou, tan dingte tang khalou a tasam leh gilkielte mi hampha ahi uh china ahi pen hi. Nasep a dihtatna, sum leh pai a dihtatna ban ah i thuchiem a dihtatna chite a poimaw diehte ahideu pen hi. Tualeh kampau leh gamtat a dihtatnate i lunggul ding ua hoite ahi ngei ding hi. Tuaziehin, i nichin khosahnate ki-en tha in, dihtatna i lunggul zel na uoi chi eima leh eima i ki-en tha zelzel ding uhi.

September 10:**TAMPI A GASUONA DING IN**

Kei grepgui khu ka hia, noute abahiengte na hi uh, Mi koipou keima a a um ngitnget leh, Kei ama a ka um ngitngetna pa'n ga tampi asuong zel hi. Aziehpén keima lou in bangma na bawl thei sih uhi (Johan 15:5)

Tam Bible taang ah gasuona thu mai hilou in, ga tampi suonna thu i mu hi. Jesun tam thu khu a nuazui a it mama te kung a agen ahi. Sing in ga a suontheina dingin a kungpi leh a bazamte a kizop uh a ngaibang in, ei gingtute hinkhuo ah zong hagau lam a i ga a, tampi i ga theina dingin, grep guipi bang a hing kigen i Mangpa Jesu Khrist toh i kizop angai hi. Ama toh i kizop a, ama a i um ngitnget leh ga thei pan giap ding ihi. Gingu gasuo thei tah hiding lah i ut chiet ngal a, tuaziehin Jesu Khrist a um ngitnget sawm va ui.

September 11:**I GAMTAT IN THU A PUO HI**

Ama ah ka um chi mi'n Ama gamtat bang a a gamtat ding ahi (I John 2:6).

Gingtute hinkhuo a khovel in a lam-et leh a munuom pen khu thuhoi leh lahoite mai hilou in, i gamtat kilawm leh hoitahte ahi zaw hi. Pasian hoina thu gensiem mama napi a hinkhuo in a thugen zuikha lou akam a gingu hoi leh zuitu manpha kahi chi chi sam napi, a gamtat in zil mawngmawng lou mihing leh gingu um kha zelzel hi. Tuaziehin, Jesu kanei ta a, Ama ah ka um ahi ichi leh Ama gamtat bang a i gamtat a, a deidan sui a, tuabang a um i tup tinten ding uh ahi. Gingtute eima i kipuon a i ki gengen sang in midang ten i hina a theizaw thamtham ua, i kam in gengen sih leh zong i gamtat in thu apo mama mai hi.

September 12:**KHOVEL ITLOU DING**

Leitung it sih unlen, leitunga sil umte zong it sih un, mi koipouin leitung a it leh, Pa itna ama ah a um sih hi (I John. 2:15).

Tam mun a 'leitung' achi pen i tenna leitung gen hilou zaw in, khovel leh asung a sil etlawm leh deihuoi silte genna ahi zaw hi. Tua leitung silte zong itlou pawngsan ding chi a kigenna lam sang hilou inzaw in, tuate sang a Pasian it zawh ding ahidan genlang utna zieh a na kigen thu ahi zaw hi. Khovel leh a sung a um sil zousiete khu a mangthai pai ding ahi ua, amabou Pasian deilam bawl mipen kumtawn a umden ding ahizaw hi. Laphuohtu in, ***'I aw Mangpa na guolzawlnate khu, nang sang in mi nem pi'n a ngai zaw uh'*** ana chi bang in, a guolzawl theipa sang a aguolzawlnate deizaw leh ngaizaw i hi khah ding kivel chien zel va ui.

September 13:**PUANA APAT THAWKIA DING AHI**

Tuaziehin na puana laitah theingitnget inlen, kisia inlen, tualeh na silbawl masate bawlkia in, na kisia sihleh kintahin na kungah kang pei dinga, na meivahtunna khu amun a kipat in ka suon ding hi (Kihilna 2:5).

Mihingte hinkhuo ah basap hun leh pua siet hun zong hing tung thei zel ma ahi. Amabou, i puana laitah theizing a, i silbawl masate bawlkia ding a i puana apat thawkia ding sil poimaw pen ahi. Tuabang a kisia a kibawl phaloute Pasian in taisan zel in, hagau siengthou amau apat lahmang sah in a um theizel uhi. Hatlou leh puasiah ahilam kithei napi a, thawkia a Pasian lam naikia ding ngaitua a zong neilou mawngmawng gingu a kitam mama hi. Tuaziehin, ipuana apat akinthei lam a thawkia sawm in, Pasian nai kia va ui.

September 14:**MANGPA INN A TENG MITE**

Na inn a teng mite a hampah uhi; Nang a hing phat nalai ding uhi (Sam 84:4).

Tami Sam geltu in **na inn** ana chi khu Mangpa inn ahia, tua khu Jerusalem genna bang a zah ahi zel hi. Hinanleh, tulai hun in i Pasian biehna mun ah genna in i lathei ding uhi. Sam geltu in Pasian inn a ni khat maimai um zong mundang a ni sang khat um sang in a tel zaw a, gitlouna innte a ten sang in Pasian inn kotkhah ngahtu hi zong a tel zaw hi. Khristian gingu khat hingal a Biehinna kai ngailou koizong gingu kipah ahi thei ngai sih hi. Pa khat in, **Biehinna kaizieh a Van gam lut ding ahisih a, hinanleh Vangam lut dingte vang Biehinna kai zelzel uh ahi** ana chi khu dih mama ding in akilang thei hi. Tuaziehin, Pasian muong a, Mangpa inn a teng mite mi hampah ahi uh chi thei va ui.

September 15:**PASIAN HAN VA UI**

Na lampi ah dettah in kal kasuonta a, ka kengte akitaal sih hi. Aw Pasian, nangman hing dawng ding na hiziehin, nang ka hing han hi; na bil hing daw inlen ka thugen ngaikhie in (Sam 17:5-6).

David in a hinkhuo ah hasatna simsenglou a tuoh a, hinapi in dettah a kalsuon in, a kengte a kitaalsah sih hi. Tambang a hasatna a tuoh lai in Pasian a han a, mun dang ah a tai ngai sih hi. Tuni hun in ei ten zong bang tobang hasatna i tuohun in zong i Pasian i han ding a, i hasatnate Ama kung bou ah i genzaw ding uhi. Khovel in apieh theilou kipahna, bitna, hamuonna, Jesu kung bou ah a um hi. David siltuote leh Pasian lunggul a athum vevaw dante ngaisun tha in, eiten zong dettah a kalsuon in, i kengte ki taal lou dingin pan lava ui.

September 16:**DAMSUNG NI SIM SIEM DING DAN**

Tuachi'n ka damsung nite uh sim dan hing hil in, pilna lungtang ka nei theina ding un. Aw Mangpa hing kihei kia in, bangtan vei lungthah ding na hiei mah? Na suohte tungah lainatna nei in. Ka damsung nite zousie ua, nuom a ka kipah theina dingun, zingmawng in na khotuona in hing taisah in (Sam 90:12-14).

Mosi in Pasian khu kumtawn Pasian ahidan leh a siemsa mihingte damsung tom dan genkhawm kawm in, damsung nite simsiem dan ding ana ngen hi. A lungthahna a kipat hing kihei kia dingin Mangpa angen a, zingmawng chin in na khotuona in hing taisah in chi in ana thum hi. Dam sung nite tomdan leh zahkhiel khah a poidan lungsim a ngaisun tha zel kawm in, eiten zong tam i damsung hun tomnou zang siemthei dingin Mangpa i ngen ding uhi. Mihing pilna a siem guol ahilou zieh in.

September 17:**PASIAN THUZUITE HAMPHA ZAW**

Hinanleh Aman tuate sangin Pasian thu za a zuite ahampha zaw uhi, achi hi (Luk 11:28).

Tam thu khu i Mangpa Jesu gen ahia, numei khat in nang hing kipaaina gil leh na nawitep khu a hampha hi chi a agenlai a adawnkiana thu ahi. Numei nu kung ah na thugen adih a, hinanleh Pasian thugen za a zuite hampha zaw lai uh ahi achi hi. Miing ten hampha isah leh Pasian in hampha a angaite kibang ngailou hi. Bailamtah a neipai thei leh mit a mu thei silte mihingten i kipahpi lai in, Pasian in sunggil lam a hoina leh a thuzuina manpha asa a, tuabang dinmun a ding kha mite mi hampha ana chi zel hi. Tuaziehin, Pasian thu zate leh a gensawnte mai hilou in, a thu zuite hi sawm va ui. Mihingten hampha achite mai hilou, Pasian in hampha a angai mite hizaw dingin ikisa chiet ding uhi.

September 18:**JAKOB PASIAN NEI MI HAMPHA**

Jakob Pasian panpi tu-a nei miin nuom asa hi, akinepna khu Mangpa a Pasian ah a um hi (Sam 146:5).

Mi nuomsa leh hampha hina khu eilam a kinga hilou zaw in, ei hing neitu leh hing panpi tu a kinga ahizaw hi. I naupan lai a mi toh i kihau chiengin, **“Kei kapa toh, kei Samson toh, kei Goliath toh”** chi te i ki chouna kamtengte ahia, atawpna a **‘kei Pasian toh’** achi kha man penpen a hat kihi zel mai ahi. Aziehpén Pasian sang a hatzaw umlou dan a ipom zieh ahi. Tuamabang in, Jakob Pasian a Pasian a nei mi khu mi hampha ahi chi tammun ah imu hi. Mi hampha ihi theina dingin Jakob Pasian khu Pasian in nei chiet va ui. Khovel a mi hat leh a bawlthei penpen te hatna in bangma tan dailou ahiman in, ahing panpitu ding in Jakob Pasian mama i poimaw a, i telzaw ding uhi.

September 19:**VAN A GOUKHOL DING DAN**

Lei a nget leh sam-eeh in anehsiet na ah leh gutaten aphevang ua aguh theina uah gou kikhoh sih un. Hinanleh van ah, nget leh sam eeh in anehsiet louna leh, gutaten aphevang ua, aguh louna uah gou kikhohzaw un. Aziehpén na gou uh umna mun ah, na lungtang u'zong a um ding hi (Matt. 6: 19-21).

Gou i chi chiengin sil manpha hun sawtpi dai ding leh sil deihuoi mamate genna a kizang ahi. Tambang a mihingte sil nei manpha te kholkhawm na ding in khovel a sil dettheitawp ding a kibawl bank leh mun dangdangte hizaw lou in, bangman a suhsiet theilouna, van mun a kholkhawm ding a hil in i um uhi. Lei a i goute pen nget leh sam-eeh in nese thei in, zong a kangse thei hi. I shinua chieng a i manaw thei ding nasep hoi tampi van ah khol sawm va ui.

September 20:**MANGPA KICHING SAH VA UI**

Mangpa khu kei hing chingpa ka belampu ahi a, ka tasam sih ding hi (Sam 23:1).

Khristian zousie in i melthei leh i simmun pen uh tami Sam ahi ngei dinghi. Tami Sam khu Leeng David testimony zong i chi thei ding hi. Mangpa a kinga a, ahoina muongngam mi koipou in zong tami testimony i koppi thei ngei ding uhi. Mangpa khu ei hing chingtu a nei in, Ama kiching sah in, Ama thubangin um lei tahsap bangma kineilou ding ahi. Mangpa ki chingsah lou, khovel a mi hausa tamtahten lungkimna leh kipahna neilou in tahsap a hau mama uhi. Amabou, Pasian nei a Ama kiching sah ten tahsap bangma anei sih uhi. Bangma tasamlou ichi chieng in sil zousie nei china lam pang hizaw lou in, a sil nei Pasian in a piehte khel bangma dei vungvung lou china ahi.

September 21:**SIL HOI TASAMLOU MITE**

Humpibahnei lunlaite atasam ua a gilkiel zel uhi, Hinanleh Mangpa sui miten vang, silhoi mawngmawng atasam sih uhi (Sam 34:10).

Khovel ah mihing ten sil hoi itahsap khah ding zau in lai isim in, theitawp suo a nna sem in i khosahna ding uh i buoipi chiet uhi. Eite hapan na zieh a itahsapte nei thei paipai ding kihi taleh, koima a tasam ki um nawnlou ding hi. Tami i tangtel in agen nuom pen ahileh, Mangpa sui miten silhoi mawngmawng tasam lou ding uh ahi chi khu ahi. Gamsate lah a hatpen leh thuneipen a kigen humpibahnei lunlaite zong tasam in a gilkiel ngai ua, hinanleh Mangpa suite pen in silhoi bangma tasam lou ding uh ahi achi hi. Tuaziehin, hatziehte, pil ziehte leh lem thei ziehte a itahsap kimu ding hilou in, Pasian bangkim bawlthei apat imu ding ahi zaw hi.

September 22:**MANGPAN HING MANGHILLOU**

Nu in ata nawine lai amanghil thei diei mah? A gil a pieng ata alainat lou thei diei mah? Ahi, amanghil mai thei uhi; hinanleh ken vang kang manghil sih ding hi. En in, ka khutphang sungte gel ah ka hing gielta hi, na kulbangte ka masang ah a um ngitnget hi (Isai 49:15,16).

Pasian in amite a theidan leh a manghil ngailou dan gennuom in, nu in ata nawi nelai manghil hasa a sah dan ahing gen masa phot hi. Mihingte itna in phahtawp anelai in Pasian in amite a theina leh a itna khu tawp chi neilou ahiban ah, a khut phang sungte gel a gellut a um va-ia ihi chi thei in lungmong tah in i um ding uhi. I Pasian in atate a hing theidan a zattuom in a lamdang a, ahing itna in zong phahtawp neilou in, atepi thei ding mihingte hinkho manna ah a um sih chi akilang hi.

September 23:**MELMATE A DIA THUM**

Tuachi'n Jesu'n Pa aw amaute ngaidam in, asil bawl uh atheilou zieh uh ahi, achi hi (Luk 23:34).

Tam i tang tel khu Khross tung a akikhai lai a Mangpa Jesu thugen ahi. A kilden dan uleh a khai kang dante uh ngaituo in, a tahsa mai hilou a lungsim zong ana mama ding hi. Hinapi in Jesun ama kildentute a dingin a ngetsah a, a theisiem lou zieh uh ahi achi hi. I melmate gentahlou, i innsung mite nasan i ngaidam theilou hun a tam thei zel hi. Melmate lungsiet theina khu Pasian a kipat ahia, Pasian nei a Ama batna lam a khangtoute ma in melmate ki it thei in, kilungsiet thei giap ding ahi. Tuaziehin, tambang a melma te a dinga thum ding a lam-et ihi ua, i zuipa Jesu bawl bang bawl dingin kisa va ui.

September 24:**KHRIST A UM LUNGSIM**

Na lah ua mi koipou in ama hoina ding guoh en sih henlen, midangte hoina ding zong en uheh. Khrist Jesu a zong um tam lungsim khu noute ah zong um heh (Phil. 2:4,5).

Tam mun ah Khristiante lungsim puoh dingdan toh kisai hantawhna thupieh i mu kia hi. Amasapen in eima a mai enlou a, midangte a zong et ding ahi. Anina ah Khrist kingai niamna leh thumanna lungsim bang eiten zong i nei ding uh ahi. Eima a ding ngentang en a, ei utdan leh hoi i sahdan, nuom i sah lam leh i tuina lam maimai kipui sah kha ihi kha ding uh ki en tha zel va ui. Jesu Khrist a um tua lungsim, midangte khuolna nei in hing va ui. Nichin a i tenpi leh i khosahpi mite a ding khuolna nei a lungsim lientah nei a hindan iki zil ding uhi.

September 25:**KINGAINGIEMNA POIMAW**

Angsung khuolna ahisihleh kipilsahna ahiei in bangma bawlsih unlen, hinanleh michinin lungsim a kingaingingiem tahin, mi dangte ama sang a hoizaw in ngaituo heh (Phil. 2:3).

Misiengthou leh mithupi **St. Augustine** in Khristian sahkhuo a thu poimaw pen '**Kingai ngiemna**' ahia, anina leh a thumna zong '**kingai ngiemna**' mama ahi ana chi hi. Sawltah Paul in zong a pientha chiil lai in sawлтаhte lah a neu pen akichi a, a sawtlou nua in misiengthoute lah a aneupen sang a neuzaw kahi achi kia, ashi kuon in mikhielte lah a khiel pha pen a hing kichi ta hi. A hagau lam hinkhuo kalsuonna ah a kingaingingiemna in ma a sawn hieihiei china ahi. Khrist bahna a akhanletna ah a kingaingingiem na a kilang hoi mama chi a muthei hi. Midangte sang a hoizaw deu a kikoina tawpsan va ui.

September 26:**I VAHNA TAANGSAH VAI**

Tuama bangin na vah uh mi muding in vah heh, tuachi'n na silbawl hoite amu thei ding ua, Van a um na Pa uh apahtawi thei ding uhi (Matt. 5:16).

Pasian thugen minthang **D.L. Moody** in tam thu ana gen ngai hi. Khatvei mittaw khomu theilou khat lampi kung a tou in agei ah thaumei taansa khat akoi hi. Miten lamdang sa in, nang khomu theilou in bang phatuom ding chi a thaumei taansa a na kung a na hichi koi ahiei chi a adoh uleh, amapan midangten tami ka thaumei taan amu ua, tuachia kei ahing sukhahlouna ding ua tam bang a ka bawl ahi achi hi. Tam mipa bawl bang in eiten zong, eima a um Khantanhoi thu pen midangte muthei ding in sulang zel va ui. I kam a i genthaw mai hilou, i umdan leh i gamtat apat mi ten ihina hing muchien zaw tham uhi.

September 27:**PASIAN AH LAM-ETNA NGA VAI**

Aw ka hinna bang dinga lungkham a kun na hiei? bang ding a ka sunga lungmuong maw na hiei? Pasian ah kinem in, aziehpén ahing panpina ziehin, ama ka phat ding hi (Sam 42:5).

India gam a missionary a hing kuon Sapte khat malaria vei in damlou in a um a, damkhe zou ding a ki lam-en lou ahiman in lungkham leh mangbang in kun den mai hi. Tua hun laitah in a umna gallam inn khat apat Pasian phatna laa khat, ***Jesu nuazui ding in ka kipanta'*** chi hing kisa ging aza hi. Tami lasah ging in ama hinkhuo leh a ngaisutna sukha in, Pasian kung a thum ding utna lungsim a hing neita a, tuachin a thumna Pasian in dawng ahi ngei ding a, ahing damkheta a, akipah mama chi in a kigen hi. Tuaziehin, i siltuohte zieh a lungkham leh kun a um den mailou in Pasian lam ngat in, Ama ah i kinem ding uhi.

September 28:**SOLOMON KUNG A THUCHIEM**

Ngai in, na nget dung zuiin ka bawlta hi; pilna leh theisiemna lungtang ka hing pie a, tuachi'n nangma masangin nang bang koima a um ngainai sih a, nang nua chiengin zong nangma bang koima ahing um nawn sih ding uhi (I Leengte 3:12).

Leeng Solomon khu Israelte vanglai hun a Leeng thumte lah a athupipen leh a nukhia pen ahi. Ama hun lai in Jerusalem khopi a hausa in a thupi mama mai a, tua khu bangdang zieh hilou in a thumna Pasian in dawng a, pilna apieh ban a hausatna apieh belap zieh ahi. Pasian khu bangkim bulpi ahia, Ama lung ituo leh i poimawte bailam tah in ahing pethei a, ahing hausa sah thei hi. Tam bang Leeng thupi leh minthang tah hithei ding a bawlpa Pasian ahia, Solomon in nget ding tah ngen kha a, Pasian lungtang a sukhah zieh in Pasian a gam tang sah zou a, a nget pen maimai pelou in, adang tampi zong apieh belap nalai hi.

September 29:**MANGPA LEITAWI SAH**

Koipou mizawngte panpi mi in Mangpa a leitawi sah ahia, a silpiehte Mangpan a din kia teitei ding hi (Prov. 19:17).

Mihing ten sil khat pouma i muna lam maimai metna leh punna i sa kha zel ua, tuami na hi gige sam lou hi. I Mangpa Jesun zong ***‘muna lam sang in piehkhiehna in lukhawng anei zaw’*** ana chimawng hi. Mihing i leitawi sah chiengin, i vangsiet ngial leh mukia lou hun zong a um thei tham hi. Mangpa leitawi sah lei, ahing sankia ding mai hilou in, atamzaw thamtham ahing pieh belap thei zing chi i muongngam ding uhi. Mizawngte kung a panpina lutte Mangpa’n dinkia zel ahingal a. Tulai in taga leh mibanglou te etkolnate bang a ki uongbawl thei panpan ta a, mimal leh pawlpi in ngaisah a nei a, i ngaikhoh ngeingei ding uh Pasian thu hing hildan ahi.

September 30:**HAUSATNA MANGPA A KIPAN**

Hinanleh Mangpa na Pasian uh na thei zing ding uh ahi. Tunia abawl banga napu leh pate uh kunga athuchiem asuhdet theina dinga, hausatna na mu theina ding ua, hatna hing pepa khu Ama ahi (Deut. 8:18).

Mihingte geldan in lawchinna khu sum leh pai mu theina a kinga ahi lai in, i Laisiengthou in sum-le-pai mu theina khu Pasian a kipan ahidan kichientah in ahing nahil kia hi. Sum leh pai neitheina leh innten khosa a masawntheinate khu Mangpa a kipan ahi dan hil in i um uhi. Tuaziehin, eima hatna leh lemtheinate suonglou a, silzousie neitu leh amite poimaw bangzel a pezel pa i Pasian i thei zing a ahileh, tua guolzawlnate imu theina dingin hatnate hing pevan, i tahsap zousie Aman ahing pe ding hi.

October 1:**I TAHSAP ZOUSIE HING PE DING**

Tualeh ka Pasian in ahausatna thupi dungzui in Khrist Jesu ah na tahsapna zousie uh ahing pe ding hi (Phil 4:19).

Khovel a i khosah sung un mihingten dei leh ngai i hau ua, deikhop chi hun a nei thei lou i bang phiel uhi. Tuabang ahilai in i Laisiengthou sim in Pasian in a hausatna thupi dungzui in Khrist Jesu ah i tahsap zuosie uh hing pe ding ahi dan a gen hi. Mihingte dei zousie hilou in, Khrist Jesu a i tahsap zousie chi ahi zaw hi. Sawltah Paul, suongkul sung a hasatna thuoh a umpa tahsapna awng a huhsah zieh un, Pasian in Philippi khuo a hattuomte tahsap zousie peding ahi china bang in a ngaisut thei ding hi. Hoina leh chitna midangte kunga i suokhiet te uh zieh in Pasian a lungkim a, tuabangmite tung ah Pasian in guolzawl na a pezel zaw hi.

October 2:**HASATNATE PASIAN KHUT AH NGAVAI**

Ka tung ua tuohsietna; namsau a vaihawmna ahiei, natna hipi ahiei ahisihleh kiel ahiei ahing tun a ahileh, na umna, na min pua tami biehin mai ah kang ding ding ua, chimaw in na kungah ka hing ki kou ding ua, na ngaikhe dinga, nang hundam ding hi achi uhi (2Khangtute20:9).

Tami i tang tel khu Jehoshaphat leh amite suolding a Moab-te leh Ammon mitampite Suria gam a kipan a hingpei lai ua Jehoshaphat thumna ahi. Tam mite hing douna ding thu thang ziehin mipi akikhawm ua, bieh inn ah annngawl in a thum khawm ua, tuana mipite zah ding a a thugen ahi. Tambang a chimaw leh beidong a um hun chieng a khovel a bel thei ding a kilawm sil dangdangte bel mai lou a, Pasian biehinpi lam zuon a amasang a kikou a i chimaw na thugen a i kikou ding uh ahi. Tuahileh, Mangpan i thumna aw te hing ngai khie in i hasatna apat a hing hundam ding hi.

October 3:**DAVID THUMNA LA**

Kei lam hing nga inlen hing khotuo in; aziehpén khattanga genthei thuoh a um ka hi. Ka lungbuoinate a hing lien hi, ka gentheina a kipat hing lakhie in. Ka gimthuohna leh ka nat nate en inlen, ka khelnate zousie hing ngaidam in (Sam 25:16-18)

Pasian lungsim bang puo a ki gen Leeng David in hasatna leh natna tampi ana thuoh a, tam a hasatna ten Pasian lam ngasah hidan in a kilang hi. Mikhenkhat te, tua bang hasatna leh natnate a tuoh hunchieng unzong, setan in a lungtang uh suh tah sah deu deu a hi ngei ding a, Pasian lam ngat ding lam ngaituo theilou in, hun tomnou sung dai ding lungnopna mu theina khat poupou ah lut suh pai pai zel uhi. Eite zong David bangin Pasian ngai sah mi i hi mai thei, hinanleh hasatna ten hing pel tuom lou ding ahi chi thei in, Pasian i han zel zel ding uhi.

October 4:**MANGPA MEL SUI VA UI**

A khelna uh kiphawh a, ka mel asui masangsie uh, Ka umna ah ka kia san ding hi; agimthuohna uah kei pilvang tahin ahing sui ding uhi (Hosea 5:15).

Tam thu khu Pasian kammal ahia, khel thupha tawina leh Mangpa mel suina a poimaw dan leh khelna khu sil khawh tah ahi dan a hing hil hi. Thupha tawina leh Mangpa mel suina a um ma teng Mangpa a kisel mang ding a, tuami a kisel mang na ziehin gim thuohna a tung ding a, tua zou chiengin Mangpa lam a zuan pan ding uh achi hi. I khelnate kisia a, thupha tawi a Mangpa mel i sui mateng Mangpa i mu thei ngai sih ding uhi. Amabou, tam hasatnate a hing tun masang a Mangpa lam nga mite a ding in thuoh ngei ngei ngai zong ahi tuom sih hi. Tuaziehin, i khelnate uh kiphawh in, Mangpa mel sui va ui.

October 5:**THUM DING DAN HILNA**

Hinanleh noute pen na thunget chieng un na pindan sung gil uah lut unlen, na kot uh kha unlen mun simtham a um na Pa uh kungah thungen un, tuachi'n aguh a hing mu na Pa un langtangtah in nou ahing pe ding hi (Matt. 6:6)

Tam mun ah thum ding dan toh kisai Mangpa Jesu thugen i mu kia uhi. Mihingte mitmu leh thei a, a patat ding uh lam-et na toh thumlou ding leh, tua bang hilou a aguh a hing na mu zing Pasian kung a thum ding in hing hil hi. Gentam zieh leh gensiem thu hilou in, chitahna toh thumna Mangpa'n ngai khie ahi. Pindan sunggil a lut athum ding chi in a tup pen khu, i thum chieng a mi dang te hing mu leh theipi na poimaw lou in, i Pasian in a zahding a poimaw pen ahi china bang ahi.

October 6:**HAGAU IN HING NGETSAH**

Tuabangmain ihatlounate uah Hagau in ahing panpi zel hi; aziehpén eiten bangchi banga thungen ding ihiei chi nasan ithei sih uhi. Hinanleh Hagau in kamtenga genthei guollou a thumin ahing nget pieh hi (Rom 8:26)

Pasian kung a thumna pen mihing pilna leh kamsiem toh kilawm tah a thum ding himawh lou in, Pasian hagau puina toh thum ding ahi zaw hi. Pasian deilam bang a thum ding dan i theilou hun in zong Hagau in mihing kamteng a genthei guollou a thum in a hing nget pieh zaw hi. Hagau in Pasian lungsim leh deidan a thei a, ama puina toh i thum chieng in i thumna in Pasian lungsim a sukha thei pan zel hi. Tam khu Khrist gingu te i hamphatna leh i chituomna mama khat ana hi zing hi. Pasian Hagau siengthou in hing umpi in, i umding dan leh i gam tat ding dante ban ah i thum ding dan tanpha a hing hil zel ahi zaw hi.

October 7:**TAWPLOU A THUM DING AHI**

Kipah ngitnget un, Tawplou in thum un, Sil bangkim ah kipah thu gen un, Tami noute ding a, Khrist a Pasian deilam ahi (1 Thess 5:16-18).

Gingtu kipah zing thei te tawplou in a thum thei ua, bangkim ah kipathu a gen thei uhi. Pasian in a tapa Jesu Khrist a tatna mantam a hingbawl sah thu leh i nichin hinkhuo a silhoi a hing bawl sah te a manphat dan thei siem in kipah thugen dan iki zil ding uhi. A nuam leh a hasa i tung a hingtung te zieh a kipah thu gen zel kawm in i thum ding uhi. Tammun a tawplou a thum ding ichi in a kawh nuam pen hi a ithei ahi leh, khawl het lou a thum thum mai ding china hipai lou in, i nuomthugen na te tawp san lou in, bang chi lai tan in zong i gen zel zel ding uh china bang ahi. Tuabang a nuom thu gen thumna te Khrist a i Pasian deilam lah ahingal a.

October 8:**ZINGMAWNG A THUMNA**

Zingmawng khovah masangin athou a, apawtdoh a mun sip khat ah apei a, thungetna ava nei hi (Mark 1:35).

Bangchi laipou a zong thum thei hinanlezong, thumna nei hun ding a hoi pen leh mi tampite thum hun khu zingmawng ahi deu pen hi. Mangpa Jesu zong koima subuoi masang zingmawng matah in a thum chi i mu hi. Mi khenkhat ten a lungkhamna uh leh a puohgih tuom tuom te uh tam bang a Mangpa toh kithuo khawmna hun a sungbuo in, puoh zang na zong a nei thei zel uhi. Koima suhbuoilou dinga hun lemtang leh mun lemtang sui in thumna hun zah sawm zel va ui. Zing thaw hun zong nei mumal lou a, a loutheilou in a phah chieng a thaw khiet toh anneh thuo te a ding in tambang hun lem tang leh manpha kimang kha thei ngailou ding hi.

October 9:**KORNELIA THUMNA**

Pasian ngaisahmi ahia, a innkuonpite zousie toh Pasian giing mi ahi ua, mite kungah kiphal tahin hepina silpieh ape zing hi, tualeh Pasian kungah zong thu angen ngitnget hi (Nas 10:2).

Kornelia khu solkal nasem milian khat ahi a, hinapi in Pasian ngaisah mi ahia, silpieh lam leh thumna lam ah zong a hat ma ma hi. A thumna zieh in Hagau siengthou in nasem in, Peter counselling na tungtawn in a hing piengtha ta a, Jentelte lah a piengtha masa pen a hing hita hi. Tambang in thum miten Pasian vansawlsienge nasan sawlkhie in nna asem sah thei hi. Tulai in i gam sung uah tambang a Pasian ngaisah, silpieh lam leh thumna lam a hat mi kitawm mama ding in i ngaisun thei hi. Kornelia hinate manpha in etton huai mama a, tuabang teng nei mi gingtuten nna sem thei in, Pasian mizah hithei ding ma uh ahi chi in a um hi.

October 10:**ANNGAWL A THUMNA**

Tuachi'n ann ngawl a thungetna anei zou un, Barnaba leh Saul tungah akhut uh anga ua, asawlkheta uhi (Nas 13:3).

Tami i tangtel khu Khristian missionary masa pente sawlkhiehna thu ahi. Annngawl na, thumna, khutngah na leh sawlkhietnate i mu a, tam mun a nasem tupen tah khu Hagusiengethou ahi chi i tangtel bullam, tang nina ah i mu hi. Tam bang a Korinth khuo a annngawl a thumte kung ah Hagau siengthou in thu a gen a, Paul(Saul) leh Barnaba thugen a vah ding in a sawl khie uhi. Missionary sawlkhiehna khu thumna gasuo ahia, tua thumna zong chi tah tah a thumna ahi dan a annngawl un a gen khata hi. Tuaziehin, Pasian kung a i poimaw leh itahsap ban ah Ama gam nasepna ding a silpoimaw te ngen a i thum chieng in, chi tahtah leh a poimaw hun a annngawl ngap khopin i pang ding uh chi a hing hil hi.

October 11:**KHUPDIN A THUM**

Tua mun a ni sagi ka taam zou un, ka kipandoh ua, ka peina ding uh ka zuonta ua, a unpi un azi leh atate utoh khopi pulam tan ahing ha ua, tuachi'n tuipei gei ah khupdin in thu ka ngen uhi (Nas 21:5).

Sawлтаhte Nasepte 20:36 na ah zong khupdin a thumna i mu ua, chiindan hoi leh ngaisang huai tah ahi. Sapte ngial in hou thumna toh khupdin a thumal kibang in a zang ua, thumna in zouvai chi na ding mun ah, khupdin in zou vai achi zel uh a ki chi hi. Khupdin in chitahna, ki ngaingiemna leh zatatna a gen khah chiet ziehin a ngaisang huai khol dieh hi. Dinsa a thum te leh tousa a thumte hoi sih i chi na hilou in, khupdin ding a ikisahna leh pan ilahnate in i chitahna genkha hi in i thei hi. Gingu masate bawl dan ahi man in zong ngaisang huoi i sa sese uhi.

October 12:**TAWLNGALOU A THUMSAHNA**

Tuaziehin Peter suongkul ah akoi tadi a, hinanleh ama a dingin hattuumten Pasian kungah tawlnga louin thu angen uhi (Nas 12:5).

Herod in Hattuumte bawlsie in, Jakob temsau in asatlum a, tuami in Judate kipahsah ahi chi a thei in Peter zong suongkul ah a khum hi. Suongkul sung a tawngnung pen a thuh tah a khum ahiban ah, sepai thuop tampi a ding ten a venbit uh ahi lai hi. Tuabang hinapi in, hattuum ten Pasian kung ah tawlngalou a thu a ngetsah zieh un, vansawlsieng in a va pui kheta hi. Hattuumte chi tahtah a ithumnate silloupi tah bawl thei ahi chi ithei ding uhi. Tuaziehin, Peter siltuo bang a hasatna tuom tuom i tuo hunchieng un, gingtuten chi tahtah in Pasian kung ah i thum ding a, khatvei nivei thu mai zong hilou, tawlngalou in i thum in i ngen ding uhi.

October 13:**NGAIDAMNA POIMAW**

Tualeh thungen a na din pouma chieng un, koi tung hitaleh na lungdam louna uh a um leh, ngaidam un; tuachi'n na Pa uh van a um in zong na khelnate uh ahing ngaidam theina dingin (Mak 11:25).

Mangpa Jesun thumna lawchin theina ding a thupiomaw tah ana gen khu ngaidamna ahia, a nuazuite kung a thum ding dan ana zilsahna, **Mangbiehna** ichi pen ah zong ana gen kha ngai ta hi. Pasion in a khelnate a hing ngaidam theina ding a, ei ten zong midang i tung a khielte i ngaidam masah ding uh ahi. Midangte ngaidam loup i a, Pasion ngaidamna leh guolzawl na ngen a thum thum mai khu Pasion ngai a sil hitheilou ahi chi thei in, a sil phut bawlmasa in, tuachin i thum zaw ding uhi. Lungsim a siengthou lou, midangte ngaidam utna lungsim neiloupi a, amasang a thungen ding a i dinlou ding ahi.

October 14:**MANGPA UMPINA POIMAW**

Tualeh Aman Ka umpina khu nang toh azawhkhawm dinga, khawldamna ka hing pe ding hi, achi hi. Tualeh Mosi in Mangpa kungah Na umpina in ahing zui sih ding leh tamna kipat hing puitou da mai ta'n (Exo 33:14,15).

Tamthu khu Mosi gamdai a a umlai a Mangpa Pasion toh a kihouna thu uh ahi. Pasion in a umpina Mosi toh zawkhawm ding in a chiem masa a, tuachin Mosi in Mangpa umpina panglou a kalsuon ngaplou ahithu in a dawng hi. Tam bang a Mosi kingamla vevaw dan Pasion in a thei zieh in, a umpina a chiem hi. Tuni hun in ei ten zong, hasatna i tuo hun chieng mai zong hilou in, i damsung leh i hinkho pumpi peizomzel ah Mangpa umpina leh a zawhkhawmpina i pomaw chi thei in Ama lam lunggul in i nei zel ding uhi. Midang toh na zawh khawm sang in Mangpa toh zawh khawm siltup in nei zaw va ui. I zawhpipa muanhuoi in i damsung lamsuh, lamtou ah a hingpuihuai zel ding hi.

October 15:**SUN LEH ZAH A MANGPA PUINA**

Sun chiengin Mangpa'n a itna tulngailou khu thu ape dinga, zan chiengin a la in ahing umpi ding hi. Tuakhu ka hinna Mangpa kunga ka thumna ahi.

(Sam 42:8).

Gingtu ten i dam sungin thawmhauna leh hasatnate i tuoh lou thei sih ua, tuabang hun chieng in Mangpa kung ah thum lei hing panpi ding in mansa in a um zing hi. Tami Sam geltu in Mangpa hing ngaituo dan leh a hing nuasie ngailou dan gen in, sunchieng in a itna tul ngailou khu thu a pe ding a, zan chieng in a hing umpi ding ana chi hi. I hasat a i lungzin chieng in sun leh zan zong a sawt khol dieh a bang a, i hasatna te a belap thei zel hi, tuabang hun chieng in zong, Mangpan sun leh zan in a hing ching zing a hi chi thei in, Ama i han in a kung ah i thum zel zel ding uhi. Ama toh i um chieng in hun hasa pen zong a nuampen suoh thei zel ahi.

October 16:**KITHUTUOH TAH A THUMNA**

Adihtahin ka hinghil kia ahi, leitung a mi ni a sil nget tungtang ua a kithutuoh u'leh ka Pa van a um bawlpieh in a um ding uhi. Aziehpem mi ni ahiei thum ahiei ka min a akikhop na phot uah, alah uah ka um zel ahi, a chi hi. (Matt.18:19,20).

Thumna lawchinna dingin kithutuo a ngai hi. Midang toh kituoh theilou napi thumna a hapan mama pawl zong a ki um thei zel hi. I thumna dawngdingpa hina leh a lungsim i et chieng in mi zousie a kibang a deisahpa ahiman in, gingtute kithutuo ding khu a deidan ana hi zing zel hi. Kithutuo leh lungsim munkhat puo a i thum leh a hing chiemsa bang in i lah uah Ama a hing um ding a, i sil nget te a hing pe ngei ding chi i muongngam uhi. Mizousie toh kituoh leh kilem ding a lam et ihi lai un mi ni leh thum maimai toh zong kituoh thei lou ihi khah ding ki-enchien tha va ui.

October 17:**THUM DING DAN**

Bangma ah patau sih unlen, hinanleh sil bangkim ah thumna leh ngetnain kipahtugenna toh, na sil deite uh Pasian kungah theisah un (Phil. 4:6).

Thumna in silngetna leh kipahtugenna a tunkhaw hi. I deipen maimai Pasian kung a ngen tuntun mailou in, a hingpieh sate zieh a kipah thu genna bang, tuachieng a i dei te inget thei nading Pa inei zieh a kipahtugen nate i uong bawl masah a poimaw hi. Tuaziehin, hasatna bang tobang a hing tun hunchieng in zong, patau pawngsan lou in, i hasatnate Mangpa kung ah i tun ding a, i sil deite uh Pasian kung ah i thei sah ding uhi. Mangpa Jesu hunlai a damlou sawm a suhdamte lah a mi khat mai mai hing pei a nuom thu a hing gen thu i mu hi. A dang kipah thugenna dan theilou mi kuo te bang ihi lou na ding in thum vai.

October 18:**MIDIH THUMNA MANGPAN ZA**

Mimo kithoina khu Mangpa'n akidah a, hinanleh midih thungetna pen akipahpi hi. Mangpa khu migiloute apat gamlapi ah a um a, hinanleh midihtatte thungetna pen aza hi (Prov. 15:8,29).

Migilou thumna Mangpa a ding in kidahhuoipi ahia, migilou a pat gamlapi ah Mangpa a um a chi lai hi. Tualeh, midih thumna Mangpa kipahlam ahia, a ngaikhie chi i mu hi. Thum siem ma ma leh thumna a zong taima leh kukal mama hi mai thei, hinanleh Pasian toh kikal in thu a paw mama mai hi. Pasian ngai a midih hi ding siltup a nei in Ama pomtah thumtu hi i sawm ding uhi. Midih i chi chieng in khelna neilou china lam hilou in Pasian ngaidam mi china bang ahi. Tuaziehin, thumna te Mangpan a za thei nai chi ngai tuo tha va ui.

October 19:**DANIEL KHU THUMMI AHI**

Tuin Daniel in lai kigiel tungah suoi akikaita chi atheitah in inn langah apeita hi. Tualeh a inndan tungnung ah akaltou a, Jerusalem lam nga in akottate ahong a, ni dang a anabawl ngaina bangin, ni khat in thumvei a Pasian masang ah, thu angen a, tualeh kipah thu agen hi (Daniel 6:10).

Daniel khu Pasian ngaisah mi leh thum mi ahia, a guolten a thasiet ziehun Lengpa kung ah paulam tuom tuom siem in a hehsie uhi. A tung a thutanna siem a umte a thei tah in, a thumna te tawpsan utlouin nidang a abawl ngaina mabang in a thumna a sun zom zel hi. Tambang a gahna amu nua a zong kipah thugen kawm a thum na a neidan etton ching mama hi. Bang chibang dinmun hasa pen leh ahoilou pen ituo hun in zong i Pasian kung ah i thum gige ding uh ahi.

October 20:**LUNGKELOU A THUM DING AHI**

Tuachin Aman miten lungkelou a a thum zing ding uh ahi chi a theina ding un a kung uah gentena thu khat a gen hi (Luk 18:1).

I Mangpa Jesu khu thumna hakat mama ahia, zankhovah in a thum a, zingkal sun leh nitah lam in zong a thum zel hi. Pasian tapa hilhiel zong tam bang a a thum leh ei mikhiel hutdam a um mite pen hunchin a thum dingte ihi chi a hing ngaituo sah hi, A nuazuite kung ah thum ding dan ana zilsah a, tami i tangtel ah zong lungkelou a thum zing a poimaw dan a thei na ding un gentena thu zangin a thuhil hi. Khat vei vei chieng in i thumna te Pasian in hing ngaikhelou a bah hun a tam a, bangteng hileh eima lam-et hun a dawn na i mulou hunchieng in zong, lung ke lou kei in i thum zing ding uh ahi. Tuabang a kukaltah a thum zing ding in Mangpa Jesun hing zil sah ahi.

October 21:**KHRISTIAN KIVONNA DINGTE**

Tuaziehin Pasion mitel misiengthou leh deिताhte bangin, lainatna, nunnemna, kingaigiemna, lungnemna leh thuohhatnate sil un (Kol. 3:12).

Tami Kolosate bung 3na khu a bawn in Khristian umdan lam genna ngen tang ahi hi. Tami bung sung ah Khrist toh kai thaw khawm, Krist toh Pasion a hinna phuolguh a umte mi zie um ding dan tampi gen in a um hi. Tamte zui sieng zou hilei, nasa tah in i phattuompi ding hi. Tam mun a i mu dan in Khristian te hina ding khu - Pasion mitel, misiengthou leh deitah chite ahi. Tualeh amaute kivonna ding a kigente khu - lainatna lungtang, nunnemna, kingaigiemna lungnemna leh thuohhatnate ahi uhi. Tam mun a hina leh kivan nading kigente zangin i ki vel tha zel ding uhi.

October 22:**KITHOINA SANG IN THUMANNA**

Tuachi'n Samuel in, Mangpa'n, Mangpa thuman a kipahpi bangin, Kithoi na leh halmang sillatte akipahpi a mah? Ngai in kithoina sangin thuman ahoizaw a, belamtal thaute sangin thuzui ahoizaw hi (1 Samuel 15:22).

Tam thu, zawlnei Samuel in Israel te Leengpa Saul kung a a gen ahi Amalek miten Pasion zahda sil a bawl zieh ua mihing hi in ganta hitaleh bangma hoi nei lou a thatgam sieng ding in Saul thupieh ahi. Tuabang teng ahilai in Saul in a Leengpa uh Agak ban ah bawng leh belam a hoi leh a thau tata that lou in a hing kai a, Samuel in tua thu Mangpa kung a kipat in Saul hing tun masang in ana thei manta hi. Tuachin Samuel in tam sil tung a thei in a lungkham pi in a lung thah ma ma a, Saul in kipah tah in houpi nanle zong a kipah thei het sih hi. Mangpa nasem leh thumang dan a kigen napi, ei utna leh hoi sah dan tan mai a sem ihi lou ding uh ahi, chi i thei tha zel ding uhi.

October 23:**THUOHAT LEH KUKALNA POIMAW**

Asilbawltheina thupitah dungzui a kipahna toh kukalna leh thuohatna lam a hatna zousie a suhat a na um theina ding un; Vah a misiengthoute goutankhawmpi dinga achinga hing bawlpa, Pa kungah kipahthu gen un.

(Kol. 1:11,12).

Tami i tangtel in mihingte a ding a poimaw ma ma **‘thuohhatna leh kukalna’** thu a sil poimaw mama a hing hil a, tua khu ngaisut tham chingtah ahi. I tenna khovel hamse thuoh khovel ahia, Pasion lungsietna zieh in i gitlou dan uh huaise mama napi, tuabangtah a hasatna huaisie i thuoh khanai sih ua, Pasion min i phat uhi. Nat leh sat, gilkiel dangtah leh shi le manna gam a teng ihi zieh un kipahna toh kithuo thuohhatna leh kukalna i nei uh a ngai hi. Vah a misiengthoute goutan khawmpi ding a ching a hing bawlpa Pasion in kukal tah leh kipah kawm a hasatna thuoh thei ding in ahing suhat thei hi.

October 24:**THUTAHNA NEI DING AHI**

Tam silte ahi na bawl ding uh: Michin in na innvengte kung uah, thutah gen un, na kulkotpote uah thutah thudihna leh lemna toh thukhen un.
(Zekariah 8:16)

Tam thute khu mipite kung leh lamkaite kung a zawlnei in Pasion sepaite Mangpa thu a genkhieh ahi. Masalanglai a a pilepute uh tunga a lungthahna te bang a lungthah theilai hinapi, a mi Israelte hoina ding a dei sengzieh a amaulam hing nga kia a a thugen ahi. Ule nu kal ah hi in, vaihawm thukhenna mun ah hita leh thutah a a um ua, kilemnaleh kituo na ding lam deina a nei ding uh a dei zieh a tam thute a gen anahi hi. Koiman innvengte sietna ding ngaituo lou a, zuou a kichiem ding zong koima kilawp lou ding in a han thawn hi. Mipiengtha bang a ki gen napi Pasion dei lam lungsim leh gamtat i neilou khah ding ki ngaituo tha va ui.

October 25:**NGAITUO PEN A NEI DINGTE**

Atawppen in unaute aw, thutah pouma, azatat huoi pouma, sil dih pouma, sil siengthou pouma, sil deihuoi pouma, sil hoi a kigen pouma, hoina bang a uma, pahtawitham ching bang a um leh, tam silte ngaituo un (Phil. 4:8).

I ngaituo na khu tahsa pumpi kingapna leh i umdan zousie thununtu ahi ziehin a poimaw hi. Masanglai a mite kung ah Pasian in, **'kata nalungtang hingpie in'** ana chi a, tualeh mun dang ah **'A lah ua ka ten theina dingin mungsiengthou hingbawl uhen'** ana chi khu tuni tan dong a Pasian deilam ana hi lai a, hitou zel lai ding ahi chi i thei tha tha uh a poimaw ma ma hi Pasian in i lungtang a lu a ahileh, tam a tung a ki genthu te khu ahi dingsa ahi mai hi. Israel te hinkhuo ah, lampi a zawt lai uh hi in, agiahna mun uh hi taleh Biehbih in mun lai zang pen a lu bang in, ei gingtute lungsim khu Pasian in a lu ding ahi.

October 26:**MIHAMPHATE MIZIE**

Pasian ngaisahloute lemguot bang a um ngai lou a, migiloute lampi a zong ding ngailou a, mi simmawhatte touphe a zong tou ngailou mi khu ahampha hi (Sam. 1:1)

Pasian in hampha leh nuomsa achite leh ei ten ichite a kibang thei nai chi mu khe dingin tam thute isui ding uhi. Tami mun a kigente bang a i um khah a, tuabang din mun a idin khah leh mihampha i hingei ding hi. Tuabang hilou a, tam te toh kituoh khaloupi i hileh pen banglam amakhat a dihlouna nei ihi ngei ding a, lunghimaw a kibawl phat i tup chinten a ngai ding hi. Pasian theilou leh ngaisah loute mai mai toh kipawl, mikhiel a ngaw a um mite lah a pang zing mai, alelam a midangte nuoisie leh simmaw a pan gige ihi ngeingei leh i ki-et phat ngai ding ahi. Tuaziehin i touna mun leh i dinna mun enchien va ui.

October 27:**KHRISTIAN UM ING DAN**

Ama a huiha leh lamtou in um unlen, ahing kihilna mabangin ginna a kipah tah a um in, kipahthu genna a dim in um un (Kol. 2:7).

Ei khristian kichi ten i Mangpa Jesu Khrist tatna mantam zieh a tangtawn hinna i tan chieng mai a hun tawh lou in, Ama Jesu Khrist a huiha leh phuhdet a i um a, tuami i ki phudetna Jesu Khrist ma ma a lamtou a i um ding u ahi. Hundam ihi nua a isep zui ding tampi um ahi chi i thei siem a, tuami sem ding a taima tah leh gen nuom tah a ikhosah ding uh ahi. Ama a huiha i chi in Ama kingapna a nei leh Ama a kibulphu i chi nuom na ahi pen hi. Ama a lamtou a um chi in ama a khangkhie leh bel tham ding a kibawl chi genna bang ahi kia dinghi. Ginna a kiptah a um in, kipahthu genna ding mu khieh tam i sawm ding uhi.

October 28:**I LUNGSIM NGAH NA DING**

Leitung a sil umte ah hilou in, tunglam a sil umte ah na lungsim uh nga un. Na shita ua, na hinna uh Khrist toh Pasian ah phuol ahita (Kol. 3:2,3).

I ngaituona leh i lungsim ngahna khu sil poimaw mama ahi chi i thei tha kia ding uhi. I etna lam leh i lungsim ngah na lam ah i kihei un i gam tang ua, tuami in i hinna a thunun hi. Khristian Marter masapen Stephen in a kiim a pam enlou in, tunglam a et zieh in thuohna mulkim huai tah thuohsah ahi lai in zong hamuong tah in a shi thei hi. Mangpa Jesu haan apat a thawkia lai a numei haan a va pei te lah ah Mari in a mit a hitui luong kawm a haankhuh miel lam maimai a et zieh in, a it mama Mangpa Jesu houpina a za thei pai sih hi. I etna lam leh i lungsim ngahna lam a dih ngei ngei ding ahi. Lei lam a sil umte hi lou in, i hinna uh phuol a a umna mun van lam ma i enzing ding uhi.

October 29:**THUMNA LEH KIPAH THUGENNA**

Lungluttah in thungen zingun, kipah thugen kawmin pilvang un (Kol. 4:2).

Tami Kolossa te kung a laihah ah Sawltah Paul in Khristian innkuon sung a mimal malte mawpuoh na te a ban ban a gen in, a tawpna lam ah gingu zousie te a ding a poimaw kipah thugen kawm a thunget ding ahi dan a hing gen ta hi. Tam thu koipou in ei a bang a ilah thei ding ua hoi thuhilna mantam ahi chi ithei ding uhi. I tangtel in bawl ding a ahing hasot na te khu-thu ngen zing ding, kipah thugen ding leh pilvang ding chite ahi. Thumna khu Pasian toh i kizopna leh i ki thu zah thei na ahi zieh in a poimaw a, tuanah ngetna mai mai a bei lou a, kipah thu genna a tamzaw ahi ngei ngei ding ahi. A tawpna ah tambang a i bawl dingte toh kisai pilvang tah a bawl ding a thupieh ihi uhi. Thamlou in, lunglut tah a bawl ding chi zong ahi kia sawn sawn hi.

October 30:**SOLNA MAITUO DING DAN**

Mi koiman solna a tuoh chieng in, Pasian sol kahi chi sihheh. Pasian pen gitlou a sol guol ahisih a, Aman zong koima a sol ngaisih hi (Jak. 1:13).

Tami Jakob laihah ah solna ichi bang hi a, bang hing chi pei a, bangchi dou ding chite leh solpua a umna leh agate i mu uhi. Solna khu Pasian a hing kipan ahisih a, eima utna leh lunglutna tungtawn a hing pei ahizaw a, i dou teitei ngai ahi chi a hing theisah hi. I tangtel in solnate i tuoh chieng un Pasian phal mawng leh a lemsah a hing um dan a ngailou ding ahi achi hi. Hinanleh Pasian theilou a tuabang solna hing tung vang ahi samsih hi. I deilam, i dulam leh i tahsap lamte tungtawn a sol a um zel ihi ua, tuate i theitawp suo a i dou teitei a, i kizawsah lou hamham ding uh ahi. Tam thuhilnate eite kung a gen bang in i sang ding ua, hagau lam galdouna ahi chi thei in, pilvang tah in i um ding uhi.

October 31:**TUNGLAM A KIPAN PILNA**

Hinanleh tunglam a hing kipan pilna pen a masapen in a siengthou a, tuachiengin kilemna a dei a, a nunnem a, gasuo a ut a, khotuona leh ga hoi in a dim a, khen tuom a neisih a, a lepchiesih hi (Jak. 3:17).

Jakob 3:13-18 sung ah pilna thu a kigen a, amasapen in khovel a thunei dawimangpa a kipat pilna a gen masa hi. Tua khu, thangsietna, angsungkhuolna chite ahi ua, tuate umna pou ah buoina leh silhoilou chinteng a um hi. Anina pen khu tunglam a kipat pilna a kichi a, tua khu sienthoua, kilemna leh nunnemna leh ga hoi tuomtuom in a dim hi. I pilnate uh bangchi bang pilna ahiei chi i kivel pha zel ding uhi. Khovel pilna, setan a kipan pilnaneite i hileh, i hinkhuo a kisuhsih ding a, i innsung leh i umna pawl sungte i subuoi zing ding uhi. Amabou, tunglam a kipat a pilna deihuoi tah nei mi i hileh i hinkhuo a lamzang ding a, i umna pawlpi zong a chidam ding hi.

November 1:**TUOM UM DING A HAT**

Tuaziehin, alah ua kipat in hing pawtdoh unlen, atuom in um un, Mangpa'n achi hi. Asienglou mawngmawng khoi sih un, tuachi'n noute ka hing pom ding a; noute a dingin na Pa uh ka hi dinga, noute zong ka tapa leh ka tanute na hi ding uhi. Mangpa bangkim bawlthei in achi hi (2 Korinth 6:17,18)

Tam thu Korinth hattuom a gingtute kung a na kigen ahia, tuni hun in ei gingtute kung ah zong gen a hing hi kia hi. A tuom a a ten ua, bieh dan, gam tat dan leh hindan bangkim a Pasian deilam bawl a, a kithuohpi thei mite ahi ding uh deina in, Pasian in amite Igypt gam a kipan Kanan gam a teng ding in a hankhie hi. Tuami gam a teng masa namte hawl khie a, amau ngentang nam dang koima toh tengkhawm lou ding in a dei hi. Tam bangma khu tulai gingtu te kung a Pasian sil dei leh a phut ahi. Ginglou mite apat a tuom a um a siengthou ding a lamet ihi uhi.

November 2:**KITUNDING TUO DING AHI**

Unaute aw, mi koi ahiei khat atatkhelzieha mat a aum leh nou Hagau miten, nangma zong solna na tuoh khah ding ngaituo in, tuabang mi khu nun nemtahn tungding kia un (Galatia 6:1)

Mihingte hinkhuo ah pua hunte um lou theilou ahi a, koima hoi bukim leh hat tawn tung a ki-um zou sih hi. Theilou kal hi in thei gegu hitaleh zong upa ten lam hang tuon khiel achi bang uh ki um kha zel zel hi. Tambang hun chieng in i Bible hinghilna te ngaituo tha zelzel ding a poimaw hi. Mikhat in dan a bawsiet a leh, hattuom dan hi in khotang dan hitaleh, thunun ngai ahi hun in thununnate i pieh ding ma ahi. Amabou, lungsietna leh deisahna tah toh pieh ahi ngei ding ahia, a hing kisiem tha kia ding dan ngaisut sah kawm a, tunding kia ding lungsim a nei kawm a bawl ding ahi. Engbawlina leh gawtna lam a bawl hilou in, nunnemtah kawm a tunding tup tin ten ding ahi.

November 3:**LUNGMUONNA KIM NEI DING**

Na tunga lungtang kiptah a nga mi in nangma ahing muon ziehin, lungmuonna kim nei ding in na kem ding hi (Isai 26:3)

Muonna leh bitna kichi mi zousie in i dei pen leh i nei ut pen uh ahi. Hinapi in mihingte i kipieh thei ahilou ban ah, mihausa ten zong sum a a lei theilou uh tunglam a kipan lungmuonna kim ahi zaw hi. Tami Isai bung 26 na bul i simleh khopi muonhuoi, Pasian in a hundamna kulpi ding a a guot a lut thei dingte khu nam dihtat leh thutah zui mite ahi ding uh chi i mu hi. Tuami thu toh gen zom zel in, zawlnei in, na tung a lungtang kiptah a nga mi in nangma a hing muon ziehin, lungmuonna kim nei ding in na kem ding ahi a chi kia hi. Mangpa a lungtang kiptah ngami te hamphat na ding khu lungmuon na kim nei ding chi ahi a, a lunggul huai in a nei uthuai mama hi.

November 4:**KHRIST KINGAI NGIEMNA**

Tualeh mihing lim leh mel bang hing puo in, ahing kingaangiem a, shi tandongin thu amang a, Kross ah shina nangawn ahing thuoh hi (Philippi 2:8)

Tam philippi 2:1-11 sung ah Mangpa Jesu lungsim put dan leh kipiehzouna thu i mu hi. Tua Khrist a um lungsim pen gingu zousie in a nei ding a hoi ahi thu zong i sim uhi. Pasian toh kikim a um hinapi, hing kikoi ngiem in, suoh bang a hing um in, mihing bang in a hing pieng hi. Mihingte thuoh bang bang, natna leh shina tan a hing thuoh a, tuami ahi theina ding in a hing kingaangiem hi. Tambang a Mangpa Jesun kipumpiehna bukim a hing nei khu, ei gingu te a ding a etton tah mama ahi chi i thei uhi. Mangpa Jesu lungsim put dan, a nuasia ngamte leh a thuoh ngapna a thupi mama hi. Tulai gingu ten hasa isah mama uh khu tami kingaangiemna ahi. Vanmang ta hilai in leimun ngiem pen ahing tel a , mihing bang a a hing pien dan leh shina mulkimhuoi a hing thuohdante ngaisun tha zel va ui.

November 5:**THUM DING DAN**

Ka hing hil ahi, ngen un piehin na um ding uh, sui un, na mu ding uh, tualeh kiu un, honpieh in na um ding uhi (Luk 11:9)

Tami Luk 11:5-13 sungthu khu thumna toh kisai a Mangpa Jesu thugen ahia, kukal tah a thum ding a hasotna ahi khol dieh hi. Zankhenglai a a lawmpa kung a tanghou pheng ngenpa thu in a pan a, a kukalna zieh a pieh a um ahidan gen masa in, kukal tah a thum ding ahi dan gen kawm in hasotna thu a hing gen zom hi. Tam mun ah **'ngen' 'sui'** leh **'kiu'** chite a ban ban a gen in a um a, Pasian lungsietna leh a panpina ngen a, i sui ding ahi dan a hing theisah a, tualeh Pasian in a hing ngai khieh tei tei na ding a a kung nai a a lungtang hon ahi thei na ding a kot va kiu a, va dawpkhie china bang in a ngai thei ding hi. Pawng san a thum mai lou a, Pasian hing zah ngeingei ding dan lampi sui a thum ding in a hing hil hi.

November 6:**LUNGKELOU A THUM DING**

Tuachi'n Aman miten lungkelou a athum ngitngget ding uh ahi chi atheina dingun, akung uah gente thu khat agen hi (Luk 18:1)

I Mangpa Jesu'n thumna a ngaina mama a, zan khovah bang. zingkal bang leh sunlai bang in a thum zel chi i Lai-siengthou sung ah imu uhi. Silthupi deu a bawl ding chieng bang in zan khovah in a thum zel hi. Tambang a ama ngei in zong thumna ngai poimaw ahi zieh in, a nuazuite zong thumna lam a lunglel lou leh kukal tah a thum ngitngget ding in a zil sah hi. Lungsim a dei leh ngai khoh tinten nei a thum i hileh, lungke het lou a i mu mateng thum thum mai ding in a hing han thawn hi.

November 7:**MANGPA THU A LEN SEP**

Tualeh Simon in adawnga, akungah, Siepa aw, zan khovah in gimtahin ka pang ua, bangma ka man sih uhi, ahivangin na thuin len ka sep ding hi, achi hi (Luk 5:5)

Tam thu khu Simon in a kung a Mangpa thupieh, lithuhlam nai a ngaman dinga len sep ding a hil a a umna thu a dawn na ahi. Mangpa Jesun tui daan na lam hilou, lithuh lam nai a, tuana len sepdingin nuazuite a hil hi. Zankhuo a bangma a mat lou na mun uh ahi man in nuazuite ngai in kinepna ding a um tuom sih hi. Hinanleh Simon in ama ngaidan a pei lou in Mangpa thupieh bang a len sep ding in thupuana a bawl pai a, lawchin na thupi tah a tangta hi. Ei ngai dan leh thei dan te i Mangpa thu toh a kituohlou hun chieng in, Mangpa nangma thu bang in aw chi thei zel dingin iki sa chiet ding uhi.

November 8:**A BUOI DING MAWNG A PIENG**

Aziehpen gimthuohna khu, leivui apat hing pawtdoh ahi sih a, buoina zong leilah a, hing mengdoh ahi dieh sih hi. Meisi khu tunglam a alentou bangin, Mihingte khu abuai ding mawng a hing pieng ahi (Job 5:6,7)

I tangtel in a gen bangin, gimthuohna leh buoinate a um ding mawng ahi a, lei a hing pawt doh mai ahisihleh haichi bang a lei a hing dawn khie ahi sih hi. Gam a kat chieng a meivam a lengtou bang in, mihing khu a buoi ding mawng a pieng ahi. Buoina tuoh ngailou ding leh a nuomsa zing ding a kingaituo hetlou ding ahi. Eden khelna zieh a mihing te sem gim ding leh natna thuoh ding mawng a khovel a pieng ina hi ta uhi. Pasion in i natnate hing suhdam sah siang a, i buoi na zousie te hing suh vengsah paipai ding dan a i ngaisut leh genthei ikisah hun a tam seng kha ding hi. Buoina leh natna gama teng ihi chi ngaituo zel va ui.

November 9:**MANGPA TAIHILNA THUOH DAN**

Tualeh mi'n ata aphawhhil zel bangin, Mangpa na Pasion un ahing phawhhil zel ahi chi, na lungtang un thei zingun. Ngai vawi, Pasion in mi aphawhhila, abawlhoite khu mi nuomsa ahi uhi. Tuaziehin bangkim bawltheipa thununna khu simmaw vawt sin (Deut 8:5 Job 5:17)

Hasatna leh buoinate i tuo ding mawng ahia, amabou tam i hasatna leh i buoina te Pasion in a hing bawlhoi nuomna vanzah hi thei zel ahi chi i thei a, i ngaisah ding ahi. Pasion in a hing it a, i hoi ding a hing deisah seng zieh a hasatna te hing tuosah masa zel zong ana hi thei zel hi. I Pasion khu itna a dim mai hilou in, a siengthou leh a dihtat Pasion ahi. Tuaziehin, khelna leh silhoilou toh kidie den ding in ahing phal sih a, tuate toh i kikhen thei na ding in a hing sawi kha zel ahi zaw hi. Pasion sawina i tuo hun chieng in simmaw het lou in, kibawl phatna in la zel zaw va ui.

November 10:**PASIAN THUCHIEM MUON HUOI**

Zau sih un, ka hing umpi hi. Lungke sih un, Keima na Pasian uh ka hi. Ka hing hat sah dinga, Ahi, ka hing panpi dinga, ka dihtatna khut zietlam in ka hing tudet ding hi (Isai 41:10)

Tami i tangtel khu Mangpa Pasian in a mi tel Israel tate kung a agen ahi. Ei tulai gingtu te zong i Mangpa Jesu i ginna tungtawn a Pasian mitelte i hi tah zieh in ei kung a zong kigen ahi i chi thei uhi. A ta it tahte ihita ua, tuaziehin Hagau in i kung uah, a uma, Ama i Pasian uh ahi ta hi. Aman, ***‘Ka hing hat sah ding, ka hing panpi ding. ka dihtatna khut zietlam in ka hing tu det ding’*** a chi hilhiel hi. A lungmuonhuai in, a hamuonhuai mama mai hi. Tam bang thu sang a thu kipahuai zaw um thei nawnlou ding a bang hi. Hoitah in sim tha kia in len, ngaituo vengveng in, sut detdet lechin, sui tham a ching a, sut tham zong a ching hi.

November 11:**NANGMA THU HIZAW HEH**

Themkhat a gamla zaw deu ah apei a, Amai tuolsu in akhupboh a, Ka Pa Aw, ahitheileh tam nou in hing pelsah in, Ahivang in keima thu hilouin nangma thuthu hizaw heh, chiin thu angen hi (Matthai 26:39)

Tam thu khu Gethsemani huan a i Mangpa Jesun lungkhamna tawpkhawh a maituo lai a a pa Pasian kung a a thumna thu ahi. Mat sah a a um ding dan leh thuohsah a a um ding dante ngaisun in a leitung mihing tahsa lung gelna apat huphulna lien tah a nei ziehin tambang in a thum hi. Tam bang a hasatna in pumtuom a, a maban a athuoh ding ngap mamalou hina pi in, Pasian thuneina leh lem gel na ah akipekhe zaw hi. ***‘Kei thu hilou in, nanga thu hizaw hen’*** achi ngamna thupi in ngaisanghuai mama hi. Tambang khu ahi eite thum ding dan a hoi leh poimaw. Ei poimaw leh dei teng ngen zung zung mai lou in, ***Mangpa, nang kei a ding a hoi nathei hi*** chi ngam va ui.

November 12:**NUATOLTE LAMZANG LOU UH**

Tuachi'n Mangpa hagau siempu Jehoiada tapa Zekariah tungah ahing tungta hi. Zekariah, mipite masang ah ading a, akung uah, Tami Pasian thugen ahi, Bangdinga nouten Mangpa thupiehte zuilou na hi uoi? Na lamzang sih ding uhi, Ama na taisantah ziehun, Aman zong noute ahing taisanta hi, achi hi (2Khangthute 24:20)

I tangtel in gingtute nuatolna ichi bang hi a, nuatolna gasuo zong bang a hiei chi a hing hil hi. Jesu Khrist i gintahna zieh a khel ngaidam na i tan bang zel a, Pasian ta hita te ihi ua, tuachia Pasian thupiehte zui a Ama toh hing khawm leh khosa khawm ding a lamet te ihi uh. Tambang ahi lai a, Mangpa thu ngailou a eima deidan a ihin chieng in gingu nuatol i suoh zel hi. Mangpa thu kal a i gamtat a Ama tohzawh khawm thei lou a nuatol hinkhuo i man chieng in i hinkhuo leh i khosahna ah i lamzang thei sih hi. Bang zieh e ichi leh Ama i taisan zieh in, Mangpan ahing tai san a, tuazieh a lamzang thei lou ihi uhi.

November 13:**PASIAN THUCHIEM MUONHUOI**

Keima'n anuatolna uh ka damsah ding a, Amauh manbei in ka it ding hi. Aziehpen ka lungthahna amaute apat akiheimangta hi (Hosea 14:4)

Tam thu khu Pasian in a mi Israelte a tunding kiana thu ahi. Pasian sang a a ngaisang zawh uh leh a itzaw uh sil dangdangte nuasia a, kisia na dihtah toh Mangpa lam ahing kinuale lai ua Pasian ngaidam na thu ahi. Pasian khu a thuchiem a chitah leh muonhuai ahi, a chiemsa banga ami Israel te a silbawl sa te uh tawpsan a, Ama kung lam a zot uleh, a lungthahna amaute apat hei mang in a nuatolna ua pat ngaidam in a damsah chi thu i mu hi. Tam mun a Pasian thu chiem manpha leh kipahuoi ma ma sil thumte khu a **lungthahna hei mang ahi thu, a nuatol na uh dam sah thu leh manbei a it ding ahi thute** ahi.

November 14:**PILVANG A THUM DING**

Tuaziehin sil hing tung zousiete pel taah leh Mihing Tapa mai a ding taah ding a guot nahi theina ding un, kiveng unlen, thu ngen ngitngget un (Luk 21:36)

Hun nukhia a sil hing tung ding toh kisai a Jesu thugen tam mun ah imu kia hi. A hing peikia hun ding leh eima shi hun ding bangma theilou i hi man in sil hoilou hing tung ding zousie te i pumpel thei a, Mangpa masang a dembei a i din theina ding in kiveng zing leh thungen zing in i um zaw ding uhi. I Laisiengthou in tam mun a bawl ding sil ni ahing gen sah te khu, **kigingsa a um ding leh thum zing ding** ahi. Mihing tapa i hundapa eite lading a a hing pei kia chieng a maitai tah a Ama ina lamdawn theina ding in tam a tung a thupiehte i lim sah ngei ngei ding uh ahi. **Mangpa ka kimanta hi** chi thei ngei ding in kisa vai.

November 15:**I TANTAWH A LUNGKIM DING**

Na hinkhuo uh sum deigawna apat kem unlen, na nei teng tung uah lungkim un. Aziehpén Pasion in ka hing nuasie sih dinga, kang taisan ngai sih ding hi, achi hi (Hebrai 13:5)

Tami i tangtel a bullam i nua et leh Khristian nupa kiteng chiil te kung a dam sung a khosah khawm zel ding dan toh kisai a hanthawn thugen na i mu hi. Kitenna zatattah leh siengthou tah a kem ding a han thawn kawm in tam thu a hing gen zom hi. Inkuon khosah ding gel na zieh a sum deigawna a lut thuh ma ma innkuon a ki tam ta a, kitenna siem a innkuon dinkhetu i Pasion in Ama thei leh zatat a, tambang khovel silte deigawna apat kikem siengthou ding in a hing dei a, Aman hing nuasia ngai lou ding a, hing tai san ngailou ding ahi thu zong ahing chiem hi. Tuaziehin, sum deigawna apat ki kep sieng thou sawmchiet va ui.

November 16:**LAWCHINNA THUGUH**

Mangpa muong inlen silhoi bawl in, tuachi'n gamsung ah na teng ding a, bittah in na um ding hi. Mangpa tung ah kipah inlen, tuachi'n aman na lungtang deilamte ahing pe ding hi (Sam 37:3,4).

I tenna khovel ah mi dangte neilelam te enna leh huaihamna a uong mama ta a, tantawh a lungkim koima um thei nawntalou in, du-amna khovel i zang uh ahita mai hi. Tambang hun leh din mun a idin lai in, Pasian thu in a hing deisah leh ahing kawhmu khu, Mangpa muong ding leh a tung a zong kipah ding, tuachi hileh Aman i lungtang deilamte hing pe ding chi ahi. Mangpa muong a silhoi bawl ding a thupieh ihi ua, tuahileh i tan ding uh khu i lungtang deilamte pieh a ki umding dan ahi. Lawching ut kisa seng a Pasian muong leh sil hoi bawl sawmloupi a, del achia i del mawh pen bang chih tan a zong kipha zou ngailou ding ahi.

November 17:**UM DAN HENG A PASIAN ZOT DING**

Migilouin a umdan tawpsan henlen, midihtatlou in angaituonate tawpsan henlen, Mangpa kung ah hing kinuale kia heh. Aman ana khotuo ding a, i Pasian kungah kile kia heh, Aman ana ngaidam mama ding hi (Isai 55:7).

Hagaulam pienthana ichi khu umdan leh gamtat kiheng a, silhoilou chiin a ineite tawpsan china bang ahi. Tuabang a i gamtat dan te a kihen theina ding in, i lungsim a i ngaituona hoilou te tawp san ding china zong a hi ngal hi. Silgilou tawpsan ahi zou chieng a bawl kia ding khu, ngaidam nuom a hing han i Pasian kung a kile kia ding ahi. Tuaziehin pienthana dih tah nei miten a umdan giloute uh tawpsan in Mangpa lam a zuon ua, Mangpa ngaidamna a tan ban uah, a deilam bawl ding in a hing ta uhi. I umdan hoiloute heng vai in, Pasian lam zuon va ui.

November 18:**ABEL LEH ABRAHAM GINNA**

Ginna in Abel in Kain sangin kithoina hoizaw Pasian kungah alan a, tuami ziehin ama midihtat ahi chi theipina alaw hi. Pasian in asilpiehte athei a, tuakhu ziehin ama shita napiin, tua ginna ziehin thu agen nalai hi. Ginna in Abraham ze-et a a um laiin Isak alaan hi. Thuchiemte tangpa'n atapa neisun alaan hi (Heb. 11:4,17).

Tuni in ginna a mihansan leh etton ching mi ni, Abel leh Abraham i en ding uhi. Ginna khu ama ngentang a umden theilou, nasep in a zui ngai a na hi hi. Abel in ginna a sil a lat zieh in Kaina sillat sang in a hoizaw a, tuachin Pasian in a pomsah hi. Tuamabang in, Abraham in zong mihing ngaituo leh hisap dan a a tapa tang neisun, kithoina ding a a lat khu ngolhuoi tah ahi. Amabou, Pasian phut leh a deilam ahi chi a gintat ziehin Abraham in, hasa sa pipi in a laan a, tua chin ginna a mihangsan leh ginna a mi zousiete Pa chi hiel in a um ta hi.

November 19:**THUMANLOUNA GA MANTHAINA**

Hinanleh ngaikhe nuom lou ding a na lungtang uh akiheimang a, puimang a na um ua, Pasian dangte na bieh ua, anate nasep u'leh; Na mangthang teitei ding uh chi tuni'n ka hing hil ahi. Jordan lui galkai a, luu ding a na valutna gam uah na dam sawt sih ding uhi (Diut. 30:17,18).

Tam thu khu Mosi in Israel mipite kung a a thuvaihahte lah a khat ahi. Gamchiem na vatun hun chieng un, Pasian hatna zieh ma in gam khu na valuo ding ua, Ama thu na man ua, na zui sung teng uh guolzawlina in ahingzui zel ding. Amabou, Pasian thu ngaikhe nawnlou a, na kihei mangsan ua, Pasian dangte na bieh san pouma uleh na lamzang sih ding uh achi hi. Mimal, innkuon leh namte lawchin leh lawsap ding khu, Pasian toh kal hoi leh hoi lou a kinga chi thei in, ki-en pha va ui.

November 20:**LUNGSIM MUNKHAT A UM**

Tam mite zousie leh numeite leh Jesu nu Mari toh Jesu sanggamte toh lungsim munkhat pua in phatuomngai tah in thu a ngen khawm uhi. (Nasepte 1:14).

Gingtute kipumkhatna leh lungsim mun khat a umna ding khu Mangpa Jesu dei mamate lah a khat ahi. A pa kung a a thumna zong tami gingtute pumkhat a umna ding ana hi ta hi (John 17). Jesun a Pa kung a a nget bang tah in hattuom masa te lah ah ki-ittuona, unau khat bang a ki-itna a um chi Jerusalem hattuom ah mu thei in a um hi. A sil neite uh kitaang in, innkuon khat bang in a khosa khawm uh chi i mu thei hi. Eigam a hattuom hing kipat chiil lai in zong tambang deu sil ana um ngaita a, hun hing pei zel in khovel silte deigawna leh huoihamna ten gingtute hinkhuo ah mun a tang tam hieihiei a, ki-itna a tawm hieihieita a bang hi. Ginna khat, Hagau khat leh Mangpa khat neite i kithutuoh ua, lungsim munkhat a um i tup ding uh ahi.

November 21:**KINGAIDAM TUONA POIMAW**

Khat leh khat kithuohpi tuo chiet unlen, kingaidam tuo chiet un, khat in khat tung a thubuoi na nei u'leh, Khrist in noute ahing ngaidam bangin, noute zong kingaidam un (Kol. 3:13)

I Pa Pasian in i khelnate a hing ngaidam theina ding a ei ten zong i tung a khielte i ngaidam ding sil poimaw ahi thu Mangpa Jesun a na gen ngaita hi. Ei gingu te pen i lawm khat in hasatna leh thubuoi a nei khah le zong, kithuohpituo ding leh kingaidam tuo dingte ihi uhi. Akilang a muthei na tan a sep thei - **damlou ve** leh **shigal** chi te bang ah i tawmngai un i taima thei chiet ta ua, kithuohpina chi khat ahi a, a kipahuai hi. Amabou, hasatna chi tuom tuom kam a genkhiet thei zong hi khollou i tuo hun te bang zong a tam a, tuate kitheisiempi a, i ki awlmaw ding uh ahi. Thamlou in i tung a bawl khiel kha a um hun in zong ngaidam dan i kizil ding hi.

November 22:**PASIAN HEPINA KICHING**

Hananleh Aman a kung ah, ka hepina nang a ding in a hun hi, aziehpén ka hatna khu hatlouna ah suhbukim in a um hi, ahing chi hi. Tuaziehin Khrist silbawltheina ka tung a a um theina ding in, kipahtah in ka hatlounate ka kisielpi zaw ding hi (2 Kor. 12:9)

Tam i tang tel khu Paul in ama siltuohsa, a hinna a siltungte a pat a thei, tulai miten testimony i chi uh khu ahi. Pasian in a musah leh a theisah, midang koima mulou leh theilou a tam mama a, tuaziehin Pasian in a sa tung ah ling khat a guon hi. Tuami ama a hatlouna leh mipahlou na hi a a theipen toh kisai in Mangpa kung ah a thum a, tua a thumna dawnna khu tua i tangtel a hing hi ta hi. Paul in, tuami kamu leh ka theite zieh a ka kisahthei a, ka ki-otsah seng louna ding a, Pasian in tami hatlouna khat ka nei hoisa zaw ahi, chi dan in thu a hing gen hi. Pasian hepina kichin dan thei in muong ngam va ui.

November 23:**HAGAU LAM A KHANNA**

Naungeh suohthate bangin, na hundam na ua na khantou theina dingun, hagau nawitui sieng bangma toh hallou lunggul un. Hinanleh i Mangpa leh hundampa Jesu Khrist hepina leh theina ah hing khanglien un, Ama kungah tu leh kumtawn in thupina umta hen, Amen (1 Peter 2:2; 2 Peter 3:18).

Tam tangtel te a pat in gingu te hagau lam a khanlet ding a poimaw dan leh i khanna ding mun khu Jesu Khrist hepina leh theina a khang ding i hi thu i mu uhi. Naungeh suoh tha pen a ni a ni a a khan hut hut bang a Khrist a gingtute zong khawllou a khang ding ihi dan ahing thei sah hi. Naungeh in tuabang a a khan thei na ding in a nu nawitui tawnga lou in a ne thimthem bang in eiten zong hagau nawitui Pasian thutah bangma toh hallou i lunggul in i ne ding uh ahi. Hundam ihi tan a lungkim den mai lou in, hagau a khan na lunggul vai.

November 24:**MANGPAN TAM TAN HING PUI**

Tuachi'n Samuel in suong khat ala a, Mizpah leh Shen kikal ah aphut a, Tamtan chieng Mangpa'n ahing panpi hi chi in amin dingin Ebenezer achi hi (1 Samuel 7:12)

Israel, Pasian nam teal ten akiim vel ua nam dangte pasien biehte biehi a Pasian a kihei san zieh un, nam dangte nuoisie leh simmaw in a um ua, a lungkham thei mama uhi. Philistin ten Israel te dou a that gam ding a a hing kisah lai un, Israel ta ten Samuel tungtawn in Pasian ana han ua, tuachin a Pasian un a zau pen uh leh a melma lianpen uh Philistin te khut a pat a hundam ta hi. Tami Pasian panpina zieh a Philistin mi galhat te a zawna uh thei zing na ding a Samuel in suong a phu khu Ebenezer a ki chi a, **'Tam tan Mangpan a hing panpi** china ahi. Eite zong, i damsung lam zawt na ah Pasian in tam tan a hing pui ta a, nuomthu gen in Ebenezer ichi ding uhi.

November 25:**DANIEL THUMNA**

Tuin Daniel in lai kigiel tungah suoi akikaita chi atheitah in inn langah apeita hi. Tualeh a inndan tungnung ah akaltou a, Jerusalem lam nga in akottate ahong a, ni dang a anabawl ngaina bangin, ni khat in thumvei a Pasian masang ah, thu angen a, tualeh kipah thu agen hi (Dan. 6:10)

Tam mun ah Pasian mizah mithupi mama Daniel thumna hinkho man dan i mu a, nichin in Jerusalem lam nga a kotta kihong sung a inndan ah khup din in thum vei a thum zel hi. Tam hun lai tah Daniel dinmun khu, ni 30 sung Leengpa kung lou ngal a koiman thumna a neilou ding, tuabang a bawl tei tei a um leh humpibahnei kul sung a pailut ding chithu umlai tah ahi. Daniel in thumna tangpi mai hilou, kipah thugenna thumna a nei hi. Daniel thumna hinkhuo bang lunggul in nei sawm va ui.

November 26:**MIHING NGAITUO BAT LOU**

Hinanleh, mit a mu ngailou, bil a zah ngai lou, mihing lungtang a zong lut ngailou, Pasian in Ama itte dinga abawl pieh silte khu chi a gel bangin (1 Kor. 2:9)

Tam i tang tel in a gen khu gingtute tangtawn mun ding van gamthu leh gingtute hamphatna ding a Pasian in Mangpa Jesu a a sil gelkhol thupi dan genna ahi. Tam mun a, ***mit a mu ngailuo, bil a zah ngailou mihing lung tang a zong lut ngai lou*** kichi in a gen nuom hidan a kilang khu, mihingte muna, zahna leh theina in a batphahlou, koima in a hina bang tah a mu khah louleh a thei khah nailou chi thu ahi. Laphuohtu in, ***‘Khut a lamlou, tuana innpi, kei din mun bawl sa’n a um*** ana chi khu tami ana hi ding dan ahi. Mangpa Jesu Khrist gingta a pom mite tan ding kigena ahia, tuami lam-en a khosa te i hi uhi.

November 27:**TIMOTHI GINGTU TE KHUO LE TUI HINA**

Eite khuoletui hina pen vangam ah ahia, tuana kipat in Mangpa Jesu Khrist hundampa kinem tah in ingah uhi. Aman sil zousie Ama thu thua aumsah theina nasep dan dungzui in itahsa thulimlou khu Ama tahsa thupitah batpi in ahing bawltha pieh ding hi (Philipi 3:20,21).

Zanni a i gen tah uh, mihing in amu a a thei phah nailou van khopi thupi mama pen khu ei gingtute khuoletui leh i khosahna mun ding ahi dan tuni hun in i sim khe kia uhi. Tam mun a kigen, ***‘Eite khuo-le-tui hina pen van gam ahi’*** chi in, tu le tu in mu ban nai lou in, thei ban nai sih nanlei zong tua vangam khu ei a ding a bawlsa leh sehसा ahi i chi thei ding hi. Mangpa Jesun, nou ading a mun bawl ding a va kuon ding ka hi a chi na mun khu tam mun ahia, tuamun a nou zong na um thei na ding un ka’ng la kia ding a chi zieh in ei a a hita, i chi thei uhi.

November 28:**SHI LUNG MUONNA**

Ken kidouna hoi ka douta a, kitaidemna ka zouta hi, ginna ka kemta hi. Tuin dihtatna manglukhu kei a dingin koi in a umta, tua khu Mangpa vaihawmpa dihtah in tua ni chiengin kei ahing pe ding hi, tualeh kei kung guoh ah hilouin, Ama hing kilahna ngaina poumate kungah zong ape ding hi (2 Timothi 4:7,8)

Mi tampiten shi ding zauna lian tahinei lai in, Sawltah Paul in pen shi ding a zau lou thu tam mun ah ana gen hi. Michin ten tam bang a a zau uh bang zieh a Paul in zau lou ata diei le? Tam i tang tel in a hing hil hi. Kidouna hoi a dou ta a, kitaidemna a zouta a, ginna zong a kemta hi. Tuachin dihtatna Manglukhu ama a ding a koi a umta ahi dan zong a theita a, tam thute zieh in Paul in shi ding a zau sih hi. Ei ten zong tam te thei in mu masa lei shi ding kizau lou ding ahi hi.

November 29:**I PANG TEITEI DING AHI**

Aziehpen Pasian hing i muon ziehin, i semgim a, gensietna thuoh in ipang teitei uhi. Ama mi zousie hundampa ahi a, agingtate dingin ahi dieh hi (1 Timothi 4:10)

Tam thu khu Sawltah Paul in hattuom kemtu (Pastor) naupang mama lai Timothi a hanthawnna thu ahi. A thugen dan a pat in Paul in zong Pasian nna khu hasatna tampi thuoh in anasem ahi chi a kilang hi. Tuabang a hi man in, Bible sim te, Pasian kung a thumna nei te, Pasian biekhawmna a kikhopte leh Manggam nasepna zat tuom tuom te ah hasa nan leh zong i pang teitei ding uhi. Adieh in gensietna thuoh ichite sil baisesa liai ahisih chi ithei chiet ua, hinanleh i thuoh ham ham ding uh ahi. Bangziah a tua bang tah a sem gim ding ihiei ichi leh Ama i Pasian hing i muonzieh un i pang tei tei ding uh ahi zaw hi.

November 30 :**GUOLZAWLSAHNA**

Mangpa'n nang hing guolzawl henlen, hing kemta henlen, Mangpa'n a mel na tungah tangsah henlen, hing hepi zel ta hen. Mangpa nanglam hing nga henlen, lungmuonna hing peta hen, chiin achi hi (Number 6:24-26)

Tam i thusim khu Aron suon siempiten Israel suon te a guolzawl na thu uh hi ding a Pasian in Mosi tungtawn a a thupieh ahi. Tam thutengte zang in a ki guolzawl zel uhi. Tulai in i gam ah pasal nei ding a mou kiha te bang a kiguolzawl zel a, a pi leh pu te uh ban ah Upa leh Pastor ten zong guolzawl na a kipe zel hi. Pasal nei ding a ihah te mai hilou in, Khristian innkuon chinten tam guolzawl na thu te zang in, khat le khat ki guolzawl zel in, thu kingetsah zel va ui. Tuaban ah, a guolzawl tu ding te zong mi khat pou pou hi thei mai lou in, Pasian umpi mi leh Ama toh ki thuoh zing mi ahi kisam ding ahi.

December 01 :**PASIAN THU MANPHA PEN**

Hampa avuo i a, pape zong apul hi; hinanleh Mangpa thu pen kumtawn in a umden ding hi (Isai 40:8)

Laisiengthou, Thuhun Lui laibu 39 leh Thuhun Tha laibu 27 kigawm a laibu 66-te khu Pasian hatkhum thute ahi uhi. Pasian Jawlneite, Khrist Jesu sawлтаhte leh a Nuajuiten Pasian a pat a thu mute uh ahing gelkhietie uh ahi. Tamte zang in Pasian in a dei dante mihingte kungah a hing theisah a, a Laisiengthou i nei ziehun i kipah ua, kipah thu gen kawm in ei bang a Laisiengthou nei nailou minam tampi um nalaite a ding in i thum ding uhi. Khovel sil dangdangte pen ahun dungzui in sie in bei zungzung zel a, Pasian thu pen khovel a siet deudeu leh a hoina leh a manphatna lien semsem hi.

December 02:**KHRIST INNKUON**

Tuaziehin tuin Na suoh innkuonte kumtawna na masanga a um ngitnget theina dingun guolzawl in, Aw Mangpa Pasian nangma'n nana gen ta a, tualeh na guolzawl na a na suoh innkuonte kumtawn a guolzawl in umta u'hen achi hi (2 Samuel 7:29)

Khovel kivaipuohna bulpi khu innkuon ahi akichi zel; hi. Nupa kop khat, Adam leh Evi pansan in Pasian in khovel kivaihawmna a dinkhie hi. Tuaziehin, innkuonte Mangpa khu Khrist ahia, innkuon lutang leh Nu pen a ding a zong lutang khu Pa (Pasal) ahi hi (1 Kor. 11:3; Eph. 5:23). Innsung nupen khu pa (pasal) panpitu muonhuoi ahi ngeingei ding ahi (Gen. 2:18). Sapgam mun khenkhat ah Numei leh Pasal a kikim bang phial a gen nuomna ana um kha zel a, tuami khu Bible toh kikal thu ana hi zel hi. Pasian in innkuon sung a mawpuohna leh thuneina lienpen pasal apie hi (Gen. 3:16). Tuaziehin innkuonte Mangpa khu Jesu Khrist ahia, numei lutang pasal ahia, taten nu leh pa a zatatna mun uh Khristian innkuon dihtah ahi thei giap hi.

December 03:**PASIAN NGAI A THUMNA**

Aw Pasian, keima ah lungtang siengthou siem inlen, ka sung ah lungsim dihtah siem tha kia in (Sam 51:10).

Mihingte khu Pasian lim leh mel sun a siem ihi uhi (Gen. 1:26-28). Khelna zieh a Pasian apat taimang ihi nua in zong, Ama toh kithuo ding a bawl ihi man un, keima tang a hing thei lou leh lungmuong theilou, Pasian lou a khosa theilou ina hi zing uhi (Sam 42:1ff). Lam tuomtuom ah lungkimna sui in, vial dian dian nan lei zong, kimu zou ngailou ding hi. Tuaziehin, i hagau lungkimna ding in Pasian nai in, Laisiengthou i sim ding a, a kung a thum in, a deilam sui in Ama kung ah i kipe ding uhi. ***Mangpa aw, keima ah lungtang siengthou siem in*** chi in i thum ding uhi. Tuabang a hi theina ding in i lungsim siengthousah va ui.

December 04:**BIEHINN KAI POIMAW**

Mi pawlkhatte bang in i kikhopnate uh tawpsan sih vai, hinanleh khat leh khat kihantawh tuo zaw vai, tualeh ni ahing naita chi na thei zieh un kihantawh tuo semsem un (Heb. 10:25).

Khovel mite kung a Khristian ihidan tahlatna poimaw pente lah a khat khu Biehinn kai ahi. Hattuum te munpi leh innpi Biehinn ahi ziehin hattuum a kipawlkhawm gingtute a ding in Biehinn poimawna a lien mama hi. Laisiengthou in **‘Khrist in Hattuum a it a, a taang ua a kipieh bang in’** ana chi tah bang in i Mangpan a it bang in eiten zong Hattuum it in, ibel tinten ding a, Biehinn kai zong i phatbawl mama ding ahi. Khristian kahi, mipiengtha kahi china pi a, Pasian be nuomlou, Biehinn nuom salou chi um ngailou in, zong um theilou hi. Biehinn sang a mun dang nuomsa zaw zelzel nahi a, Biehinn lunggul theilou gingtu nahi leh kingaituotha napoimaw ding hi. Kivel chien chiet va ui.

December 05:**PASIAN APAT PILNA**

Na lah ua koipou in pilna a tahsapleh, mi zousie kung a itlou leh house lou a pepa Pasian kung ah ngen heh, tuachin a kung ah pieh ahiding hi (Jak. 1:5).

Pasian pilna leh theina khu a gil sengziehin mihing in a suikhe ban sih hi. Mangpa giin khu pilna bul ahia, gilou apat kihep khieh khu theisiemna ahi kia hi. Paul in, **‘Khrist ah pilna leh theina gou zousie phuol in a um’** ana chi hi (Kol. 2:3). Khovel a i um sung a laisimna, sepna suina, neh leh tah suina, sum dawwna, koppi suina leh thu hasa dangdangte ah pilna leh theisiemna i poimaw hun a Pasian kunga i nget paipai ding ahi. Mi khenkhatten Pasian apat pilna sui ding ahi lam theikha lou in, amau lemtheina zang in a sui ua, amu leh tangkha sun ten zong hamphatpi lou in, kiletsahna leh puasietna in a zang zaw zel uhi. Pasian apat pilna sui va ui.

December 06:**NA NASEP TANGTUNGSÄH IN**

Hinanleh nangpen sil zousie ah pilvang inlen, hasatna thuoh inlen sawltah nna sem in, na nasepna khu sutangtung in (2 Tim. 4:5).

Hun nukhia a ding ihita uh chi i thei chiet a, khovel ah Khantanhoi thutah sang in, Pasian thu leh hisam, ahivang a hamphatna ding a Khantanhoi nasep ki uongbawl ta hi. Khat veivei chiengin khotang hoina Khantanhoi, Hausatna Khantanhoi chite bang in Jesu Khrist Khantanhoi phuolmang thei hi. Khotaang hoina nasep (Social action) pen gingtute sep ding hoitah ahilai in social gospel chi a khotaang hoina gospel uongbawl pen hoikim theilou ding ahi. Tuaziehin, Paul in Timothi a hanthawn bangin, eiten zong tam bang Khantanhoi zattuomtuom miten a tuipi lai un, sil zousie a pilvan angai a, Jesu Khrist Khantanhoi mama i dinpi a, tuami nasep khu i suhtang tun ngai ahi achi hi.

December 07:**SEPGIMNA A KIPAH**

...Ka sepgimna zousie ah ka lungtang a kipah ziehin, tami ka sepgimna kipahman ahi (Thgugenpa 2:10).

Tulai i gam a mihing zousie chi thei phiel in sepgimna panglou a sum muna dei kisa a suithei dan chinteng a i sui lai in, tami i tangtel thugen dan akilebul a bahna chieng hing um thei phial hi. Amabou hoitah a i sut detdet chiengin thudihma ahi ichi thei kia hi. Singtang a lounei mite hinkhuo i et chiengin, nasep gim mama uh hinapi, louma a haichi hing pou a hingkhang ten a sepgimna uh manghilsah in, kipahna in adim zing zel uhi. Thasekawm a nasem mite tha awl uh bang napi a lungsim uh tawldamlou in hinkho genthei tah a mang zawsop uhi. Tuaziehin, Khrist gingtute um ding dan dihtah khu, Jesu nua i zuina ah Ama gam a ding a isep gimnate i kipahna suohzel ahi chi i thei ding uhi.

December 08:**MANGPA NGAH POIMAW**

Aziehpen migiloute sattan in a um ding ua, hinanleh Mangpa ngahten gam a luong ding uhi (Sam 37:9).

Mangpa ngah a manphatna Jeremia in tambang in ana gen hi. ***“Mangpa khu ama ngahte a ding leh hagau a suite ding in a hoi hi”*** (Kaalate 3:25). Jawlnei Isai in zong ***‘Mangpa ngahte pen a hatna uh siemtha ahi ding ua, muvanlai bangin haa in a leengtou ding ua, a gim sih ding uhi; tualeh keng in a pei ding ua, a basih ding uhi’*** ana chi hi (Isai 40:31). Laisiengthou siemten ***‘Mangpa ngah’*** kichi pen ***‘Mangpa muong’***, ***‘Mangpa lam-en’*** chi toh kibang ahi ana chi uhi. Tualeh, eima thu a gamtang paipai lou a, Mangpa kung a thum a, Ama hungai ding china zong ahi. Mangpa ngahten a thangpaina uh kem den mai lou in, thangpai a bawl khiel anei uleh zong kisia in, thupha atawi zaw zel uhi.

December 09:**NGAIDAMTU HI SAWM VA UI**

Mite a tatkhetha uh na ngaidam uleh, na pa uh Van a um in zong noute ahing ngaidam ding hi. Hinanleh mite tatkhelnate na ngaidam sih uleh na pa un zong na tatkhelnate uh ahing ngaidam sih ding hi (Matt 6:14,15).

Khantanhoi laibute ah Mangpa Jesun, midangte ngaidam ding a ahing zilsahna mun tuomtuom ah imu hi. Koima hoi bukim ki umlou ahibang in, hoina lam leh hoilou na lam kinei chiet hi. Tuaziehin, i tung a bawl khielte leh tangkhiel khate i ngaidam ding ileibat ahi. Tulai in Gari a kisu kha, a si aliem te zong bangma gen lou a kingaidam thei ki-um panpanta a, lungdamhuoi mama hi. Tualeh ihina loupai a ngaw a i um chieng bang in zong ngaidam zaw ding kisantha semsem hi.

December 10:**NANG DEINA BANG HIZAW HEH**

Pa aw, na deilam ahileh tam nou kei a pat in ladoh in, ahivang in keima deina bang hilou in nang deina bang hizaw heh, a chi hi (Luk 22:42).

Tam thu hoitah a i sim leh, Mangpa Jesu khu mihing bukim ahidan a kilang chieng mama hi. Jawlnei Isai in zong ***‘danate nei mi leh lungkhamna thei mi ahi’*** ana chita hi (Isa 53:3). Mihing dihtah ahiman in a silltuo ding khu a huphul mama mai a, pumpel thei hileh a ut va ngut chi na ahi pen mai hi. Tuabang a lungkhamna meipi zing in a tuom kimvel lai in zong, ***‘Keima deina bang hilou in, nang deibang hizaw heh’*** achi thei lai teitei hi. I hinkhuo a Pasian deidan tangtun sah ahi theina dingin, eiten zong ***‘Nang dei bang hizaw hen’*** ichi thei chietna ding uoi ma? Eima leh eima kidong chiet va ui.

December 11:**PASIAN TUNG ASIL HOI BAWL**

Hinanleh Jesun ‘Ama nu khu a um um in umсах un, bang ding a subuoi na hi uoimah? Ka tung ah sil hoi a bawl ahi. Amanun a bawl thei khamkham a bawl ahita hi. Ka sapum vui ding a sahthau anu masah ahi (Mak. 14:6,8).

Tamthu khu numei khat in sathau namtui mantam tah a bawm a tawkeh a, Jesu lutung a asun lai a Jesu thugen ahi. Alah ua pawl khat in lungkim lou a aphun khum lai ua kigen khie thu ahi. Johan in ahileh tam numeinu pen Mari, tualeh alah ua lungkim lou a phun pen zong Juda hidan in agen hi (John 12:3-5). Bangteng hileh tam numei nun asepthei manpha pen Jesu tung ah a sem a, Mangpa Jesu zong a lungkim mama chi imu hi. Tuaziehin, eiten zong tam numei nu bang in, hun lemtang zahdan siem in Pasian tung a silhoi bawl i sawm chiet ding uhi.

December 12:**MANGPAN MIDIHTE TAWLDAM SAH**

Mi dihtatte a mang zel ua, koiman lungtang in a ngaituo angaisih hi. Zangai thei mite zong lahmang in a um ua, sil hoilou hing tung ding a kipat midihtatte lahmang in a um uh chi koiman a ngaituo ngaisih hi. Lungmuonna ah a lut ding ua, a lupna uah a khawl tawldam ding ua, michin ama dihna a um poumate (Isai 57:1,2).

Pasian in midih leh mifel a angai mite damsung tomnou khat sung in zong tawldam tahin a khawlsah zel a, lungmuongtah in a imusah zel chi imu thei hi. Tulai in a dam hi in adamlou hita lei zong **'na imu theina uoi'** chi khu i thupi pen ahi zing mai a, tawldam theina leh imut theina khu Mangpa a um ahi chi thei dingin a um hi. Thamlou in, midihle leh mi zangai theite Mangpan lamang zel ahidan leh silhoilou hing tung ding a kipat a lahmang zel ahidan i tangtel in ahing hil hi. Hamuonhuoi in, a lungmuon huoi mama hi.

December 13:**AZIEH NEI A SIEM IHI**

Ka min a kilou pouma ka thupina ding a kisiem mi pouma, ama khu ka sutuo a, ama ka bawlta hi (Isai 43:7).

Khovel a i pienkhieh dan leh i khankhieh dante koima theilou kal a sil tung leh a hing theipha bang zong umlou ding dan a i kingaituo hetlou ding uh ahi. Midang tampi khat in ahing theiphalou ta zongin, a hing siempan a hing thei tinten a, Ama thupina ding a ahing suhtuo leh ahing siem ahi hi. Tuaziehin, eima ut dan leh deidan a hing mai ding hilou in, ahing siempa leh ahing neipa deina bang a hing ding a lam-ette ihi uhi. Tu in bang lampi e i zui a, koi a ding a hing leh kizang zel ihi uoi chi eima leh eima kidong tha zel in, a hing siemna zieh ngaituo tha in, ahing siempa deina bangin i hing nai chite i kivel chien ding uhi. Ama hing siemna bang a i umsihleh a khawh mama ding a, ni tawp ni chiengin thukhenna mulkim huoi tah i maituo kha ding uhi.

December 14:**TASAMTE A DING A SILPHAL**

Aziehpen khum gam a lah mi genthei umlou lai a um sih ding a, tuaizehin na gam ua na unaute uh tung leh mi tasamte leh gentheite tung ah panpina lungsim nei a sil phal mama ding in thu ka hing pie hi (Duet. 15:11).

Tam thu khu Israel-ten Kanaan a lut lai ua a bawl ngeingei ding ua a theisah ahi. I Bible mun dang ah zong tambang a mi gentheite kithuopina toh kisai thu tampi i mu uhi. I tenna gam pen khantouna dan khat in khangtou bang napi, i gam ah taga leh genthei pung hat mama kia hi. Solkal leh khotang ban ah NGO tuomtuom ten zong tambang nasep kiphat bawl mama ta a, lungdam huoi hi. Amabou Pasian thu in ahing zilsah ut khu gingu mimalten genthei leh tasamte awlmawna lungsim i nei a, i tha i zung ban ah i nei i lamte zang a amaute i kithuopi ding uh chi ahi. Panpi utna lungsim nei a, silphal mama ding a thupieh ihi uh chi thei zing va ui.

December 15:**DING VA UI DETTAH IN**

Tuaziehin ka unau ittah te aw, dettah in suh ling guollou in Mangpa nasep phatuom ngai tah in sem zing un, nasep gimna uh Mangpa ah a mawhna ahisih chi thei un (1 Kor. 15:58).

Mizo Synod Pastor, Pasian thu gel minthang tah Rev. K. Lalpiangthara in gingu hinna det theilou thu tambang in ana gen hi: ***“I kichei ut dan (style) kiheng themthumte, Cellphone leh Motor a tha tha i ngaisang dante, hundamna camp apat pawt zou pan chilou a a ngaingai i suohsuh zel danten i lungsim leh i ngaituona a detlou dan a tahlang hoi mama zel”*** chi ahi. Hattuum a umna na tan a zong det theilou, pem kawikawi bang zong kitam mama hi. Tuaziehin, Pasian i ginna ah suhling guolloua det tah a dinkip i sawm ding a, thamlou in i thugen leh i gamtat ah zong hina mumal tah nei in i um ding uh ahi. Hagau lam a tuitah bang a kigen, ginna lam a dingdet zoulou gingu hikhah ding kiven huoi mama ding ahi.

December 16:**PASIAN AH KINEM VAI**

Aw ka hinna bang ding a da a kithing na hiei? Bangzieh a ka sung a lungmuong maw na hiei? Pasian ah kinem vang, aziehpén ka hundampa leh ka Pasian phatna lai ding kahi hi (Sam. 42:11).

Tam Sam khu **'Saltang thumna'** chi ahia, tua hun lai in Juda saltang ten Jerusalem loungal a Pasian bie thei ding in a ngaituo thei ngaisih uhi. Tuachin Babulon gam a a saltanna ua pat Jerusalem a ngai vungvung zel uhi. A saltanna hinkhuo un a hinna uh nasatah in a nguisah in a kaikun a, Pasian ngei in zong theipha nawnlou ding in a ngaituo hiel uhi. Tambang dinmun se tawpkhawh a a din lai un, tami Sam phuotu in amaute sudam theitu Pasian lam nga a, a lam-etna uh Ama tung mai a nga kia ding in a hanthawn hi. Eiten zong khovel a i um sung in lam-et ding nei nawnlou bang a kingaisie leh kun a i um hun a hing tung zel a, tuabang hun chiengin Pasian ah kinem in i kisuhat zel ding uhi.

December 17:**SHI TAN A GIN-UM**

...Shi tan dongin gin-um un, tuachin hinna manglukhu ka hing pe ding hi (Kihilna 2:10b).

Rom Solkal in Kristian te nase tah a a suhgenthei hun lai un, Smurna khuo Bishop, Polycarp kum lam a upa leh teh mama ta zong aman kha uhi. Teh ta leh zahuoi mama khat ahi man in amantu te lah a lamkai khat in hakhiet a ut jiehin, **'Kaisar min in Jesu hamsie law lechin tuachin kang pawt sah ding** achi hi. Polycarp in **'Kum 86 tah ka Mangpa nna kana sem ta a, khat vei mama zong kei a ding a hoilou sil a bawl ngai sih a, ka nuasia thei sih ahi'** chi in a dawng hi. Jesu a nuasie ut lou zieh in mei a hallup mai a sawm ua, hinanleh hui nung zieh in mei in a kang thei sih a, a tawp in temta in a dawtlum ta uhi. Tuni hun a gingtu te bangtan i ngap ding uoi?

December 18:**JOB THUOHNA**

Job in, ka nu naubu apat in guohtang in ka hing pieng a, guoh tang ma a kilekia ding ka hi. Mangpan a pie a, Mangpan a lamang ta hi, Mangpa min phat in um ta hen, a chi hi. Tamte jousie ah Job a khiel sih a, Pasian zong a mawsiet tuom sih hi (Job 1:21,22).

Taanna zieh te, lawsap ziehte, damlou ziehte leh shina zieh te in Pasian kung a hasiet mai a bailam mama hi. Job in a tate teng, a ganta teng leh a suohte teng teng a tan zou nua in zong, Mangpa min phat in um hen a chi thei na lai hi. Pasian a mawsah tuom sih hi. Tamte ban ah ama ngei in zong a kengtaw apat a lu dong a meimatum a vei lai in zong, ***‘Pasian a kipat in a hoi i mu ding a, a hoilou zong i musih diei mah?’*** a chi hi. (2:2-10) I tung a hasatna bang to bang a hing tun hun in zong, Mangpa lemgel a hi chi thei ding in kisa va ui.

December 19:**SAMUEL GIN UMNA**

Ngai un tanah ka um hi, Mangpa leh a sathau nu pa masang ah hing niel un, koi bawngtal ahiei ka lahpieh ngai? Ahisihleh koi sabiltung ka lahpieh ngai ei? Koi ka bawl genthei ngai ei? Ahisihleh ka mit tawsah dingin koi khut a kipat a hiei guhgolna ka lah? ka hing din sieng ding hi, achi hi (1 Samuel 12:3).

Samuel khu anu Hannah in Mangpa kung a a nget ahi ban ah, Mangpa kung a a lat khieh ahi. Naupang neu nou ahi a pat Mangpa nasem ahia, Israelte a dingin dinmun poimaw tah a luo hi. Vaihawmte, Siempu leh jawlnei nasepte a sem kop a, Israel leeng masa Saul leh a nina David sathau nu tu ahi. A hinkhuo ah gin-umna dettah a nei a, a dihna thu ah mipite a chou ngam hi. Koima in a dihlouna gen ding a nei sih ua, ***‘Nang sol nai sih a, nang bawl genthei sih a, koima khut a kipat in lah tuohlou zong na la ngai sih’*** achi uhi, (12:4) I gam in Samuel bang lamkai i poimaw mama hi.

December 20:**THUOHNA NA GA DEI UM TAH**

Na dan thute ka zil thei na ding a suhgenthei a kana um khu kei ding in a hoi ahi (Sam. 119:71).

George Frederick Handel kichipa khu a Sum bawlina a lawsam in a puasiasa a, a sum batna ten suongkul a khum a tup lai un, ama lah damlou veisie in a hatla ma ma hi. Tuabang hun hasa a tuo lai in, ama ngentang a ki khum tuom in bangchi tan a a nei phah ngailou Pasian pawlna thupi tah a hing nei kha thei ta hi. Tami hun sungin khovel pumpi a Khristian zousie in a ngaisang uh lapi leh manpha **Halleluiahs Chorus** a hing phuoh khiehi. Pasian aw leh a deilam te i thei thei na ding un suh genthei a i um bang a hing ngai zel hi. Laphuoh tu dang khat in, ***ka nget lou pen guolzawl na*** ana chi bang in, thuohna ga dei um tah i mu thei zel uhi.

December 21:**MANGPA SUOHNU KA HI**

Tualeh Mari in ngai in, Mangpa suohnu kahi, na thu bangin ka tung ah tung heh, a chi hi. Tuachiin vansawltah in a nuasia ta hi (Luk 1:38).

Van sawltah in nungah siengthou Mari kung a vakilah in, gai ding ahi dan leh, ahing pieng ding nausen pen amin Jesu ahisah ding thu zong ana gen zou ta hi. A pasal ki khampi tangval Joseph theilou kal in Mari in tapa nei ding kisa a naupai ahi thu Vansawlsieng thugen ahita hi. Mosi dan bang a te ding hileh suong a denlup thei dinmun a ding ahi ta mai hi. Hinanleh Mari in Pasian a giin ziehin Vansawlsieng thugen khu a poimaw bang zel a tungsah dingin a Amen ngam hi. Tambang vanlam vaihawm na, ***‘Na thu bang zel in’*** a chi ziehin a Tapa (Jesu) ngei in zong Gethsemani huan ah a nou dawn ding huphul mama napi, ***‘Nangma thu thu hi zaw hen’*** a hing chi ngam sam ta hi. Eiten zong i chi thei na diei?

December 22:**MARI PAHTAWINA LA**

Tuachin Mari in ka hinna in Mangpa a pahtawi a, ka hagau zong ka hundampa Pasion tung ah a nuom seng hi. Ajieh pen Aman a suohnu ngiem dan a thei a, ngai in tu a kipat in khangtha zousie in hampaha a hing chi ding uhi (Luk 1:46-48).

Mari in nausen Jesu paai ding ahi thu a ki thei khieh nua in Elizabeth ve dingin Nazareth akipat Km 80 tah a gamla ah khuol a zin hi. Tuachin Mari chibai buh thawm ging a zah tah in Elizabeth gilsung a nausen zong a taang hi. Elizabeth ngei zong Hagau Siengthou in a hing dim ta a, tuami zou in tami pahtawi na la khu Mari in a hing puong khe ta hi. Tam la ah Mari in, a tung a Pasion hoina a pahtawinate, mi hatte puasiet ding thu leh mi gentheite hamphat hun ahing tun sam ding dan leh Pasion thuchiem a hing tun dih ding dan te a gen hi. I hinna in Mangpa a pahtawi tahtah nai chi ki-enpha tha chiet va ui.

December 23:**EI DINGIN NAUPANG HING PIENG**

Aziehpen ei a ding in naupang a pieng a, tapa pieh in i umta hi; a liengkou ah vaihawmna a kinga ding a, tualeh amin lamdang, thumoppa, bangkim bawl thei Pasion, kumtawn pa, lemna Mang a kichi ding hi (Isai 9:6).

Tami i tang tel ah Mangpa Jesu hing pien ding thu, a tung lel leh a tungsa bang dan a gen in ana um a, hinanleh tua hun lai in ana tung nai hetsih hi. Himi in ahing ngaituosah thei ahileh Pasion a dingin vang a tungsa, a tung lel leh a tung nailou zong kilamdanna umlou ahi. Tapa pieh a um leh hina thupi tah neitute ihi tah ziehun, tam sang a thupi zaw kipahna ding dang um thei nawnlou ding bang phiel a thupi ahita hi. Ama thupina amite tung ah a kilang a, a lei a lei thaw hilou a, pieh thaw ahina leh a petu Pasion ahiziehin kipahna a lien se hi. Tuziehin tam silpieh thupi leh manpha, i hundampa Jesu zieh in nuomthu i gen ding uhi.

December 24:**MICHIN A DING KHANTAN HOI**

Tuachin vansawltah in a kung uah, zau sih unlen ngai un, michin a dingin thu hoi kipah huoi mama ka hing puoh hi. Aziehpén tunin nou a ding in David khuo ah Hundampa a piengta hi, Ama Khrist Mangpa ahi (Luk 2:10,11).

Khovel ah sil hoi leh manpha ana um chiet nanleh, a zawng apha a ding a nei khawm thei bangma ana um kha ngaisih hi. Mihausa ten sil manpha leh dei huoi tampi nei zel nan uleh mizawng leh mi gentheite a dingin van a ga bang mai a hasa ana hi zel hi. Tuabang sih hoi leh manpha tangkha ten zong, mi theikhah ding zau in , a guh agal in kinei in kitang zel hi. Tuami zong tomnou khat sung dai ding ahi nalai hi. Ama bou, vansawlsieng thupuoh Khantanhoi pen michinte a ding chi ahiman in, amanpha in a kipah huoi khol dieh hi. Michin, namchin leh hamchinte a ding a pieh ahiziehin.

December 25:**SUOLAM MIPILTE VENA**

Aasi amu tah un a nuom un a kipah mama uhi. Innsung a lut tah un, naungeh anu Mari toh um a mu ua, tualeh a khupboh ua, a beta uhi. Tualeh a goubawmte uh a hong ua, a kung ah sana, begaw leh murrah te a pie uhi (Matt. 2:10,11).

Suolam apat mipil hing peiten a mansuosa uh aasi a mu kia tah un a kipah mama ua, tuami a mu uh aasi zui in nausen Jesu vamu in avabie uh chi i mu hi. Gingute hinkhuo ah i mansahsa, i hundamna kipahna kimu kia thei ahi chi ahing muchiensah thei hi. Tam mipilten a zui uh aasi nuasie in amau ngaidan zang in Herod kung pou ah thu avakan ua, tuachiin a zui uh aasi amansuo bang un, Pasian puina taisan a eima ngaidan leh deidan a i pei khah chieng in i gammang zel uhi. I zuipa Jesu Khrist mama hasuo lou in i tu tinten ding ua, tuanchin kipahna hinkhuo i nei thei ding uhi.

December 26:**BELAMPUTEN CHIBAI ABUH UH**

Tuachin Belampute khu ama uh kihil bang ngei a sil zousie a zah ua a mu ziehun, Pasian pahtawi leh phat kawm in a nua pei kiata uhi (Luk 2:20).

Israel gam ah kithoina ding belam tampipi mihausaten a vul zel ua, a enkoltu ding in migenthei leh hasa deute a zang zel uhi. Sakhuo ni poimawte nasan zui theilou ahiman un mite musit leh ngainep ahi zel uhi. Tuabang ahilai in, tambang a mi genthei belam chingte kung ah Jesu pien thu theisah ahibang in, amau ten zong nausen Jesu chibai a vabuhta uhi. Tami thu a pat i zil thei ahileh Jesu khu mi genthei leh mi nuoinungte a ding a zong hing pei ahi chi a ensah hi. Belamputen a belam chinte uh manthai khah ding zong khuol zou nawnlou in mi zousie a ding a hing pieng nausen Jesu en ding in a belamte uh a nuasie ngam uhi. Eiten bang i nuasie ei?

December 27:**KUMTAWN A VAHAWM DING**

Ama milien a hing hi ding a, tungnungpen tapa a kichi ding hi, tualeh Mangpa Pasian in a kung ah apa David Mangtoupaha a pe ding hi. Tualeh Jakob hahlesuonte tung ah kumtawn in vai a hawm ding hi achi hi (Luk 1:32,33).

Khovel a leeng piengkhe zousiete, a gam miten kipahpi in lawm zel nan uleh, tomnounou leeng a pang in a lalna uh tawp in a shi zel uhi. Vansawltah Gabriel in Jesu pien ding thu ana genlawhna ah ***'Kumtawn in vai a hawm ding'*** chi ana um sese hi. Jesu lalna pen Herod leenggam bang hilou in, a lalna khu mite lungtang sung ah a hizaw hi. Ama lal ding a pomtute umna phot khu a lalgam ahi zel mai hi. Daniel 7:27b ah ***'A leenggam khu kumtawn leenggam ahia, leenggam vaihawm thunei zousieten Ama a be ding ua, a thu a mang ding uhi'*** chi in i mu hi. Jesun lungsietna in gam a la a, tuni tan in a Leenggam a lien semsem hi.

December 28:**JESU IZIPT GAM AH**

Tualeh Herod a shi masang sie in khunah a um denta hi. Mangpan guolnei kam a, Ka tapa Izipt gam a kipat ka handohta hi, chi a a gen ahing tangtun theina ding in (Matt. 2:15).

Vansawlsieng in Joseph kung ah, Herod in nausen suhsiet sawm a sui ding ahiman a, thu tha a um mateng Izipt gam a nausen leh anu taipi dingin a manglam in a hil hi (Matt. 2:13). Pasian thu bang in Joseph kisa pai in nausen Jesu Izipt ah a taipi ta hi. Amabou, Herod a shi zou nua in, Joseph kungah Mangpa Vansawltah a vakilah kia a, naungeh hinna lah sawmte shita ahi thu avahil hi. Tuachin Joseph thou pai in nausen leh anu Israel gam, Nazareth kho neunou ah a peipi a, tuanah i Mangpa Jesu ahing khanglien ta hi. Laisiengthou a **'Izipt gam a kipat ka tapa ka handoh hi,'** achi ahing tangtunna ahita hi (Hosea 11:1).

December 29:**JESU BAPTISMATANNA**

Tuachiin Jesun baptisma a tan zou in, tui a kipat in a pawtdoh pai a, tualeh ngai wawi, van khu ama ding in ahing kihong a, Pasian Hagau vakhu bang a hing kumsuh in a tung a hing tu khu amuta hi (Matt. 3:16).

Nazareth khuo apat Jordan lui khu mel 90 bang hi tham ding a tuot ahia, tuanah baptisma tang ding in Mangpa Jesu ahing kuon vengveng mai hi. Tami in baptisma poimawna a sulang mama hi. Jesu baptisma tanna in ei gingtute a ding a etton ding hoitah ahing neisah hi. Baptisma pen pienthana hilou napi in, piengthate a ding a alou theilou a tan ngeingei ding a hoi ahi hi. Jesun baptisma a tan zou in hagau siengthou thopna a tang a, tuanchin khovel a a nasepna zong ahing panta hi.

December 30:**TOTKHAH NGAILOU LAMPI**

Ahivang in noute leh tami thuhun bawm kikaal tethaw in tong tuul ni vel a a kigamlat ding ahi. Na peina lampi ding uh na theihtheina ding un anai ah hing pei sih un. Aziehpén tami lampi tu masang lam in na zui kha ngai naisih uhi, chiin thu a pie uhi (Jos. 3:4).

Tam thu khu Israel taten Jordan lui a kan masang uh ni khat lel a um lai a Joshuo in mipite kung a a thugen ahi. A zui ngai nailou uh lampi zui ding ahiman un, pilvang ding in a hil hi. Kumtha mel mu ding maban nei ihi ua, tuami kum tha lampi i zui ding uh khu khovel a solkal hatpen in zong a pal galkai thei maimai lou ahia, tuami lampi zui ding in pilvangtah in i kisa khol ding uhi. I umdan leh gamtat dante, i nasep leh silbawlte uh Pasian leh mi dangte a ding a guolzawlina hi thei dingin kisa va ui.

December 31:**HUN LEH NITE MUOLLIEM ZUNGZUNG**

Mangpa ka hinkhuo bei hun ding leh, ka damsung bangtan ahi diei chi hing theisah inlen, ka hinna bei kin dan hing theisah in (Sam. 39:4).

Hun leh nite khawllou keei in pei zungzung a theilou kal sung in kum khat a zang bei ding i suoh zelta hi. It leh ngai tampiten shina hanmuol ahing liemsan zou nua un, ei hoina zieh hilou, Pasian lungsietna zieh liulieu in tu tan i dam in i khosa uhi. Hun peisate hat kia thei ahilou lai in, i mailam hunte bangchi bang a zang ding ihiei chi ngaisun kawm in, pan la tha lei dei huoi isa uhi. I tenna khovel ah dei leh ngai ding a pung zungzung a, tuabang kal ah tam tan hingpui i Pasian deina bang a hing a kumtha hun zang tou ding in i kisa ding uhi. Enok bang a Mangpa toh zawhkhawm a kal suon ding in kum tha ah pan i la tha ding uhi.

Jingmawng khovah masang in a thou, a pawtdoh a, mun sip khat ah a pei a, thungetna avanei hi (Mak. 1:35).

Tuamabang in, i hatlounate uah Hagau in a hing panpi zel hi; aziehpén eiten bangchi bang a thu ngen ding i hiei chi nasan i theisih uhi. Hinanleh Hagau in kamteng a gen thei guollou a thum in ahing ngetpieh hi (Rom. 8:26).

Tuamabang in eite zong, tami NICHIN THUMNA PUITU a Pasian thu kigielte zang in, i mimal leh innkuon thumnate uh kipuihuoisah va ui.